



## BELLA VISTA HIGH SCHOOL 2017-18 GIRLS GOLF PROGRAM

- Girl's golf season will officially begin on **Monday, August 7<sup>th</sup>, 2017**. A Mandatory Player/Parent meeting is scheduled for Monday, August 7<sup>th</sup> in Classroom B12 (next the Bella Vista Library).
- What you will need to try-out for the golf team.
  - Approved clearance packet. The parent and student, together, must complete the online athletic registration for each season of sport and upload or submit a hard copy of the [Sports Physical Form](#) to the Athletics office. Registration can be completed at the following link: <http://www.familyid.com/bella-vista-high-school>. A current athletic physical dated on or after June 1<sup>st</sup>, 2017 must be completed.
  - **NO CLEARANCE PACKET = NO PARTICIPATION AT ALL**
  - A set of golf clubs and other equipment. If you do not have any, please talk to any of the coaches. We have a couple of golf club sets avail...not the best clubs, but an option if you aren't able to get any. Please email us right away if you're interested.
  - Push Cart (*Optional*), but helpful when the girls have matches (check out places like Play it Again Sports, or online – doesn't have to be real expensive).
  - Golf tees/balls/ball markers (we have some for the girls to get started with, but they will want to have a good supply in case balls are lost in the water, brush, etc.).
  - Good knowledge of the rules of golf and etiquette. Knowing and understanding the rules of golf can possibly save you a few strokes per round!
  - Patience! Golf is a difficult game and takes a many YEARS to get better.
  - Positive attitude and good sportsmanship.
- What you could do to improve your chances to make the Varsity golf team.
  - Practice, Practice, Practice
    - Spend at least 60% of your time on your short game
    - Play in competitive events or leagues.
      - First Tee of Greater Sacramento Events (TFTGS)
  - Take lessons from a golf professional.
  - Learn and know the rules of golf!
- Benefits of playing on the Bella Vista's Girls Golf Team
  - Play some of the best private and public golf courses in our area which includes are home courses North Ridge CC and Mather GC.
  - Learn to play a sport that you can play for the rest of your life.
  - Play golf in a competitive setting while still having fun.
  - Make new friends.

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### **Head Coach**

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