

# SKILL CLINIC SCHEDULE

Tuesday 6:45-7:30pm - \$10/day

Saturday 3:15-4:00pm - \$10/day

Sign up with office to come.

Ages 6-12 years old.



Month - Date	Clinic Focus:	Prerequisite:
Tues. 11/5 or Sat. 11/9	Bridge Kick-over/Back Bend	Bridge with straight arms
Tues. 11/12	Back Handspring	Bridge Kick-over
Sat. 11/16	Round-off, Back Handspring	Teacher approval needed
Tues. 11/19 or Sat. 11/23	Pull-over	none
Tues. 11/26	Front/Back Roll	none
Tues. 12/3 or Sat. 12/7	Cartwheel	none
Tues. 12/10 or Sat. 12/14	Vault run/punch	none
Tues. 12/17 or Sat. 12/21	Bridge Kick-over/Back Bend	Bridge with straight arms