



The Center for Women
Obstetrics & Gynecology

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Mona Lisa Touch® Internal Pre-Treatment Instructions

It is important to follow your treatment provider's instructions before and after treatment.

Pre-Treatment Recommendations:

- Shower or bathe the morning of treatment, so that the area to be treated is clean.
- Understand and sign a Consent to Treat form.
- Closely clip or trim long pubic hair as advised by your clinician.

24 Hours Post Treatment Instructions:

- Schedule follow-up visits as recommended by your treatment provider.
- Refrain from vaginal sexual activity for 48 hours after the treatment.
- Most patients resume normal activity as tolerated immediately after procedure.