

FREE 2018 BREASTFEEDING CLASSES

Always the 3rd Saturday @11:30am

New Location - Starting in April

The Kroc Center

800 E Pkwy S, Memphis, TN 38104

11:30am

Saturday April 21st

Saturday May 19th

Saturday June 16th

Saturday July 21st

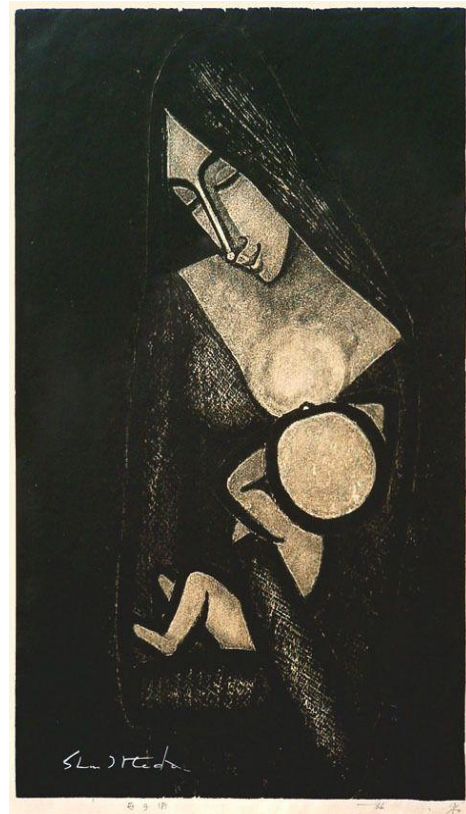
Saturday August 18th

Saturday Sept 15th

Saturday Oct 20th

Saturday Nov 17th

Saturday Dec 15th



This is a free one hour class by Dr. Allison Stiles, Pediatrician and Chair of the Shelby County Breastfeeding Coalition. This awesome and intimate class covers everything from the benefits of breastfeeding to pumping. We talk about what to do when your baby is born and what to expect. We learn how to know that the baby is getting enough milk. We talk about problem solving for pain, flat nipples, low milk supply, and going back to work. We discuss the laws in TN that protect your rights to breastfeed and pump at work. Classes are usually small so we can talk about whatever you would like!

No advanced registration required.

Facebook: Shelby County

Breastfeeding Coalition

www.shelbycountybreastfeeding.org