

Golden Times

November 2021

Issue XI

Madison County Senior Citizens Center



It is October 21st as I am writing this, a chilly, rainy day. How is it possible that we are gearing up for the holiday season to begin? But here we are...

I have been super busy finishing up our (3) audits, one more audit this month, and then it will be the New Year and we get to start all over again. Sorry if I haven't been out and about much, I have been busy, but hopefully it will be a little more relaxed at year end, so I can mingle a little more with you during the holidays.

Speaking of the holidays, as you begin your holiday shopping, please remember the center. If you shop with Amazon, please link to the [Amazon Smile](#) page and connect our tax-id number as your business of choice for donations. It doesn't cost you a thing and every time you shop with Amazon, all year round, we receive a donation, so easy. (I am a regular contributor) More details are inside the newsletter, along with other ways to donate to your center.

We've had discussion about applying for our bingo license for 2022. Here is our dilemma; volunteers. In order to have a successful bingo, we need at least 10-12 volunteers each evening we have bingo. Specifically, we need a minimum of 4 ticket sellers on the floor. We don't make money on bingo itself; we make money selling the tear-off tickets, or some of you may know them as instants, this job involves handling money accurately. We need a least 3-4 in the kitchen, we sell food before bingo starts and during the break. We also need at least 4 people at the front table to help sell the bingo sheets, get the instants ready, and someone to take money to the bingo winners. We could also use another caller, Shannon has volunteered for the position, and one of our board members has volunteered to learn, but another back-up would be good. At this time our plan is to have bingo once a month, usually the first Wednesday of each month, volunteer time is from 6:00pm-9:00pm'ish. People are anxiously waiting for bingo to start up again, I get asked almost every time I'm at a store somewhere in town, as do our board members. Historically bingo has been a source of additional revenue for the center, not quite as much as it used to be, but still important. So here it is, if we don't have enough volunteers, we can't continue bingo at the center. If you would like to volunteer, please call the center to get on the list. Please don't say you will and then back out, the annual bingo license isn't cheap, we don't want to pay for it and then not be able to have bingo for lack of volunteers. (We could also use volunteers for the café)

We are still planning to have our Veterans Day program on November 11th, noon. I hope you can join us. This is one of our favorite programs every year, and I am so happy we didn't need to cancel it. If you are a Veteran, lunch is on us! Also mark your calendar for our Thanksgiving Lunch on November 17th!

Please use caution when coming to the center, follow the COVID rules; stay home if you are sick, wash or sanitize your hands often, practice good hygiene habits and **wear a mask if you're not vaccinated**. Don't forget your flu shot, it is also flu season. Thank you for the laughter I hear every day! Let's stay safe and keep the center active.

Blessings to you and your families as we start the holiday season. God Bless! *Misty*

P.S. I have some great news to share with you next month! So excited!!



Find the slice of pumpkin pie hidden in this newsletter. When you find it call the center at 740-852-3001 by Friday, November, 12th and tell us where it is located. If correct, your name will be entered into a drawing to win 5 free lunches. Remember it will not necessarily be on a color page. Last month the spider was on the page 1. Congratulations to Barb Andrix, October's lucky winner!



We visited the Packard museum in Dayton, which was very interesting! Beautiful cars! We had lunch at Jimmie's Ladder 11. It is an 1892 renovated firehouse. It is a cool building and food was great.

Above center: We went to Waynesville for our Mystery Lunch and after lunch we went to The Secret Garden. It is a shop with all kinds of outdoor yard art and also a large gift shop inside. In the picture above Mary Binns, left and Barb Andrix enjoy the little fountain. It was a great day!

Above: The Adult Day Center really enjoyed having Edie Timmons come in and sing to them. Thank you also to Karen Cooper for accompanying her on the piano.

Below: Bonnie Radcliff came up with the cutest pumpkin craft for the ADC to make. Thank you Bonnie.



For September and October we have featured Knit and Crochet items made by members Linda Neff, Jean King and Ron Black. They were all so beautiful! It is amazing what can be done with a ball of yarn! If you enjoy knitting, crochet or other needle work, we have a group that meets Mondays at 9:30 that would love to have you!

Center member Marjorie Hopkins was recently inducted into the Senior Citizens Hall of Fame. The Hall of Fame honors central Ohio adults who share their dedication, talent, and vitality in ways that significantly improve their communities and the lives of others. Congratulations Marjorie!





High Euchre Score

9-27-21 Kent Stryker 78
10-11-21 Deb Vecchiarelli 69
10-18-21 Roy Haggitt 76



High Bridge Score

9-29-21 Kay Majka 4980
10-6-21 Kay Majka 5660
10-13-21 Nancy Robinson 5990
10-20-21 Bob Majka 4040

2022 Membership

Dues for next year should be paid by December 31, 2021 to continue receiving the monthly newsletter.

\$15/single membership

\$25/married couple membership

You can pay by cash or check by coming into the Center or mailing it to:

P.O. Box 389

London, OH 43140

Thank you!

2021 Governing Board Members

Donna Sheridan-President

Jerry Tompkins- Vice President

Shirley Witwer-Secretary

Loretta Anthony

Steve Saltsman Sharon Manion

Lions Club

The London Lions Club will pay for eye exams and eye glasses for anyone who lives in Madison County and is financially not able to. If you have any old glasses, you may bring them to the Center and put them in the box provided in the lobby. For more information contact Roger Morris at 740-852-3145.

WEEKLY SCHEDULE

Monday:

8:30 a.m.—Indoor Walking/Exercise Class
9:00 a.m.—Chair Volleyball
9:30 a.m.—Crocheting, Knitting & Needle Crafts
10:30 a.m.—Sitting Exercise/ Strengthening
1:00 p.m. – Euchre
2:00 p.m.—Rays of Hope Support Group - Cancelled



Tuesday:

9:00 a.m.– 3 p.m. Quilting Class
10 a.m.-12:00 p.m.—Bowling at Madison Lanes

Wednesday:

8:30 a.m.— Indoor Walking/Exercise Class
9:00 a.m.—Chair volleyball
10:30 a.m.—Aerobics/Strengthening Class
12:05 p.m.—Bridge
1:00 p.m.— Yoga Stretch
2:00 p.m.—Diabetes & Weight Loss Support Group

Thursday:

9:00 a.m.—Chair volleyball

Friday:

8:30 a.m.—Indoor Walking/Exercise Class
9:00 a.m.—Painting Class with Harry Croghan
10:00 a.m.—Chimes, first and third Fridays
1:00 p.m.—Free Movie and Popcorn at the senior center.

The Center's Fitness Room is open Monday through Friday, 8:00 a.m. to 4:00 p.m.

We have 3 treadmills, 3 exercise bikes and an elliptical.

Also, please wipe down the machine you use when you are finished. Thank you!



UPCOMING DAY TRIPS!!

MASKS ARE REQUIRED WHILE RIDING ON OUR VAN AND MOTORCOACH TRIPS



Pilgrim History Presentation—Monday, November 15th. 10:00 a.m. Would you like to know more about the history of the Pilgrims and the Indians? Center member Elizabeth Branson has a collection of them and also has done a lot of research beyond what most of us were taught in school. She has invited us into her home for a look at her collection and a short talk about Pilgrim history. Please call the Center to sign up in advance. There is no charge for this. Light refreshments will be served. There will be no van transportation. You will be given her address when you sign up.

November Mystery Lunch—Thursday, November 18th. Van fee is \$5. We will leave the Center at 10:30 a.m.

December Drop and Shop Waynesville—Wednesday, December 1st. We will leave the Center at 9:00 a.m. and arrive in Waynesville about 10:00 a.m. You will be dropped off to shop and have lunch wherever you like. We will meet at 1:30 p.m. and drive out to the Secret Garden for a quick shop stop. The vans will leave there at 2:30 p.m. and travel back to the Senior Center. Fee for this trip is \$5.



Holiday Pops with the Columbus Symphony—Saturday, December 4th. This will be a spectacular holiday show featuring your favorite holiday carols and classics with special guests and a visit from Santa!!!



Fee is \$45 for ticket and van ride or drive yourself and pay just \$39. Please sign up and **pay by November 19th.** Normally these seats are \$58 each. We have Main Floor seating. We will leave the Senior Center at 1:00 p.m. Please eat lunch beforehand.

The Columbus Symphony requires that we wear masks while we are there and also provide proof of vaccination or proof of a Covid test within 72 hours of the performance. Masks are required on our vans.

December Mystery Lunch—Friday, December 17th. Van fee is \$5. We will leave the Center at 10:30 a.m.



Delightful Dining

Don't forget to call the Center and let us know if you plan to come, so we can give the restaurant an accurate count. Sign up early! Sometimes late reservations cannot be accommodated at the restaurants.

Monday, November 1st—Cracker Barrel, 105 West Leffel Lane, Springfield, OH 45506. Van fee is \$5. We will leave the Center at 4:15 p.m. and get there around 4:45 p.m.

Monday, December 6th—The Willow Restaurant, 203 Glenn Avenue, Washington Courthouse, OH 43160. We will leave the Center at 4:15 p.m. and get there around 4:45. Van fee is \$5.



Branson, Missouri

May 16-21, 2022

Highlights include: Dolly Parton's Stampede Dinner Show, New Jersey Nights, Showboat Branson Belle Dinner Cruise, Dogwood Canyon Nature Park, Amazing Acrobats Shanghai, Dublin's Irish Tenors/Celtic Ladies, Grand Jubilee Dinner Show, Warm Springs Ranch & the Clydesdales, Museum of Westward Expansion, Gateway Arch, St. Louis.

Tour Includes:

Motorcoach transportation
Five nights lodging
8 meals—5 breakfast and 3 dinners
Reserved show tickets
All sightseeing & admissions, baggage handling
Gratuities for local guides & porters
Professional Tour Manager

Fare:

\$1149.00 per person double

\$1099.00 per person triple

\$1399.00 per person single

A \$150.00 per person deposit is due to secure your reservation with the balance due by March 1, 2022. Make checks payable to Madison County Senior Center, and send to PO Box 389, London, OH 43140.

Enchanted Ireland

September 21-29, 2022

Highlights include: St. Patrick Cathedral, Trinity College, Book of Kells, Guinness Storehouse, Glendalough, Rock of Cashel, Waterford, Waterford Crystal Visitors Center, Blarney Castle, Killarney, Blarney Woolen Mills, Macgillcuddy's Reeks, Bunratty Castle Medieval Banquet, Historic Galway, Connemara Region, Cliffs of Moher, Ring of Kerry, and Dublin.

Tour Includes:

Round trip air transportation
Deluxe motorcoach transportation in Ireland
11 meals—7 breakfasts and 4 dinners
Seven nights lodging
All sightseeing & admissions
Baggage handling throughout Ireland
English speaking driver/guide in Ireland

Fare:

\$3,495.00 per person double

\$3,995.00 per person single

A \$500.00 per person deposit is due to secure your reservation with the balance due by June 1, 2022. Make checks payable to Madison County Senior Center, and send to PO Box 389, London, OH 43140.



When you sign up for a trip, you are expected to pay for the trip when signing up. If the purchase of tickets is involved in the cost of a trip, no refunds will be issued for the cost of the ticket purchased. If the purchase of tickets is not involved in the cost of the trip no refunds will be given if you cancel within two weeks of the trip's departure or by a deadline stated in the newsletter. If we are taking a motorcoach, the cost of the coach is not refundable within 30 days of the trip. If you have questions please contact Janisse at 740-852-3001.

*****Please remember to park at the back of the parking lot when going on a day trip. This saves the closer parking spaces for those coming in for daily activities!!**

Attention Veterans!

Please bring in your military photos for us to put in our display case for November!



Welcome New Members!

Karen Amling Max Carter
Julie Valentine Jessie Keath
Ralph and Rosalyn Ries
Judith Clinebell Vicki Sparks
Martha Fawcett
Edith Timmons



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Veterans Day Program

Thursday, November 11

Noon at the Senior Center

Our speaker will be Bob Allen. He is a decorated Army officer veteran who flew helicopters in Vietnam. The son of a career Army veteran, Bob grew up in the military way of life and travelled the world with his family. This upbringing provided the foundation for Bob's affinity and passion for veterans and for his work with veteran affiliated organizations.

After leaving the service, Bob flew as a corporate pilot for a few years before launching a career in higher education. Before retiring in 2013, Bob served for 34 years as the head enrollment officer for private colleges and universities in Florida, Arizona, Missouri and Ohio. Currently, he has come out of retirement to assist Ohio's Hospice by heading up its American Pride Veteran's care program.



To play
Chimes!!

If you have ever thought about trying your hand at playing chimes, we would love to have you.

You don't have to be able to read music! You just follow a chart and play your chime when the coordinating color is pointed to by Karen, our leader. Mostly they play for fun, but they do also perform for Veterans Day and other occasions during the year. They meet 1st and 3rd Friday at 10:00 a.m. at the Center. We look forward to seeing you there!

B O W L I N G	Andrix, Barb	100	Goff, Terry	158
	Burdett, Diane	141	Hackworth, Paul	133
	Cooper, Barb	90	Herman, Cecil	73
	Cweikalo, Bert	127	Noble, Gene	122
	Ellars, Greg	155	Pickens, Ann	116
	Ernst, Terry	96	Ridolfo, Linda	162
	Florence, Barb	90	Rowley, Nancy	108
	Glass, Duane	191	Sheridan, Ray	167



Watch out Beth!!**Adult Day Center**

Happy November! Soon it will be Thanksgiving. I believe in spite of all the negativity around us we do have a lot to be thankful for.

Speaking of being thankful— Donna Bentlinger, Kathy Goff, Dottie McCann and Nellie Nutt, thank you for your generous donations towards Bingo for ADC. It is greatly appreciated.

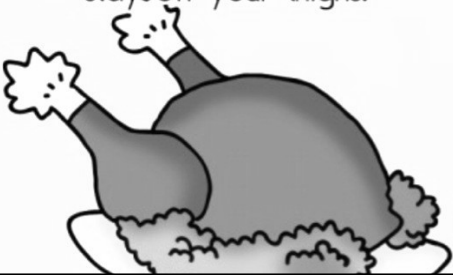
We did celebrate Natalie Kitzmiller's 81st birthday in October also. Happy Birthday Natalie!

We have enjoyed preparing homemade meals and having family style meals on Fridays. So far, so good and haven't had a disaster yet.

Happy Thanksgiving Everyone! Beth, Jeanna and Patsy

A THANKSGIVING POEM

May your stuffing be tasty,
May your turkey plump,
May your potatoes and gravy
have nary a lump.
May your yams be delicious
and your pies take the prize,
and may your
Thanksgiving dinner
stay off your thighs!



- Thanksgiving. It's like we didn't even try to come up with a tradition. The tradition is, we overeat. 'Hey, how about at Thanksgiving we just eat a lot?' 'But we do that every day!' 'Oh. What if we eat a lot with people that annoy the crap out of us?'

- Jim Gaffigan

- Thanksgiving, man. Not a good day to be my pants.

- Kevin James



- I come from a family where gravy is considered a beverage.

- Erma Bombeck

Senior Citizens Only **FREE!** Friday Movies at 1:00 p.m.

November 5 - Rumor Has It – Jennifer Aniston, Kevin Costner – Romantic Comedy – 2005 PG-13 - *** ½

November 12 – Ordinary Love- Liam Neeson, Lesley Manville – Romantic Drama – 2019 – R ***

November 19 – Sweet Home Alabama – Reese Witherspoon, Josh Lucas – Comedy – 2002 – PG-13 ****

November 26 – No Movie – Center Closed



November Birthdays!

Patron	Birthday	Patron	Birthday
Wharton, Donna	11-01	Knox, Kenneth	11-17
Samson, Katherine	11-01	Robinson, Nancy	11-17
Hillard, Robert	11-02	Nelson, Cheryl	11-17
Savage, Donna	11-02	Studebaker, Helen	11-18
Spicer, Martha Ann	11-03	Carter, James	11-18
Henry, Wanda	11-03	Craig, Stephen	11-18
Russell, Brenda	11-03	Stonecipher, Paula	11-18
Stringer, Anita	11-04	Burdett, Diane	11-19
Stonerock, Paul	11-04	Hix, Virgil	11-20
Sheridan, Janice	11-04	Hackworth, Paul	11-21
Hackworth, Jane	11-05	Stanforth, Pamela	11-22
Borders, Judi	11-06	Butterfield, Lewis	11-23
Ramey, Donna	11-06	Litchfield, Shirley	11-23
Miller, Cora	11-09	Horne, Karen	11-24
Clifton, Mary Jane	11-09	Hysell, Donald	11-24
Stewart, Marilyn	11-09	Siders, Dale	11-24
Swackhammer, Jay	11-09	Peters, Wade	11-24
Heaberlin, Penny	11-10	Closser, Janice	11-25
Vance, Dale	11-10	McCarty, Terry	11-26
Friend, Dale	11-11	McAlister, Sandra	11-28
Kellough, David	11-11	Wells, Betty	11-28
Brock, Ann	11-11	Cummins, Jerry	11-28
Duncan, Linda	11-11	Ballard, Fred	11-29
Cutler, Sue	11-12	Simmers, Dolly	11-29
Boyd, Bob	11-13	France, Kassie	11-29
Kelley, Patricia	11-14	Locke, Mary	11-30
Parsons, Jim	11-14	Cameron, Carol	11-30
Maddux, Paul	11-15	Ridolfo, Linda	11-30
Amling, Karen	11-15	Sullivan, Susan	11-30
Griffith, Gladys	11-17	Rogers, Carol	11-30



Cheeseburger Soup

- 1/2 lb. ground beef
- 4 T. butter, divided
- 3/4 c. chopped onion
- 3/4 c. shredded carrots
- 3/4 c. diced celery
- 1 tsp. dried basil
- 1 tsp. dried parsley flakes
- 1 3/4 lb. (about 4 c.) cubed peeled potatoes
- 3 cups chicken broth
- 1/4 cup shredded Velveeta
- 1-1/2 cups whole milk
- 3/4 tsp. salt
- 1/4 to 1/2 tsp. pepper
- 1/4 c. sour cream



In a large saucepan over medium heat, cook and crumble beef until no longer pink, 6-8 minutes; drain and set aside. In same saucepan, melt 1 tablespoon butter over medium heat. Sauté onion, carrots, celery, basil and parsley until vegetables are tender, about 10 minutes. Add potatoes, ground beef and broth; bring to a boil. Reduce heat; simmer, covered, until potatoes are tender, 10-12 minutes.

Meanwhile, in a small skillet, melt remaining butter. Add flour; cook and stir until bubbly, 3-5 minutes. Add to soup; bring to a boil. Cook and stir 2 minutes. Reduce heat to low. Stir in cheese, milk, salt and pepper; cook until cheese melts. Remove from heat; blend in sour cream.

Foot Care at the Senior Center

By Everyday Divinity

Nurse Delivered Foot Care



To schedule an appointment please call 614-716-9919

3 Easy ways to support the Center!

amazonsmile

If you shop on **Amazon**, the Center can benefit.

All you have to do is go to the following address: **[https://](https://smile.amazon.com/ch/31-1195151)**

smile.amazon.com/ch/31-1195151.

Use your usual Amazon login and it will automatically send 0.5% of your purchases to the Center.

Planned Giving—What is it about?

It means you are planning to give a gift later. It is a plan that you put in your will, an item that is worked out with your family and attorney. From time to time, the Senior Center receives such gifts. Whether these amounts are small or large, they are extremely important.

If you would like more information, please contact Misty Bradley, Executive Director, at 740-852-3001. Your call or meeting is strictly confidential. This is one of the easiest ways to leave a legacy to the Senior Center.

Required Minimum Distribution

from your IRA—If you are 70 1/2 or older and have an IRA, you know that each year you must take your Required Minimum Distribution (RMD). But did you know that you can make a transfer directly from your IRA to a charity of your choice and the contribution is not taxed? You can give up to \$100,000 from your IRA to a charity and it will be counted towards your RMD but isn't included in your adjusted gross income. If you want further information on how you can make a gift to the Senior Center from your IRA, please contact your financial advisor.

I Love Being 80.....



- I learn something new every day and forget 5 other things.
- You don't realize how old you are until you sit on the floor and then try to get back up.
- We all get heavier as we get older, because there's a lot more information in our heads.

- A thief broke into my house last night. He started searching for money, so I got up and searched with him.
- If you can't think of a word, say, I forgot the English word for it. That way people will think you're bilingual instead of an idiot.
- I'm getting tired of being part of a major historical event.

No Bingo for 2021



Madison County

Senior Citizens Center, Inc.

280 West High Street, London

First Wednesday each month at 7:00 p.m.

Coverall Jackpot

Progressive Games

Hog Wild

Smoke Free Facility

Holiday Candy Store



65 N. Main St, London, OH 43140

November 15th through December 23rd

In Person Store Hours: Monday, Tuesday, Thursday and Friday 10:00 a.m. to 5:00 p.m.

Wednesday 10:00 a.m. to 7:00 p.m.

Saturday 10:00 to 4:00 p.m.

Curbside pick up order call 740-503-7775

London Federation of Women's Clubs


**Friends of
Madison County
Parks & Trails**
 P.O. Box 308
 London, Ohio 43140
 WWW.FMCPT.COM

Membership Individual \$15
 Family \$25 Sponsor \$50+
 Individual Lifetime \$250
 Registration Form on Website
 E-mail FMCPT@columbus.rr.com

Support:

The Madison
County
Park District

GET INVOLVED

London Public Library

Your Everyday Library!

Visit www.mylondonlibrary.org

- Educational Events for all Ages
- Online Services/Computers
- Newest Books
- Latest DVDs
- Video Games
- Wifi Hotspot
- Audiobooks



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 (740) 852-2323

The X-TERMINATOR



BUGS... won't be back!!

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West Jefferson, Ohio

mike.conway66@yahoo.com

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Termites, Bed Bugs, Mosquitos,
and all general pests**



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Just when it thought

life was ending,

the caterpillar

became a butterfly.



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Madison County Senior Citizens Center

Dated Material

P.O. Box 389
280 West High Street
London, OH 43140

Phone: 740-852-3001
Fax: 740-852-3052

We're on the Web!

mcsenior.org or on Facebook at Madison
County Senior Citizens Center



November 2021

Misty Bradley, Executive Director

Ramalingam Selvarajah, M.D., Medical Director

Janisse Williams, Activity Coordinator/Marketing

Marilyn Lowery, Front Office/ Substitute Driver

Ruth Kennedy, Staff Nurse/Wellness Coordinator

Beth Dillion, Adult Day Center Coordinator

Jeanna Bernard, Adult Day Center Aide

Patsy Bricker, Adult Day Center Aide

Bonnie Radcliff, Adult Day Center Aide/Substitute

Sandy Darlington, Adult Day Center Aide/Substitute

Gayle Summers, Kitchen Coordinator

Brenda Lewis, Cook

Brenda Castle, Transportation Coordinator

Wayne Bricker, Driver

Don Hawkins, Substitute Driver

Martha Parsons, Substitute Driver

Mark Bires, Substitute Driver

Luther Dolby, Maintenance

The Madison County Senior Citizens Center is funded in part by Title III funds from the Older American's Act of 1965. These funds are administered by the Ohio Department of Aging and contracted to the local agencies by the Central Ohio Area Agency on Aging. Local funds are necessary to match these Federal dollars. They are made possible by Madison County Commissioners, a county wide levy, donations, contributions and fund raisers. The Center is non-discriminatory in services and employment. The building is handicapped accessible.

COAAA Advisory Council Meetings Open to Public

The Central Ohio Area Agency on Aging (COAAA) Advisory Council will meet the first Thursday of each month.

Advisory Council meetings are scheduled from 10:30 a.m. to 12:00 p.m. All meetings except for December are held at the COAAA office, 3776 South High Street, Columbus, Ohio.

The council is comprised of volunteers from eight Central Ohio counties who represent the views of older adults in their specific communities and advise the Area Agency in its operations.

Mission Statement

The purpose of the Madison County Senior Citizens Center is to encourage, foster, and develop opportunities for the senior citizens of Madison County through education, recreation, respite, nutrition, daycare services, and assistance in independent living.