

WHAT IS WOODS CARES?

by Jeanette Embrey, Co-Chair of AARP's Woods Cares

Woods Cares is a group of AARP volunteers who help individuals within Lake of the Woods who are shut-ins, caregivers of shut-ins or anyone in need for some other reason. We have been serving our community members (They do not have to belong to AARP to receive our help) for more than nearly 14 years. There are currently approximately 36 AARP members who have volunteered their time and/or talents to this endeavor. These individuals are all over the age of 50. Most of them are LOW residents in their 60's, 70's & 80's who continue to be of service to their neighbors.

Services provided in the past have consisted of transporting people to doctor appointments, dialysis, grocery shopping, beauty appointments, or picking up prescriptions, groceries or other errands. Other helpful tasks have included simple plumbing repairs, small appliance repairs, picking up mail and transporting trash to the compactor. We have also visited with shut-ins to give their caretakers a break. This list represents a sample of what you may need us to do for you. Remember, this is a FREE SERVICE.

If you, or someone you know, has need of our services or you feel you can volunteer, please contact one of our committee chairpersons and they will endeavor to find a person to help or sign you up. For information call Jeanette at 972-0726 or Ed at 724-523-5255.

Our AARP motto is: "The Power to Make it Better"