



September 2019

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
1 10:00-11:00 – FS 11:00-11:50 – FS 12:00-12:50 – FS	2	3	4 4:00 – 5:00 - FS 5:00 – 6:00 – FS 6:00 – 6:50 – FS	5 3:30 – 4:30 – FS 4:30 – 5:20 - FS 5:20 – 5:50 – LOW FS (30 min)	6 4:00 – 5:00 – FS 5:00 – 5:50 – FS	7 8:30 – 9:30 FS 9:30 – 10:30 FS 10:30 – 11:20 FS Ice cut 11:30 – 12:00 FS (30 min) 12:00 – 12:50 SS High & Low
8 10:00-11:00 – FS 11:00-11:50 – FS 12:00-12:50 – FS	9	10	11 4:00 – 5:00 - FS 5:00 – 6:00 – FS 6:00 – 6:50 – FS	12 3:30 – 4:30 – FS 4:30 – 5:20 - FS 5:20 – 5:50 – LOW FS (30 min)	13 4:00 – 5:00 – FS 5:00 – 5:50 – FS	14 8:30 – 9:30 FS 9:30 – 10:30 FS 10:30 – 11:20 FS Ice cut 11:30 – 12:00 FS (30 min) 12:00 – 12:50 SS High & Low
15 10:00-11:00 – FS 11:00-11:50 – FS 12:00-12:50 – FS	16	17	18 4:00 – 5:00 - FS 5:00 – 6:00 – FS 6:00 – 6:50 – LTS	19 3:30 – 4:30 – FS 4:30 – 5:20 - FS 5:20 – 5:50 – LOW FS (30 min)	20 4:00 – 5:00 – FS 5:00 – 5:50 – FS	21 8:30 – 9:30 FS 9:30 – 10:30 FS 10:30 – 11:20 FS Ice cut 11:30 – 12:00 FS (30 min) 12:00 – 12:50 SS High & Low
22 10:00-11:00 – FS 11:00-11:50 – FS 12:00-12:50 – FS	23	24	25 4:00 – 5:00 - FS 5:00 – 6:00 – FS 6:00 – 6:50 – LTS	26 3:30 – 4:30 – FS 4:30 – 5:20 - FS 5:20 – 5:50 – LOW FS (30 min)	27 4:00 – 5:00 – FS 5:00 – 5:50 – FS	28 8:30 – 9:30 FS 9:30 – 10:30 FS 10:30 – 11:20 FS Ice cut 11:30 – 12:00 FS (30 min) 12:00 – 12:50 SS High & Low
29 10:00-11:00 – FS 11:00-11:50 – FS 12:00-12:50 – FS	30					

