

PRESCHOOL CHILDREN'S SCHEDULE

7:30 – 8:15	Free Play / Programmed Activities
8:15 – 8:30	Morning snack
8:30 - 9:30	Programmed Activities / Free Play / Washroom Routine
9:30 – 9:45	Tidy up Time
9:45 – 10:00	Morning Circle / Transition to Outside
10:00 – 11:00	Outdoor Play
11:00 – 11:15	Transition to Inside / Hand Washing
11:15 – 12:00	Lunch
12:00 – 12:30	Washroom
12:30 – 2:30	Nap Time / Early Risers Activities
2:30 – 3:30	Washroom / Snack / Transition to Outside
3:30 – 4:30	Outdoor Play
4:30 – 5:00	Transition to Inside / Washroom
5:00 – 5:45	Free Play / Programmed Activities
5:45 – 6:00	Tidy Up Time / Quiet Activities