

Breaky Menu

Lighter Breakfasts

Fruit Cup \$4.95

Seasonal fruit to start your day

Assorted Muffins \$3.00

Cinnamon Buns \$3.75

Oatmeal \$3.00

Add berries \$1.50

2 Eggs & Toast \$5.75

2 eggs any style served with
your choice of toast.

Add hash browns \$2.75

Add 3 slices tomatoes \$2.75

Pancakes \$3.00

1 large pancake

Add \$1 each for Blueberry pancake

French Toast \$7.95

2 French toast & cinnamon butter

Bacon & Egger \$5.75

2 crispy bacon & a fried egg
with cheese on an English muffin

The Hole in 1 \$5.95

1 egg, 1 pancake, choice of 1
bacon or sausage.

Add \$1 for blueberry pancake

Breaky Hash \$7.95

Veggies & hash browns topped
with 2 fried eggs & 1 slice of toast.

Add ham, bacon, or sausage \$2.75

SIDES

| | | | |
|-----------------------|------|---------------------|------|
| 2 slices Toast | 2.75 | Bacon | 2.75 |
| 1 Egg | 1.50 | Ham | 2.75 |
| 1 slice cheese | 1.50 | Sausage | 2.75 |
| 3 slices tomato | 2.75 | Hash browns ... | 2.75 |
| Side of mushrooms ... | 2.00 | Side of Onions | 2.00 |

Full Course Breakfasts

Mt Paul Breaky Special \$9.25

2 eggs any style with choice
of bacon, sausage or ham

Cheese Omelette \$10.50

3 egg & 2 cheese omelette

Loaded Omelette \$12.95

3 eggs, 2 cheeses, ham, tomato,
onion, peppers, & mushrooms

Eggs Benny \$12.95

2 poached eggs & back bacon
on a toasted English muffin
smothered in hollandaise sauce

MOP Benny \$12.95

2 poached eggs on an English
muffin smothered in hollandaise
sauce topped with sautéed
mushrooms, onions & peppers

Triple Bogie \$13.95

For the **BIG EATER**, 3 eggs, 3 bacon,
3 sausages or ham & 2 sides of toast

The above meals come with hash browns
& your choice of toast

Menu prices do not include taxes & are
subject to change without notice

The Famous Mt Paul Breakfast

Tee off before 8am and get a

Mt Paul breakfast

for only \$3 more any day of the week!

Or pay \$13 before 11am and get the
Mt Paul Breakfast & a large bucket of balls.
Coffee & gratuities not included in above offers

Mt. Paul

Golf Course



Welcome to

The little course with the **BIG** personality



The Famous Mt Paul Breakfast

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Or pay \$13 before 11am and get the

Mt Paul Breakfast & a large bucket
of balls any day of the week.

Coffee & gratuities not included in above offers



Clubhouse Events

Golf Tournaments

Christmas Parties

Retirement Parties

Celebration of Life

Call 250-374-4653

to ask for details

We are a fully licensed restaurant open 7am – dusk
almost 365 days a year. So keep us in mind for breakfast
or lunch after the golf season has ended ☺

Junior Golf Camps start in July and run through
to the end of August, Mon – Thurs, 9am-noon.



Men's Nite & Ladie's Nites start in early April and run
through to September. These are evenings filled with
laughs, prizes & a lot of opportunity to meet new friends

Pro shop 250-374-4653 ... Restaurant 250-374-4672

For further information visit us on **Facebook** or **www.mountpaulgolf.com**

The Dailys

Cooler Sandwiches \$4.95

Check our selections of Ham, Roast beef or turkey

Mt Paul Borscht \$4.50

Our famous house made borscht
Add bun & butter - \$1.25

Daily Soup \$4.50

Made in house with the freshest ingredients. Add bun & butter \$1.25

The Greens

House Salad \$7.95

Crisp mixed greens, tomato, cucumber, red onion & sunflower seeds served with your choice of dressing.

Caesar Salad \$9.95

Crisp romaine lettuce tossed with our house made dressing & croutons topped with parmesan
Add bacon \$2.75 Add chicken \$3

Warm Beet Salad \$11.50

Mixed greens, onions, orange segments, baked beets, topped with soft feta & sunflower seeds served with a honey balsamic

Peace Bowl \$12.95

Leafy greens, sweet potato fries, cabbage, peppers, cucumber, & warm beets topped with sesame seeds & a chili lime vinaigrette

Cobb Salad \$13.95

Crisp greens, cucumber, tomato, grilled chicken, bacon & soft feta served with your choice of dressing

Cariboo Taco Salad \$13.95

A flavorful revision with romaine, peppers, warm fried beef, garlic, onion, cherry tomato, cheddar, crisp tacos, and a secret dressing

The Meat Eater

Buffalo Wrap \$12.50

Crisp chicken, cheese, lettuce, tomato & hot ranch sauce in a grilled tortilla

Club Wrap \$12.50

Crisp chicken, smoked bacon, cheese, lettuce, tomato, & mayo in a warm tortilla

Stacked Beef Dip \$12.95

Slow roasted beef on a grilled hoagie with Au Jus for dipping
Philly Style - \$4
peppers, swiss & onions added

The Clubhouse \$13.95

3 slices of bread, bacon, turkey, cheddar, tomato, lettuce, & mayo on your choice of toasted bread

Chicken Burger \$12.95

A grilled chicken breast, lettuce, tomato, red onion & mayo on a toasted bun

Salisbury Steak \$12.95

Tender beef smothered in onions, mushrooms & gravy

Mt Paul Burger \$13.50

Charbroiled 6oz lean beef, with bacon, mushrooms, cheese, lettuce, tomato, onion, & a pickle with house made burger sauce on a toasted bun

Industrial Burger \$13.95

Charbroiled 6oz lean beef, hot sauce, bacon, onion, jalapenos, jack cheese, lettuce, tomato & chipotle mayo on a toasted bun

Bistro Burger - \$11.95

Lettuce, onion, tomato & a pickle with house made burger sauce

Flatbreads \$13.50

Mt Paul Lover – Beef, bacon pepperoni, & cheddar

Mushroom Pesto – Garlic, mushrooms, onions & feta

Hawaiian – ham, pineapple & mozza

Additional 2oz Toppings \$2 each

And More.....

Chef's Special - \$14.00

Grilled Cheese \$9.95

Add ham or bacon \$2.75

BLT \$10.75

Add ham or tomato \$2.75

The above come with your choice of soup salad or fries. Sub for Caesar \$2

The Pond

Fish & Chips \$11.95

Crisp delicious beer battered cod & house made tartar sauce
Additional pieces \$3 each

Fish Burger \$11.95

Crisp beer battered cod with lettuce, house made tartar sauce on a toasted bun served with soup salad or fries

Seafood Club \$13.95

A seafood blend of shrimp, imitation crab, your choice of toasted bread served with soup salad or fries

| Add to Any Meal | |
|------------------------|--------|
| Guacamole | \$2.50 |
| Salsa | \$2.00 |
| Sour Cream | \$2.00 |
| Hashbrowns | \$2.75 |
| Sausage | \$2.75 |
| Ham | \$2.75 |
| Bacon | \$2.75 |
| Chicken | \$3.00 |
| Sub for Fruit cup..... | \$3.95 |
| Sub for Caesar..... | \$2.00 |

All Salads come with grilled pita
Add chicken \$3

All the above come with your
choice of soup salad or fries

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Appies for the Short Game

Plain Dog - \$5.95

Loaded Dog - \$7.95

With fried onions, bacon & cheese

Crispy Wontons \$8.95

Bowl of hot & crispy wontons drizzled with a sweet & savory poke sauce

Thai Chicken Bites \$9.95

Crispy morsels of chicken tossed in a Thai chili sauce, topped with carrot, green onion & sesame seeds on a bed of romaine

Dry Ribs \$10.25

House fried, crispy on the outside, tender & juicy inside, comes with a sweet & savory poke sauce garnished with sesame seeds & green onion

Chicken Strips \$11.95

4 Crisp chicken strips served with your choice of fries or veggies & dip with honey mustard, plum or bbq sauce

Quesadilla \$11.95

Tender chicken, peppers, red onion, tomato, & cheddar served on a grilled tortilla with salsa & sour cream

Beef option also available

Cooler & Snacks

Choc Bars, Protien Bars
Bottled Drinks
Chips & Nuts
Sandwiches

Check our daily selections of ham, beef or turkey

Inquire about our Junior Golf Camp
July – Aug, Mon - Thurs
250-374-4653



Flatbreads - \$13.50

Mt Paul Lover – Beef, bacon, pepperoni, & cheddar

Mushroom Pesto – Garlic, onion, mushrooms, feta

Hawaiian – Ham, pineapple & mozza

Additional 2oz toppings \$2 each

Mt Paul Wings \$11.95

1 lb of crispy meaty wings with your choice of hot, honey garlic, lemon pepper, terriyaki, bbq, salt & pepper or thai served with veggies & dip

Calamari \$12.95

Strips of tender Humboldt Calamari & peppers fried in fish batter drizzled with hotyaki topped with sesame seeds & green onions

Macho Nachos \$14.50

Flex your muscles with this mountain of goodness. 2 cheeses, jalapenos, olives, tomatoes, peppers & onions served with sour cream & salsa

Add Chicken or beef \$3

Add 2oz toppings \$2 each

Add On to a Meal

Sides

| | | | |
|------------------------|------|---------------------|------|
| 3 tomato slices | 2.75 | Gravy | 1.50 |
| 1 slice of Cheese | 1.50 | Sour Cream..... | 2.00 |
| 1 egg | 1.50 | Guac | 2.50 |
| Mushrooms | 2.00 | Salsa | 2.00 |
| Onions | 2.00 | Side of Fries | 3.50 |
| Ham..... | 2.75 | Yam Fries | 4.00 |
| Sausage..... | 2.75 | Onion Rings..... | 4.50 |
| Bacon..... | 2.75 | Hash browns..... | 2.75 |
| Chicken..... | 3.00 | Sub for Caesar ... | 2.00 |

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