

Take the fast track and BLAST into

Square Dancing

Lots of fun and laughs!

Learn the mainstream calls quickly!

It's an accelerated learning program with lots of review and fun.

Saturday--March 30, 2024

Saturday--April 6, 2024

Casual attire and comfortable shoes

Lots of fun & fellowship & fitness!

Pre-registration required.

**St. Mark Lutheran
Evangelical Church**

550 7th St. West

St. Paul, MN 55102

Instructor/Caller: Ben Stokes

hosted by Dakota Squares and SDM

*More information about square dancing @
SquareDanceMN.com*

For new dancers,
you will need to have attended
at least two "intro" dances.

If you are brushing up, you can do one or both days.



Schedule

Saturday

Sessions begin @ 9:30 a.m.

and

end by 1:30 p.m.

with lots of short breaks

Fee :

\$10 per day

Angels: free

Treat table

*What do you bring for the treat
table?*

Bring whatever treat

you like to snack on!

Bring your own beverage.

Pre-registration

call

John @ 651-225-9709

Why square dance?

- It's fun!
- It's sociable!
- Mentally stimulating!
- It's an escape from all the worries of the day.
- It's good, moderate exercise!
- It's non-competitive!
- It's inexpensive!
- It's an activity for all ages!

Angels

To keep the instruction moving quickly, angels are needed and appreciated!

Returnees

Great review for returning dancers. Come have fun!