



## shun futhi Shame Concept green

Ukubaluhlaza umuntu sokusinda amakhono !!!

Umgcini Guardian ' GREEN Concept 'Emitameni'  
ukuze ujike abantu ekubeni usongo kwabanye  
abantu futhi ' Planet EMHLABENI '. Singene  
Umgcini ka **1 NKULUNKULU** Ka- okudaliwe!

Njengoba ' green ' siqala ekhaya ihlanganisa  
bomakhelwane kanye nomphakathi. A Umgcini  
Guardian Ukubutha kuyinto isishoshovu ihabhu  
wendawo (Imvelo, ubulungiswa emphakathini, inkolo) .



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Sinxusa wonke sezemvelo uhlanganyele nathi, 'Qala CG Ukuhlangana.  
Ndawonye ake ukuvikela Planet ethu amahle. Bamba, kungcolisa,  
Environmental izigangi, ukushitsha deniers, ezidlayo ezidla inzuko enkulu,  
**Siyolandisa (Nsuku zonke ezingenalo udlame) !**

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Umgcini Guardian **shun futhi Shame** . Umphakathi ophethe icala baphendule  
ngabakwenzile, **MS R1-7** . Elect Uhulumeni ejika **Concept green** ku Law.

Njalo umuntu, isilwane abe **1 NKULUNKULU** inikezwe ilungelo anobuthi, angcolile, esiwuhogelayo,  
umoya-non-non ehlanzekile! Njalo umuntu, isilwane abe **1 NKULUNKULU** inikezwe ilungelo  
anobuthi, okungezona angcolile, drinkable, ahlanzekile, amanzi non fresh! Njalo umuntu, isilwane  
abe **1 NKULUNKULU** inikezwe ilungelo non anobuthi, okungezona angcolile, okungezona zofuzo  
Ushintshe, ezidliwayo, enempilo, ukudla! Njalo abantu, has a **1 NKULUNKULU** inikezwe ilungelo  
zokuzivikela, izingubo ezingabizi nezicathulo!

Njalo abantu, has a **1 NKULUNKULU** inikezwe ilungelo yokuhlanzeka, ovikelayo yokukhosela ezingabizi! Njalo abantu, has a **1 NKULUNKULU** inikezwe ilungelo ukwelashwa mahala uma ogulayo!

Njalo abantu, has a **1 NKULUNKULU** inikezwe ilungelo umphakathi enobudlova khulula!

## Injwayelo

Umlutha a kokuziphatha kupoqeleke Kuyancomeka isidingo okucatshangelwayo. Imilutha badukise ngokuzehlukanisa akamukeli umonakalo ukuziphatha kwabo yenzani. **Ngowabo**, umndeni, abangane, umsebenzi bomshado & umphakathi. Gcina abayimilutha kude nezingane.

Abathembele kuyidakamizwa kokudumazeka! Imilutha musa ukuba bakhole umlutha nje ozithokozelayo kubo-ni & nokubamba ukuphila kwabo ndawonye.

Uma sibhekana namaqiniso, walutheka nomkhawulo abayimilutha ubuntu & nenkululeko njengoba ziba anemikhawulo ngaphezulu ukuziphatha kwabo.

## 1GOD ulinde ukuzwa ezivela kini! y y

Y Y Y

**Umlutha Nomthandazo**

Umlutha usuku 12.2.7.

Sawubona **1 NKULUNKULU**, UMdali enhle kunazo Universe ethobekile kakhulu abathembekile umnakekeli wakho wokuba umgcini walo mcebo (1<sup>st</sup> igama) Ngisize kungabi wotshwala

Siza Humankind aqukethe eziluthayo Ujezisa eziluthayo abahlinzeki empilweni & Afterlife Ake lo mphakathi kube ukuluthwa khulula

**Inkazimulo 1 NKULUNKULU & Okuhle of Humankind**



Lomthandazo isetshenziswa ku Umlutha Day! Noma njengoba kudingeka.

yyyyyyyyyyyyyyyyyyyy yyyyyyyyyyyyyyyy

Imilutha nge eziluthayo obungemthetho ujabulele uhlobo nezimfihi yomkhuba wawo! **eziluthayo Illicit kuholele ejele, ukulahlekelwa self nenhlionipho.**

**Imilutha awazazi (Oyisiphukuphuku) , kalula (Oyisiwula) futhi ebuthaka (Ezidabukisayo) !**

Lapho abantu bayimilutha, ukujabula kwabo ngokuvamile kuba igxile ekufezeni lo mkhuba wabo, reliving zokuqaleka. **Kunokuba ngokugcwela**

uhla nakho akha amakghonwabo ukuze injabulo non umlutha. A zokuziphatha, duty civil, njalo kungcono ubambe addics nokuziphendulela.

Addicted zibe usongo ngokwabo futhi emphakathini. Ziba kokudumazeka, zokuziphatha okubi, zokungathembeki ezinenkohliso, banobugovu akakhathaleli futhi anti nomphakathi. **A zokuziphatha, duty civil, njalo sika umbiko addics.**

Imilutha kudingeka usizo zengqondo namaqembu ukwesekwa usizo. Imilutha Ukushiyeka kuthiwa yedwa ukuvikela umphakathi ikakhulukazi intsha.

## Adrenaline Umlutha

**Adrenaline**, hormone uba neurotransmitter. **Imbangela eyinhloko yokusabela ukucindezeleka ukuze usongo nemizimba emzimbeni.**



iqhaza ngokweqile e-aerobics, car racing, ukugijima, isibhakabhaka diving, ...

Ukuhlanganyela ikunika rush adrenaline okuholela ekubeni umlutha wezithombe. **Lezi Imilutha bayacindezeleka futhi lapho abakwazi ukuthola rush bazo.**

Lapho Adrenalin ikhishwe emgudwini wegazi ke izenzo ukwandisa heartrate, umfutho wegazi, dilates abafundi, kuperkamisa amazinga kashukela futhi isusa ukugeleza kwegazi kusukela isikhumba kanye nezinhlaka kwangaphakathi. **abantu abavame bathukuthele, icala, okhathazayo ukuvusa adrenaline zabo yize bengase zizungeze ungenzi lutho okunye. Angry, zindla worried\_.**



A isidingo speed vivinywa adrenaline.

Noma yimuphi umjaho ikunika rush adrenaline. Yokuwina ikunika rush ngisho ezinkudlwana. **Umzimba womuntu awuzange eyenzelwe isivinini. kuyinto yabo akunasidingo isivinini. Winning kuyinto zobugovu.**

Abaphumelele ukusheshe kuholela efuna okwengeziwe. **Ukulahlekelwa Leeds ekukhathazekeni. Lokhu ukukhathazeka kuholela ngokuphelelwa ithemba. Efuna ukuwina kumnyama kubomvu (Ukukopela, ukudla izidakamizwa, ukubulala ukunqoba ..) .**

ukuziphatha Anti yezenhlalakahle ikunika rush adrenaline.

I obnoxious ngaphezulu, kuhlukunyeza sikhulu rush. Buza noma amaphekula punk umgwaqo (Nokutubeka, umsila gating, wayinquma, ukusunduza komgwaqo, extra wheelies elikhulu) , Leqembu lezigebengu (Ukuxhashazwa, ukucekela phansi impahla, ubudlova) , Umalugaju (Ukuzwisa ubuhlungu nokwesaba, ubuhlungu, nokufa)



**ukuziphatha Anti yezenhlalakahle usongo kumphakathi procecuted MS R1-7**

Kuwumthwalo civil ukubika, emgaqweni, ukushayela esiyingozi, izingozi.



imisebenzi eyingozi (Stunts, thrillseeking ..) ukunikeza i rush adrenaline. Abantu ababeka kungenjalo angeke uthole abawinile ukusheshe ukwenza izinto eziyingozi. Lemisebenti ukhuthaze copycats ngubani bayalimala, abulawe, ngokuba usongo kwabanye. imisebenzi eyingozi ekupheleni, **MS u-R2** . Abahlanganyeli ukhokhele sokutakula expences wezokwelapha.

## Zokuba umthandi Adrenaline kuyisifo. Funa usizo!

### Utshwala Umlutha



Utshwala edliwe ngenxa yokunathwayo nokudla. Zidle Utshwala kuholela ukuthi ukushintsha indlela yokuziphatha (Ukudakwa) . nokudakwa , ukuluthwa utshwala kuyimbangela eyinhloko Izingozi, Ukuhlaselwa Ukudlwengula, Ukucekela phansi impahla. Izidakwa kukhona umthwalo, isicefe futhi usongo emphakathini.

Ukuphuza ngokweqile akusona isidingo namandla ukudla notshwala.

Njengazo zonke abayimilutha, Alcoholics ukubeka izidingo zabo zobugovu ngenhla ukuthi abanye kanye nomphakathi. Alcoholics ngeke anxibe, ukuboleka ebe wazophuza! Alcoholics okwenza sidinge ukwelashwa. Ukwelashwa siqukethe iphele ukuphuma! Ukwelashwa asisona isisombululo sazo. Alcoholics ngokushesha kuthiwa emuva kokuba izidakwa!



Usizo olungcono kunalo lonke Alcoholics ukuyeka ukutholakala Utshwala.

Ukukhiqizwa, ukumaketha nokusatshalaliswa Utshwala uphela.

## **ZERO TOLERANCE ukuze UTSHWALA !!!**



## UBUKRISTU mbangela eyinhloko esiyisebenzisayo yokusakaza Alcoholism.

Christian Idol (Thixo amanga) uJesu (Mesiya warmanga) watshela amaKristu ukuba aphuze utshwala (iwayini elibomvu) . AmaKristu baphuze utshwala ngesikhathi lokudlela zenkolo kanye nemibuthano non zenkolo. Christian YENA futhi SHE baphuze utshwala ngaphambi ngokumitha kwemihlambi ngaphakamisa. Christian SHE okuqhubekayo ukuphuza utshwala ngenkathi bekhulelwane nangenkathi bencelisa (Kuzalwa umntwana wotshwala) . Abazali abangamaKristu bakhuthaze izingane zabo ukuba baphuze utshwala. Abazali abangamaKristu yibona abazali ezimbi!



UmKristu osemusha kokuba iye eselunyuliwe on Alcohol abone lokudlela esontweni, omkhulu, Bazali, abangane, omakhelwane baphuze utshwala. UmKristu osemusha obona abazali baphuza utshwala ekhaya, leisuretime nemisebenzi. UmKristu osemusha (YENA futhi SHE) nini

sembuthanweni ngaphakathi kobudala bazo ubhekene nokucindezela kontanga ukuba ekuzitikeni ngotshwala kwamukeleke. Young Christian YENA uthole SHE abasha odakiwe sokuhwelana noma ukudlwengula. Bobabili babe 'Udoti'. Shame, Xwaya, Udoti!

izindela Christian ayikwazanga ukuthola ugqozi angokomoya ngokufunda nangokuxoxa kokufunda imibhalo waphendukela Utshwala ugqozi ezingokomoya. Akajabulanga, izindela ekhiqizwa Utshwala zabo. Ukukhiqiza futhi ephuza utshwala igcinwe izindela esimweni njalo edakiwe. Manje ababenakho imininingwane (La ezweni) .



Izikole bamaKatolika zifana Thaberne. Othishanhloko abe bar (Utshwala ezibizayo) , Othisha likaqedisizungu has a bar. Administration has iwayini (Ezishibile) I-lokudlela futhi Isikhwama ngokuvuswa.

Njalo ngoLwesihlanu nangoMgqibelo amaKristu zokudakwa Bash, sidlwengule futhi sibulale. NgeSonto bona 'Vuma' get 'othethelelwane izono zakhe'. Ngemva bayo lokudlela ukuphuziswa (Utshwala) . Emva kwenkonzo ziya ekuzitikeni ngotshwala nabangani, umndeni. Ekuzitikeni ngotshwala amaKristu ayimbangela eyinhloko 'Udlame Lwasekhaya. 1GOD is amandla, tando cha thethelela kodwa balandise kanjalo Humankind. Njalo odakiwe sinecalala.

UbuKristu ngoba ukhuthaza ukusetshenziswa kotshwala akuyona

eyamukelekayo njengoba inkolo noma ihlelo. **1GOD** akafuni Humankind ukubhubhisa impilo yayo ngokushisa Utshwala. **1GOD ujabhile abayimilutha abangamaKristu ukuba Utshwala. Qaphela! 1 NKULUNKULU** ayeba uJesu balandise ekhuthaza Alcoholism. UJesu wahlushwa futhi wabethelwa esiphambanweni.

## Ithi CHA ebuKristwini !!! Ithi CHA Utshwala !!!

### KUFANELE - DO:

SHE akuyona sokukhwelana nge udakiwe YENA. YENA akuyona sokukhwelana nge SHE odakiwe. SHE ukuphuza ngesikhathi sokukhulelwu lufakwa ngaphansi ekhaya ukuboshwa. SHE ukuphuza ngenkathi ibeIufakwa ngaphansi ekhaya ukuboshwa. **Umphakathi unomsebenzi lokunakekela zonke ongakazalwa, owayesanda kuzalwa izipho. Alcoholic SHE asifanele ukuba umzali. Abazali Foster ikuhulisa ingane Alcoholic SHE sika.**

**Abazali nezingane abancane (SHE 17, YENA 18) ukuthi isiphuzzo Utshwala azamukeleki. Noma yimuphi umphakathi okhulumu unomsebenzi lokunakekela zonke kweminyaka engu ingane. Alcoholic Abazali oNgcwele ukushada Inkontileka ikhanseliwe izingane zabo zafika bakhuliswa Foster-abazali.**

Ezemfundo iinkghonakalisi Utshwala khulula. **Othisha (Othishanhloko, Othisha, Abalawuli) eziletha, kudle Utshwala ayasuswa futhi avinjwe Schools. Christian Ezemfundo-izindawo zidluliselwa emfundvweni (Ngaphandle isinxephezel)** . Othisha Christian (Othishanhloko, Othisha, Abalawuli) **ayasuswa futhi avinjwe Ezemfundo. Amabha yabo esikoleni kudilizwe Utshwala yabo libhujiswa!**

Noma yimuphi umphakathi okhulumu (**Shire**) unomsebenzi lokunakekela abantu bayo. Utshwala usongo emphakathini kuqukethwe futhi basiphuca. Njalo Shire iwukuba ukuvimbela utshwala ukupoqelela kokuvinjelwa. **Isifundazwe uvala ekukhiqizeni nasekusakazi Ngotshwala . ukukhiqizwa okungekho emthethweni, ukusatshalaliswa Utshwala is kushushiswe: MS R6**



ukukhiqizwa ekhona, ukusatshalaliswa Utshwala wayeka futhi lavalwa. Zonke utshwala libhujiswa. Ayikho isinxephezelo kunikezwa.

Yenqaba obuKristu, isimo sokunikela namahlelo futhi ukukhethelwa intela. Yenza

**kokuba esiphuza icala, MS u-R2 Thola izidakwa.**

Noma yimuphi Ubugebengu uzibophezele ngenkathi ukuthi wayedakiwe kibili Ukuvuselelwa.



Amanzi ehlungiwe  
wezeMpilo ezinhle !!!



### Izidakamizwa Umlutha



Kuyinto eyaziwayo ukuthi izidakamizwa (**Inqondo ukuma izinto**) ezimbi zomzimba womuntu. Nokho 99,9% Drug Junkies ukuthathha imithi ngenxa yokuthi bakhetha. Ziyawazi okungavamile zikhulumu nezinyonga anti ukugqwala umphakathi.

Ningewza isihawu Izidakamizwa Junkies inkinga yabo self inflicted. Ziyawazi umthwalo futhi usongo. Obaphendulisayo, everytime.

### Cage lezi izinsongo kumphakathi, MS -R4 .

Abakhiqizi, abasabalalisi, abahlizeka mind- ukuma izinto, emthethweni nom **ibhaliswe ngokomthetho (Bad Law)** , **Kuthiwa sivalelw**, **MS R7** . umthetho Bad siyachithwa, okuyohlehliswa.



Insangu, Codein akuzona imithi. **Abenzi lutho okufanele sisetshenziswe**. Ziyawazi izidakamizwa illgal, **MS R7**

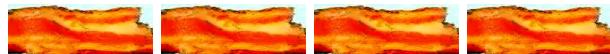


Noma yimuphi Ubugebengu uzibophezele ngenkathi kokuba ngaphansi kwethonya kwengqondo

esishintsha izidakamizwa (**S**) trebles (**X 3**) Ukuvuselelwa. **Ukuba ngaphansi kwethonya utshwala izinto ezidunga ingqondo** Ukuvuselelwa luyanda ngumuntu Okuphindaphinda 5. **Qaphela!** Izidakamizwa zesikhathi esidlule nezamanje, Utshwala Zombi kungenziwa kuphela oqashwe ' **wmw x2** 'Noma ngaphansi.

## ZERO TOLERANCE ukuze INGQONDO esishintsha izinto

### ukudla Umlutha



Ukudla kubalulekile asikwazi ukuphila ngaphandle kwawo. **Ukudla kuyimfuneko, phezu yokudla kuyinto umlutha.** Overeaters (Amanoni Ezilwane Abantu) bangabheka phambili ekutholeni, blubbery, uthole Sweaty ngaphezulu, isondo lula kakhudlwana, neninga yokuthola indwango ukulingana, thola izihlalo ungakhululekile Friend, imithambo enkingeni okuhlanganisa izimbadada, baye avimbekile, umfutho wegazi ophakeme, uthole isifo sikashukela, afe abasebasha, kungenzeka unezingane okhuluphele.

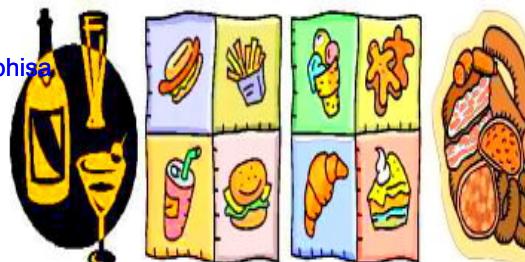
Amanoni Ezilwane muhle imvubu nemikhomo. **Ukuze abantu la manoni oluningi ecanuzelisayo. Ukukhuluphala ngokweqile kwenza umuntu aphume umoya, ucobekile, isondo lula, babe sickies ngaphezulu, ngibe umthwalo**



ukuthuthukisa indlela esibukeka ngayo, umndeni, umsebenzi bomshado, abangane, umphakathi. **Ukuba phezu isisindo alamukeleki. Siza abantu isisindo okuxekethile.**

Yekani blubbery. Qeda kokuba utshwala okokunandisa yokufakelwa e ukudla noma iziphuzo. **Nciphisa**, ngokucijile usebenzisa okokunandisa zemvelo, ukunciphisa sodium eyanele, zisebenzisa usawoti iodized kuphela. Misa ukudla tibuye GM

(Zofuzo Ushintshe) ukudla.



Idili, emkhosini, Smorgasbord, eside ukudla uhlobo yokudla ziphelelwe. Ngokuhamba yokudla out. Zidle Utshwala ngenkathi yokudla out. Ugwadule sika ziphelelwe. **Ukudla encane ingxene sika e.** Ukuphuza amanzi nge ukudla sika e.

Namathela Umgcini umnakekeli 'Asebenza zonke'. Yehlisa inani



udla esidlweni ngasinye. Phuza iziphuzo ezingenashukela. Gwema isiphuzo fissy.

**Ingabe usuku nsuku zonke, ebusuku umzimba. Qaphelisisani 'Ubusuku Ukubekelwa isikhathi'. Thandaza:**

**1GOD ulinde ukuzwa ezivela kini! y y**

Y Y Y

**Amanoni Ezilwane - Nomthandazo**

**Sawubona 1GOD , UMdali enhle kunazo Universe ethobekile kakhulu abathembekile umgcini-umnakekeli wakho (1<sup>st</sup> igama) Siyabonga kokunikeza kimi nge isiphuzo Daily & ukudla wena Ngisize ukuba udlala & babe bluberry**



Ngizama ukuba lifanelwe izingxenyenye ezincane ukudla nsuku zonke Ngingayibona bangabulawa okubuhlungu nezindaba zezempiro ngenxa kakhulu uma sezidla Ukuze **Inkazimulo 1 GOD & Okublo of Humankind**

Inkazimulo 1GOD & Okuhle of Humankind

Amanoni Ezilwane abantu basebenzisa lesi ngomthandazo ngaphamphi kokuba wonke okuphakelayo!

## **Ukuqembula umlutha**



Ukugembula isebenzisa ubuthakathaka bobuntu, nenkohliso ukuze alethe usizi kubantu, emindenini nasemphakathini. **Ukugembula abagqugquzelu abadlala abantu ababuthakathaka yenza ngokuphelelwa yithemba.** **Ukugembula envoles ukubheja (Lutho) , hedging** (Umshwälense, ikusasa, okukhethwa ..) , **lotto (Ufanele abe phakathi kukho ukunqoba ke)** , **ukufunisela (Enethemba amagugu kwempahla ukwanda)** . **Musa ngilihawukele abagembuli.** Okubuthakathaka, ubugovu, **abayizimungulu ngamunye bakholwe okubafanele ingcebo unearned.** Akudingekile. Obaphendulisayo **MS R7**

abahlanganyeli Reality ukuzijabulisa kukhona abagembuli amahloni kakhulu. Benza ezinjengendle, nikela, ukukhohlisa, amanga, babukise abanye, ngokwabo, ukugembula ukuthi uwine. **Abaphumelele uithukulule zabo**



ambikele 100% sentela ambikele. engenayo Unearned is intelakude. Gwema Abadlali, Abaqquaquzeli, Abaxhasi ..



inzuso lthathwe lezizwe ubuthakathaka kuyicala, abahlinzeki yezinyoni ukugembula, **MS R7** . **Ukugembula zemicimbi** (NokuBheja izitolo, Amakhasino, Ukuhwebelana Ikusasa, Reality ukuzijabulisa, zokudayisa amasheya) **zivaliwe**. Zonke inzuso, **izimpahla umhlinzeki ukugembula, professional**

umgembuli (Umphathi sikhwama, umhlaba Spy, ikusasa abadayisi, yabelana abadayisi, ..) **ziyathathwa**. Khansela freehold (Investment impahla) .

Individuls 'ukuthi uwine , okuxekethile 100% sentela ambikele. Uhulumeni ukuthi vumela ukugembula esikhundleni amalungu ke uthole **MS R7** .

Abagembuli kukhona eziyizimungulu, okhohliswayo, abantu abanobugovu ezimbi. **umhlinzeki Ukugembula** kukhona ezinenkohliso yisinanakazana okuzingela profiteer sika. Omabili ahlala avela OKUBI kanti ziphendula.

## ZERO TOLERANCE ukuze WOKUGEMBULA

### Ukuthenga Umlutha



Ufake esitolo futhi awukwazi ukushiya ngaphandle yeztolo. A umkhiqizo omusha ikhishwe noma  $\frac{1}{2}$  waminyaka yonke 'Yamadivayisi', wena-ke umi ngaphandle esitolo amahora amaningi, kufanele kube 1<sup>st</sup> ukuze uthole umkhiqizo (S) .

Wena wotshwala! A yeztolo umthandi!



Inzuso enkulu zisebenzisa abayimilutha kuzobazuzisa. Marketing ukudala into entsha (Okungenamsoco ngokuvamile ezingadingeki) . Khona-ke ukumaketha njengento okungafanele ukuthi wonke umuntu ukuba babe.

Ukukhangisa mkhankaso zihlose kakhulu yeztolo Zombi. Junk yabahlinzeki kokuthenga Imilutha bawumthombo omkhulu udoti udoti. Ukukhangisa non essentials uphela. **Ukuthunyelwa imeyili Junk imeyili amabhokisi uphela, kwenze: MS -R4 . essentials Non unayo i extra 50% intela icala. Junkie BakaJehova befuna usizo.**



**yeztolo Zibe Abantu Abadala Abavuthiwe:** Ayikho yeztolo ngokubhuduzela (Yenza uhlu yeztolo futhi unamathele kuso) . Thenga wedwa. Kuphela okubalulekile ukuthenga (Ayikho okungenamsoco) . Ungayisebenzisi i-credit card.

## Ukubhema Umlutha



**Ukubhema** Ukuba umlutha wezithombe, i-nosizi lwasintu!  
Abantu ababhemayo inuke okomlomo, izingubo zabo stinks  
bona inuke up ikamelo. umlotha wazo & zikagwayi zikhona  
yonke indawo. Ziyakwazi ezingcolile, ezinjengendle, abantu  
ezinukayo. **Gwema kwabo!** Shame kubo.

Abantu ababhemayo Uyi ingozi yezempilo ukuze ngokwabo. Bashisa yabo  
izindebe, amazinyo, izinsini, umlomo, nomphimbo, umphimbo &  
emaphashini kokugula, umthwalo emphakathini. **Abantu ababhemayo**  
**bangamavila ukuthatha eziningi intuthu amakhefu** kanye self inflicted sickies.



Abantu ababhemayo Uyi ingozi empilweni kwabanye. Abakhulelwe ababhemayo bayalimala yabo  
eyayingakazalwa. **Ngemva kokuzalwa kuka-lezi osanda kuzalwa bagwetshwa ukuphila kokuba izindaba**  
**zezempi.** Bangase babe sengozini, abakhubazekile .. **Ukuzilimaza abangakazalwa:** **MS R3 Izingane zabazali**  
**ukubhema kukhona zibophe kubazali bazo ukuze zithole isinxephezel.**



Ababhemayo banamathuba budedengu. Bathoma imililo, utshani  
amakhaya, ihlathi. **Basuke bajeza,**  
**MS -R4 futhi akhokhe isinxephezel.** **Abantu ababhemayo umlilo,**  
**abantu abalimele, izilwane, MS -R5 . Sabulala abantu, izilwane, MS**  
**R6**

intuthu **Yokwenziwa** (**Ukushaya**) libuhlungu abantu. Abantu ababhemayo ukuthi ukudala intuthu  
**yokwenziwa ezivela phambi kwenkantolo, MS R3 . Amabhizinisi** (**Ezokungcebeleka, ukuzijabulisa, umsebenzi**  
. ) **ezivumela ukubhema ezivela phambi kwenkantolo, MS R3 futhi akhokhe isinxephezel.** **Uhulumeni**  
**ezivumela ukubhema esikhundleni futhi bajeza, MS R7 .**

Ngo-1951 \* kwase kunesiqiniseko ukuthi ukubhema akunampilo usongo ezinzima.

Uhulumeni kanye Uhulumeni ejensi, neminyango elalinge ukubhema 'Ban' ihlulekile  
ukukhonza kanye ukuvikela umphakathi. **umthetho zokuhlolola sidlulile futhi lezi zokwazi**  
**icala, MS R7 .**

\* Lobuqaba Ikhalaenda



Noma yimuphi umuntu noma iqembu, ibhizinisi noma elinye ibhizinisi okukhuthaza  
(**Ukukhangisa, ukumaketha, freebies**) , uvumela (**Abazali, othisha, umsebenzi, amakilabhu, zokudlela eziseceleni, ukuzijabulisa indawo**) , inzuko (**Abakhqizi, abaphakeli, abathutha, Wholesalers, abathengisi**) , Kwenza etholakalayo 'ebhema' futhi noma ukubhema izesekeli, **MS R7**

Akunandaba ukuthi 'ebhema' aqukethe.

Izenzo ukubhema kunobungozi empilweni.



## ZERO TOLERANCE ukuze UKUBHEMA !!

### Ubuchwephesho okusha Umlutha

New Technology Zombi kungaba ezhlekisayo. Bona misani amatende ngaphandle umthengisi elinde ukuthenga igajethi entsha phezu amanani. [Indlela silly!](#)

New Technology Junkies kuguquka silly Shopping Umlutha. Ingabe yimbangela enkulu imfucuza. Bona ukulahla izimpahla ezisebenza kanye ezinokusetshenziswa eside bye usuku. Babengakaze ufunde ukusebenzisa ubuchwephesho yabo entsha. Ngoba abanayo isikhathi eside ngokwanele. [Lezi Zombi ujike imikhiqizo sesikhathi eside ku disposables.](#)

Iningi okusha Technology akuyona kabusha. Ukudala izinkinga imfucuza ukuze Shire kanye nezizukulwane ezizayo. A microchip umkhiqizi iveza chip esisha njalo ezinyangeni ezingu-6 kute bafundzi labenta tintfo okusha Technology Zombi . [chips Ngokuphelele ukusebenza ayalahliwa. Saze sadlala. phansi kwemvelo. Umkhiqizi, umthengisi, MS R7](#)

isidingo somphakathi ukusetha mihlahlandlela. isixazululo Umgcini Guardian, njalo umkhiqizo omusha has a ukuphila eshalofini engu-7. [Ngeke esikhundleni imodeli entsha iminyaka 7.](#)

[Breach, MS R7](#)

**Abantu, izinhlangano ukuthi ukudala Zombi nokuluthwa yizidakamizwa okuphakelayo aya- nyanya, ukuziphatha okubi, izigebengu.**

**Basuke bajeza: MS R7 .**

**QAPHELA !!** Lokhu kubhekiswe kuzo zonke 'Injwayelo'. Abazali abancane (17 SHE, 18 YENA) ziphendula. **MS u-R1 , 1 st icala, 2 d bilan icala MS u-R2 , okuxekethile zonke izingane zabo. Ayikwazi ukubheka emva nezinye abancane.**

## Burning



Ngemva isintu wathola indlela yokusebenzisa umlilo. It wabona lokhu njengesibusiso.

Izinkuni esivuthayo kwenezelwa ombiwa phansi nokushiswa. isiZulu



AmaKristu ethula ezezimboni waqala nokungcola esiholela ekuguqukeni kwesimo sezulu. **Fire Futhi ukushiswa Manje usongo kuyisiqalekiso.**

### **STOPBURNING, MANJE !!!**

I esiyingozi kakhulu ingxene wokusha okungukuthi, intuthu. **Ngo imililo usongo gretates empilweni, ukufa kuyinto ukuhogela intuthu.** Esikalini Intuthu enkulu ngivuka emkhathini Kumisa ukushisa ekuphunyukeni emkhathini.

amanzi siya sifudumala Surface, womhlaba siya sifudumala, iqhwa

liyancibiliha: **UKUSHINTSHA KWESIMO SEZULU!**



Ukuze sisinde womuntu izidingo zomzimba **Air esiwuhogelayo.** Nabantu evutha izinto usongo olukhulu ukuze 'umoya'.

**Non Air esiwuhogelayo Sikunika imizuzu 4 ukuphila!**

**Zero Tolerance to EMOYENI kungcolisa !!!!!!**

## Amandla

isikhathi esiningi esikhululekile, amakhaya likhulu kakhulu, imali eyiphinda likhulu kakhulu, eziningi kakhulu amagajethi un esidingekayo, idale spike e nanini nyuka izidingo energy. **Amandla yamanje lingcolisa, has nokusungula nezindleko eziphezulu, ukugijima okusezingeni eliphezulu kanye nezindleko yesondlo. Lingcolisa Energy uncika evutha. Burning kufakwa non esivuthayo.**

esivuthayo Domestic nokungezona ezifuywayo ubulongwe, ukhuni, amalahle, igesi namafutha ukupheka, ukufudumeza kanye amandla, **KUPHELA!**

**Amandla Zokusebenzela ukuthi ashise** (Amalahle, uwoyela negesi, i-uranium)

**ukwakha amandla kukhona Vala shaqa futhi adiliza. Amandla kuveza non esivuthayo. Lingcolisa Abanikazi, abaqhubi**



waquliswa icala, **MS R7** . Uranium futhi yamalahle ezimayini zivaliwe, ababekwa uphawu. + Kuyinto Abanikazi, Operators kuthiwa sivalelwe, **MS R7**

amalahle Burning ukhiqiza amanani olukhulu emoyeni engcolisa intuthu (Carbon dioxide) . Carbon dioxide ethubeleza up. 50% beyihlanza yimvula lonke ethubeleza emkhathini bekungengcono aqoqana. Carbon dioxide kukuvumela ngokusebenzisa kwelanga ukufudumeza Umhlaba kodwa kuvimbela abanye ukushisa ekubeni Babechichima emkhathini (Ukushisa kakhulu komhlaba) . Umphumela surface eMhlabeni kancane ishubile. Lokhu Ukushisa izinga lokushisa kwamanzi liye landa ngendlela emangalisayo kusukela ngonyaka 'O' \* (2004) . Lokhu ukufudumala incipha usayizi izinguzunga zeqwa polar yiqhwa. Okuholela kwamazinga olwandle nokushintsha kwesimo sezulu.

\* CG New Age ukuphathwa isikhathi



. Amalahle uthuthwa evulekile (Ingamboziwe) kaloliwe. Yamalahle uthuli thathaza ku:- izilwane, abantu (izifo zamehlo, izinkinga respiratory, ukuqubuka ..) , ilondolo (Ublomile nezidingo ezomile rewashing ukugwema nesimumgumungwane) , inhlabathi (Kwezitshalo, ingadi, engadini yezithelo, izimila) ,

amanzi (Ithangi, emfudlaneni, ichibi, emfuleni, olwandle) kuyinto izidingo angcolile zokuhlunga. Kuphela.

## Amalahle ukhiqiza amandla ezingcolile

**Amalahle kokuziklinya nathi**

**yamalahle Clean kuyinto a Ukukhwabanisa!**

**IMA the lorries, ukuvala Mines:**

**Liyosinda !!!**



## Burning kufakwa, 'Solar, Amanzi, Wind' !!



Burning ukuhambisa yasekhaya & non Uphela ezokuthutha yasekhaya! Negesi, Oil babe non ukusetshenzwa esivuthayo. Domestic nokungezona ezokuthutha ezifuyiwe Imigwaqo esikhundleni Freeway trams (Bheka Shire) ! ibanga eside phezu kwezwe ezokuthutha iwukuba Rail kuphela. ezokuthutha ngamunye uncolisa is ikhishiwe. Khansela Imigwaqo emisha.

Kuvele yokwanda kudingeka uhlele amandla kangcono. **Ukunciphisa energy ukusetshenziswa umuntu ngamunye kumelwe.** Ebusuku Ukubekelwa isikhathi uyisidingo. **Ukwehlisa amandla semisebenzi leisuretime kubalulekile.** **amakhaya Cluster esikhundleni, igalaji double, kuyize izingadi 2 storey inxuluma sika, pool ebhukuda, ...**

### **ebusuku Ukubekelwa isikhathi**

Umzimba womuntu sasingaklanyelwe kube ebusuku. **abantu kabi amandla abo ubuchopho ukwakha yokuphila ebusuku.** Lokhu yokuphila akachithi amandla amanangi, kwandisa ubugebengu, akunampilo, yenusa ukusetshenziswa amandla ..



A 7 ihora Night isikhathi somthetho wewashi kusukela 14- 21 amahora (**CG Klock**) Kuphoqelekile. Phakathi Night Ukubekelwa isikhathi 'CHA' ngemgwaco (Commercial, ngasese, umphakathi ..) uvunyelwe ukuhambisa emigwaqeni ngaphandle izimoto eziphuthumayo!

Ayikho izibani emgwaqweni, amarobhotti, ukukhangisa ... zivuliwe. Ayikho amabhizinisi avuliwe. **Ukungabi bikho kwezithuthi emoyeni Airports ezisebenza zivaliwe!** Air ezokuthutha kumelwe cababa esikhumulweni eliseduze etholakalayo kokwehla ensimini! Ayikho ukunyakaza wesitimela! iziteshi sesitimela & ezikhumulweni zivaliwe! Izitimela uhlale umile esiteshini ngesikhathi Ukubekelwa isikhathi!

**Akekho imisebenzi (Konke evaliwe) ngaphandle okungenani eziphuthumayo siqu. Ayikho amandla izosetshenziselwa ngaphandle eziphuthumayo noma ugesil izindaba esiteshini 1 somsakazo is oxuhunyanwa. Zonke ezinye ukuzijabulisa sivaliwe! Ayikho ehhovisi, akukho yokukhiquiza noma umthengisi usebenza noma usebenzise amandla! Emakhaya angasebenzisa **Ukushisa e ukubanda okwedlulele (Dresss ukufudumala)** . I Shire isebezisa owayo Night Ukubekelwa isikhathi.**

### **Isikhathi sonthezeka**



Burning ukubhema BBQ sika, 'Kuzophela! Out umnyango Ukushisa, 'Ukuphela sika! Cold ngaphandle ukuggoka indwangu ukufudumala. Noma iya ngaphakathi. **Ukusebenzisa Ukushisa ongaphandle is, Environmental Ukucekela phansi impahlia, MS R7 .**

Ikhaya ungayisebenzisi ngophethiloli ovuthayo Garden Amandla amathuluzi! Khuthaza umkhaya wakho, abangane, omakhelwane, esisebenza nabo ukuba ungasebenzisi ngophethiloli ovuthayo Garden Amandla amathuluzi! Ima (**Ezingenalo udlame**) ! Umphakathi ukuthela, ukuthengisa,



ukuthenga, uphethiloli ovuthayo Garden Amandla amathuluzi! Kungumsebenzi wakho zokuziphatha kanye civil ukuqeda engcolisa endaweni yakini endaweni! Bamba umndeni, abangane, omakhelwane, esisebenza nabo emphakathini ngenxa ungclosa!

**lingcolisa Ezokuzijabulisa Uphela.** In the Air: Air imibukiso, yangasese air zokuthutha (Indiza, jet, indiza, Drone, mkhathi ...) . Ngo ngaphansi kwamanzi: esinenjini isikebhe yamahhashi, yangasese enganyelwe ulwandle ezokuthutha (Gumbi impi esheshayo engahlomile kakhulu, kufika imikhumbi, hovercraft, jet eqhweni, isivinini izikebhe, yezikebhe, ..) . On izwe: zonke 2,3 & 4 isondo ezinezinjini (Fuel evutha) , Imijkelezo, amabhayisikili, Suv,



buggies, izimoto ezemidlalo, Limousines, izimoto okunethezeka. Imijaho yezimoto, imoto stunts.



Iziqhume Uyi kungcola ezinkulu. Ziba kwande ezinkulu udoti ngaphezulu. Dependng ku isimo sezulu ukungcoliswa komoya zingase zihlale ngoba wosuku. ukungcola Particle luhlala emanzini ungclosa ke okwenza kube singakufanelekeli Phuza. Iziqhume Izophela! izibani Laser zithathe isikhala sawo.

## Amanzi

60 +% womzimba wethu liquethe amanzi. Njalo cell emzimbeni wethu iyalidinga.

Amanzi athambisa amalunga ethu, izinga lokushisa emzimbeni wethu futhi Ukufikelwa ukushisa imfucuza yethu ...

Kuncibilikile asemkhathini umhwamuko yakha amaconsi.

amandla adonsela phansi eMhlabenzi ukudansela isiginci sakhe amaconsi phansi (Imvula falling leaves) kwamanzi. Imvula liwumthombo omkhulu wamanzi amasha. Lokhu amanzi emvula isetshenziselwa ukuphuza, upheke, ukupheka, ukugeza, inhlanzeko yomuntu siqu, ...



Umuntu esetshenziswa ukwazi ukuphuza amanzi emvula, ukuyisebenzisela ukudla



ukulungiselela. Lokhu akutuseki, amanzi emvula angcolile, okungenampilo, ezinobuthi, ene-asidi, yokunambitha ezimbi, ukuhogela ezimbi. Laundry akufanele inyumbazana emvuleni ingcola (Ezingcolile, okunamathelayo, esinuka) . Akukona nje kuhela ukubheka ezingcolile futhi kubi ukunuka kodwa ungase ucasuke lapho sihlala esikhunjeni.

irnvula Cold uwela njengoba nesicho tho noma iqhwa. Isithwathwa aqoqana ezintabeni eziphakeme, i-arctic & Antarctic ukudala fresh izinqolobane amanzi. Isithwathwa simhlophe, iqhwa ezingcoliswe ngubumpunga ngisho elimnyama. Black iqhwa itholakala zaseHimalaya, izinguzunga zeqhwa emhlabeni wonke, Greenland & Antarctica.



Imiphakathi ukudala fresh amadamu amanzi. Lezi amadamu ancike amanzi emvula futhi ukuncibili ka kweqhwa ukugcwala kubo. Ngenxa ukungcola la manzi kudingeka ukwelashwa ngaphambi ukudliwa abantu.

Reservoir kufanele kube ejulile kunokuba engajulile. amanzi Deep kuyabanda, ukunciphisa ukuhwamuka, ulwelwe ukukhula ikakhulukazi uhlobo ezinesihlungu KWAMAGUNDANE isinambuzane. Imidlalo yamanzi banqatshelwe ukuyeka ukuchama, osesikhathini futhi pooing emanzini (Ngokuphendula amanzi aba indle) . Amanzi izikebhe (Jet ski, motorboats ..) kungcolisa (Uwoyela, uphethiloli, acid ibhethri ..)

basuke uvinjelwe! Ukwehluka: Ipaki-Ranger ezokuthutha.

Umuntu angakwazi yini sincike umphakathi benza khona khona. Asilapheki, impatho ngokwengxene, impatho embi, izindlela zokwehlisa izindleko, inkohlakalo, sobugebengu .. ukuphathwa Ikhaya yamanzi buya saziso.



ukuphathwa Ikhaya yamanzi kudinga filtration. **Filtration ukunciphisa:** arsenic, asbestos, chlorine, chloroform, ubulukhuni carbonate, ithusi,

ukungcola, yokubulala ukhula, izinsimbi ezisindayo, phambili, imithi yokubulala izinambuzane, nokugqwala .. **Futhi** ngo sezulu esishisayo amanzi elicwengekileyo kudingeka abiliswe ukuze azivikele ebulalayo  
**(Umzimba micro) isifo.**

**Izinsongo fresh-amanzi** Ngokushesha ukufuneka yamanzi ahlanzekile kuyoba idlule ukutholakala nomthombo wamanzi aqabulayo.

Angcolile mfula sika (**Emfudlaneni**, ukusakaza, umfula, ichibi, echibini ..) ukudala kuntuleka amanzi ahlanzekile. amanzi ezikhukhula egcwele yasekhemisi, ubuthi, ubuthi .. elingekho emthethweni okulahlwa of ezimbonini, ubuthi, ubuthi ..

Lingcolisa ka nemifula kuphelile, kungcolisa ezivela phambi kwenkantolo, abantu **MS R3 bonke abanye, MS R7 .**

### Supplement fresh-amanzi

Kungeyona isebeenzisa amandla amanangi, imali eningi ulungiswa. Edonsa amanzi has ezingezinhle nomthelela wendawo ezungezile kubantu, edonsa inqwaba inhlanzi, izimbaza, amaqanda abo .. ohlelwani. izilwanyana zasolwandle Okukhulu babambeke ngokumelene izikrini maphambili isakhiwo eyanele. ukwelashwa Chemical, ukugqwala, dala brine efudumele okuyinto ikhishwe emuva olwandle.



Kungeyona has a boron okuqukethwe okusezingeni eliphezulu ezibangela phansi kunabaphostoli izinga lamanzi. Lokhu namanzi assetshenziswa kwezolimo, ranching nokukhiqizwa kokudla imiphumela boron okusezingeni eliphezulu ezingeni Ukudla. **ukudliwa isikhathi eside ka amazinga aphezulu boron akunampilo.**

emanti langcolile kabusha, zokuthuthwa kwetshe lentaba sidlula yokwelapha eyinhloko ukuze athathe ukudla okuqinile, izakhi ziyanuswa izihluzi ususe amagciwane kakhulu nama-virus. **Amanzi ke adluliswe olwelwesini ukususa ama-molecule. Ukuholowa ayivezi yonke impilo-izingozi.**

**Toilet ukuba kampompi kuyinto eyokugcina.**



**amanzi asemabholdeleli (Ebizayo) kufanelekile travel. plastic (Isibe ibe usongo olukhulu, ayeke ukwenza & uyisebenzisa) amabhodlela amanzi ukukhulula amakhemikhali okuyinto abe yingozi lapho iyazifudumeza (llanga, heater)**.

Glass (Akukho phambili) amabhodlela yanconya.

## Enongiwe ukuphuza amanzi

Ukuze ezihlukahlukene amanzi okuphuza enongiwe. Ezinye isithokela akunampilo futhi okufanele sikugweme. amanzi enongiwe kungenziwa wakhonza uyabanda noma ushise.



**Kufanele iziphuzo enongiwe:** Inyama yenkomo akhiphe Inkukhu akhiphe Ukhokho, Coffee, Fruit, Amakhambi, Izinongo, Tea, Vegetable.

**Akulungile iziphuzo enongiwe &-add-on:** Utshwala, umbala Artificial, isithokela Artificial, Artificial & Sweetener zemvelo, carbonated, Cola, kamnandi, Energy isiphuzo, Lemonade, ikhofi Decaffeinated, Izithelo juice, nezivimbekuvunda, sodium, ..



## Ukuphuza amanzi kuhamba phambili



**isimiso sansuku zonke:** Sukuma, aphuze ingilazi 0.2l ka kancane chilled, amanzi elicwengekileyo. Ngaphambi zonke kokudla (Breakfast, Early Day isidlo, ilantshi, Late Day isidlo, Dinner) abe ingilazi 0.2l ka kancane chilled, amanzi elicwengekileyo. Have Ukuphuza nengilazi (Akukho plastic) egcwele 0.2l yamanzi ehlungiwe ku ngamunye Kombhede-etafuleni. Phuza ngobusuku njalo ngemva uvakashile yangasese & lapho kokuba umphimbo ezomile, baphuze ukuphumula ekuseni.



Noma yimuphi uMuntu, Inhlango, Uhulumeni ophika amanzi drinkable noma imbangela, umphumela yamanzi. Ingabe bajeza, **MS R7**

## Ayikho uketshezi eyanele Une 4 izinsuku ukuphila

**Irrigation!** Ukusebenzisa komhlaba ukunisela depletes kwasigubhu komhlaba amanzi ngokushesha kunokuba kungaba ubuyise. **Okuholela ayasha lonke Ecosystem**, udala kuntuleka amanzi ahlanzekile. amanzi Ground ngenkasa uphela. Noma ubani ongekho emthethweni usebenzisa komhlaba ngenkasa **bashushiswe**, **MS R7**. Uhulumeni ukuvumela Komhlaba ngenkasa, esikhundleni namalungu ke sika ezivela phambi kwenkantolo, **MS R7**.

Irrigation, usebenzisa Amachibi emifuleni, emachibini, emfudlaneni .. siyehla ukugeleza kwamanzi. **Lokhu kukhuthaza ukuhwamuka. Okuholela isomiso! Lolu hlobo ngenkasa kuholele ophela impucuko.** Ukuphela wokunisela.

**kuphulwa: MS R7**

### Zokuthuthukisa umkhiqizo

Lapho abantu badala, okudaliwe awo kumelwe abe nesiqalo, ekupheleni futhi kabusha. Isibonelo: yaseNdunkulu umkhiqizo ekhiqizwa

(Ekuqaleni) , Sebenzisa ngosuku (Ekugcineni) , okubolayo (Kabusha) .

**Konke ezenziwayo ukuba kabusha!**

Imikhiqizo kusukela esigabeni umqondo kakhona ukuba enempilo, ephephile, okungezona udoti okubolayo ngenye indlela kabusha. **Konke Lenza futhi lasebenzisa izinhlelo kuyinto okubolayo futhi noma ngenye kabusha.** **kuphulwa: MS R7**

**Ima**, usebenzisa noma yini akunampilo, okungaphephile, elingcolisa, awaboli noma ngenye kabusha! Ukukhiqiza Ukwenza okungenamsoco, okungaphephile, izimpahla ungcolisa kuyicala, **MS R7**

### GM-Nqampuna ( Monster imbewu) > GM-Food ( Akulungile Ukudla)

bofuzo Ushintshe (Izakhi) Izitshalo zisekelwe Imbewu oshintshwa abantu **1GOD sika ukuklanywa**. Ngenjongo Yokuahaha, Profiteering & nokuthuka **1GOD** . **1GOD** akafuni Human reengineering bofuzo. Evolution kuba aguquka, liguquke, ...

**Ingemuva:** Phakathi ayeblasela US South East Asia. I-US Military isiyalele ukuthuthukisa nokusetshenziswa yokubulala ukhula (Agent Orange) ,



isikhali, IMisa Ukubhujiswa Izitshalo kanye Eco ulelo. Amahlamvu ukususwa kwaba lula kusukela emoyeni ukuze isibhamu phansi ababalekela izingane, abesifazane kanye nemfuyo (Ukwanda killrate) . I-ecosystem anobuthi kwaholela ukuguquka kwezakhi zofuzo. Umphumela kwasekuzalweni abantu abagulayo, izilwane ..

Yokubulala ukhula ayingozi, ungcilisa inhlabathi kanye nemifula. Abakhiqizi, abasabalalisi of yokubulala ukhula ezivela phambi kwenkantolo, **MS R7** . Uhulumeni ukuthi ukuvumela lolu ukungcola esikhundleni, **MS R7** . **Ukudla ezingcoliswe** (Yokubulala ukhula) **kuyinto langakufanelekela ukudliwa** (Animal, womuntu) . **Libhujiswa!**

### Abenzi ukhula (**Abahahayo inzuso enkulu okuzingela yisinanakazana**)

enwetshiwe kusukela Plantkillers ku Imbewu poisoners. A imbewu evamile beshintsha besebenzisa amasu wafunda ukudala 'yokubulala ukhula. Lezi ukulungiswa ukudala ukuguquka kwezakhi zofuzo ezingezona ezemvelo '**Monster Imbewu**' . **Ukulungiswa wenze imbewu abangenamandla kabusha ukhulwanyelwa** kwezitshalo, ephoqa njalo ukuthenga imbewu isizini ngayinye (Ububi Ukuhaha kokuziphatha okubi) . Iznyosi ukwenqaba izitshalo GM!



Evolution uyalibona Imbewu ukushintshwa. It usabela ngokubusisa ukulungisa yonke into ukuthi imbewu luthelwe, ecosystem, eziwukudla.

Izitshalo ezivela imbewu GM bagcina eqonda ngqo (**Isinkwa**) **ekudleni womuntu ukusethenziswa noma nge kokudla kwezilwane** (**Inhlanzi, inyama, yenkuhlu**) . **izidalwa** (**Izilwane zasolwandle, Izinyoni, Ezilwane Ezincelisayo**) **zinikwa GM Crops oqondile** (**Inkukhu, ingulube ..**) **noma ngokungaqondile** (**Igundane udlia imbewu, igundane sidiwe Predator, Predator wabulala ngu Hunter iba Gourmet idina ..**) . **Ungadli GM kwakusihlwa!**

Ukudla izidalwa udle inomthelela ukugaya yabo. Ukugaya izitshalo Ushintshe izidalwa wokugaya ukudla kumelwe ushintshe (**Zofuzo kabusha unjiniyela**) ngokwayo nge Evolution. **Lokhu kuLangana okungekhona okungokwemvelo kwaveza** (**Anti NKULUNKULU**) thayipha Evolution kudala izinhlobo ezintsha okungesona esingokwemvelo Ukuguqula izakhi zofuzo. usongo Ayaziwa!

**Ukuguqulwa Genetic (GM)** kuyinto **Anti 1 NKULUNKULU** , usongo esintwini, zonke ezinye izidalwa kanye nemvelo. **GM Nqampuna ngenxa ukugeleza ngemitselela okushintsha lonke** **Ukudla chain**. **Ukudala ukuguquka kwezakhi zofuzo okuyinto ukudala Izifo ezintsha & Life okusongela Global iziNhlupho e wonke amalungu iketango Ukudla!** Abantu ngeke bagule ngaphezulu, Die abasebasha, izingane bagula, izisu ngaphezulu ...

**GM-Food ( Akulungile Ukudla) : Alfalfa, Baby ukudla, Bacon, isinkwa, Zwiliwa zwa nga Matsheloni Cereal, Canola, Chicory, Ummiba, uwoyela Ukolini imbewu, Amaqanda, noHamu, imajarini, Inyama, upopo, Peas, Potato, wenkuhlu, ayi, Soybean,**



Ushukela-beetroot, Umoba, Sweet-pepper, utamatisi, Ukolweni, zucchini ..

### Ithi ' **CHA** ' ukuze **Ukudla GM** !

**Kumelwe ukwenze!** Ikhambi kule usongo Humankind futhi Eco System Izinhlelo ezivimbayo futhi Ukwelashwa.

**UKUVIMBELA!** Ima: **GM Research, ukukhiqizwa neMbewu kanye**  
GM Nqampuna ezikhulayo.

**UKWELASHWA!** Uhulumeni prosecutes: GM Scientist Abaphathi, Abaqondisi, Abanikazi, Nqampuna Growers Zobugebengu ngokumelene Humankind nangokumelene uhlelo Eco. **MS R7**

Uhulumeni uphela usongo ngu ukuhanguka GM Ucwanningo neMbewu yokukhiqiza izindawo. **GM Iztishalo zishiswa. Inhlabathi Angcolisiwe babe GM Iztishalo ayesekhulile is elihangukile iminyaka 3 egijima. Uhulumeni ukuthi akusho liqalise lokhu Ukwelashwa 'esikhundleni.**



### **CHA GM> CHA Imbewu GM> CHA GM Nqampuna> CHA Ukudla GM**

Ekhaya ungadli Ukudla GM! Khuthaza umkhaya wakho, abangane, omakhelwane, esisebenza nabo ukuba angadli **Ukudla GM!** Ima (**Ezingenalo udlame**) ! Umphakathi ukuthela, ukuthengisa, ukuthenga, **Ukudla GM!** **Kuyinto duty to zakho zokuziphatha futhi civil ukuqedu GM (Imbewu, isivuno, ukudla) !**

## Pest Control

Ngaphakathi Zinambuzane (**Chemical**) ezisetshenziswa, ukuhlasela isimiso sezinzwa. **Zenza ongakazalwa, osanda kuzalwa zibulawa ukuqina.** Zinambuzane obulimaza izinhlelo Human and isilwane zokuphefumula. **Ungayisebenzisi Zinambuzane ngaphakathi.** Gcina ngaphakathi ihlanzekile futhi icocekile.

**Zinambuzane Ngaphandle (Chemical) assetshenziselwa izitshalo, izihlahla kanye nokudla. Iztishalo, izihlahla nokudla ingcoliswe kukhona ongakulungele ukudliwa ngabantu noma isilwane.**  
Ashe yi



umphakathi (Shire) . Zinambuzane seep ohlelwani amanzi ngicine Oceans.  
Ungcolisa uhlelo Ocean Eco, uncolisa kwasolwandle.

## Fracking

Fracking kunosongo omkhulu emvelweni, umphakathi, abantu ..

Fracking yinqubo ukubhola kanye ujova uketshezi ngomfutho ophakeme ku oluthambile idwala aphuke amagesi ke ukukhulula (Enobuthi) . Umfutho ophakeme icuphe 'Ukuzamazama komhlaba.

inqubo ngamunye udinga izigidi ilitha lamanzi. Manzi has amakhemikhali anobuthi nesihlabathi wanezela. Phakathi igesi inqubo methane (Yenyusa Ukufudumala komhlaba) futhi amakhemikhali anobuthi nilingcolise komhlaba eseduze. Ukuphuza lokhu amanzi kuholele amacala nokulimala kobuchopho, nemizwa zokuphefumula kuya kabantu, ezilwaneni.

Ukusingathwa uketshezi kusala ngaphezu komhlaba amaxhaphozi ukuhwamuka. Ukukhipha compounds oluyingozi organic emkhathini, ukungcola komoya, ukudala eliphansi-ozone kanye nemvula ene-asidi. Lokhu kuphumela imfuyo okungenamsoco, izitshalo, izithelo kanye ashwabanayo nedlelo engenakudliwa ngobubi bawo .. Izakhamuzi esekhala ukukhathala, isicanucanu, ikhanda kanye sibi kakhulu.

Ngezinye izikhathi iziqhumane eziisetshenziswa kuvuse Ukuzamazama komhlaba. Ukusetshenziswa eduze faultlines kungabangela Earthquake ezinkulu. Lezi ukuqhuma kungalimaza amadamu ngomshoshaphansi. Bekhipha amagesi ungaqala 'Wildfire sika'!

## Fracking kuyinto Disaster Isimiso. Fracking Uphela!

Abanikazi, opharetha ezivela phambi kwenkantolo, **MS R7** . Uhulumeni ezivumela Fracking esikhundleni, amalungu aso bajeza, **MS R7** .

## udoti

Ukudalwa Udoti kuyehla!

emaphaketheni okubolayo yilawo manzi noma esezenza isetshenziswa.

Ukwenza imikhiqizo alahlwayo \* KUPHELA! imeyili

Ukuprinta Junk \* KUPHELA!



Ekwenziwi JUNK ezingadingekile (Eziqoqekayo, zobuchwepheshe, umklami igiya ..) \* KUPHELA!

\* Lezi abahlinzeki ezivela phambi kwenkantolo, **MS R7**

Kuyinto zokuziphatha & civil duty.to ekugcineni ukulahlwa illgal Umbhedo Udoti emphakathini wakho endaweni! **Bamba umndeni, abangane, omakhelwane, esisebenza nabo, amabhizinisi, umphakathi, balandise ungcisa!** **Imiphakathi ziphelelwwe Igumbi ukuthi alahle udoti (Landfill) .**

### **Kufanele sinciphise Udoti MANJE!**

## **Paper**

Sika ukusetshenziswa ephepheni. Lokhu kunciphisa udoti. **It kusindisa izihlahla!**

Miselela **amaphendaba** izindaba wedijithali. Amaphephendaba ulethe izindaba ephelelwwe yisikhathi ngaphandle vidiyo. Amaphephendaba Inhoso ukuthengisa izikhangiso, udumo inhlebo kanye ephelelwwe yisikhathi izindaba sensationalist. **Ima! Ukuthenga amaphendaba!**

Miselela **omagazini** nge sokushicilela digital. Omagazini ukuletha idatha ephelelwwe yisikhathi ngaphandle umsindo, ividiyo. Omagazini Inhoso ukuthengisa izikhangiso, ngolwazi kancane relavant ewusizo. Ngaphandle kuzuze isiqophi umsindo. **Ima! Ukuthenga amamagazini!**

Miselela **amabhuku** nge sokushicilela digital (**E izincwadi, Pdf sika**) . **Izincwadi zinzima.** Iyabuyekeza kudinga ibhuku elisha. Abanalo umsindo, ividiyo. Asinakukopishwa. Thatha isikhala esiningi up. **Ima! Ukuthenga amabhuku!**

Miselela **Diaries namajenali** ngamafayela digital. **Diaries yamajenali amabhuku (Bheka esikhundleni izincwadi)** . **Ima! Ukuthenga amabhuku!**

Miselela **ihhovisi amamemo** nge-e mail. Miselela **zomlando**

**iphepha** ngamafayela digital.

. ukukhangisa Ukuphela iphepha based (**iposi elingahlonziwe**) . imeyili Azisekho Junk!  
Ukusabalalisa imeyili Junk is Environmental Ukucekela phansi impahla, **MS R7** .

I sasebenzi manje iphepha ephrintiwe is imibengo. **Ofakwe amanzi. Uma mushy it is fed izibungu ka epulazini worm.**

## **plastic**

Plastics elachithwa izinhlayiya micro. Lezi Ufake iketango ukudla kuhlanganise nabantu (**Igazi, izitho**) . **Ukwakha nokuphula emzimbeni awumtho- usongo engaziwa nempilo yabantu kanye sokusinda.**

Miselela **isiphuzo plastic** kanye **iziqukathi ukudla** nge ingilazi reuseable,

iziqukathi sobumba. Qeda ukukhiqizwa zonke nezipakupaku. Qeda ukukhiqizwa zonke cuttler plastic kanye simunyangaso. Breach kuyinto Environmental Ukucekela phansi impahla, **MS R7** .

Miselela **plastic sife izikhwama** nge reuseable indwangu izikhwama. Ukuphela ekwenziweni zonke izikhwama zepulasitiki! Breach kuyinto Environmental Ukucekela phansi impahla, **MS R7** .

Miselela **nezicathulo plastic** ngendwangu noma isikhumba nezicathulo. Ukuphela ekwenziweni zonke nezicathulo plastic! Breach, **MS R7** .

Miselela **izingubo plastic** ngoqalo, indwangu, ukotini noma uvolo izingubo . Ukuphela ekwenziweni zonke izingubo plastic! Breach, **MS R7** .

Miselela **amatoyizi wepulasitiki** ngamatoyizi yenziwe ngensimbi noma ngokhuni. Ukuphela ekwenziweni zonke amatoyizi wepulasitiki! Breach, **MS R7** .

Miselela **casings plastic for ezidayiswayo** nge casings yenziwe ngensimbi noma ngokhuni. Ukuphela ekwenziweni zonke casings plastic for ezidayiswayo! Breach kuyinto Environmental Ukucekela phansi impahla, **MS R7** .

Miselela **ifenisha plastic** nge ifenisha yenziwe ngensimbi noma ngokhuni.  
Ukuphela ekwenziweni zonke ifenisha plastic (Ngaphakathi, ngaphandle) ! Breach, **MS R7** .

Miselela **imikhiqizo yepulasitiki amapayipi nemikhiqizo amapayipi**  
(Ngaphakathi, ngaphandle, nangaphansi komhlaba) yenziwe ngensimbi. Ukuphela ekwenziweni yonke imikhiqizo plastic amapayipi! Breach, **MS R7** .

Qeda usebenzisa, kokuba amapulasitiki ekhaya, esikoleni nasemsebenzini.

## Ukuthenga ezitolo ezinkulu

Ku-Shopping Complex kokuba 7 Izitolo nokudayisa ukuthengisa izimpahla efanayo (Jeans, ..) eziqhutshwa 7 ezahlukene Profiteering Amabhizinisi kuwukuchitha amandla, inhloko-dolobha, floorspace. **Amashibhi 7 nokudayisa kufakwe 1 cron esidayisa okudayisa (1 cron ngoba ingxenye ngayinye)** . A Shopping Complex



esikhundleni ' CRBC ( Cron nokudayisa, Bazaar Complex) ! Ezidlayo ezidla Profiteering Amabhizinisi (Shopping Complex, Izitolo) zivaliwe phansi, abanikazi, opharetha ezivela phambi kwenkantolo, **MS R6** . Cron nokudayisa uthatha indawo yabo bonke lokusheshiswako Clones nge-Healthy (akunawo utshwala) Isiphuzo Bar. **CRBC** ziyingxene ye-Shire Oasis (Umgcini Guardian baphile lapha) .

Nail salon ukudala intuthu anobuthi. Bayisibonelo ingozi yempilo kungcola emoyeni. Lokhu kungcola ingena ohlelweni air kwegazi. Abasebenzi baye ukuphefumula Ukuvikelwa. amakhasimende ngenalwazi (Izisulu) ungapheli. **Lezi Izitolo avulekele, esakaza intuthu anobuthi imuncwe ngu abedlula by.** Lokhu ingozi sezempilo threatening kakhulu kwabesifazane abakhulelw, osanda kuzalwa kanye nabantu abadala. Uma uvezwe intuthu anobuthi ukumangalela salon kanye Isikhungo sokuthenga isinxephezel. Shut phansi, ukuvimbela kubo. Ukushushisa abanikazi, abaphathi, **MS R7 Kuyasebenza nasezingxoxweni Ubuhle wezinwele Salons. Qaphela! Ayisebenzi Izinwele bezihlahla.**

## ukuhlela Idolobha

Injongo Shire Ukuhlela kuyinto ukusebenzia umhlabu ukuze kusizakale iningi zomphakathi Habitat. Kusemqoka ukuba zomphakathi Habitat engavumelana. Zonke evundile kufanele zisetshenziselwe batshala ukudla, ranching, ukuqinisekisa ezingcwele zinikezwa ezimileni Iwendabuko futhi izidalwa bomdabu wendawo (**Non angaphandle**) . evundile Non iwukuba usetshenziselwe yasekhaya, okungezona isakhiwo yasekhaya. izakhiwo ekhona evundile kuthiwa eyincithakalo futhi empeleni kabusha ku evundile non. Izithabathaba ngeze izingadi, amakhaya iholide, zokuhlala, penthouses, emizaneni umhlalaphansi kufakwe Shire cluster amakhaya ku evundile non.

Amadolobha nge 1million + izakhamuzi Imigwaqo unezinkinga ezinkulu 2:

ukungcoliswa rush ihora ukuminyana. Bobabili izinkinga zidinga manje izixazululo hhayi ngesinye isikhathi. **isixazululo Umgcini Guardian. Freeway trams (Bheka Shire ukuhlela)**  
esikhundleni ezokuthutha ngabanye! Rail ingena esikhundleni donsa eside Big Rig Haulage.



Phakathi okusalungiswa e-Australia amakhulu imvu wamemeza njengoba okubuhlungu kancane kuwo owabulawa ukoma. **Eduze igalofu courses bazithela oluhlaza yabo ngokubeka. Abadali angiphzanga manzi chilled ikakhulukazi exutshwe notshwala.**



Lena kuyenyaneka! **1 NKULUNKULU** uthukuthele. Igalofo a silly engenamsebenzi ukuzijabulisa abayizicukuthwane. It iphela! Igalofo izifundo kabusha yokutshala ukudla.

Abadlali bangamalungu engenamsebenzi omphakathi. Bengafanele ubambe tebuholi. Umgcini Guardian ihlazo shun!

Ukuphuza Ukushoda kwamanzi kanye okusalungisa ukwenza kube ingamukeleki usebenze yangasese, comercial izivakashi okubhukuda. **Zonke amachibi ezicwele inhlabathi. Abanikazi kungukuthi inzuzo. CG ihlazo shun!**

Ama ezemidlalo udinga injongo **Yakha izindawo (Hall, Stadium ..) , ingqalasizinda (Rail, Imigwaqo ..)**. **Lokhu akachithi izinsiza emphakathini futhi kudala esikhathini eside (Shire) izikweletu.** Facilities ungumhleli umchithi amandla bese udala eziningi udoti. Misa ekwakheni lezi zakhiwo futhi adilize ekhona.

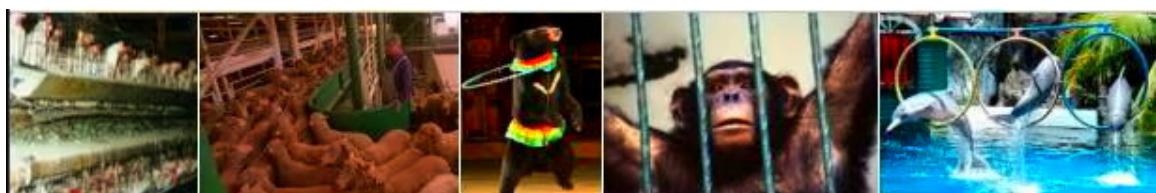


Lezi zenzakalo ukuphakela ukuzijabulisa, utshwala, Cola, nezinye iziphuzo eznoshukela, Ukugembula, ukudla okungenamsoco (Okunamafutha, okunamafutha, okunosawoti) ngokuvamile ephelezelwa udlame (**Ukushaya, nokufutheka, izinto uphonsa, ukucekela phansi impahla**) . Yomcimbi ukudala eziningi udoti (Amabhodlela, ukudla, iphepha, plastic, amathini) kokudinga ukugcina

(**Landfil**) . **Ukugembula kubangela ubugebengu: ngobugebengu (Nobling, izinsika of yi ..)** , Ukusabisa, ukusabisa, ubudlova. Lokhu uphela!

## Animal Kwezingane

Animal unya Iphela. Ibhetri izindlu is acekela. Kufakwa 'ububanzi Mahhala'. Ibhetri izindlu opharetha ezivela phambi kwenkantolo, **MS -R4** .



Nezilwane ezokuthutha okwengeziwe kuka-30 km kuphelile. Elokuthunjwa ngokubhodlozwu eyinhloko umkhiqizi, i-ejenti, ezokuthutha opharetha ezivela phambi kwenkantolo, **MS -R4** .

Circus isilwane ukuzijabulisa Iphela. Animal nomqeqli, Circus opharetha ezivela phambi kwenkantolo, **MS -R4** .

Theme epaki isilwane ukuzijabulisa Iphela. Animal nomqeqli, Themepark opharetha ezivela phambi kwenkantolo, **MS -R4** .

Zoo zivaliwe futhi zithathelwe indawo zokulondoloza imvelo lapho indlu uhlobo wendawo kuphela. Zoo ezingekho emthethweni avaliwe, opharetha uthole sika, **MS -R4**.



Animal elwisana End. umnikazi Animal, umqequeshi, umgqugquzeli kuthiwa sivalelw, **MS -R4**. Noma yimuphi umuntu (S) ukuhlinzeka ukugembula uthole, **MS R6**



Racing izilwane Iphela. Racing indawo zivaliwe, acekela. Racing umnikazi isilwane, umqequeshi yamahhashi indawo opharetha ezivela phambi kwenkantolo, **MS -R4**. Racing indawo BakaJehova acekela.



ukubulala Thrill (Safari kwabathakathi, Royal kwabathakathi, nezinye kwabathakathi) of Animals Uphela.

Umthuthukisi, Abazingeli ezivela phambi kwenkantolo, **MS -R4**

Rangers kuphela ungakwazi ususe izilwane.

**Ezolimo:** overstocking imfuyo ngayinye elingamahektare imiphumela ukuklaba kwezinkomo ngokweqile kuqothula nokuguguleka kwenhlabathi ekugcineni komhlaba. Okuholela underfed ukuhlupheka izilwane. Overstocking, ukuklabisa imfuyo kuphelile. **Isizathu salokhu siwukuthi yonke ukuhlupheka umlimi isilwane, rancher uthole, MS -R4**

Ukuguguleka kwenhlabathi komhlaba futhi kwenzeka uma zonke izihlahla ziyyasuswa kusukela umhlaba. Isizathu esiyinhloko ukuguguleka komhlaba nokuhlupheka bemfuyo kuyinto engene ukuphathwa futhi incane kakhulu uma engase ahlinzwe. **isixazululo CG: Shire kudala cron nabantu abaqequeshiwe futhi commercial iphila usayizi msebenzi.**

## Military

nilingcolise Military kwezokuthutha kanye neziqhume, AN (Zenuzi Atomic) , B (Oyizalayo) , C (Chemical)

izikhali. Ziyakwazi usongo owomuntu, ukuphila isitshalo. **Ososayensi adala lezi zikhali uthole MS R7 .**

Ukukhiqizwa faciities, ukunqwabelana lezi zikhali kukhona



kudilizwe libhujiswa Shire. Governmentthat ukuvumela ukukhiqizwa noma isitoreji yalezi zikhali esikhundleni bese, **MS R7**

## SOKUSINDA Nomthandazo

Ukusinda Day 11.1.7.

**Sawubona 1 NKULUNKULU , UMdali enhle kunazo Universe ethobekile kakhulu abathembekile umgcini-umnakekeli wakho (1<sup>st</sup> igama) Siyabonga 'nawe Ukusinda of Humankind**

**Inkazimulo 1 NKULUNKULU & Okuhle of Humankind**



Lomthandazo isetshenziswa ku Ukusinda usuku (CG Kalender)!

**Fun-Day izingqikithi \* ukuthi kukhona imimportant ukuba sezemvelo:**

**Kwemoya Day 4.2.7 ~ Defoliant Day 6.2.7 ~ Day ukuQothulwa Kwesizwe 8.2.7**  
**Habitat Day 9.1.7 ~ UkuSinda Day 11.1.7 ~ Pet Day 11.3.7 Usuku Mpilonhle 12.1.7 Injwayelo**  
**Day 12.2.7 Shrub Day 13.1.7 Tree Day 13.3.7 Fun-Day izindikimba ezibhekele**  
umphakathi kudingeka ukuqubha bangahlazeka ukukhumbula.

\* Wesimanje isikhathi ukuphathwa

Burning, udoti, uncolisa, ukucekela phansi impahla kwemvelo akuzona kuphela usongo kulesisizukulwane, isizukulwane esilandelayo kodwa izizukulwane ezizayo. Izingane ukubika abazali ukuthi ashise, alahle udoti, dala udoti kakhulu, ezingcolisa umoya, inhlabathi, amanzi, kukhona izigangi kwemvelo, abhubhise Childrens ikusasa labo. **Abazali balandise, susa futhi MS R7 osopolitiki ukuthi uvumele noma banesibopho:** Burning, udoti, uncolisa, ukucekela phansi impahla kwemvelo!

Air Non-esiwuhogelayo Sikunika imizuzu 4 ukuphila Ayikho liquid

## **evanele. Une 4 izinsuku ukuphila!**

Umgcini Guardian siphile naokuyumelana 1 **NKULUNKULU** Ka- okudaliwe!

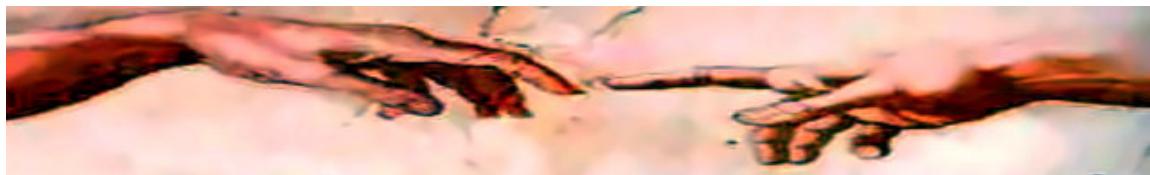
Abaningi semvelo ukufuya izimbangela. Bachitha uthando, isikhathi nemali. Zonke limnandi, kwenza umuntu abe nomuzwa wokuthi okuhle.

Nokuzabalaza emincane izimbangela eziningi. Ezenye nangayiphi intuthuko e izimbangela eziyinhloko ukusinda kwabantu: **Ikhambo eliganukejako (Emoyeni, inhlabathi, amanzi)** , **Udlame (Ekhaya, emphakathini, global)** , **Umcebo wobandlululo (Izindlu sadlula isikhundla, amandla, ingcebo, yisinanakazana, okuzingela, profiteering)** , **Ukutjhuguluka kobujamo bezulu!**

Kuphela inhlango nge lobudoda, ukuphikelela engapheli futhi

**1 NKULUNKULU** izixazululo unikezwa yizwa ukusinda kwabantu.

## Sijoyine! > Be Green! > Yiba Umgcini!



**Pitch In!**

PUT TRASH  
IN ITS PLACE

**NO DUMPING**

**NO YARD WASTE  
NO LITTERING**

**NO JUNK MAIL**  
Thank you!

**NO BURNING FOR ALL**



Umgcini Guardian abanamathela Nodlame Concept, Chain Wobubi, umqondo Economic, 7 Scrolls, N-Ngezinye-m.

Ukuphela