

Preparing For Admission To One Twelve



One Twelve

12218 Lake Street Extension
Minnetonka, MN 55305
952.513.7475
www.onetwelve.org

What to Bring:

- * Maximum of TWO suitcases
- * Toiletry Bag
- * Pillow (If you prefer your own)
- * Face and bath towels
- * Non-alcohol based personal hygiene products
- * Current non-narcotic prescription medications
- * Alarm clock
- * Exercise / outdoor clothing
- * Laundry Soap
- * Laundry Bag
- * Contact Information for family, doctors, employers, probation officers, therapists, legal representatives, social workers, etc.
- * Cell Phones, Laptops & Tablets ARE permitted outside of programming hours (Wifi in facility)
- * Copy of Tuberculosis (Mantoux) test results
- * Previous facility discharge paperwork
- * Insurance / MA Card

Q: Are laptops or tablets permitted?

A: Yes, however they are turned in to staff during program hours. Wifi is open for clients to access the internet.

Q: Are desktop computers permitted? **A:** No. However, there is a client desktop available for clients to use.

Q: What about food? **A:** Clients are given a per week budget for approved groceries only. Clients prepare their own meals.

Q: Are there laundry facilities? **A:** Yes, clients are responsible for their own detergents.

Q: Is One Twelve tobacco free? **A:** Smoking and chewing tobacco is permitted in designated areas only.

Q: Are clients permitted to work? **A:** Clients may obtain employment and begin work once authorized by assigned counselor.

Q: Do I need to bring money? **A:** No you do not need to bring money. However, you may want to bring money for ancillary items such as hygiene products, cigarettes, laundry soap etc....

What NOT to Bring:

- * NO more than TWO suitcases & a toiletry bag
- * Bedding (You may bring your own pillow if you prefer)
- * Weapons or Knives of any kind
- * Hygiene products containing alcohol
- * Large amounts of cash
- * Small/large appliances such as coffee maker & TV's
- * Musical instruments
- * Narcotic medications
- * Over the counter medications or vitamins without a prescription

Frequently Asked Questions:

Q: Are Visitors allowed?

A: Visitors must sign in upon arrival and are only permitted to visit outside of programming hours. No visitors in bedrooms.

Q: Are Cell phones permitted?

A: Yes, however cell phones are turned in to staff during program