

ABOUT OUR CAMPS

Our day starts off with a group warm up at 9:00 am varying from different games and stretches. After warm up, we split into groups based on ages and get to know our teachers and review the rules. Throughout the day, we rotate through all the events of gymnastics. We also have game time, open gym play, craft time, pit play and more. Each week will have it's own unique plans depending on the theme. You will receive a newsletter on Monday with the weeks theme and events.

We have a morning snack time at 10:00 am, lunch is at noon and we have an afternoon snack at 3:00 pm. Please bring a lunch with drink.

THURSDAY IS "PIZZA DAY"

Kids can leave lunch at home and purchase Papa Johns pizza for \$1 per slice. Fruit and a drink will be provided also.

FRIDAY IS "WILD WATER DAY"

Weather permitting, kids will enjoy water play with our huge inflatable blast zone, sprinklers, water toys, water balloons for outside fun! Send your child to camp with their swimsuit, a towel and sunscreen.



CAMP DATES & THEMES

June 3-7

IT'S A JUNGLE OUT THERE!

There will be a lot of monkeying around going on this week. Watch out for the lions, tigers and monkeys.



JUNE 10-14

ALOHA SUMMER

Beach theme gymnastics week. Kids will surf, play beach volleyball, limbo and enjoy fruit kabobs. We will make and decorate our own surf boards this week.

JUNE 17-21

NINJA WEEK

Trust me I'm a Ninja! Taught by certified Ninja instructors and our wonderful camp staff. Ninja is a combination of gymnastics, obstacle courses and physical fitness.



JUNE 24-28

AMERICAN GIRL DOLL/ ACTION FIGURES

(Pre-school half day available this week)

Bring your American Girl Doll or action figure to camp and help them do routines, flips and gymnastics. Cupcake decorating party is planned this week.

JULY 1-3 (NO CAMP JULY 4 & 5)

WACKY WEIRD SCIENCE

Have you ever made slime? We will be making things bubble, ooze, explode and more. Come join us and let your inner mad scientist out.

CAMP DATES & THEMES

JULY 8-12

UNDER THE BIG TOP

Join the circus for a week and experience the adventure of life under the Big Top. Kids will swing on the trapeze, learn to juggle and run their own circus.



JULY 15-19

SPORTS UNLIMITED

This week we will have fun with sports of all kinds, some you know like football and soccer and some you may not. Of course, there will be gymnastics and tumbling.

JULY 22-26

NINJA WEEK

Trust me I'm a Ninja! Taught by certified Ninja instructors and our wonderful camp staff. Ninja is a combination of gymnastics, obstacle courses and physical fitness.

JULY 29-AUGUST 2

HOMETOWN HEROES

Meet our wonderful hometown friends, who keep us safe and add so much to our community.



AUGUST 5-9

MYTH BUSTERS/GAME SHOW MANIA

Modeled after popular television series, this camp will put urban legends to the test to see if they can be "Busted". We will also play our version of some fun game shows where you may be able to "Make a Deal" or "Beat the Clock".

ENROLL TODAY

Easy online registration.
www.teamcentral.org

CAMP DATES

June 3-August 9
Monday-Friday
8:00am-5:00pm

CAMP RATES

Weekly Rate
\$202.00-First Child
\$170.00-Siblings
Daily Rate
\$49.00-First Child
\$45.00-Siblings



SUMMER CAMP 2019

EARLY BIRD Discount Rates

February 25-20% off

March 25- 15% off

April 25-10% off

Please note in order to receive early bird discount, camps need to be paid in full. If any cancellations are made and a refund is requested,



Age 5-12

HAPPY

Laugh

HEALTHY

Play

CONFIDENT

Discover

Great Summers Start Here

Team Central Gymnastic Academy

2675 Metro Blvd.

Maryland Heights, MO 63043

(314) 291-0101

tcga@teamcentral.org

www.teamcentral.org