



CHAPTER 1917



Ocean City, Maryland – WWW.AARP1917.ORG

September 2015

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Sunshine Lady

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Communications

Michelle Donovan

Web Masters

John Bloecher

Alcea Sprung

Health Fair

Dr. Melvin Friedman

Historian

Mary Ann Lemay

Photographer

Bob Chapman

The President's Corner ...

Greetings to all:

If you're like me, you can't believe it is September already. Only recently it felt so hot, and now we are only a few months away from Thanksgiving and Christmas. How time flies!

As our chapter rolls along, we are on target for our speakers and activities for the balance of 2015 and 2016.

As we move forward, our goal to increase our membership continues to be a priority. We need to encourage and mentor new and younger members to join our AARP family and down the road pursue a leadership role in our organization. Our chapter cannot exist without our current and new members willing to share some of their experience, background and time to pursue and achieve our goals. Consider encouraging a friend or neighbor to join our group and enjoy the travel, education, fun, camaraderie and other benefits of AARP1917 in Ocean City.

Your AARP board members and others within our organization are individuals who share their experience, their business expertise and time to help accomplish the mission of our chapter.

Engaging as a volunteer for our AARP chapter can be very rewarding to those who serve, as well as those members who benefit from their efforts. As always, I extend my heartfelt "thanks" to all our Ocean City chapter volunteers.

See you on September 10th. A representative from the Salisbury Zoo will be our guest. Best regards, Chris

PS ENJOY THIS NEWSLETTER and MORE IN LIVING COLOR at www.aarp1917.org

2015 CALENDAR OF EVENTS

September 10, 2015 – Membership meeting – 9:30 AM - with a speaker from the Salisbury Zoo.

OCTOBER 8TH: FALL HARVEST PARTY - \$15pp, Members; \$20pp, Non-Members *Just a few tickets remaining - Tickets sales will close on Sept 10th!*

November 12, 2015 – Open meeting for membership. Followed by Lunch Bunch at Bull on the Beach.

December 10, 2015 - 9:30 AM – Membership Meeting during which we will have our annual Christmas party at the Senior Center.

TRAVEL NEWS and REMINDERS:

- **September 24th, Breakfast at Ocean Downs:** \$7pp, includes breakfast sandwich, hash browns, beverage and \$10 Play Money! **Payment Due by 9/10/2015.**
- **October 4th - 7th, Fall in Vermont:** **Please be sure to pick-up your luggage tags and parking passes.**
- **October 22nd, Dover Air Force Base Mobility Command Museum & Pizzadili Vineyard Wine Tasting, Tour & Lunch:** \$55pp. **Limited seats available - Payment Due by 9/10/2015.**
- **December 1st & 2nd, New York City - "Bonjour to Broadway":** **Final payment due by 10/08/2015.**

Check our website Travel page for more information. [Just Click Here.](#)

NEW FOR 2016 – TO BE ANNOUNCED AT THE SEPTEMBER MEMBER MEETING

- February 15 - 26th, 2016: Holland America Cruises on the Zuiderdam - Panama Canal Sunfarer
- April 5th: Cherry Blossom Cruise, Washington D.C.
- September 16 -24, 2016: Viking Cruises on the Longship Freya - Romantic Danube River Cruise

Note:

Travel Flyers are available on the website and at the Travel Table during meetings.

Our Meetings

Our membership meetings are held at the Worcester County Senior Center, located at 41st Street, Bayside, Ocean City on the second Thursday of the month at 0930. The Senior Center is located right next to the Convention Center on the right side if you are facing the Convention Center. There is free parking next to both the Senior Center and in the Convention Center parking lot.

You do not have to be a resident of Ocean City to join our chapter and you may also belong to another chapter; that's fine with us.

Talk to your neighbors, bring them along. Join the fun and benefits of a very special and active organization.



Other Activities at the Ocean City Senior Center

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Are you new to OC or looking for opportunities to meet new people, learn new hobbies, play cards, or learn games with friends or others? The Senior Center is open daily Monday through Thursday from 9:30 am until 3 pm. Check out their website for a monthly calendar of events, speakers, classes and other activities that are provided. Ann Toney is a wonderful resource for the Center and you may reach her at 410 289-0824 or 410 641-0515. Each day starts with coffee and conversation at 9:30. Playing cards, pinochle, bingo and other games and classes begin at 10:00 am. On specified days other options include computer assistance, and activities such as painting, ceramics, and rug hooking. Educational classes and guest speakers are posted monthly on the calendar, as are exercise classes and other events. Lunch is provided daily and the exercise room is open and available each day. Other amenities include pool tables, a lending library, and small meeting rooms. **ALL THIS and IT'S FREE!** There is no charge for attending. **Come once and see for yourself. Come again and enjoy!**

NEWS YOU DON'T WANT TO MISS



Chapter Historian – Mary Ann LeMay is still collecting historical photos, news articles and other memorabilia relating to the AARP Chapter 1917. Please bring these or other news items to any meeting any time so that we might include them on our Website.



Webmaster - John Bloecher is collecting selective AARP pictures for inclusion on our website. Please consider sending these to John if you feel they are appropriate. The AARP 1917 website is a valuable resource for enticing new members to our organization. The phenomenal variety of travel, camaraderie and community events that we share may well be a dramatic and lasting addition to our site. Something as reality based as the document shredding event, or an enticing travel picture of a recent notable Ireland or Italy member trip would surely attract attention to our chapter. If you submit pictures and have the names of the individuals included, please include their names so we might pursue permission to post.



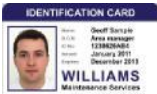
Webmaster and Tax preparer – John Bloecher was recently appointed as District Coordinator for the Lower Shore, including Worcester, Wicomico and Somerset Counties. In this role, John will oversee and coordinate all tax preparation sites for these areas. As many of you know, John is one of those volunteers of whom Chris often speaks. John provides free tax advice and preparation for many AARP members and community seniors. Over the 2014 – 2015 tax year, John provided over **1500 volunteer hours in tax preparation. Kudos to you John, for your valuable service in assisting residents of our community with working through our convoluted tax process.**



Jeff McArthur, one of our Board members, has been busy this year. He was recently recognized by the Ocean City Chamber of Commerce, for his work with J I International and the US State Department in obtaining VISA's for 3800 students from 46 different countries for summer employment in the Ocean City area. Ocean City has been acclaimed a role model for other cities requiring similar recruitment for temporary high volume or seasonal employment. **Impressive numbers, Jeff! Congratulations!**



Recording secretary Deb McCluskey has been serving as **Our Interim Miss Sunshine**, communicating with our members and colleagues who are sick, ensuring them that they are in our thoughts and prayers. These efforts on her behalf are appreciated, because they are so important during any recovery phase or healing process. **Thanks! Deb** for volunteering your [time. Debim1951@comcast.net](mailto:Debim1951@comcast.net) or 410 250-0980



Senior Center visitor ID badges

Senior Center members only and AARP members who are members of the Worcester Co Senior Center (MAC) are asked to stop by the Senior Center to have a photo taken for an ID that will be issued to you. Ann will take your picture and send to Snow Hill for creating a more formal ID. Your ID will appear just like a credit card. When you enter the center for AARP or other meetings, events or activities, you will just swipe the card in the slot just as you do at the store with a credit card. Help us help Ann and other advocates preserve this much needed Senior Center.



FLU SHOTS - are being given at CVS and Rite Aid drug stores throughout the Ocean City area now. They are **free** if you have Medicare or other insurance. Ocean City pharmacy will be at the Senior Center on Wednesday morning, October 7th after 9:30 am for any senior preferring to receive their flu shot there.

ENGAGE YOURSELF !

Consider becoming a board member for AARP 1917! Offer your thoughts and ideas to enhance our Chapter overall with your input and experience. We are a highly successful and active group and enjoy serving to benefit our members. Many of you have experienced firsthand, our efforts at education, speakers, travel opportunities and entertaining events. Behind the scenes, the board meets once monthly on the first Thursday of the month at 9:30 am at the Senior Center.

The next term begins in January 2016 for three years. Nominations are being accepted now by John Lucas, our Nominations Committee Chair, and will be voted on at our November meeting. Installation of officers will be held in December. If you wish to consider a position on the board, or know of someone who does, please contact John at lucasj.oc@gmail.com or 302 988-1489

Look at what's happening at the Senior Center

September 2015

9/9- 1:30 PM - rug hooking

9/17- Trip to TJ Maxx / Lunch at Cracker Barrel

October 2015

10/6- 10AM "Safety in Your Home & Community" with AGH

10/15- Shopping in Salisbury; \$4.00 transportation, Lunch on you

10/7- 10AM "Flu Shots" by Coastal Pharmacy at Senior Center

10/12 **Closed - Columbus Day**

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10/14- 9:30AM "Diabetes Self Management Workshop" with MAC

10/21- 9:30AM "Diabetes Self Management Workshop" with MAC

10/27- 10AM "Why Seniors Need to Vote" Republican Womens Club

10/28- 9:30AM "Diabetes Self Management Workshop" with MAC

November 2015

11/4 9:30AM "Diabetes Self Management Workshop" with MAC

11/9 10AM "Comfort Care" with AGH

11/11 Closed - Veterans Day

11/12 10AM "Blood Pressure" with AGH

11/18 9:30AM "Diabetes Self Management Workshop" with MAC

11/19 Lunch @ Sunset Grille; self transport, Lunch on your own

11/25 9:30AM "Diabetes Self Management Workshop" with MAC

11/26 Closed - Thanksgiving Holiday

December 2015

12/3 Clear Space Theatre; \$14.00 Transportation and ticket; lunch on your own

12/8 10AM "Holiday Stress" with AGH

12/14 Senior Center Christmas Party \$14 Transportation & Ticket

12/28 Closed - Christmas Holiday 12/28 - 31

Questions?? Call Ann @ 410-641-0515 or 410 289-0824 at the Ocean City Senior Center

WELCOME GUESTS!

Our guest speakers in June were Senator Jim Mathias and Delegate Mary Beth Carozza. Each spoke of the many concerns relating to seniors in the state of Maryland as well as the impact of new leadership with



Larry Hogan as governor, 50 republicans on board and the advance and impact of budget cuts. Senator Mathias spoke of Larry Hogan's strong business background, his understanding of big government and his formula for senior programs. He acknowledged the strong growth in Ocean City over the years in its people, buildings, monetary base, business and relationships. As he explained details of the legislative process he alluded to the budget cuts that

normally occur and the solid business explanation that must be provided during this session to protect the \$131,000 grant to MAC. Formerly there was a 27% reduction in services proposed for MAC which would impact many issues for OC seniors even as this population grows in our town. His goals and those of Delegate Carroza were outlined and included pension protection, healthcare, tax deductions, senior citizen protection, jobs and the environment. Delegate Carroza spoke to other Eastern Shore initiatives such as those concerning agriculture and farming, work with the Army Corp of Engineers related to dredging of waterways to ensure safe passage of commercial fishing vessels and initiatives to promote tourism working with non-Federal partners in the town of OC and the State of Maryland.



Chris Norris presented a certificate of appreciation for a very informative discussion.



GOOD TIMES!



Following the member meeting, many of our group toured the Ocean City Brewery and enjoyed the process and education surrounding beer-brewing, the process of beer “tasting” and the delightful lunch fare. Flights of 3 beers of your choice were served as parcel to the tour. Recognize anyone??????






Did anyone venture out to see the Blue Angels in June? It seemed like all Maryland residents were in Ocean City for this event! Literally Standing Room Only for blocks

BE a SNACK VOLUNTEER! 2nd Thursday every month

Bring Meeting Munchies



Call Helen Norris with questions! 302 436-1784

The complex block contains the text 'Bring Meeting Munchies' in a bold, italicized font. Below this text are two illustrations: one of three cinnamon rolls with white icing and one of a chocolate-glazed donut with a green filling. At the bottom of the block is the text 'Call Helen Norris with questions! 302 436-1784'.

SMILE A LITTLE



Here's hoping you had a safe, enjoyable summer.
Isn't it nice to have our roads and grocery stores back?

WELCOME BACK TO AARP!

***** **NO MEETING IN OCTOBER** *****

Consider joining us for Fall Harvest
Party