



Class Schedule

11/18/19

	DAY 1		DAY 2		*Sparring Class (No Trial Students)	Make-Up & Special Classes
	Monday	Tuesday	Wednesday	Thursday	DAY 3	DAY 4
TKD Attire:	Dobok Only	Dobok Only	Any	Any	Friday	Saturday
					Any	Any
						All Belts & Ages 11AM - 11:45

Check this month's calendar for the **Casual Day & Nunchuck Class** dates.
See you there!

3:45 PM - 4:30 PM	White - Sr. White	<i><u>Tiny Tiger</u></i> (Ages 3-6)	White - Sr. White	<i><u>Tiny Tiger</u></i> (Ages 3-6)
4:30 PM - 5:15 PM	Yellow - Sr. Green	White - Yellow Stripe	Yellow - Sr. Green	White - Yellow Stripe
5:15 PM - 6:00 PM	Blue - Sr. Red	ALL BELTS	Blue - Sr. Red	ALL BELTS
6:00 PM - 6:30 PM	<i><u>Tiny Tiger</u></i> (Ages 3-4)	<i><u>Tiny Tiger</u></i> (Ages 3-6)	<i><u>Tiny Tiger</u></i> (Ages 3-4)	<i><u>Tiny Tiger</u></i> (Ages 3-6)

<i><u>Tiny Tiger</u></i> (Ages 3-6) 4:00 - 4:30
(Ages 7-11) COLOR BELTS 4:30 - 5:15
(Ages 12+ Color Belts) (Ages 8+ Black Belts) 5:15 - 6:00
Team Hi-5 Kyoruki Competition Training 6:00 - 7:30

Leadership & Demo Training 11:45 - 1PM
Team HI-5 Poomsae Competition Training 1PM - 2:30PM

6:30 PM - 7:15 PM	ALL BELTS	DanBo - Black Belt	ALL BELTS	DanBo - Black Belt
7:15 PM - 8:15 PM	Adult Class	Adult Class	Competition Poomsae Training	Adult Class

* You may participate in sparring classes starting White Belt.

***Sparring is Mandatory during testing starting Green Belt.**