

AGENDA
Southeast Washington Regional FYSPRT
2/9/2023 3:30-5:00 p.m.
Location – ZOOM & PHONE-IN ONLY

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| <p>Purpose designed to influence the functioning of local, state, and child-serving systems, and to promote proactive changes that will improve access to, and the quality of, services for families and youth with complex behavioral health challenges, and the outcomes they experience.</p> | <p>Mission through respectful partnerships, families, youth, systems and communities will effectively collaborate to proactively influence, and provide leadership to address challenges and barriers faced by the behavioral health service system for children, youth, and families in Washington State.</p> | <p>Vision To bring all necessary parties together to contribute to continuous improvement to children’s behavioral</p> | <p>Ground Rules All FYSPRT attendees should have a chance to speak, express their own ideas and feelings freely, and pursue and finish out their thoughts Everyone has an equal opportunity to share their voice and view A variety of points of view are to be put forward and discussed during meetings All attendees should work to remain open-minded Stay true to the FYSPRT goals Participants can interpret topics openly and honestly All respectful feedback is welcomed</p> |
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| Agenda Items | Discussion & Notes | | |
| <p>Welcome & Introductions (15 minutes)</p> | <p>Youth Tri-lead Baltazar Torres On entry to the meeting, please put your name, agency/group affiliation if you have one, and if you are a family, youth or system partner. This will help with attendance gift card stipend for attendance.</p> | | |
| <p>Meeting Minutes (5 minutes)</p> | <p>System Tri-lead Jill Mulhausen Review of meeting minutes from January 12, 2022 Motion made by: _____ Seconded by: _____ Did the vote carry? YES / NO</p> | | |
| <p>New Journey’s Program</p> | <p>Areli Larios</p> | | |
| <p>YARP program referrals</p> | <p>Meredith/Zach</p> | | |
| <p>FYSPRT Evaluation Survey</p> | <p>All Members – Please fill out during roundtable discussion and note the question regarding meeting preference The FYSPRT meeting evaluation link is:</p> | | |
| <p>Roundtable Discussion (20 minutes)</p> | <p>All members</p> | | |
| <p>Upcoming Event(s) (5 minutes)</p> | <p>March Meeting will be a training by WSCC – see description below <u>Filling Your Toolbox – Tools to Support Strong Boundaries, Empowerment, and Families</u></p> <ul style="list-style-type: none"> This is a customized, interactive training that teaches and/or strengthens concepts to support families wherever they are in their journey. Concepts will include tools for creating boundaries, empowering rather than enabling your loved ones, combating shame and acknowledging pain, making action plans, and more! | | |

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| | <p>This engaging training will send you off with some new ways to use tools you may already have and introduce you to some new ones along the way. This training can be designed for sessions from 60 minutes to 2 hours, depending on the level of learning and the number of activities included. (60-minute mini-training or 2-hour full training)</p> |
| <p>Closing Announcements (5 minutes)</p> | <p>Jill Mulhausen</p> <p>*The YARP (Youth Access and Resource Program) is now taking referrals in Benton and Franklin county. Please go to the website to make a referral, view resources and find other information: https://yarp.kidsmentalhealthwa.org/</p> <p>*Tax season is coming! Families with an income of under 60k can get assistance with filing their taxes through 211. Please refer families to this resource if applicable.</p> <p>*The Grind Recovery Café, a part of 3 Rivers Therapy is now open Monday-Friday from 9am-5pm, they are looking to expand their hours in the future based on need</p> |
| <p>Regional FYSPRT meeting dates</p> | <p>March 9, 2023 April 13, 2023 Meeting ID: 376 123 4588 1-253-215-8782 or 3761234588# https://us06web.zoom.us/j/3761234588</p> |
| <p>State FYSPRT meeting dates</p> | <p>February 23rd 3-5pm</p> |