

# October 2020 LUNCH MENU

**Kalaheo Elementary School**

All menus are subject to change without notice.

All meals include a choice of a half pint 1% white or FF Chocolate milk.

All bread and bread products are made with whole grain.

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
			1 Sloppy Joe Baked Beans Fresh Broccoli Zucchini Sticks Cantaloupe	2 Cheese Pizza Spinach and Romaine Salad Peaches
5	6  Fall	7  Break	8  10/5 - 10/9	9
12 Cheese Burger with Spiral Fries Carrot Sticks Berry Slushy Fruit Cocktail	13 Chicken Tenders with Whole Grain Roll Steamed Veggies Baked Beans Power Punch Pineapple Chunks	14 Hotdog in Bun Romaine Salad Carrot Sticks Honeydew Sliced Peaches	15 Turkey Pastrami Sandwich Vegetable sticks POG Slushy Pineapple Chunks	16 Pepperoni Pizza Romaine Salad Carrot Sticks Power Punch Pine Chunks
19 Tuna Sandwich Carrot Sticks Cucumber Sticks Celery Sticks Edamame Slushy Pineapple chunks	20 Chicken Patty Whole grain roll Steamed Veggies Baked Beans Power Punch Peaches	21 Chicken Broccoli Steamed Rice Romaine Salad Fruit Cocktail Cantaloupe	22 Incredible Burger with wedge fries Carrot Sticks Slushy Pineapple Chunks	23 Cheese Pizza Romaine Salad Carrot Sticks Honeydew Power Punch
26 Cheese Bites with Marinara Sauce Romaine Salad Apple Wedge Power Punch	27 Chicken Patty Sandwich Rainbow Salad Tomato Wedge Edamame Slushy Pineapple Chunks	28 Corn Dog Baked Beans Steamed Veggies Honeydew Fruit Cocktail	29 Fish Sandwich Veggie Sticks Slushy Pineapple Chunks	30 Popcorn Chicken Whole grain roll Carrot Sticks Power Punch Sliced Peaches

<p><b>All bread and bread products are made with whole grain.</b> Breakfast is served from 7:00AM-7:40AM</p> <p style="text-align: center;">BREAKFAST PRICE</p> <p>Reduced.....\$0.30 Paid.....\$1.10 Milk Only...\$0.75 Second meal and Adult...\$2.40</p> <p style="text-align: center;">LUNCH PRICE</p> <p>Reduced...\$0.40 Paid.....\$2.50 Milk only.....\$0.75 Second meal and Adult.....\$5.50</p>	<p>School meal payments can be done at the office. Prepayments can also be made online, to create an account go to <a href="http://www.EZSchoolPay.com">www.EZSchoolPay.com</a> with your child's last name and their student number.</p> <p>****Low balance and negative letters will be sent out weekly with your child.</p>
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**This institution is an equal opportunity provider.**