




	SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
	DEC 2	DEC 3	DEC 4	DEC 5	DEC 6	DEC 7	DEC 8
							9am Power Flow
			10am Slow Flow		10am Vinyasa Flow		
							10:15am Vinyasa Flow
		5pm Vinyasa Flow					
		6:15pm Slow Flow		6pm Vinyasa Flow	6pm Broga, Yoga for Men		
	7pm Yang & Yin* Donation based class			7:15pm Restorative/Yin Fusion			
		7:30pm Broga, Yoga for Men	7:30pm Barefoot Bootcamp with Ellen (pre-registered)		7:30pm Slow Flow		
	SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY