



**NEW CLIENT INFORMATION SHEET-ADOLESCENT**

Completing this form may save us some time in our therapy session. However, all of the information requested is completely voluntary. Leave blank any item you do not wish to answer.

Name of Client: \_\_\_\_\_

Date of Birth: \_\_\_\_\_ Age: \_\_\_\_ M/F

Address: \_\_\_\_\_

Street Address

City State Zip Code

Cell Phone: \_\_\_\_\_ Voice mail ok? y/n Text message ok? y/n

**Parents/Legal Guardians**

Name: \_\_\_\_\_ Relationship: \_\_\_\_\_

Phone: \_\_\_\_\_ Voice mail ok? y/n Text message ok? y/n

Name: \_\_\_\_\_ Relationship: \_\_\_\_\_

Phone: \_\_\_\_\_ Voice mail ok? y/n Text message ok? y/n

Parents' Marital Status: \_\_\_ married \_\_\_ father deceased  
\_\_\_ single, never married \_\_\_ mother remarried  
\_\_\_ divorced/separated \_\_\_ father remarried  
\_\_\_ mother deceased

List all people living in your home:

Name	Age	Relationship to client (e.g., sister etc.)
_____	_____	_____
_____	_____	_____
_____	_____	_____
_____	_____	_____
_____	_____	_____

List any other adults who are involved in your life a significant amount of time.

Name	Relationship to teen (e.g., grandparent etc.)
_____	_____
_____	_____

TURN PAGE OVER

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Current school: \_\_\_\_\_ Current Grade: \_\_\_\_\_

Were you adopted? \_\_\_ Yes \_\_\_ No If yes, age when adopted: \_\_\_\_\_

How many caffeinated beverages do you have on average per day? \_\_\_\_\_

What time are you in bed with lights out on school nights? \_\_\_\_\_

What time do you wake up on school mornings? \_\_\_\_\_

Do you often wake up in the middle of the night? \_\_\_ Yes \_\_\_ No

If yes, how often and for how long? \_\_\_\_\_

Please list any past or current mental health services received in the space below:

Therapist/Doctor	Dates	Reason for treatment

Any current medical conditions being treated? \_\_\_\_\_

\_\_\_\_\_

Current medications (prescription, over the counter, and herbal remedies; name & dose):

\_\_\_\_\_

\_\_\_\_\_

Approximate date of last physical examination: \_\_\_\_\_