



S E P T E M B E R 2 0 1 9

# the Welcome Mat

## President's Message



*Carol Figueroa &  
Bev Coelho*

Happy Labor Day Weekend -

The new club year has begun and we are looking forward to the many events that are being planned. Our service coordinators were busy these past couple of weeks putting together backpacks for Merrimack's Welfare Department. This is one of the many projects that we are involved in that supports the Town of Merrimack. Julie and Tammy are putting together additional projects that will continue our mission of service along with Beth and Jill who are putting together our fundraising efforts for the MFF Charitable Fund.

Over the summer, our Charitable Fund donated \$6,000 dollars to local charities and organizations. Without the efforts of Ways and Means this would not have been possible. Our first big fundraiser of this club year is coming up on Saturday, September 21<sup>st</sup> – our Fall Yard Sale. The Fall and Spring yard sales we host every year are important events for raising monies for the charitable fund. I hope you will have time to help out with this event. Please see the Evite to RSVP.

We also need volunteers to help out with the social aspect of our club. The interest group leaders put together the events for our members. We have a couple of interest groups that were active last year that will continue with their current leaders. If there is group or event you would like to organize or would like additional information, please be sure to contact Barb, our 2<sup>nd</sup> VP, at [interestgroups@mffnh.org](mailto:interestgroups@mffnh.org). The interest groups could not exist without the membership to lead them.

We look forward to seeing you at one of the future MFF events.

Bev & Carol

## September calendar

DATE	TIME	EVENT
Sep 07	09:30 AM	Coffee chat at Buckleys
Sep 08	09:00 AM	Road cleanup
Sep 10	07:00 PM	Board Meeting
Sep 17	06:30 PM	Drinks at Common Man
Sep 18	07:00 PM	Book club

Please see the Evite for additional information

## First Vice President

This position remains open. If you are interested in filling the role, please contact [interestgroups@mffnh.org](mailto:interestgroups@mffnh.org). There is plenty of help available!!

## Second Vice President

*Barb Gelinas*



Here's to the start of another great year!! As a reminder, the First VP position is open still for this year. Please consider stepping up to take this role on the board! It's not too late! No experience is required and plenty of support is available!!

Also, if you are interested in running any of the existing or new interest groups please let me know at [interestgroups@mffnh.org](mailto:interestgroups@mffnh.org).

## Treasurer

*Wilma Cunningham*  
*Bec Coelho*



Check back next

month for updates!





## Secretary

*Heather Murray*

Welcome back to another MFF club year! I'm looking forward to serving as your 2019/2020 Secretary. It will be my pleasure to keep all official minutes/notes from the Board of Director meetings. I will also be responsible for organizing any "Friends-in-Deed" requests. Should there be a need to support a club member with meals, rides, or any other assistance that a friend might provide, please let me know and I'd be happy to ensure those needs are met! We are always here to help...

Warmest Regards,

Heather Murray

## Ways and Means

*Beth Milliken and Jill Mitchell*

Welcome to the 2019/2020 club benefit our charitable fund, is Saturday, September 21st! Please save the date - year. Our Fall Yard Sale, to coming up very soon on that day setting up and breaking down (older children can also help, and we can sign-off on volunteer hours if that is something they need). Plus, we love your company! we will need lots of help



We are always looking for hangers that we can use at the yard sale, too, so don't throw away the ones from the dry cleaner. The Evite with full details has been sent out, so be on the lookout!

If you have items to donate, please feel free to reach out to us:

[WaysandMeans@MerrimackFriendsFamilies.org](mailto:WaysandMeans@MerrimackFriendsFamilies.org)

Thank you in advance for your assistance.



Beth Milliken and Jill Mitchell



Merrimack  
Friends & Families



## Service

*Julie Akers and Tammy Ditman*

Thank you to everyone who donated supplies, money and/or time to fill backpacks for the children of Merrimack. The Merrimack Welfare Dept. said the students' parents were very appreciative! It is so heartwarming to know these kids are starting the school year with everything they need and doing it in style.

Meet us at 9:00am on Sunday, Sept. 8 to clean Lawrence Rd. - yep, that's the road to the dump. Adopt-a-Road cleanup happens once each Spring and Fall. The town supplies trash bags, trash grabbers, orange vests and collects the full trash bags when we're done. We do this on a Sunday morning because the dump is closed and there's very little traffic. Bring your spouse or teen and we'll have the road looking terrific in no time!

Also, please reserve Saturday morning, October 5 for the October service project. We will be helping out at Family OutFITters in Manchester. Usually we sort and tag clothes for the thrift shop. Volunteer hours are from 9-12. Come for an hour or come for the entire time, any help is greatly appreciated.

## Membership

*Wilma Cunningham & Beth Voorhees*



Happy September MFF!

With the changing of the season comes a fresh new MFF Club Year! If you haven't done so already, please send in your membership dues so you don't miss out on all the fantastic upcoming events. You can easily do so by mailing a check to PO Box 1516 Merrimack, NH or you can pay online at <https://mkt.com/mff/item/annual-membership-dues>. Membership dues is \$25. Hope to see you at an event soon!

September 7th-Buckely's Cafe 9:30 am Coffee Chat  
September 17th- Common Man 6:30 pm Wine Night

Please reach out to Friends/Neighbors that may want to learn more about MFF!



# Happy Birthday!!



Laura M  
Beth F

09/05  
09/17

## Interest Group Happenings

### Secret Sisters

Are you interested in joining *Secret Sisters*? It is so much fun!

Here are the details in a nut shell. Each Secret Sister will complete a questionnaire about herself (available on the MFF website and via email). The deadline to submit your **completed questionnaire** is **Friday, September 20th**. After we receive them, we will match everyone up with a Secret Sister. That person may use the information provided in your questionnaire to pick out a special gift for you each month! We will get together three times throughout the club year for gift exchange potlucks (see the Evites for more info). In May we will reveal who each person's Secret Sister has been. And then in June, you will give a "thank you" gift to the not-so-secret-anymore Sister who had been giving gifts to YOU for the previous eight months!

**The gift exchanges will occur anonymously every month from October through May, and every participant should give AND receive a gift each month.** You can ask another member to help make your delivery, or watch Evite and bring it to an event that you know she will be attending... you have plenty of sneaky options. But try your best to keep yourself a secret - that's what makes this so much fun! The value should be kept around **\$15 for your monthly gift**. And we also ask that no one "double dip" and buy one large, more expensive gift to count for multiple months.

We would love to have you in this group, but also want to make mention that unlike our other interest groups, **this is a commitment for the entire club year**. We ask that once you join us, you understand that a very special woman (your Secret Sister) is counting on your full participation. There is **no fee to join Secret Sisters**. However, we ask that you pay your annual membership dues to the club before participating.



If you have any questions or need more information, feel free to contact Jill Mitchell! You can print the questionnaire from the website. Or we recommend typing/saving a copy to your computer so that you have it handy for next year – trust us, you'll have so much fun you'll want to join the group again! You may send completed questionnaires via email or in person to Jill.

Here's to another great club year!

Jill Mitchell

## Hanging Out at Common Man

We'd love to see you on September 17<sup>th</sup> at 6:30!

## Lunch Bunch

Please check back next month for lunch bunch fun!

## Book Club

We are looking forward to reading **In My Hands: Memories of a Holocaust Rescuer** by Irene Opkyke in September. More updates next month once we're more underway.

Vivian Dano



# Community Partners

**Brian Bradish**  
*Master Plumber* 424-9562

**BRADISH**  
  
**PLUMBING SERVICES**

Merrimack, NH NH Lic # 6158  
ME Lic # 5985

