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Medical, Health, Emergency and Dental Services

Cabo San Lucas - San Jose del Cabo, Los Cabos, Baja California Sur, Mexico.

Health issues and emergencies don't care if you are on vacation. They can occur at any time, which is why you should be comfortable in the knowledge that even though you are more than 1,000 miles from home, you are still in good hands.

Los Cabos has a wealth of health care professionals and facilities to help you through the most minor occurrence or life-threatening emergency.

There are a number of walk-in clinics and hospitals located throughout the area that are staffed with well-trained, capable physicians. Most are certified in both the United States and Mexico, with many of them receiving their schooling and training in the U.S. If you are in need of dental or eye care, feel comfortable making a visit to a local provider.

There are also many people who visit Los Cabos specifically to have aesthetic surgeries such as facelifts, tummy tucks, breast augmentation, and other services performed.

Or, perhaps you need an oxygen tank, wheelchair, or walker for your elderly parent or companion so they can enjoy Los Cabos, too. There are also mental health specialists, nutritionists, and dieticians available for consultation. You can even find doctors who will make a house-call to your hotel or villa if you so desire.

Besides the traditional practitioners, there are also alternative medicine clinicians available where you can partake in the latest holistic practices, receive acupuncture treatments, and undergo body detoxification and purification sessions. Los Cabos is also home to several agencies that specialize in life-flight services to return you to your home in a hurry should you choose.

So, whether you find yourself in need of a few stitches for a cut you received while climbing over that rock pile or just need to see a doctor because you are feeling under the weather, don't fret. You are in good hands.



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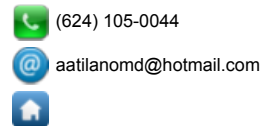
American Medical Care FEATURED

Lazaro Cardenas, next to El Alebrije Furniture Store, and Camino Viejo a San José, Km 4.5, Interior Hotel Riu

General Internal Medicine / Surgeon

Specialties and services include:
Orthopaedics, Cardiology, Dermatology, Ear, Nose & Throat, Dental, Obstetrics
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Reservations by Email must be 3 days in advance.

[Air Evacuation - SkyMed International](#) - Emergency Air Evacuation Membership Program - Be prepared BEFORE a medical emergency occurs! Contact Cathie Smith LoCicero SkyMed VP Mexico, Belize, & Costa Rica.

[AirLink Ambulance](#) - Is the lead air ambulance company operating in Mexico internationally recognized for its professional and qualified service. Lazaro Cardenas km 1.5 Col. El Medano C.P. 2410, Cabo San Lucas, Baja California Sur, Mexico. Phone: 011-52-624-143-7474; Fax: 011-52-624-143-7474; Cel: 011-52-624-151-5771.

[Alma Vazquez Lomas, MD](#) - Ocampo and 16 de Sept., Cabo San Lucas, BCS. English speaking doctor. General Medicine. Certified in the Zone Perfect Nutrition

Program. . Cabo Medical Care has been serving the community of Cabo San Lucas and Los Cabos since 1987. Alma Vazquez Lomas, M. D., the resident physician and owner, speaks perfect English. ; Ph: 624-143-0774; Emergencies: 044-624-147-5719. Mon–Sat, 8am–8pm—AX

Amerimed Hospital - "Your Partners in Health" - offers an integrated team of medical experts, modern facilities, and high technology. This winning combination allows fast and accurate diagnosis and treatment. AmeriMed is the First American Hospital in Mexico specializing in the care of international tourists. AmeriMed provides a "medical oasis" in Mexico's leading tourist destinations. Staffed 24 hours a day with bilingual in-house physicians. Lazaro Cardenas s/n, Edificio Pioneros, Cabo San Lucas, BCS.

Atencion Medica Integrada - Venustiano Carranza 11 Loc. 3, Cabo San Lucas, BCS. Doctor. Alfonso Najar, FACS. Surgery, Gastroenterology and Endoscopy, Board Certified, Fellow of the American College of Surgeons Dra. Laura Elena Castañeda, Pediatrician - 24 Hour Emergency. Phone: 143-2686 and 143-1218.

Baja Medical Response BMR- Lopez Mateos between Leona Vicario and Morelos, Cabo San Lucas, BCS. Specialties Hospital, total medical service, Air and ground evacuations. Emergencies: 144-3434. Hospital Ph 143-77-77. Home or Hotel Vitis - Cell: 044 (624) 147-0911.

Balboa Hospital and Walk-In Clinic Los Cabos - Experienced Bilingual Physicians - Hotel and House Call Available USA and Canadian Insurance and Credit Cards Honored. (Some restrictions may apply) CABO FIRST RESPONSE - AIR and LAND AMBULANCE - Rescue Critical Care and Worldwide Evacuation. Pick-Up Service - Phone: (624) 143-5900.

Blue Medical Net - Gathers all needed elements to offers the best medical services such as, Local infrastructure, Doctors and World Wide Hospitals. Boulevard Mijares Esquina Finisterra, Plaza La Mision, Local #3, San Jose del Cabo. Phone: (624) 142-3511 | Carretera Transpeninsular km. 6.3. Plaza del Rey, Locals 7 and 8. Cabo San Lucas. Phone: (624) 104-3911.

Cabo House Calls - Dr. James McAllister is a board certified physician who offers professional on-site visits to homes, businesses, or hotel rooms. Cash, major credit cards and checks accepted. Questions or concerns at 044-624-141-6176. From the U.S. and Canada 011-52-624-141-6176.

Cabo Medical Care - General Medical clinic of English speaking Dra. Alma Vazquez Lomas, with X-ray, ultrasound and laboratory facilities. Long history of good service. General Medicine and Aesthetic Treatments and Products. Mesotherapy - Restylane - New-Fill - Botox. Certified in the Zone Perfect Nutrition Program.

Cabo Medical Care, Ocampo and 16 de Septiembre, Cabo San Lucas, BCS. Phone: (624) 143-0774, (624) 143-3517, Cellular: 044 (624) 147-5719. Open Monday to Friday 9 am to 8 pm.; Saturday 9 am to 2 pm.; Emergency - 24 hours. Dra. Alma will make house calls. AX, MC, VS

Chiropractors, Chiropractic Treatments and Adjustments - Doctors and professionals that specialize in chiropractic adjustments and chiropractic treatments.

CMCSL Centro Medico - Offers a wide range of medical services provided by its highly qualified staff. Prol. Juan Alvarez s/n Col. El Arenal, Cabo San Lucas, Los Cabos, Mexico, Baja California Sur. Phone: (624) 143-9727 | Fax: (624)143-1583. Open Daily 24 Hrs.

Consultorio Medico Dr. Vazquez - Carret. Transp. Km 22.5, Westin Regina Hotel, Tourist Corridor, Los Cabos, BCS. 24 hour emergency medical service. Ph:142-9143; Cell: 044-624-147-0507. Open 24 hours—AX, MC, VS.

Dental Care, Dentists, Dental Tourism - Many tourists are finding that they can save money on quality dental services in the Cabo San Lucas area. Costs for dental work can be substantially lower in Los Cabos, Mexico than similar procedures performed by dentists in the US. Read more in our special section for Dental Care and Dentists.

Diagnostics Screening and Imaging Center - Provide state of art imaging services by a team of highly qualified physicians and technologists. Plaza del Rey Interior Blue Medical Net Cabo Bello Carretera Transpeninsular km 6.3, Cabo San Lucas, Los Cabos, Baja California Sur, Mexico. Phone: (624) 104-3911 | Emergencies: (624) 109-8205

Doctor Alejandro Avalos - Lopez Mateos between L. Vicario and Morelos, Cabo San Lucas, BCS. Orthopedics. Emergency services, 24-hours a day. Ph: 143-2919; Cell: 044-624-147-0911. Daily, 24 hours—MC, VS.

Elderly Travel to Los Cabos - Portable oxygen tanks, walkers, wheelchairs, prescriptions and medical care. Baby Boomers increasingly bring their elderly parents to Baja along with their 20-Something year-old "kids." Article by David Mandich about travel concerns in Los Cabos for the elderly traveler.

Dr. Javier Escamilla Penagos - Orthopaedic Surgeon.

Board certified and a member of the Mexican Council of Orthopaedics and Traumatology as well as an International Affiliate Member of the American Academy of Orthopaedic Surgeons. He performed an Orthopaedic Fellowship (Shoulder Specialty) at the University of Texas Health Sciences Center at San Antonio. Phone: 624-143-0130; 624-143-0584 | E-mail: dr_escamilla@yahoo.com

Hospital de Especialidades - (Specialties Hospital) - Lopez Mateos between L. Vicario and Morelos, Cabo San Lucas, BCS. Medical Center: Specialized medicine, x-rays, lab, ambulance, drugstore, hospital, oxygen, wheelchairs and crutches. ; Ph: 143-2919, Emergencies: 144-3434; Cell: 044-624-147-0911; E-mail: clinicaespecialidades@cabotel.com.mx. Daily, 24-hours—MC, VS.

H+ Los Cabos - The brand new Hospital H+ Los Cabos, which is promising to deliver a new level of quality healthcare to the region, is conveniently located at Km. 24.5 Transpeninsular Hwy, easy access between San Jose del Cabo and Cabo San Lucas.

Longevity Massage Therapy - Specializing in an integrated approach to Orthopedic Massage Therapy, combining Myofascial Release, Intrinsic Joint Mobilization, and Active/Passive Isolated Stretching with traditional Swedish and Deep Tissue Massage, designed to treat chronic to acute soft tissue dysfunction Phone: (624) 160-6186. Cabo San Lucas / San Jose del Cabo.

Los Cabos Facial Surgery - We are an innovative system of unique facial surgery in Mexico based on the use of local anesthesia plus mild sedation to eliminate the complications and costs of conventional surgery with the same aesthetic and functional results.

Medica Los Cabos - Medical Clinic: English spoken. *Zaragoza near corner of I. Green, San Jose del Cabo* ; Phone: 142-2770, 142-1510. Emergency and general practice. Surgery, lab, X-rays, ultrasound, 24 hour care and pharmacy. Daily, 24 hours—VS, MC.

Miguelangelo Plastic Surgery Clinic -Miguelangelo Gonzalez M.D., P.C., is a board certified plastic and reconstructive surgeon. He received his degree in plastic and reconstructive surgery from the internationally renowned plastic and reconstructive surgery institute of Jalisco in Guadalajara, Mexico. The Miguelangelo Plastic Surgery Clinic maintains a state-of-the-art surgery suite located in Cabo San Lucas, Baja California Sur, Mexico. Phone: (624) 355-3806 Cabo San Lucas | In USA Phone: 520-331-0942 | 1-888-396-5252, E-mail: info@miguelangeloclinic.com - 16july2013-jat

Dr. Alfonso Nájara Castañeda, FACS - Surgery, Gastroenterology and Endoscopy.

U. S. Board Certified physician and Fellow, American College of Surgeons. Camino del Colegio 225, just off Miguel Angel Herrera, Fracc. Pedregal C. P. 23453, Cabo San Lucas, Los Cabos, BCS, Mexico. Office Hours: Mon - Fri: 9:00 am - 1:00 pm; 5:00 pm - 7:00 pm; Sat: 9:00 am - 1:00 pm; Phone: 624-143-1218.

Pacific Orthopaedic Group - Dr. Javier Escamilla

An award-winning medical tourism company offering the highest quality medicine and patient care. Dr. Javier Escamilla Penagos is a board-certified orthopaedic

surgeon and a member of the Mexican Council of Orthopaedics and Traumatology as well as an International Affiliate Member of the American Academy of Orthopaedic Surgeons.

[Rehab in Mexico](#) - In Integral Wellness Programs we awaken every human beings inner potential, we help men and women become better persons despite feeling uncomfortable with their way of life.

[Robert Saltzman, Ph.D. - Counseling and Psychotherapy](#) - for individuals, couples, and families. Services include counseling and psychotherapy, mental, emotional, and physical stability; personal growth, psychological wellness, and spiritual unfoldment. Serving Los Cabos, Todos Santos, and La Paz, Baja California Sur, Mexico. by appointment: (612) 132-9060.

[Serenity - Holistic Medical SPA](#)

Invites you to try their menu of services, designed to take care of your health as well as your beauty, with non invasive treatments our team will help you to improve your health, detoxify your body, save your skin, recover your strength and turn the clock back in San Jose del Cabo, Los Cabos, Mexico.. Ph: (624) 142-17-90 Cell: (624) 129 62-94 Monday to Friday 9am - 7pm, Saturday 9am - 4pm

[Staff Medico](#)

ENT Specialists of Cabo for your ear, nose, and throat health care needs. We're a group of Certified Otolaryngology and Head and Neck Surgeons, specializing in ear, nose, and throat care for both adults and children.

[SurgiCare International](#) - Medical tourism can be defined as the process of traveling outside the country of residence for the purpose of receiving medical care.

[Temazcal Spa](#) - Purification ritual. Carr. Transpeninsular Km 3.5, Cabo San Lucas, BCS - Mexico 23410 Phone: (624) 144 - 4727. Fax: (624) 144 - 4799.


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