

Mimi Guarneri, MD, FACC, ABOIM



Board-certified in cardiovascular disease, internal medicine, nuclear cardiology, and Integrative Holistic Medicine, Mimi Guarneri, MD, FACC, ABOIM is President of the Academy of Integrative Health and Medicine (AIHM) and the Past President of the American Board of Integrative Holistic Medicine (ABIHM) and served as Senior Advisor to the Atlantic Health System for the Chambers Center for Well Being, among other healthcare systems. Dr. Guarneri currently serves on the Founding Board of the American Board Physician Specialties in Integrative Medicine (ABOIM), and is a Clinical Associate Professor at University of California, San Diego (UCSD). She is founder and medical director of Guarneri Integrative Health, Inc. at Pacific Pearl La Jolla in La Jolla, California, U.S.A. since 2014, where she leads a team of experts in conventional, integrative and natural medicine.

Dr. Guarneri was an English Literature major as an undergraduate at New York University. Her medical degree is from SUNY Medical Center in New York, where she graduated number one in her class. Dr. Guarneri served her internship and residency at Cornell Medical Center, where she later became chief medical resident. She served cardiology fellowships at both New York University Medical Center and Scripps Clinic. She is a fellow member of the American College of Cardiology, Alpha Omega Alpha, and the American Medical Women's Association.

She founded the Scripps Center for Integrative Medicine and served as Medical Director for 15 years. She began her career at Scripps Clinic as an attending in interventional cardiology, where she placed thousands of coronary stents. Recognizing the need for a more comprehensive and more holistic approach to cardiovascular disease, Dr. Guarneri pioneered the Scripps Center for Integrative Medicine where state-of-the-art cardiac imaging technology and lifestyle change programs are used to aggressively diagnose, prevent and treat cardiovascular disease.

The author of "The Heart Speaks," Dr. Guarneri's work has been featured on television with NBC Today and PBS. She is the Professor of The Great Courses DVD series, "The Science of Natural Healing." She is co-author of the book, "Total Engagement: The Healthcare Practitioner's Guide to Heal Yourself, Your Patients & Your Practice," published in 2014. Her new book is "108 Pearls to Awaken Your Healing Potential," April 2017, Hay House.

Among many awards and honors, Dr. Guarneri has been recognized for her national leadership in Integrative Medicine by the Bravewell Collaborative and has served as chair of the Bravewell Clinical Network for Integrative Medicine. In 2009, Dr. Guarneri was honored as the ARCS scientist of the year. In 2011, Dr. Guarneri was the winner of the Bravewell Leadership Award which honors a physician leader who has made significant contributions to the transformation of the U.S. health care system. More recently, she received the 2012 Linus Pauling Functional Medicine Lifetime Achievement Award from the Institute for Functional Medicine and the Grace A. Goldsmith award from the American College of Nutrition. Ranked as number six of the 100 Top Physicians Practicing Integrative Medicine by Newsmax in 2015, she also was honored with San Diego Magazine's Woman of the Year Awards as Health and Wellness Pioneer 2016 for her outstanding leadership. Dr. Guarneri also is co-founder and a board member of the nonprofit charitable organization, Miraglo Foundation.

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