



NOTES	KOYO ORDER CODE	DESCRIPTION	SIZE	U/C	MINIMUM ORDER	UPC #	CODE
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NATURAL RICE CAKES

0101	Original ~ unsalted	150g	12	C	0-65493-00001-2	G	K
0102	Original ~ salted	150g	12	C	0-65493-00002-9	G	K
0103	Buckwheat ~ unsalted	150g	12	C	0-65493-00003-6	G	K
0104	Buckwheat ~ salted	150g	12	C	0-65493-00004-3	G	K
0111	Multigrain ~ unsalted	150g	12	C	0-65493-00011-1	G	K
0112	Multigrain ~ salted	150g	12	C	0-65493-00021-0	G	K

MACROBIOTIC RICE CAKES

0114	Nori seaweed ~ unsalted	150g	12	C	0-65493-00006-7	G	
0115	Dulse seaweed ~ unsalted	150g	12	C	0-65493-00018-0	G	

ORGANIC RICE CAKES

0117	Original ~ unsalted	150g	12	C	0-65493-00007-4	G O	K
0118	Original ~ salted	150g	12	C	0-65493-00008-1	G O	K
0119	Buckwheat ~ unsalted	150g	12	C	0-65493-00012-8	G O	K
0120	Buckwheat ~ salted	150g	12	C	0-65493-00013-5	G O	K
0121	Millet ~ unsalted	150g	12	C	0-65493-00014-2	G O	K
0122	Millet ~ salted	150g	12	C	0-65493-00015-9	G O	K
0125	Mixed grain ~ unsalted	150g	12	C	0-65493-00125-5	G O	K
0126	Mixed grain ~ salted	150g	12	C	0-65493-00126-2	G O	K

TAMARI ~ SELECT

6101	Authentic ~ black label	150mL	12	½	0-65493-01015-8		K
6102	Authentic ~ black label	475mL	12	½	0-65493-01011-0		K
6103	Authentic ~ black label	950mL	12	½	0-65493-01012-7		K
6105	Organic ~ black label	295mL	12	½	0-65493-06105-1	O	K
6109	Organic ~ black label	475mL	12	½	0-65493-01020-2	O	K

TAMARI

6001	Classic ~ purple label	150mL	12	½	0-65493-06001-6		K
6002	Classic ~ purple label	475mL	12	½	0-65493-06002-3		K
6003	Classic ~ purple label	950mL	12	½	0-65493-06003-0		K
6005	Organic wheat-free ~ green label	475mL	12	½	0-65493-06005-4	O	K
6006	Organic wheat-free ~ green label	950mL	12	½	0-65493-06006-1	O	K
6008	Organic ~ blue label	475mL	12	½	0-65493-06008-5	O	K
6009	Organic ~ blue label	950mL	12	½	0-65493-06009-2	O	K

MISO

6150	Mame ~ soybean	300g	12	½	0-65493-06150-1		K
6173	Hatcho ~ unpasteurized soybean	300g	12	½	0-65493-06173-0		K

ORGANIC MISO

6160	Genmai ~ soybean & brown rice	300g	6	C	0-65493-06160-0	O	K
6161	Shiro ~ soybean & white rice	300g	6	C	0-65493-06161-7	O	K

MITOKU ~ INSTANT MISO SOUP



ALIMENTS
KOYO
FOODS INC.

NOTES	KOYO ORDER CODE	DESCRIPTION	SIZE	U/C	MINIMUM ORDER	UPC #	CODE
	6193	Red miso with wakame	40g	6	C	0-21009-11730-8	
	6194	Mellow white with tofu	40g	6	C	0-21009-11728-5	
		DRIED SEAWEEDS					
	6256	Arame	50g	10	½	0-65493-06252-2	K
	6272	Wakame	50g	10	½	0-65493-06260-7	
	6276	Kombu	50g	10	½	0-65493-06276-8	
	6296	Kombu seaweed salad	12g	6	C	0-65493-06296-6	
	6260	Nori ~ 10 sheets	25g	6	C	0-65493-06272-0	
	6360	Sushi nori ~ 7 sheets	15g	12	½	0-65493-06360-4	
		AGAR-AGAR					
	6263	Flakes	28g	10	½	0-65493-06263-8	
	6267	Bars ~ 2 bars	15g	10	½	0-65493-06267-6	
		AGAR-AGAR <u>IN BULK</u>					
	6264	Flakes	910g	1	U	N/A	
		DRIED SEAWEEDS <u>IN BULK</u>					
	6361	Sushi nori ~ 50 sheets	190g	1	U	0-65493-06361-1	
		MITOKU ~ DRIED SEAWEEDS					
	6285	Kizami nori ~ fine cut nori	10g	10	½	0-21009-13013-0	
	6287	Sushi nori ~ 7 roasted sheets	17g	12	½	0-21009-13022-2	
	6289	Ao-nori flakes	17g	10	½	0-21009-13102-1	
	6290	Nori strips ~ spicy	13.5g	10	½	0-21009-13003-1	
		MITOKU ~ DRIED SEAWEEDS <u>IN BULK</u>					
	6257	Arame	1Kg	1	U	0-21009-12301-9	K
	6279	Kombu	1Kg	1	U	0-21009-13511-1	K
	6294	Sushi nori ~ 50 roasted sheets	190g	1	U	0-21009-13017-8	
		ORGANIC NOODLES					
	6420	Fine udon	227g	12	½	8-13551-00102-6	O
	6421	Round udon	227g	12	½	8-13551-00103-3	O
	6423	Soba	227g	12	½	8-13551-00110-1	O
	6424	Udon	227g	12	½	8-13551-00101-9	O
		ORGANIC RAMEN NOODLES					
	6430	Mushroom ~ 89% organic	57g	12	C	0-65493-06430-4	O
	6431	Seaweed ~ 89% organic	57g	12	C	0-65493-06431-1	O
	6432	Tofu and miso ~ 89% organic	57g	12	C	0-65493-06432-8	O
	6433	Asian vegetables ~ 88% organic	60g	12	C	0-65493-06433-5	O
	6434	Lemongrass ginger ~ 88% organic	60g	12	C	0-65493-06434-2	O
	6435	Garlic pepper ~ 88% organic	60g	12	C	0-65493-06435-9	O
	6436	Soba ramen ~ 89% organic	60g	12	C	0-65493-06436-6	O
		ORGANIC RAMEN NOODLES					
		~ REDUCED SODIUM					
	6437	Asian vegetables ~ 92% organic	60g	12	C	0-65493-06437-3	O
	6438	Garlic pepper ~ 92% organic	60g	12	C	0-65493-06438-0	O

**SPECIAL
ORDER ITEM**



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FOODS INC.

NOTES	KOYO ORDER CODE	DESCRIPTION	SIZE	U/C	MINIMUM ORDER	UPC #	CODE
	6439	Tofu and miso ~ 92% organic MITOKU ~ ORGANIC TEAS	60g	12	C	0-65493-06439-7	O
	6519	Kukicha ~ roasted twig tea ~ loose leaf	85g	12	½	0-21009-14119-8	O K
	6522	Kukicha ~ roasted twig tea ~ 10 tea bags	20g	12	½	0-21009-14120-4	O K
	6530	Sencha ~ green tea ~ 10 tea bags	20g	12	½	0-21009-14204-1	O K
	6531	Sencha ~ green tea ~ loose leaf	85g	12	½	0-21009-14201-0	O K
	6540	Hojicha ~ roasted leaf tea ~ 10 tea bags MITOKU ~ ORGANIC TEAS ~ IN BULK	20g	12	½	0-21009-14308-6	O K
SPECIAL ORDER ITEM	6521	Kukicha ~ roasted twig tea ~ loose leaf	1Kg	1	U	0-21009-14102-0	O K
	6532	Sencha ~ green tea ~ loose leaf PICKLES	1Kg	1	U	0-21009-14202-7	O K
	6641	Umeboshi ~ pickled plums	200g	12	½	0-65493-06641-4	
	6664	Organic umeboshi ~ pickled plums	100g	12	½	0-65493-06664-3	O K
	6645	Umeboshi ~ pickled plum paste	200g	12	½	0-65493-06645-2	
	6668	Organic umeboshi ~ pickled plum paste MITOKU ~ PICKLES	200g	12	½	0-65493-06668-1	O
	6651	Daikon ~ pickled white radish	200g	12	½	0-21009-27004-1	
	6658	Sushi ginger ~ lightly pickled ginger root MITOKU ~ PICKLES IN BULK	50g	20	¼	0-21009-27007-2	
SPECIAL ORDER ITEM	6643	Umeboshi ~ pickled plums	11Kg	1	U	0-21009-14713-8	
	6647	Umeboshi ~ pickled plum paste	12Kg	1	U	N/A	K
	6665	Organic umeboshi ~ pickled plums CONDIMENTS	1Kg	1	U	0-21009-17907-8	O K
	6773	Mirin ~ liquid seasoning	150mL	12	½	0-65493-06773-2	K
	6774	Mirin ~ liquid seasoning MITOKU ~ CONDIMENTS	475mL	12	½	0-65493-06774-9	K
	6820	Tekka ~ hatcho miso & dried vegetables	80g	12	½	0-21009-21005-4	
	6840	Wasabi powder ~ japanese horseradish VINEGARS	25g	6	C	0-21009-22902-5	K
	6735	Organic genmai-su ~ brown rice vinegar	150mL	12	½	0-65493-06735-0	O K
	6736	Organic genmai-su ~ brown rice vinegar	475mL	12	½	0-65493-06736-7	O K
	6785	Ume-su ~ plum vinegar	150mL	12	½	0-65493-06785-5	K
	6786	Ume-su ~ plum vinegar MITOKU ~ VINEGAR IN BULK	475mL	12	½	0-65493-06786-2	K
SPECIAL ORDER ITEM	6783	Ume-su ~ plum vinegar OIL	20L	1	U	N/A	
	6751	Toasted sesame oil	250mL	12	½	0-65493-06751-0	
	6752	Toasted sesame oil OIL IN BULK	500mL	12	½	0-65493-06752-7	
SPECIAL ORDER ITEM	6753	Toasted sesame oil SEA SALT	1.8L	1	U	0-21009-19102-5	
	6811	Amashio ~ japanese sea salt	250g	12	½	0-65493-06811-1	



ALIMENTS

KOYO
FOODS INC.

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SPECIAL ORDER ITEM	6812	Amashio ~ japanese sea salt SEA SALT IN BULK	500g	12	½	0-65493-06812-8	
	6814	Amashio ~ japanese sea salt MITOKU ~ ORGANIC KUZU	20Kg	1	U	N/A	
SPECIAL ORDER ITEM	6920	Kuzu ~ wild japanese arrowroot MITOKU ~ DRIED PRODUCTS KUZU IN BULK	100g	12	½	0-21009-20003-1	G O K
	6921	Kuzu ~ wild japanese arrowroot MAGNESIUM CHLORIDE	5Kg	1	U	N/A	G K
PRICE ↓ SPECIAL ORDER ITEM	7295	Magnesium chloride for tofu MAGNESIUM CHLORIDE IN BULK	250g	1	U	0-65493-07295-8	T
	7296	Magnesium chloride for tofu COOKWARE	20kg	1	U	N/A	
	7526	Suribachi (earthenware mortar)	17cm	1	U	N/A	T
	7532	Surikogi (wooden pestle) #8	25cm	1	U	4571101-554038	T
	7561	Bamboo sushi mat		1	U	0-65493-07561-4	T
	7564	Tawashi (vegetable brush)		1	U	4971871-101010	T

AÇAÍ ROOTS

ORGANIC AÇAÍ DESSERTS

❄️	7005	Sorbet	473mL	8	C	8-98685-00109-8	O
		ORGANIC SMOOTHIE POUCH					
❄️	7007	Pure açai ~ unsweetened	4x100g	16	½	8-98685-00112-8	G O K

ALEXIA

POTATO PRODUCTS

❄️	8381	Sweet potato fries with sea salt	425g	12	½	8-34183-00411-7	K
❄️	8380	Crispy onion rings with sea salt	340g	12	½	8-34183-00405-6	
❄️	8392	Seasoned waffle fries cut	567g	12	½	8-34183-00454-4	K
❄️	8382	Sweet potato crispy bite sized puffs	567g	12	½	8-34183-00458-2	

ALO

ALOE VERA BEVERAGE ~ 1.5L

7027	Allure ~ mangosteen & mango	1.5L	6	C	8-12475-01165-4	G
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ALOE VERA BEVERAGE ~ 500ML

7029	Comfort ~ watermelon & peach	500mL	12	C	8-12475-01229-3	G
7030	Exposed ~ original	500mL	12	C	8-11955-01101-6	G
7031	Awaken ~ wheatgrass	500mL	12	C	8-11955-01103-0	G
7033	Allure ~ mangosteen & mango	500mL	12	C	8-12475-01225-5	G
7034	Appeal ~ pomelo, pink grapefruit & lemon	500mL	12	C	8-12475-01227-9	G
7035	Spring ~ mixed berry	500mL	12	C	8-12475-01231-6	G
7039	Crisp ~ fuji apple & pear	500mL	12	C	8-12475-01230-9	G



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AMANO

ORGANIC UNPASTEURIZED MISO

≡	6220	Shiro miso (white)	400g	12	½	0-67334-07001-7	O K
≡	6221	Aka miso (red)	400g	12	½	0-67334-07002-4	O K
≡	6222	Genmai miso (brown rice)	400g	12	½	0-67334-07003-1	O K
≡	6223	Mugi miso (barley)	400g	12	½	0-67334-07004-8	O K

AMYCO

DRIED MUSHROOMS

5900	Morel	20g	6	C	6-28055-03516-9
5902	King bolete (Porcini)	20g	6	C	6-28055-03518-3
5903	Oyster mushroom	20g	6	C	6-28055-03507-7
5904	Shiitake	20g	6	C	6-28055-03508-4
5905	Forest mix	20g	6	C	6-28055-03515-2
5906	Black trumpet	20g	6	C	6-27843-14777-0
5907	Chanterelles	20g	6	C	6-27843-14774-9
5908	Pine Mushroom (Matsutake)	20g	6	C	6-27843-14772-5

AMY'S KITCHEN

LASAGNA

	8705	Vegetable	269g	12	½	0-42272-90032-9	O K
	8710	Vegetable ~ gluten free & dairy free	255g	12	½	0-42272-90814-1	G O K

WHOLE MEAL ~ GLUTEN FREE

	8754	Cheese enchilada with beans & corn	255g	12	½	0-42272-90057-2	G O K
	8715	Veggie loaf ~ mashed potatoes & vegetables	284g	12	½	0-42272-90053-4	G O K

INDIAN MEALS ~ GLUTEN FREE

	8712	Palak paneer	283g	12	½	0-42272-90059-6	G O K
	8714	Mattar paneer	284g	12	½	0-42272-90058-9	G O K
	8716	Vegetable korma	269g	12	½	0-42272-90250-7	G O K

BOWLS ~ GLUTEN FREE

	8764	3 cheese & kale bake bowl	241g	12	½	0-42272-91056-4	G O K
	8766	Mexican casserole bowl	269g	12	½	0-42272-90163-0	G O K

BOWLS

	8767	Spinach & ricotta cheese ravioli	241g	12	½	0-42272-91129-5	O K
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MACARONI & CHEESE

	8703	With aged cheddar cheese	255g	12	½	0-42272-90030-5	O K
	8704	Rice mac & cheese ~ gluten free	255g	12	½	0-42272-90045-9	G O K
	8709	Rice macaroni & cheese ~ dairy free, gluten free	227g	12	½	0-42272-90043-5	G O K

PIZZAS

	8722	Cheese pizza	369g	8	½	0-42272-90101-2	O K
	8723	Spinach pizza	397g	8	½	0-42272-90102-9	O K



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	❄️ 8728	Margherita pizza	369g	8	½	0-42272-90199-9	O K
	❄️ 8730	Supreme pizza ~ dairy free	369g	8	½	0-42272-91245-2	O K
		BURRITOS					
	❄️ 8706	Bean & rice burrito	170g	12	C	0-42272-90070-8	O K
	❄️ 8707	Bean rice & cheese burrito	170g	12	C	0-42272-90071-5	O K
	❄️ 8745	Black bean burrito	170g	12	C	0-42272-90073-9	O K
	❄️ 8719	Vietnamese bahn mi burrito	170g	12	C	0-42272-91238-4	O K
	❄️ 8721	Greek spanakopita burrito	170g	12	C	0-42272-91237-7	O K
		BURRITOS ~ GLUTEN FREE					
	❄️ 8747	Bean & cheese burrito	156g	12	C	0-42272-90353-5	G O K
	❄️ 8748	Bean & rice burrito (non dairy)	156g	12	C	0-42272-90352-8	G O K
		WRAPS ~ GLUTEN FREE					
	❄️ 8749	Tofu scramble breakfast wrap	156g	12	C	0-42272-90807-3	G O K
		ORG. CANNED SOUPS ~ GLUTEN FREE					
	5859	Quinoa, kale & red lentil	398mL	12	½	0-42272-90669-7	G O K
	5860	Golden lentil dal	398mL	12	½	0-42272-90593-5	G O K
	5880	Lentil	398mL	12	½	0-42272-90502-7	G O K
	5890	Lentil vegetable	398mL	12	½	0-42272-90535-5	G O K
	5862	Hearty french country vegetable	398mL	12	½	0-42272-90591-1	G O K
	5863	Chunky vegetable	398mL	12	½	0-42272-90540-9	G O K
	5864	Fire roasted southwestern vegetable	398mL	12	½	0-42272-90547-8	G O K
	5870	Tomato bisque	398mL	12	½	0-42272-90536-2	G O K
	5884	Cream of tomato	398mL	12	½	0-42272-90501-0	G O K
	5885	Black bean vegetable	398mL	12	½	0-42272-90504-1	G O K
	5886	Split pea	398mL	12	½	0-42272-90505-8	G O K
	5891	Mushroom bisque with porcini	398mL	12	½	0-42272-90626-0	G O K
	5892	Carrot Ginger	398mL	12	½	0-42272-90740-3	G O K
		ORG. CANNED SOUPS					
	5881	No chicken noodle	398mL	12	½	0-42272-90503-4	O K
	5882	Minestrone	398mL	12	½	0-42272-90507-2	O K
	5883	Cream of mushroom	398mL	12	½	0-42272-90506-5	O K
	5887	Vegetable barley	398mL	12	½	0-42272-90508-9	O K
	5888	Alphabet	398mL	12	½	0-42272-90514-0	O K
	5889	Butternut squash	398mL	12	½	0-42272-90534-8	O K
		ORG. CANNED SOUPS					
		~ LOWER IN SODIUM & GLUTEN FREE					
	5865	Lentil	398mL	12	½	0-42272-90583-6	G O K
	5866	Minestrone	398mL	12	½	0-42272-90585-0	G O K
	5868	Lentil vegetable	398mL	12	½	0-42272-90582-9	G O
	5867	Tomato bisque	398mL	12	½	0-42272-90586-7	G O K
	5869	Split pea	398mL	12	½	0-42272-90584-3	G O K



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ORG. CHILI ~ GLUTEN FREE

5878	Medium with vegetables	398mL	12	½	0-42272-90511-9	G O	K
5879	Spicy chili	398mL	12	½	0-42272-90512-6	G O	K

 ATLANTIC MARICULTURE**ORGANIC SEAWEED**

6301	Dulse	40g	12	½	0-67835-77405-6	O	
6302	Roasted seaweed flakes	40g	9	C	0-67835-77406-3	O	

BENTILIA**PLANT BASED LENTIL PASTA**

7010	Red lentil penne	227g	6	C	6-28055-20921-8	G	K
7011	Red lentil rotini	227g	6	C	6-28055-20920-1	G	K
7012	Red lentil small macaroni	227g	6	C	6-28055-20925-6	G	K
7013	Green lentil large macaroni	227g	6	C	6-28055-20926-3	G	K

 BLUE MONKEY**COCONUT WATER IN CAN ~ 330ML**

4170	Pure coconut water	330mL	24	C	0-59654-17003-4	G	
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COCONUT WATER IN CAN ~ 520ML

4168	Pure coconut water	520mL	24	C	0-59654-17001-0	G	
4169	Pure coconut water with pulp	520mL	24	C	0-59654-17002-7	G	

ORG COCONUT WATER

4189	Pure coconut water ~ 1L in tetra pak	1L	12	C	0-59654-22222-1	G O	
4184	Pure coconut water ~ 500mL in can	500mL	12	C	0-59654-13333-6	G O	

ORGANIC COCONUT CREAM

4185	Coconut cream	400mL	24	C	0-59654-33001-8	G O	
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COCONUT MILK DRINK ~ TETRA

4188	Coconut milk drink	1L	12	C	0-59654-18001-9		
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SPARKLING COCONUT WATER IN CAN

4160	Mango	330mL	12	C	0-59654-41003-1	G	T
4161	Key lime	330mL	12	C	0-59654-41004-8	G	T
4162	Watermelon	330mL	12	C	0-59654-41005-5	G	T
4163	Passion fruit	330mL	12	C	0-59654-41006-2	G	T
4164	Yuzu	330mL	12	C	0-59654-41007-9	G	T

SPARKLING TROPICAL JUICE IN CAN

4100	Mango	330mL	12	C	0-59654-53001-2	G	T
4101	Watermelon with ginger & lime	330mL	12	C	0-59654-57001-8	G	T
4102	Papaya	330mL	12	C	0-59654-54001-1	G	T
4103	Passion Fruit	330mL	12	C	0-59654-55001-0	G	T
4104	Guava	330mL	12	C	0-59654-56001-9	G	T



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	4105	Yuzu	330mL	12	C	0-59654-58001-7	G T
	4106	Watermelon 55%	330mL	12	C	0-59654-52001-3	G T
		WATERMELON JUICE IN CAN					
	4167	100% watermelon juice	330mL	12	C	0-59654-51001-4	
		WATERMELON JUICE IN TETRA					
	4190	100% watermelon juice	1L	12	C	0-59654-50001-5	

BOB'S RED MILL

BAKING AIDS

CHANGED ±	4857	Active dry yeast	227g	5	C	0-39978-32501-3	G	K
	4860	Arrowroot starch/flour	454g	4	C	0-39978-33505-0	G	K
CHANGED	4861	Baking powder	397g	4	C	0-39978-31392-8	G	K
CHANGED	4862	Baking soda	454g	4	C	0-39978-32391-0	G	K
	4914	Coconut flakes unsweetened	284g	4	C	0-39978-32581-5		K
	4863	Corn starch	510g	4	C	0-39978-32583-9	G	K
CHANGED	4870	Egg replacer - gluten free	340g	5	C	0-39978-30620-3	G	K
CHANGED	4868	Guar gum	227g	5	C	0-39978-31554-0	G	K
	4866	Nutritional yeast - large flakes	142g	6	C	0-39978-32546-4	G	K
	4864	Potato starch	624g	4	C	0-39978-32525-9	G	K
	4915	Shredded coconut ~ unsweetened	340g	4	C	0-39978-33578-4		K
	4979	Tapioca flour	454g	4	C	0-39978-32536-5	G	K
	4869	Xanthan gum	227g	6	C	0-39978-35555-3	G	K

NUT FLOUR

	4934	Almond flour ~ blanched almonds	907g	4	C	0-39978-33381-0	G	K
	4945	Almond flour ~ blanched almonds	453g	4	C	0-39978-34381-9	G	K
	4971	Natural almond flour	453g	4	C	0-39978-33380-3	G	K
	4984	Organic coconut flour	453g	4	C	0-39978-32815-1	G O	K

GLUTEN FREE FLOUR & MEALS

	5011	1 to 1 baking flour	624g	4	C	0-39978-34453-3	G	K
	5012	1 to 1 baking flour	1.24Kg	4	C	0-39978-35453-2	G	K
	5017	1 to 1 baking flour	1.8kg	4	C	0-39978-36453-1	G	K
	4955	All purpose baking flour	624g	4	C	0-39978-33452-7	G	K
	4982	All purpose baking flour	1.24Kg	4	C	0-39978-34452-6	G	K
	4974	Brown rice flour	680g	4	C	0-39978-30315-8	G	K
	4983	Brown rice flour ~ organic	680g	4	C	0-39978-30974-7	G O	K
	4970	Cassava flour	567g	4	C	0-39978-30178-9	G	K
CHANGED	4851	Corn flour	624g	4	C	0-39978-00229-7	G	K
	4956	Garbanzo & fava bean flour	623g	4	C	0-39978-30457-5	G	K
CHANGED	4954	Chickpea flour	454g	4	C	0-39978-00240-2	G	K
	4944	Millet flour	652g	4	C	0-39978-30310-3	G	K
	4967	Organic quinoa flour	510g	4	C	0-39978-35320-7	G O	K
	5146	Paleo baking flour	454g	4	C	0-39978-33349-0	G	K



NOTES	KOYO ORDER CODE	DESCRIPTION	SIZE	U/C	MINIMUM ORDER	UPC #	CODE
	5147	Paleo baking flour	907g	4	C	0-39978-34349-9	G K
	4973	Potato flour	680g	4	C	0-39978-30312-7	G K
CHANGED	4924	Sweet white rice flour	680g	4	C	0-39978-00244-0	G K
	4957	Sweet white sorghum flour	623g	4	C	0-39978-30642-5	G K
CHANGED	4980	Teff flour	567g	4	C	0-39978-00239-6	G K
CHANGED	4975	White rice flour	680g	4	C	0-39978-00198-6	G K
CHANGED	5072	Whole grain oat flour	510g	4	C	0-39978-00227-3	G K
		FLOUR & MEALS					
	5103	All purpose flour ~ unbleached white	2.27Kg	4	C	0-39978-33301-8	K
	4951	Cornmeal medium	680g	4	C	0-39978-30304-2	K
CHANGED	4988	Cornmeal medium - organic	680g	4	C	0-39978-00214-3	O K
	4949	Masa harina corn flour	680g	4	C	0-39978-30335-6	K
	4961	Organic buckwheat flour	623g	4	C	0-39978-30302-8	O K
CHANGED	5077	Organic spelt flour	567g	4	C	0-39978-00210-5	O K
CHANGED	4976	Semolina flour	680g	4	C	0-39978-00213-6	K
		GRAIN FREE MIXES					
	5007	Blueberry muffin mix	255g	5	C	0-39978-00300-3	G K
	5008	Chocolate cake mix	300g	5	C	0-39978-00318-8	G K
	5009	Brownie mix	340g	5	C	0-39978-00322-5	G K
	5010	Flatbread mix	200g	5	C	0-39978-00329-4	G K
		GLUTEN FREE MIXES					
CHANGED	5019	Brownie mix	595g	4	C	0-39978-00200-6	G K
CHANGED	5028	Chocolate chip cookie mix	624g	4	C	0-39978-0207-5	G K
CHANGED	5029	Cornbread mix	567g	4	C	0-39978-00199-3	G K
	5031	Hearty whole grain bread mix	566g	4	C	0-39978-30455-1	G K
CHANGED	5018	Muffin mix	454g	4	C	0-39978-00226-6	G K
CHANGED	5013	Pie crust	454g	4	C	0-39978-00224-2	G K
	5032	Pizza crust	453g	4	C	0-39978-30394-3	G K
		OATS ~ GLUTEN FREE					
	5046	Extra thick rolled oats	907g	4	C	0-39978-33374-2	G K
	5068	Oat bran cereal	454g	4	C	0-39978-32378-1	G K
	5049	Old fashioned rolled oats	907g	4	C	0-39978-32375-0	G K
	5047	Quick-cooking rolled oats	794g	4	C	0-39978-32376-7	G K
	5045	Scottish oatmeal	567g	4	C	0-39978-32372-9	G K
	5048	Steel cut oats	680g	4	C	0-39978-32373-6	G K
		ORGANIC OATS ~ GLUTEN FREE					
	5143	Extra thick rolled oats	907g	4	C	0-39978-32386-6	G O K
	5144	Old fashioned rolled oats	907g	4	C	0-39978-32387-3	G O K
	5145	Quick cooking oats	794g	4	C	0-39978-32388-0	G O K
	5142	Steel cut oats	680g	4	C	0-39978-32385-9	G O K
		ORGANIC OATS					
	5065	Extra thick rolled oats	454g	4	C	0-39978-34954-5	O K



NOTES	KOYO ORDER CODE	DESCRIPTION	SIZE	U/C	MINIMUM ORDER	UPC #	CODE
	5063	Extra thick rolled oats	907g	4	C	0-39978-35954-4	O K
	5058	Oat bran cereal	510g	4	C	0-39978-32955-4	O K
	5061	Old fashioned rolled oats	454g	4	C	0-39978-34952-1	O K
	5062	Old fashioned rolled oats	907g	4	C	0-39978-35952-0	O K
	5059	Quick-cooking rolled oats	454g	4	C	0-39978-33953-9	O K
	5060	Quick-cooking rolled oats	907g	4	C	0-39978-34953-8	O K
	5064	Scottish oatmeal	567g	4	C	0-39978-32956-1	O K
	5066	Steel cut oats	680g	4	C	0-39978-32957-8	O K
	OATS						
	5055	Extra thick rolled oats	454g	4	C	0-39978-34155-6	K
	5056	Extra thick rolled oats	907g	4	C	0-39978-35155-5	K
	5051	Scottish oatmeal	567g	4	C	0-39978-34121-1	K
	5057	Steel cut oats	680g	4	C	0-39978-34140-2	K
	OATMEAL - MICROWAVABLE CUP						
	5135	Apple cinnamon	67g	12	C	0-39978-30184-0	G K
	5136	Blueberry hazelnut	71g	12	C	0-39978-31184-9	G K
	5137	Classic	51g	12	C	0-39978-32184-8	G K
	5138	Maple brown sugar	61g	12	C	0-39978-33184-7	G K
	MUESLI						
	4894	Muesli ~ gluten free	453g	4	C	0-39978-32366-8	G K
	4888	Old country style	510g	4	C	0-39978-34103-7	K
	5149	Paleo style ~ gluten free	396g	4	C	0-39978-30350-9	G K
	5150	Tropical ~ gluten free	396g	4	C	0-39978-30368-4	G K
	GRAINS & SEEDS						
	4999	Hulled millet	793g	4	C	0-39978-30406-3	G K
CHANGED	4997	Organic buckwheat groats	454g	4	C	0-39978-00189-4	G O K
CHANGED	5005	Organic farro	680g	4	C	0-39978-00211-2	O K
CHANGED	4918	Organic quinoa grain ~ tricolour	369g	5	C	0-39978-32946-2	G O K
	4995	Organic quinoa grain ~ white	737g	4	C	0-39978-34323-9	G O K
CHANGED	4916	Organic quinoa grain ~ white	369g	5	C	0-39978-33323-0	G O K
	5006	Whole grain sorghum grain	680g	4	C	0-39978-30643-2	G K
CHANGED	4996	Whole grain teff	680g	4	C	0-39978-00255-6	G K
	5140	Yellow popcorn	850g	4	C	0-39978-32307-1	K
	SEEDS						
CHANGED	5002	Chia seeds ~ organic	340g	5	C	0-39978-30844-3	O K
	4952	Flaxseed meal	453g	4	C	0-39978-33330-8	G K
	4953	Flaxseed meal	907g	4	C	0-39978-34330-7	G K
	4962	Flaxseed meal ~ organic	453g	4	C	0-39978-33937-9	G O K
	4964	Flaxseed meal ~ organic golden	453g	4	C	0-39978-33940-9	G O K
CHANGED	4991	Flaxseeds ~ brown	368g	4	C	0-39978-33620-0	G K
CHANGED	4992	Flaxseeds ~ organic brown	368g	4	C	0-39978-32936-3	G O K
CHANGED	5001	Hulled hemp seeds	227g	5	C	0-39978-32596-9	K



ALIMENTS
KOYO
FOODS INC.

NOTES	KOYO ORDER CODE	DESCRIPTION	SIZE	U/C	MINIMUM ORDER	UPC #	CODE
CHANGED		PANCAKE MIX					
	5025	Pancake / waffle mix ~ 10 grain	680g	4	C	0-39978-32204-3	K
	5026	Pancake / waffle mix ~ buckwheat	680g	4	C	0-39978-31881-7	K
	5027	Pancake / waffle mix ~ buttermilk	680g	4	C	0-39978-32880-9	K
	5024	Pancake / waffle mix ~ paleo	368g	4	C	0-39978-00185-6	G K
	5021	Pancake mix	680g	4	C	0-39978-32462-7	G K
		CEREALS					
	4884	"Creamy rice" brown rice farina	737g	4	C	0-39978-00121-4	G K
	4883	10 grain	709g	4	C	0-39978-00119-1	K
	4880	5 grain rolled	454g	4	C	0-39978-00115-3	K
CHANGED	4882	8 grain - gluten free	709g	4	C	0-39978-00118-4	G K
	4889	Mighty tasty hot cereal	680g	4	C	0-39978-00117-7	G K
	4896	Organic creamy buckwheat	510g	4	C	0-39978-00106-1	G O K
	4905	Wheat bran	226g	4	C	0-39978-34321-5	K
	4907	Wheat germ	340g	4	C	0-39978-31150-4	K
		ENTREES					
	4936	13 beans soup mix	822g	4	C	0-39978-00127-6	K
	4932	Golden couscous	680g	4	C	0-39978-30584-8	K
	4935	Organic corn grits / polenta	680g	4	C	0-39978-30919-8	O K
	4930	Red bulgur - cracked whole grain wheat	680g	4	C	0-39978-00248-8	K
	4939	Tvp ~ textured veg protein ~ gluten free	340g	4	C	0-39978-00129-0	G K
	4937	Vegi soup mix	794g	4	C	0-39978-00128-3	K
	4958	Vital wheat gluten flour	623g	4	C	0-39978-34322-2	K
		DISPLAY					
	5079	Empty shipper (can hold 8 CS)	--	1	U	N/A	
		PRODUCTS UNDERGOING CHANGES					
		BAKING AIDS					
	4866	Nutritional yeast - large flakes	142g	4	C	0-39978-32546-4	G K
	4869	Xanthan gum	227g	5	C	0-39978-35555-3	G K
		FLOUR & MEALS					
COMING SOON	4951	Commeal medium	680g	4	C	0-39978-00196-2	K
	4961	Organic buckwheat flour	624g	4	C	0-39978-00187-0	O K
		GLUTEN FREE FLOUR & MEALS					
	4974	Brown rice flour	680g	4	C	0-39978-00197-9	G K
		GLUTEN FREE MIXES					
	5032	Pizza crust	454g	4	C	0-39978-00208-2	G K
		GLUTEN FREE FLOUR & MEALS					
	4983	Brown rice flour ~ organic	680g	4	C	0-39978-00242-6	G O K
	4956	Garbanzo & fava bean flour	624g	4	C	0-39978-00228-0	G K
	4944	Millet flour	567g	4	C	0-39978-00243-3	G K
SOON	4973	Potato flour	680g	4	C	0-39978-00238-9	G K



ALIMENTS
KOYO
FOODS INC.

NOTES	KOYO ORDER CODE	DESCRIPTION	SIZE	U/C	MINIMUM ORDER	UPC #	CODE
COMING SOON ***	4957	Sweet white sorghum flour FLOUR & MEALS	624g	4	C	0-39978-00234-1	G K
	4949	Masa harina corn flour GRAINS & SEEDS	624g	4	C	0-39978-00215-0	K
	4999	Hulled millet	794g	4	C	0-39978-00253-2	G K
	5006	Whole grain sorghum grain CEREALS	680g	4	C	0-39978-00254-9	G K
	4905	Wheat bran	227g	4	C	0-39978-00217-4	K
	4907	Wheat germ ENTREES	340g	4	C	0-39978-00216-7	K
	4932	Gloden couscous	680g	4	C	0-39978-00258-7	K
	4935	Organic corn grits / polenta	680g	4	C	0-39978-00257-0	O K
	4958	Vital wheat gluten flour	567g	4	C	0-39978-00212-9	K

BRAGG

ORGANIC VINEGAR IN GLASS BOTTLE

3965 Organic apple cider vinegar 473mL 12 ½ 0-74305-10116-8 O K

3966 Organic apple cider vinegar 946mL 12 ½ 0-74305-10132-8 O K

LIQUID SOY SEASONING

3961 Liquid soy seasoning 473mL 12 ½ 0-74305-10016-1 G K

3962 Liquid soy seasoning 946mL 12 ½ 0-74305-10032-1 G K

ORGANIC SOY FREE ALL PURPOSE SEASONING

3969 Coconut nectar 296mL 12 ½ 0-74305-10610-1 G O K

CASA VERDI

VINEGAR IN GLASS BOTTLE

4030 Organic apple cider vinegar 500ml 12 ½ 8-004985-50733-4 O

4031 Apple cider vinegar 500ml 12 ½ 8-004985-50734-1

CESARES



ALIMENTS

KOYO
FOODS INC.

NOTES	KOYO ORDER CODE	DESCRIPTION	SIZE	U/C	MINIMUM ORDER	UPC #	CODE
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SNACKS

7880 Chestnuts ~ roasted & peeled 150g 24 ½ 8-19377-00012-0 G

 CITY SNACKS**FREEZE DRIED FRUIT SNACKS**

7870 Banana & strawberry 17g 8 C 8-19377-00824-9 G T
 7871 Pineapple 16g 8 C 8-19377-00819-5 G
 7872 Peach 15g 8 C 8-19377-00821-8 G
 7873 Pear 15g 8 C 8-19377-00823-2 G
 7874 Apple 18g 8 C 8-19377-00822-5 G
 7875 Banana 20g 8 C 8-19377-00820-1 G
 7876 Strawberry 11g 8 C 8-19377-00818-8 G

COCONUT BLISS**CUPS OF JOY ~ ORGANIC DESSERTS**

 9398 Madagascan vanilla bean 4x106mL 6 C 8-51499-00674-1 G O T K
 9399 Dark chocolate 4x106mL 6 C 8-51499-00675-8 G O T K

ORGANIC DESSERTS

 9394 Legendary cookie dough 473mL 8 C 8-51499-00676-5 G O T K
 9355 Madagascan vanilla bean 473mL 8 C 8-96767-00130-1 G O T K
 9363 Sea salt caramel + chocolate 473mL 8 C 8-96767-00167-7 G O T K
 9352 Dark chocolate 473mL 8 C 8-96767-00127-1 G O T K
 9360 Chocolate peanut butter 473mL 8 C 8-96767-00148-6 G O T K
 9351 Chocolate hazelnut decadence 473mL 8 C 8-96767-00126-4 G O T K
 9397 Golden banana brownie swirl 473mL 8 C 8-51499-00659-8 G O T K
 9362 Mint chip galactica 473mL 8 C 8-96767-00166-0 G O T K
 9348 Chocolate walnut brownie 473mL 8 C 8-96767-00188-2 G O T K
 9353 Infinite coconut 473mL 8 C 8-96767-00128-8 G O T K
 9361 Peruvian mocha crunch 473mL 8 C 8-96767-00150-9 G O T K

ORG. COOKIE SANDWICH DESSERT ~ GLUTEN FREE

 9396 Vanilla 155ml 12 C 8-96767-00677-2 G O T K

COLD MOUNTAIN**MISO**

≡ 6232 Mellow red miso 397g 6 C 8-13074-00170-1 G K
 ≡ 6235 Mellow white miso 397g 6 C 8-13074-00171-8 G K
 ≡ 6233 Kyoto red miso (low sodium) 397g 6 C 8-13074-00168-8 G K
 ≡ 6234 Kyoto white miso (low sodium) 397g 6 C 8-13074-00169-5 G K
 ≡ 6236 Light yellow miso 397g 6 C 8-13074-00172-5 G K
 ≡ 6237 Red miso 397g 6 C 8-13074-12173-2 G K

 COUNTRY FRESH



NOTES	KOYO ORDER CODE	DESCRIPTION	SIZE	U/C	MINIMUM ORDER	UPC #	CODE
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SESAME DREAM HONEY SWEETENED NUT TREAT

0830 Sesame wheat free treat 234g 12 ½ 6-20553-10105-6

ORGANIC NUT BUTTER

4364 Sesame tahini 250g 12 ½ 6-20553-10021-9 O

4372 Sesame tahini 500g 12 ½ 6-20553-10111-7 O

DELICIOUS WITHOUT GLUTEN

BREAD LOAFs

 7740 White 450g 6 C 8-38068-00112-3 G K

 7741 Brown 450g 6 C 8-38068-00113-0 G K

 7742 Vegan 450g 6 C 8-38068-00114-7 G K

HAMBURGER BUNS

 7744 Regular 320g 6 C 8-38068-00117-8 G K

 7745 Vegan 320g 6 C 8-38068-00116-1 G K

MISCELLANEOUS BREADS

 7746 Panini bread 372g 6 C 8-38068-00132-1 G K

 7747 Dinner rolls 320g 6 C 8-38068-00133-8 G K

 7748 Baguette 220g 12 ½ 8-38068-00115-4 G K

EARTH BALANCE

TRADITIONAL SPREAD

≡ 8814 Soy free 425g 12 ½ 0-33776-01169-7 G K

≡ 8815 Original 425g 12 ½ 0-33776-01172-7 G K

≡ 8816 Organic 368g 12 ½ 0-33776-01184-0 G O K

≡ 8817 Soy free made with olive oil 368g 6 C 0-33776-01170-0 G K

COOKING & BAKING STICKS

≡ 8820 Vegan 454g 18 ½ 0-33776-01182-6 G K

TRADITIONAL SPREAD ~ 1.3KG

≡ 8819 Original 1.3Kg 6 C 0-33776-01188-8 G K

EARTH ISLAND

VEGENAISE IN BULK

≡ 7944 Original 3.78L 4 C 0-49568-01128-8 G K

VEGENAISE ~ 946ML

≡ 7942 Soy free 946mL 6 C 0-49568-26946-7 G K

≡ 7945 Original 946mL 6 C 0-49568-21946-2 G K

VEGENAISE ~ 473ML

≡ 7955 Avocado oil 473mL 6 C 0-49568-784733-3 G K



NOTES	KOYO ORDER CODE	DESCRIPTION	SIZE	U/C	MINIMUM ORDER	UPC #	CODE
	≡	7949 Soy free	473mL	6	C	0-49568-26016-7	G K
	≡	7953 Organic	473mL	6	C	0-49568-28016-5	G O K
	≡	7951 Grapeseed oil	473mL	6	C	0-49568-22016-1	G K
	≡	7950 Original	473mL	6	C	0-49568-21016-2	G K
	≡	7954 Reduced fat	473mL	6	C	0-49568-24016-9	G K
	≡	7952 Organic Aioli	473mL	6	C	0-49568-77473-2	G O K
		VEGENAISE GOURMET					
	≡	7975 Roasted garlic	355mL	6	C	0-49568-70355-8	G K
	≡	7976 Chipotle	355mL	6	C	0-49568-72355-6	G K
	≡	7977 Pesto	355mL	6	C	0-49568-73355-5	G K
	≡	7980 Sriracha	355mL	6	C	0-49568-76355-2	G K
		VEGENAISE SAUCE					
	≡	7979 Tartar	237mL	6	C	0-49568-75237-2	G K
		VEGAN GOURMET					
	≡	7961 Soy free sour cream	473mL	4	C	0-49568-63454-8	G K
	≡	7962 Dairy free cream cheese	227g	8	C	0-49568-62227-5	G K
		VEGAN CHEESE ~ SHREDS					
	≡	7985 Mozzarella	227g	8	½	0-49568-56227-8	G K
	≡	7986 Cheddar	227g	8	½	0-49568-57227-7	G K
	≡	7987 Fiesta blend	227g	8	½	0-49568-58227-6	G K
	≡	7988 Pizzeria blend	227g	8	½	0-49568-61227-0	G K
		VEGAN PARMESAN CHEESE					
	≡	7997 Shredded	113g	8	½	0-49568-60113-7	G K
	≡	7998 Grated	142g	8	½	0-49568-60142-7	G K
		VEGAN CHEESE ~ SLICES					
	≡	7991 Cheddar	200g	12	½	0-49568-22227-1	G K
	≡	7992 Mozzarella	200g	12	½	0-49568-23227-0	G K
	≡	7995 Smoked gouda	200g	12	½	0-49568-29227-4	K
		VEGANEGG					
	8000	Plant-based egg replacer	114g	8	C	0-49568-47114-3	G K
		VEGAN SALAD DRESSING					
	≡	7965 Reduced fat ranch	355mL	6	C	0-49568-43355-4	G K
	≡	7971 Creamy garlic	355mL	6	C	0-49568-05355-4	G K
	≡	7972 Thousand island	355mL	6	C	0-49568-17355-9	G K
		ORGANIC VEGAN SALAD DRESSING					
	≡	7969 Caesar	355mL	6	C	0-49568-68355-3	G O K
		DAIRY-FREE CHEESE					
NEW	≡	7981 Mozzarella style ~ finely shredded	198g	8	½	0-49568-16198-3	G K
NEW	≡	7982 Cheddar style ~ finely shredded	198g	8	½	0-49568-15198-4	G K
		DAIRY-FREE CRUMBLES					
NEW	≡	7983 Feta style	170g	8	½	0-49568-34172-9	G K
NEW	≡	7984 Bleu cheese style	170g	8	½	0-49568-39170-0	G K



ALIMENTS

KOYO
FOODS INC.

NOTES	KOYO ORDER CODE	DESCRIPTION	SIZE	U/C	MINIMUM ORDER	UPC #	CODE
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NEW**EARTHBOUND FARM****ORGANIC FRUITS**

NEW		9400 Blueberries	300g	12	½	0-32601-02530-4	O
NEW		9401 Dark sweet cherries	300g	12	½	0-32601-02529-8	O
NEW		9402 Strawberries	300g	12	½	0-32601-02528-1	O
NEW		9404 Berry blend	300g	12	½	0-32601-02531-1	O
NEW		9405 Mango chunks	300g	12	½	0-32601 02533-5	O
NEW		9407 Sliced peaches	300g	12	½	0-32601 02535-9	O

ORGANIC VEGETABLES

NEW		9410 Green peas	350g	12	½	0-32601-02522-9	O
NEW		9411 Sweet corn	350g	12	½	0-32601-02526-7	O
NEW		9412 Cut spinach	300g	12	½	0-32601-02524-3	O
NEW		9413 Butternut squash	400g	12	½	0-32601-02525-0	O
NEW		9414 Whole green beans	300g	12	½	0-32601-02521-2	O
NEW		9416 Broccoli	300g	12	½	0-32601-02527-4	O

**EARTH'S OWN****SO FRESH ~ CASHEW BEVERAGE**

4126	Original unsweetened	946mL	12	C	6-26027-31402-1	K
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SO FRESH ~ OAT BEVERAGE ~ 946ML

4130	Original unsweetened	946mL	12	C	6-26027-81402-6	G	K
4131	Vanilla unsweetened	946mL	12	C	6-26027-81404-0	G	K
4132	Barista blend	946mL	12	C	6-26027-81407-1	G	K
4133	Chocolate unsweetened	946mL	12	C	6-26027-81405-7	G	K

SO NICE ~ SOY COFFEE CREAMER

4138	Barista blend	946mL	12	C	6-26027-08770-3	G	K
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**ECHOCLEAN****FABRIC SOFTENER SHEETS**

2763	Lavender	80 sheets	12	½	0-63827-60043-3	T
2764	Vanilla citrus	80 sheets	12	½	0-63827-60042-6	T

EDEN FOODS**ORGANIC BEANS IN A CAN**

3360	Pinto beans	398mL	12	½	0-24182-00350-5	O	K
3362	Garbanzo beans	398mL	12	½	0-24182-00351-2	O	K
3363	Adzuki beans	398mL	12	½	0-24182-00352-9	O	K
3364	Black beans	398mL	12	½	0-24182-00353-6	O	K
3366	Kidney beans	398mL	12	½	0-24182-00354-3	O	K
3367	Navy beans	398mL	12	½	0-24182-00355-0	O	K
3368	White kidney beans (cannellini)	398mL	12	½	0-24182-00358-1	O	K



ALIMENTS
KOYO
FOODS INC.

NOTES	KOYO ORDER CODE	DESCRIPTION	SIZE	U/C	MINIMUM ORDER	UPC #	CODE
SPECIAL ORDER ITEM	3370	Black soy beans, no salt added	398mL	12	½	0-24182-00320-8	O K
	3371	Small red beans	398mL	12	½	0-24182-00356-7	O K
	3373	Black eyed peas	398mL	12	½	0-24182-00357-4	O K
	3374	Great northern beans	398mL	12	½	0-24182-00387-1	O K
	3387	Butter beans	398mL	12	½	0-24182-00359-8	O K
	ORGANIC BEANS IN A CAN (LARGE SIZE)						
	3865	Pinto beans	796mL	12	½	0-24182-28350-1	O K
	3866	Black beans	796mL	12	½	0-24182-28353-2	O K
	3867	Garbanzo beans	796mL	12	½	0-24182-28351-8	O K
	3868	White kidney beans (cannellini)	796mL	12	½	0-24182-28358-7	O K
	3869	Navy beans	796mL	12	½	0-24182-28355-6	O K
	3870	Kidney beans	796mL	12	½	0-24182-28354-9	O K
	3871	Black eyed peas	796mL	12	½	0-24182-00379-6	G O K
	ORGANIC BEANS IN A CAN <u>IN BULK</u>						
	3855	Garbanzo beans	3.06Kg	6	C	0-24182-00263-8	O
	3856	Black beans	3.06Kg	6	C	0-24182-00265-2	O
	3857	Pinto beans	3.06Kg	6	C	0-24182-00262-1	O
	3860	Navy beans	3.06Kg	6	C	0-24182-00267-6	O
	SNACKS						
	3217	Organic pumpkin seeds	113g	15	C	0-24182-02084-7	O K
	3218	Organic spicy pumpkin seeds	113g	15	C	0-24182-02081-6	O K
	ORGANIC PRECOOKED BEANS						
	3396	Baked beans with mustard	398mL	12	½	0-24182-00385-7	O K
	3397	Lentils-onion & bay leaves	398mL	12	½	0-24182-00388-8	O K
	ORGANIC REFRIED BEANS						
	3400	Organic black beans	398mL	12	½	0-24182-00399-4	O K
	3402	Organic kidney beans	398mL	12	½	0-24182-00396-3	O K
	3403	Organic pinto beans	398mL	12	½	0-24182-00398-7	O K
	ORGANIC CHILI						
	3425	Pinto beans & spelt	398mL	12	½	0-24182-00336-9	O K
	ORGANIC TOMATO SAUCES						
	3379	Spaghetti sauce in jars, unsalted	680mL	12	½	0-24182-00318-5	O K
	3376	Pizza & pastas sauce	398mL	12	½	0-24182-00317-8	O K
	5610	Pizza & pasta sauce (amber glass)	398mL	12	½	0-24182-03313-7	O K
	ORGANIC CRUSHED TOMATOES IN AMBER GLASS						
	5608	Crushed tomatoes	680mL	12	½	0-24182-03312-0	O K
	EDENSOY ORGANIC SOY BEVERAGE						
	3461	Original	946mL	12	C	0-24182-02705-1	O K
	3463	Carob	946mL	12	C	0-24182-02515-6	O K
	3466	Unsweetened	946mL	12	C	0-24182-02706-8	O K
	ORGANIC SAUERKRAUT						
	3822	Sauerkraut in jar	796mL	12	½	0-24182-01300-9	O K



NOTES	KOYO ORDER CODE	DESCRIPTION	SIZE	U/C	MINIMUM ORDER	UPC #	CODE
	3818	Sauerkraut in jar	447mL	12	½	0-24182-01304-7	O K
	3819	3 onion sauerkraut in jar	447mL	12	½	0-24182-01306-1	O K
	3820	Kimchi sauerkraut in jar	447mL	12	½	0-24182-01305-4	O K
		CONDIMENTS					
	3844	Wasabi powder in tin can	25g	6	C	0-24182-00218-8	K
		ORGANIC NUT BUTTER					
	4252	Roasted tahini	454g	12	½	0-24182-00392-5	G O
	4253	Roasted black sesame butter	454g	12	½	0-24182-00393-2	G O
		ORGANIC MUSTARD ~ GLASS JAR					
	3845	Brown stone ground mustard	253mL	12	½	0-24182-00312-3	O K
	3847	Yellow stone ground mustard	253mL	12	½	0-24182-00213-3	O K
		ORGANIC MUSTARD ~ SQUEEZE BOTTLE					
	3848	Brown mustard with apple cider vinegar	253mL	12	½	0-24182-00314-7	O K
	3849	Yellow mustard with apple cider vinegar	253mL	12	½	0-24182-00313-0	O K
		GOMASHIO					
	3880	Original sesame shake (with sea salt)	100g	12	½	0-24182-00301-7	K
	3881	Garlic shake (with sea salt)	100g	12	½	0-24182-00305-5	K
	3882	Seaweed shake (with sea salt)	100g	12	½	0-24182-00309-3	K
	3883	Organic black & tan gomashio	100g	12	½	0-24182-00203-4	O K
		SEA SALTS					
	3885	French celtic	397g	12	½	0-24182-00315-4	
	3886	Portuguese	453g	12	½	0-24182-00316-1	
		VINEGAR					
	3951	Org apple cider vinegar (unpasteurised, unfiltered)	473mL	12	½	0-24182-00362-4	O K
	3952	Org apple cider vinegar (unpasteurised, unfiltered)	946mL	12	½	0-24182-00361-1	O K
	3955	Red wine vinegar	473mL	12	½	0-24182-00162-4	
	6790	Brown rice vinegar	148mL	12	½	0-24182-42086-9	K
	6791	Brown rice vinegar	296mL	12	½	0-24182-42087-6	K
	6794	Umeboshi Vinegar	296mL	12	½	0-24182-42590-1	K
		FRUITS					
	4246	Organic apple sauce	398mL	12	½	0-24182-00349-9	O K
	4255	Organic apple butter	482g	12	½	0-24182-00369-7	O K
		FIRST PRESSED OILS					
	4648	Sesame	473mL	12	½	0-24182-00025-2	O K
	4652	Toasted sesame seed	148mL	12	½	0-24182-00030-6	K
	4653	Toasted sesame seed	295mL	12	½	0-24182-42329-7	K
		ORGANIC POPCORN					
	5082	Organic popcorn	566g	12	½	0-24182-03386-1	O K
		ORG 100% WHOLE GRAIN PASTA					
	5643	Kamut & buckwheat rigatoni	340g	6	C	0-24182-11153-8	O K
	5644	Kamut elbows	396g	6	C	0-24182-11157-6	O K
	5619	Kamut spirals	340g	6	C	0-24182-11351-8	O K



NOTES	KOYO ORDER CODE	DESCRIPTION	SIZE	U/C	MINIMUM ORDER	UPC #	CODE
	5630	Kamut vegetable spirals	340g	6	C	0-24182-11356-3	O K
	5655	Spelt ribbons	227g	6	C	0-24182-00109-9	O K
		ORGANIC GOLDEN AMBER DURUM WHEAT PASTA					
	5626	Vegetable spirals	340g	6	C	0-24182-11340-2	O K
		IMPORTED TRADITIONAL PASTA					
	6450	Mung bean ~ harusame	70g	12	½	0-24182-20502-2	G
		DRIED SEAWEEDS					
	6345	Kombu	60g	6	C	0-24182-15273-9	K
	6352	Sushi nori (7 sheets, toasted)	17g	6	C	0-24182-15769-7	
		ORGANIC TEAS					
	6495	Sencha green tea (16 bags)	24g	12	½	0-24182-18137-1	O K
	6505	Hojicha (16 bags)	24g	12	½	0-24182-18145-6	O K
	6497	Hojicha chai roasted green tea (16 bags)	43g	12	½	0-24182-18138-8	O K
	6496	Chamomile herb tea(16 bags)	16g	12	½	0-24182-18142-5	O K
	6502	Kukicha (16 bags)	32g	12	½	0-24182-18120-3	O K
	6504	Genmaicha (16 bags)	29g	12	½	0-24182-18156-2	O K

EDWARD & SONS

		ORGANIC MASHED POTATOES					
	9770	Home style	100g	6	C	0-43182-00070-3	G O K
	9771	Roasted garlic	100g	6	C		G O K
		ORGANIC BREADCRUMBS					
	9760	Panko ~ japanese style	300g	6	C	0-43182-00060-4	O
	9761	Lightly salted	425g	6	C	0-43182-00058-1	O
	9762	Italian herbs	425g	6	C	0-43182-00059-8	O
		EXOTIC RICE TOAST					
	9765	Jasmine rice & spring onion	65g	12	½	0-43182-00061-1	G
	9766	Purple rice & black sesame	65g	12	½	0-43182-00062-8	G
	9767	Thai red rice & flaxseed	65g	12	½	0-43182-00063-5	G
		ORGANIC BAKED BROWN RICE SNAPS					
	9794	Black sesame	100g	12	½	0-39631-00046-2	G O
	9830	Unsalted plain	100g	12	½	0-39631-00041-7	G O
	9833	Vegetable	100g	12	½	0-39631-00044-8	G O
		BAKED BROWN RICE SNAPS					
	9834	Tamari sesame	100g	12	½	0-11206-00034-3	G
	9835	Tamari seaweed	100g	12	½	0-11206-00035-0	G
	9836	Unsalted sesame	100g	12	½	0-11206-00036-7	G
	9837	Onion garlic	100g	12	½	0-11206-00037-4	G
		MISO SOUP					



NOTES	KOYO ORDER CODE	DESCRIPTION	SIZE	U/C	MINIMUM ORDER	UPC #	CODE
	9838	Organic miso Japanese restaurant style	82g	6	C	0-43182-00098-7	O
	9839	Reduced sodium miso soup	29g	12	C	0-43182-00091-8	
	9840	Original golden miso soup	72g	12	C	0-11206-00093-0	
	9841	Seaweed miso soup	72g	12	C	0-11206-00094-7	
	9844	Organic traditional tofu miso soup	36g	12	C	0-43182-00092-5	O
	MISO SOUP DISPLAY						
	9843	Seaweed miso soup display	18g	24	C	0-11206-00097-8	

FITBITE

CASSAVA CHIPS

7700	Spicy	100g	12	C	6-28055-77500-3	T
7701	Sea salt	100g	12	C	6-28055-77501-0	T

FOOD FOR LIFE

EZEKIEL 4:9 ~ ORG SPROUTED GRAIN BREAD

	8314	Flax ~ yellow label	680g	6	C	0-73472-00124-0	O	K
	8320	Original ~ orange label	680g	6	C	0-73472-00120-2	O	K
	8321	Sesame ~ green label	680g	6	C	0-73472-00123-3	O	K
	8323	Low sodium ~ light orange label	680g	6	C	0-73472-00153-0	O	K

GENESIS 1:29 ~ ORG SPROUTED GRAIN & SEED LOAF

	8317	Original ~ blue label	680g	6	C	0-73472-00141-7	O	K
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BREADS (WHEAT FREE & GLUTEN FREE)

	8333	Brown rice bread	680g	6	C	0-73472-00169-1	G	K
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EZEKIEL 4:9 ~ SPROUTED GRAIN CEREAL

	3250	Original	454g	6	C	0-73472-00255-1		K
	3251	Golden flax	454g	6	C	0-73472-00256-8		K
	3253	Almond	454g	6	C	0-73472-00258-2		K

GLUTEN FREE ENGLISH MUFFINS

	8315	Brown rice	510g	6	C	0-73472-00185-1	G	K
	8316	Multi seed	510g	6	C	0-73472-00186-8	G	K

EZEKIEL 4:9 ~ ORGANIC ENGLISH MUFFINS

	8318	Cinnamon raisin ~ purple label	454g	6	C	0-73472-00117-2	O	K
	8319	Original ~ orange label	454g	6	C	0-73472-00119-6	O	K

EZEKIEL 4:9 ~ TORTILLAS

	8340	Organic sprouted grain tortillas ~ 10 inch	340g	12	1/2	0-73472-00200-1	O	K
	8342	Gluten free brown rice tortillas ~ 10 inch	340g	12	1/2	0-73472-00369-5	G	K
	8343	Org sprouted whole kernel corn ~ 6 inch	283g	12	1/2	0-73472-00370-1	O	K

FORK & LEAF

OIL



NOTES	KOYO ORDER CODE	DESCRIPTION	SIZE	U/C	MINIMUM ORDER	UPC #	CODE
	3100	Sautéing Oil	946ml	6	C	8-32650-00001-3	G K
	3101	Frying Oil	946ml	6	C	8-32650-00005-1	G K
	3102	Roasting Oil	946ml	6	C	8-32650-00003-7	G K
	3103	Extra Virgin Olive Oil	946ml	6	C	8-32750-00009-8	G K
	3104	Grapeseed Oil	946ml	6	C	8-32650-00011-2	G K
	3105	Avocado Oil	946ml	6	C	8-32650-00034-1	G K

FUNCTION NATURAL FOODS

KALE & QUINOA BITES

9475	Mediterranean ~ sundried tomato & basil	280g	8	C	8-51335-00072-8
9476	Teriyaki ~ garlic and ginger	280g	8	C	8-51335-00073-5
9477	Bombay ~ coconut curry	280g	8	C	8-51335-00076-6

QUINOA ARANCINI

9478	Rosemary + lemon	280g	8	C	8-51335-00074-2
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GARDEIN

FISH FREE

9253	Golden filets	288g	8	C	8-42234-00170-1
9265	Crabless cakes	205g	8	C	8-42234-00222-7

MEAT FREE PORK

9259	Porkless bites ~ sweet & sour	255g	8	C	8-42234-00322-4
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MEAT FREE BEEF

9262	Meatless meatballs ~ classic	360g	8	C	8-42234-00171-8
9263	Beefless tips ~ home-style	255g	8	C	8-42234-00063-6

MEAT FREE CHICKEN

9250	Crispy chick'n ~ mandarin orange	300g	8	C	8-42234-00087-2
9251	Crispy tenders ~ seven grain	255g	8	C	8-42234-00064-3
9254	Crispy fingers ~ chipotle line	270g	8	C	8-42234-00089-6
9255	Barbeque wings ~ sweet & tangy	255g	8	C	8-42234-00088-9
9258	Chick'n strips	225g	8	C	8-42234-00320-0
9260	Chick'n patties ~ crispy	350g	8	C	8-42234-00323-1

MEAT FREE BEEF ~ GLUTEN FREE

9252	Beefless ground ~ the ultimate	390g	8	C	8-42234-00109-1	G
9257	Black bean patty ~ chipotle	340g	8	C	8-42234-00167-1	G
9261	Veggie burger	255g	8	C	8-42234-00324-8	G
9274	Supreme burger	226g	8		8-42234-00714-7	

MEAT FREE TURKEY

9256	Turky cutlets ~ lightly breaded	300g	8	C	8-42234-00114-5
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ALIMENTS

KOYO
FOODS INC.

NOTES	KOYO ORDER CODE	DESCRIPTION	SIZE	U/C	MINIMUM ORDER	UPC #	CODE
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9273 Stuffed turk'y ~ herbed 454g 8 C 8-42234-00093-3 K

**ORGANIC BOUILLON CUBES**

8925 Vegetable 66g 15 C 6-87789-05120-3 G O K
 8928 Beef 66g 15 C 6-87789-05111-1 G O K
 8927 Chicken 66g 15 C 6-87789-05115-9 G O K
 8931 Mushroom 66g 15 C 6-87789-05113-5 G O K
 8932 Vegetable ~ yeast free 66g 15 C 6-87789-05114-2 G O K

ORGANIC BOUILLON CUBES ~ NO SALT ADDED

8929 Chicken 54g 15 C 6-87789-05100-5 G O K
 8926 Vegetable 54g 15 C 6-87789-05101-2 G O K

ORGANIC BROTH POWDER ~ YEAST FREE

8935 Vegetable ~ glass jar 100g 6 C 6-87789-05121-0 O K
 8936 Vegetable ~ refill bag 200g 8 C 6-87789-05122-7 O K
 8937 Chicken ~ low sodium ~ glass jar 75g 6 C 6-87789-05123-4 O K
 8938 Chicken ~ low sodium ~ refill bag 150g 8 C 6-87789-05124-1 O K

ORGANIC PESTO CUBES

8895 Genovese 54g 15 C 6-87789-03223-3 G O
 8896 Siciliana 54g 15 C 6-87789-03222-6 G O

ORGANIC GRAVY CUBES

8898 Brown gravy 60g 15 C 6-87789-02113-8 G O
 8899 Poultry gravy 60g 15 C 6-87789-02112-1 G O

ORGANIC GELATIN

8910 Gelatin ~ 6 sheets 10g 20 C 6-87789-12528-7 G O
 8911 Gelatin powder 30g 18 C 6-87789-12511-9 G O
 8912 Gelatin powder 150g 12 C 6-87789-12512-6 G O

ORGANIC CANDIES

8920 Fruit gummi bears 75g 10 C 6-87789-21601-5 G O T
 8922 Sour gummies 75g 10 C 6-87789-21701-2 G O T
 8921 Vegan gummi bears 75g 10 C 6-87789-21501-8 G O T
 8923 Vegetarian licorice 75g 10 C 6-87789-21801-9 O T
 8944 Wine gums 75g 10 C 6-87789-22001-2 G O T
 8945 Yogurt fruit gummies 75g 10 C 6-87789-22101-9 G O T

**LIQUID LAUNDRY**

2787 Ultra liquid laundry 3.78L 4 C 0-63827-31038-7 T

**VEGAN DOG**



ALIMENTS

KOYO
FOODS INC.

NOTES	KOYO ORDER CODE	DESCRIPTION	SIZE	U/C	MINIMUM ORDER	UPC #	CODE
	✚ 9392	Seitan sausage VEGAN WHEAT SAUSAGE	540g	8	1/2	6-27552-10507-8	
	✚ 9380	Italiana ~ peppers & herbs	350g	12	1/2	6-27843-57784-3	
	✚ 9381	Española ~ smoked paprika	350g	12	1/2	6-27843-57785-0	
	✚ 9382	Germaine ~ smoked onions	350g	12	1/2	6-27843-57786-7	
	✚ 9379	Montreal ~ smoked spices	350g	12	1/2	6-27843-57787-4	
	✚ 9378	Brunch ~ maple & apples	320g	12	1/2	6-27552-10109-4	
	✚ 9384	Forestière ~ mushrooms	300g	12	1/2	6-27843-10501-6	
	✚ 9385	Pesto ~ basil VEGAN SEITAN LOAF	300g	12	1/2	6-27843-10502-3	
	✚ 9375	Kebab shawarma ~ middle-eastern spices VEGAN SEITAN ROAST	400g	10	1/2	6-27843-57790-4	
	✚ 9374	Classico ~ traditional spices	400g	10	1/2	6-27552-10108-7	
	✚ 9373	Mex ~ tacos spices VEGAN SEITAN STICK	400g	10	1/2	6-27552-10503-0	
	✚ 9376	Pizzaroni ~ black pepper & paprika VEGAN SEITAN BURGER TO SLICE	200g	12	1/2	6-27552-10107-0	
	✚ 9377	Burger to slice ~ up to 10 burgers VEGAN GRATING BLOCK ORGANIC VEGAN PATÉ	800g	5	C	6-27552-10402-6	
	✚ 9389	Original	200g	12	1/2	6-27552-10601-3	O

*All GUSTA products are no longer available frozen.**All GUSTA products will be shipped refrigerated and to be sold fresh. Please do not freeze.***HENRY'S TEMPEH****ORGANIC TEMPEH**

✚ 9240	Soy basil	250g	12	1/2	8-51193-00003-8	G O
✚ 9242	Soy kasha	250g	12	1/2	8-51193-00001-4	G O
✚ 9243	Soy original	250g	12	1/2	8-51193-00002-1	G O
✚ 9244	Soy red pepper	250g	12	1/2	8-51193-00006-9	G O

HOME FREE**ALLERGEN FRIENDLY COOKIES**

7160	Mini chocolate chip cookies	144g	6	C	8-57313-00167-1	G K
7161	Mini vanilla cookies	144g	6	C	8-57313-00169-5	G K
7162	Mini double chocolate chip cookies	144g	6	C	8-57313-00168-8	G K
7163	Mini lemon burst cookies	144g	6	C	8-57488-00436-1	G K

**HOP****HEARTS OF PALM PASTA**

4428	Spaghetti	400g	6	C	6-28451-16685-6	G
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NOTES	KOYO ORDER CODE	DESCRIPTION	SIZE	U/C	MINIMUM ORDER	UPC #	CODE
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HOUSE FOODS

SHIRATAKI NOODLES

≡	8605	Traditional ~ white yam (konjac)	226g	12	½	0-76371-04143-0	G	K
≡	8606	Fettuccini ~ tofu & white yam (konjac)	226g	12	½	0-76371-04146-1	G	K
≡	8607	Spaghetti ~ tofu & white yam (konjac)	226g	12	½	0-76371-04145-4	G	K

ICE AGE

9.5 ALKALINE GLACIAL WATER

3546	Pure glacial water + electrolytes	500mL	12	C	6-61431-50095-0	K
3547	Pure glacial water + electrolytes	1L	12	C	6-61431-10095-2	K

WATER

3542	Pure glacial water	500mL	12	C	6-61431-00500-4	K
3543	Pure glacial water	1L	12	C	6-61431-10012-9	K

IF YOU CARE

COFFEE FILTERS

7400	No.2 coffee filters	100ct	12	½	7-70009-00112-3	T
7401	No.4 coffee filters	100ct	12	½	7-70009-00114-7	T
7402	8" basket filters	100ct	12	½	7-70009-00111-6	T

COOKING & BAKING PRODUCTS

7404	Parchment baking paper	70 sq.ft.	12	½	7-70009-01020-0	T
7405	Parchment baking sheets	24ct	12	½	7-70009-01192-4	T
7409	Cheesecloth - unbleached 72" x 36"	2 sq yd	24	½	7-70009-05004-6	T
7410	Natural cooking twine	200ft	24	½	7-70009-05001-5	T

BAKING CUPS

7398	Mini	90ct	24	½	7-70009-25018-7	T
7403	Large	60ct	24	½	7-70009-01048-4	T
7399	Jumbo	24ct	24	½	7-70009-25019-4	T

100% RECYCLED ALUMINUM FOIL

7406	Aluminum foil	50 sq.ft.	12	½	7-70009-12011-4	T
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BAGS & WRAPS

7408	Unbleached waxed paper	75 sq.ft.	12	½	7-70009-25025-5	T
7397	Sandwich bags	48 bags	12	½	7-70009-25026-2	T
7413	Compostable food waste bags ~ 3 gal	30ct	12	½	7-70009-25064-4	T
7414	Compostable food waste bags ~ 13 gal	12ct	12	½	7-70009-225065-1	T

100% BIOMASS FIRELIGHTERS

7412	Fire starting cubes	28ct	12	½	7-70009-25034-7	T
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HOUSEHOLD GLOVES

7394	Small	1 pair	12	½	7-70009-25027-9	T
7395	Medium	1 pair	12	½	7-70009-25028-6	T
7396	Large	1 pair	12	½	7-70009-25029-3	T



ALIMENTS
KOYO
FOODS INC.

NOTES	KOYO ORDER CODE	DESCRIPTION	SIZE	U/C	MINIMUM ORDER	UPC #	CODE
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ROASTING BAGS

7415	Roasting bag combo shipper - 30 cases	2ct/6ct	1	½	7-70009-25057-3	T
7416	Medium	6ct	8	½	7-70009-25073-6	T
7417	Extra large	2ct	8	½	7-70009-25072-9	T

KNUDSEN

100% FRUIT JUICE

3673	Just black cherry	946mL	6	C	0-74682-12309-8	
3658	Just blueberry	946mL	6	C	0-74682-12324-1	
3665	Just pomegranate	946mL	6	C	0-74682-12329-6	
3675	Just cranberry	946mL	6	C	0-74682-12350-0	

100% ORGANIC FRUIT JUICE

3674	Just tart cherry	946mL	6	C	0-74682-12318-0	O
3678	Just prune	946mL	6	C	0-74682-12312-8	O
3659	Just cranberry	946mL	6	C	0-74682-12335-4	O
3676	Just pineapple	946mL	6	C	0-74682-20053-9	O
3672	Just grapefruit	946mL	6	C	0-74682-20064-5	O

ORGANIC FRUIT JUICE

3683	Concord grape	945mL	6	C	0-74682-11112-5	O
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ORGANIC VEGGIE BEVERAGE

3670	Carrot, ginger & turmeric	946mL	6	C	0-74682-51102-4	G O
3671	Beet	946mL	6	C	0-74682-51101-7	G O

KOOPS' ORGANIC

ORGANIC MUSTARD ~ GLUTEN FREE

3340	Dijon	325mL	12	½	0-70281-00151-5	G O K
3341	Original yellow	325mL	12	½	0-70281-00150-8	G O K
3342	Stone ground	325mL	12	½	0-70281-00153-9	G O K
3343	Spicy brown	325mL	12	½	0-70281-00152-2	G O K

LAKESWOOD

ORGANIC JUICES

3985	Pure tart cherry	946mL	6	C	0-42608-63008-1	O K
3993	Beet	946mL	6	C	0-42608-63070-8	O K
3996	Pure carrot	946mL	6	C	0-42608-63045-6	O K
4003	Pure pineapple	946mL	6	C	0-42608-63005-0	O K
4004	Pure prune	946mL	6	C	0-42608-63009-8	O K
4006	Pure cranberry	946mL	6	C	0-42608-63011-1	O K
4007	Tart cherry blend	946mL	6	C	0-42608-63077-7	O K

ORGANIC SUPPLEMENT JUICES



ALIMENTS

KOYO
FOODS INC.

NOTES	KOYO ORDER CODE	DESCRIPTION	SIZE	U/C	MINIMUM ORDER	UPC #	CODE
	4009	Pure aloe	946mL	6	C	0-42608-63014-2	O K
		ORGANIC CULINARY JUICES					
	4012	Pure lemon	370mL	12	½	0-42608-36094-0	O K
	4013	Pure lime	370mL	12	½	0-42608-36091-9	O K
	4014	Pure lemon	946mL	6	C	0-42608-63094-4	O K
		PREMIUM JUICES					
	4020	Pure cranberry	946mL	6	C	0-42608-63066-1	K
	4021	Pure black cherry	946mL	6	C	0-42608-63048-7	K

LET'S DO...GLUTEN FREE

GLUTEN FREE CONES

9848	Ice cream cones	36g	12	½	0-43182-00352-0	G	K
9849	Sugar cones	132g	12	½	0-43182-00353-7	G	K

LET'S DO...ORGANIC

ORGANIC COCONUT ~ SHREDS & FLAKES

9806	Shredded coconut	250g	12	½	0-43182-01520-2	G O	
9808	Unsweetened coconut flakes	198g	12	½	0-43182-01522-6	G O	K
9801	Coconut flour	454g	6	C	0-43182-01524-0	G O	K

ORGANIC TAPIOCA

9781	Tapioca ~ granules	170g	6	C	0-43182-00527-2	G O	
9782	Tapioca ~ starch	170g	6	C	0-43182-00528-9	G O	

ORGANIC CORN STARCH

9811	Corn starch	170g	6	C	0-43812-00529-6	O	
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ORGANIC COCONUT ~ MILK & CREAM

9800	Sweetened condensed coconut milk	195mL	6	C	0-43182-02205-7	G O	K
9803	Creamed coconut	200g	6	C	0-43182-00525-8	G O	K
9802	Heavy coconut cream	398ml	12	½	0-43182-00210-3	G O	K

ORGANIC CONES

9845	Ice cream cones	36g	12	½	0-43182-00355-1	O	K
9846	Sugar cones	132g	12	½	0-43182-00357-5	O	K

MADE IN NATURE

ORGANIC TOASTED COCONUT CHIPS

8500	Maple vanilla	71g	6	C	7-20379-50504-2	G O T K	
8501	Toasted cinnamon	71g	6	C	7-20379-50508-0	G O T K	

ORGANIC DRIED FRUITS

8505	Fruit fusion ~ superberry blast	142g	6	C	7-20379-50116-7	G O	K
8506	Dried plums	170g	6	C	7-20379-50127-3	G O	K
8507	Apricots	170g	6	C	7-20379-50118-1	G O	K



ALIMENTS

KOYO
FOODS INC.

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8508	Mangoes	85g	6	C	7-20379-50110-5	G O	K
8509	Smyrna figs	198g	6	C	7-20379-50128-0	G O	K

MANNA ORGANICS**ORGANIC MANNA BREAD**

	9501	Carrot raisin	400g	8	C	0-58449-00003-7	O	K
	9504	Fruit & nut	400g	8	C	0-58449-00009-9	O	K
	9509	Fig, fennel and flax	350g	8	C	0-58449-00026-3	O	K
	9510	Date & cinnamon	400g	8	C	0-58449-70801-8	O	K

MARANATHA**ALMOND BUTTER**

4396	Creamy ~ raw	340g	6	C	0-51651-09306-4	G	K
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ORGANIC PEANUT BUTTER

4392	Creamy	500g	6	C	0-51651-09330-9	G O	K
4393	Crunchy	500g	6	C	0-51651-09331-6	G O	K

MARUKAN**RICE VINEGAR ~ 355mL**

6740	Organic	355mL	6	C	0-70641-06412-9	G O	K
6741	Organic seasoned dressing	355mL	6	C	0-70641-06413-6	G O	K
6742	Genuine brewed	355mL	6	C	0-70641-00006-6	G	K
6739	Lite seasoned gourmet dressing	355mL	6	C	0-70641-00039-4	G	K
6743	Seasoned dressing	355mL	6	C	0-70641-00009-7	G	K

RICE VINEGAR ~ 710mL

6748	Genuine brewed	710mL	6	C	0-70641-00005-9	G	K
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PREMIUM SOY DRESSING

6746	Yuzu Ponzu ~ with yuzu citrus	355mL	6	C	0-70641-06631-4	G	K
6747	Ponzu ~ with sudachi citrus	355mL	6	C	0-70641-06621-5	G	K

 MOCCIA & URBANI SALUMERIA**NATURAL DRIED SALAMI**

9450	Tartufo ~ tuscan black truffle	170g	12	½	8-51335-00022-3	G	
9451	Spicy Fennel ~ whole fennel & chillies	170g	12	½	8-51335-00023-0	G	
9452	Sicilian ~ sicilian lemon & fennel	170g	12	½	8-51335-00027-8	G	
9453	Roman ~ coriander & chillies	170g	12	½	8-51335-00026-1	G	
9454	Fig Toscano ~ dried figs & cinnamon	170g	12	½	8-51335-00024-7	G	
9455	Fennel ~ whole fennel seeds	170g	12	½	8-51335-00021-6	G	
9456	Argentinian ~ smoked paprika & red wine	170g	12	½	8-51335-00025-4	G	

NATIVE



NOTES	KOYO ORDER CODE	DESCRIPTION	SIZE	U/C	MINIMUM ORDER	UPC #	CODE
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ORGANIC SUGAR NON GMO

7000	Cane sugar	1Kg	12	½		7-898206-500010	O
7001	Demerara cane sugar	1Kg	12	½		1-87759-00003-8	O

NATIVE FOREST

ORGANIC FRUIT PRODUCTS

9785	Mandarin oranges	284g	6	C		0-43182-01868-5	O	K
9789	Pineapple chunks	398mL	6	C		0-43182-01851-7	O	K
9791	Organic young jackfruit	398mL	6	C		0-43182-01869-2	G O	
9790	Pineapple slices	425g	6	C		0-43182-00852-5	O	
9786	Peach slices	398mL	6	C		0-43182-01859-3	G O	K

CASHEW MILK

9812	Cashew milk powder	100g	6	C		0-43182-00102-1	G	K
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COCONUT MILK

9799	Coconut milk powder	150g	6	C		0-43182-01101-3	G	K
9804	Organic light coconut milk	398mL	12	½		0-43182-00209-6	G O	K
9805	Organic coconut milk	398mL	12	½		0-43182-00208-9	G O	K

COCONUT CREAM

9810	Unsweetened coconut cream ~ premium	160mL	12	½		0-43182-00207-3	G O	K
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VEGETABLE PRODUCTS

9823	Artichoke hearts, quartered	400g	6	C		0-43182-00891-4		
9826	Organic cut baby corn	400g	6	C		0-43182-00830-3	O	
9824	Artichoke hearts, whole, jar	170mL	6	C		0-43182-00892-1		

NATUR-A

FORTIFIED OAT BEVERAGE

3450	Original	946mL	12	C		0-63667-20001-5	G	K
3451	Chocolate	946mL	12	C		0-63667-20008-4	G	K

ORGANIC FORTIFIED RICE BEVERAGE

3432	Original	946mL	12	C		0-63667-00601-3	G O	K
3433	Vanilla	946mL	12	C		0-63667-00602-0	G O	K

ORGANIC FORTIFIED SOY BEVERAGE 200mL

3430	Original	200mL	24	C		0-63667-50101-3	G O	K
3431	Unsweetened	200mL	24	C		0-63667-50601-8	G O	K
3434	Vanilla	200mL	24	C		0-63667-50201-0	G O	K
3435	Strawberry	200mL	24	C		0-63667-50301-7	G O T	K
3436	Chocolate	200mL	24	C		0-63667-50801-2	G O	K

ORGANIC FORTIFIED SOY BEVERAGE 946mL

3437	Unsweetened	946mL	12	C		0-63667-51100-5	G O	K
3438	Original light	946mL	12	C		0-63667-51000-8	G O	K
3439	Vanilla light	946mL	12	C		0-63667-51050-3	G O	K
3440	Cappucino	946mL	12	C		0-63667-30180-4	G O	K



ALIMENTS
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FOODS INC.

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	3445	Original	946mL	12	C	0-63667-30140-8	G O K
	3446	Vanilla	946mL	12	C	0-63667-30155-2	G O K
	3447	Strawberry	946mL	12	C	0-63667-30170-5	G O T K
	3448	Chocolate	946mL	12	C	0-63667-30185-9	G O K
		FORTIFIED ALMOND BEVERAGE 946mL					
	4193	Vanilla unsweetened	946mL	12	C	0-63667-09026-5	G K
	4194	Coconut unsweetened	946mL	12	C	0-63667-09046-3	G T K
	4195	Original	946mL	12	C	0-63667-09001-2	G K
	4196	Vanilla	946mL	12	C	0-63667-09002-9	G K
	4197	Unsweetened	946mL	12	C	0-63667-09006-7	G K
	4198	Chocolate	946mL	12	C	0-63667-09008-1	G K
		FORTIFIED ALMOND BEVERAGE 200mL					
	4191	Original	200mL	24	C	0-63667-49001-0	G K
	4192	Chocolate	200mL	24	C	0-63667-49008-9	G K

NATURE'S PATH

ORGANIC & GLUTEN FREE CEREAL ~ ECO-PAC

9551	Mesa sunrise	750g	6	C	0-58449-77901-8	G O K
9543	Honey'd corn flakes	750g	6	C	0-58449-77094-7	G O K
9545	Fruit juice corn flakes	750g	6	C	0-58449-60056-5	G O K
9556	Crispy rice	750g	6	C	0-58449-55002-0	G O K
9620	Whole o's	750g	6	C	0-58449-77912-4	G O K
9621	Sunrise crunchy vanilla	675g	6	C	0-58449-18110-1	G O K
9622	Sunrise crunchy maple	675g	6	C	0-58449-18112-5	G O K
9557	Mesa sunrise flakes with raisins	825g	6	C	0-58449-77161-6	G O K

ORGANIC CEREAL ~ ECO PAC

9540	Multigrain oat bran flakes	907g	6	C	0-58449-60231-6	O K
9546	Heritage o's	907g	6	C	0-58449-77001-5	O K
9542	Millet rice	907g	6	C	0-58449-77008-4	O K
9547	Heritage flakes	907g	6	C	0-58449-77021-3	O K
9550	Flax plus ~ cinnamon flakes	907g	6	C	0-58449-77163-0	O K
9552	Kamut ~ khorasan wheat flakes	750g	6	C	0-58449-77069-5	O K

ORGANIC GRANOLA ~ ECO-PAC

9541	Hemp hearts	750g	6	C	0-58449-89017-1	O K
9544	Pumpkin seed + flax	750g	6	C	0-58449-89019-5	O K

ENVIROKIDZ

~ ORG & GLUTEN FREE CEREAL ~ ECO-PAC

9553	Gorilla Munch ~ corn puffs	650g	6	C	0-58449-87008-1	G O K
9554	Panda puffs ~ peanut butter	700g	6	C	0-58449-87009-8	G O K
9555	Koala crisp ~ chocolate	725g	6	C	0-58449-87010-4	G O K
9558	Leapin lemurs ~ peanut butter & chocolate	650g	6	C	0-58449-21241-3	G O K

ORGANIC PUFFED CEREALS ~ ECO PAC



NOTES	KOYO ORDER CODE	DESCRIPTION	SIZE	U/C	MINIMUM ORDER	UPC #	CODE
	9577	Rice puffs	170g	12	½	0-58449-62001-3	O K
	9579	Kamut puffs ~ khorasan wheat	170g	12	½	0-58449-62004-4	O K
		ORG & GLUTEN FREE CEREAL ~ BOX					
	9530	Crispy rice	284g	12	½	0-58449-55000-6	G O K
	9523	Honey'd corn flakes	300g	12	½	0-58449-60218-7	G O K
	9521	Whole o's	325g	12	½	0-58449-77902-5	G O K
	9519	Golden turmeric	300g	6	C	0-58449-18910-7	G O K
		ORGANIC CEREAL ~BOX					
	9526	Heritage crunch	400g	12	½	0-58449-77174-6	O K
	9511	Smart bran ~ wheat, psyllium & oat bran	300g	12	½	0-58449-77102-9	O K
	9534	Optimum power ~ blueberry cinnamon flax	400g	12	½	0-58449-77700-7	O K
		ENVIROKIDZ					
		~ ORG & GLUTEN FREE CEREAL ~ BOX					
	9582	Gorilla Munch ~ corn puffs	284g	12	½	0-58449-86002-0	G O K
	9584	Panda puffs ~ peanut butter	300g	12	½	0-58449-86004-4	G O K
	9586	Leapin lemurs ~ peanut butter & chocolate	284g	12	½	0-58449-86006-8	G O K
	9580	Choco chimps ~ chocolate	284g	12	½	0-58449-87023-4	G O K
		LOVE CRUNCH ~ ORGANIC CEREALS ~ BOX					
	9700	Dark chocolate and red berries	284g	6	C	0-58449-18115-6	O K
		PREMIUM ORGANIC CEREALS					
		~ GLUTEN FREE					
	9512	Organic sunrise crunchy honey	300g	12	½	0-58449-77204-0	G O K
	9515	Organic sunrise crunchy cinnamon	300g	12	½	0-58449-77206-4	G O K
	9538	Organic sunrise crunchy maple	300g	12	½	0-58449-77152-4	G O K
	9539	Organic sunrise crunchy vanilla	300g	12	½	0-58449-77154-8	G O K
		ORGANIC WAFFLES					
❄	3272	Flax plus	210g	12	½	0-58449-59055-2	O K
		ORGANIC GLUTEN FREE WAFFLES					
❄	3271	Homestyle	210g	12	½	0-58449-59052-1	G O K
❄	3273	Buckwheat ~ wildberry	210g	12	½	0-58449-59057-6	G O K
❄	3280	Chia plus ~ quinoa & amaranth	210g	12	½	0-58449-59074-3	G O K
		ENVIROKIDS ~ ORGANIC GLUTEN FREE WAFFLES					
❄	3281	Penguin party ~ cinnamon	240g	12	½	0-58449-21242-3	G O K
❄	3282	Polar beary ~ pink blueberry	240g	12	½	0-58449-21243-0	G O K
		ORGANIC TOASTER PASTRIES ~ FROSTED					
	9690	Cherry pomegranate	312g	6	C	0-58449-18807-0	O K
	9691	Berry strawberry	312g	6	C	0-58449-18808-7	O K
	9692	Lotta chocolotta	312g	6	C	0-58449-18810-0	O K
		ORGANIC GRAIN FREE GRANOLA					
	9638	Vanilla Poppy Seed	227g	6	C	0-58449-19207-7	G O K
		ORGANIC GRANOLA					
	9516	Flax plus pumpkin flax	325g	12	½	0-58449-89007-2	O K



NOTES	KOYO ORDER CODE	DESCRIPTION	SIZE	U/C	MINIMUM ORDER	UPC #	CODE
	9532	Chia plus coconut chia	350g	12	½	0-58449-89032-4	O K
	9535	Hemp plus	325g	12	½	0-58449-89000-3	O K
	9731	Peanut butter	325g	12	½	0-58449-89008-9	O K
	9629	Cacao	198g	6	C	0-58449-20300-1	G O K
		ORGANIC PURE OATS GRANOLA					
	9670	Honey almond	312g	8	C	0-58449-89041-6	G O K
		LOVE CRUNCH ~ ORGANIC GRANOLA					
	9748	Dark chocolate peanut butter	325g	6	C	0-58449-16206-3	O K
	9749	Dark chocolate macaroon	325g	6	C	0-58449-77201-9	O K
	9750	Dark chocolate and red berries	325g	6	C	0-58449-77176-0	O K
	9753	Salted caramel pretzel	325g	6	C	0-58449-20224-0	O K
		LOVE CRUNCH ~ ORGANIC GRANOLA ~ LARGE					
	9718	Dark chocolate and red berries	700g	6	C	0-58449-18203-0	O K
	9719	Dark chocolate & peanut butter	700g	6	C	0-58449-21143-3	O K
		ORGANIC QI'A SUPERFLAKES					
	9632	Cocoa coconut	284g	12	½	0-58449-16113-4	G O K
		ORGANIC QI'A CEREALS					
	9739	Original	225g	10	½	0-58449-32004-3	G O K
	9740	Cranberry vanilla	225g	10	½	0-58449-32006-7	G O K
		ORGANIC PURE OATS HOT OATMEAL					
	9676	Spiced apple flax	320g	6	C	0-58449-45067-2	G O K
	9677	Brown sugar maple	320g	6	C	0-58449-45069-6	G O K
	9678	Variety pack	320g	6	C	0-58449-45071-9	G O K
		ORGANIC QI'A SUPERFOOD HOT OATMEAL					
	9742	Cinnamon pumpkin seed	228g	6	C	0-58449-15404-4	G O K
	9743	Creamy coconut	228g	6	C	0-58449-15402-0	G O K
	9744	Superseeds & grains	228g	6	C	0-58449-15400-6	G O K
	9745	Turmeric	210g	6	C	0-58449-20408-4	G O K
	9746	Cacao	210g	6	C	0-58449-20409-1	G O K
		ORGANIC HOT OATMEAL POUCHES					
	9559	4 variety 8 pack	400g	6	C	0-58449-45000-9	O K
	9560	Apple cinnamon	400g	6	C	0-58449-45004-7	O K
	9561	Maple nut	400g	6	C	0-58449-45003-0	O K
	9562	Flax'n oats	400g	6	C	0-58449-45002-3	O K
	9563	Original	400g	6	C	0-58449-45001-6	O K
	9568	Optimum blueberry cinnamon	320g	6	C	0-58449-45013-9	O K

NEW WORLD

ALMOND BUTTER

4297 Almond butter - smooth raw 500g 12 ½ 0-59443-40031-1 K

ORGANIC SESAME TAHINI

4279 Organic sesame tahini - raw 365g 12 ½ 0-59443-40111-0 O K



ALIMENTS

KOYO
FOODS INC.

NOTES	KOYO ORDER CODE	DESCRIPTION	SIZE	U/C	MINIMUM ORDER	UPC #	CODE
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4293 Organic sesame tahini - raw 500g 12 ½ 0-59443-40112-7 O K

ORGANIC NUT BUTTERS

4272 Organic hazelnut butter 250g 12 ½ 0-59443-40182-0 O K

4273 Organic hemp nut butter - raw 250g 12 ½ 0-59443-40147-9 O K

4276 Organic pumpkin seed butter - raw 365g 12 ½ 0-59443-40049-6 O K

 NOBLE JERKY

PLANT BASED VEGAN JERKY

9470 Sweet BBQ 70g 12 ½ 8-51335-00090-2

9471 Chipotle 70g 12 ½ 8-51335-00091-9

9472 Teriyaki 70g 12 ½ 8-51335-00092-6

9473 Original 70g 12 ½ 8-51335-00093-3

9474 Hickory 70g 12 ½ 8-51335-00094-0

 NUTRI FLORA

NUTRITIONAL YEAST

5413 Flakes 200g 12 ½ 0-65493-05413-8

NUTRITIONAL YEAST IN BULK

5411 Flakes 25Kg 1 U N/A

5412 Flakes 5Kg 1 U N/A

**SPECIAL
ORDER ITEM**

ONLY KONJAC

ORGANIC KONJAC

4040 Rice 200g 30 ½ 6-933981-300507 G O K

4041 Noodles 200g 30 ½ 6-933981-300484 G O K

4042 Fettuccine 200g 30 ½ 6-933981-300491 G O K

ONLY LEMON

ORGANIC SQUEEZED LEMON JUICE

4036 Org. squeezed lemon juice (16-17 lemons) 500ml 12 ½ 8-016438-00178-8 O

4037 Org. squeezed lemon juice (32-33 lemons) 1L 6 C 8-016438-00147-4 O

ORGANIC VALUE

ORGANIC KETCHUP

3470 Ketchup 567ml 12 ½ 8-35373-00077-3 O K

ORGANIC PASTA SAUCE

3471 Traditional 700ml 12 ½ 8-35373-10800-4 O K

3472 Roasted garlic 700ml 12 ½ 8-35373-10700-7 O K

3473 Italian herb 700ml 12 ½ 8-35373-10600-0 O K

3474 Mushroom & basil 700ml 12 ½ 8-35373-10900-1 O K

ORGANIC PIZZA SAUCE



NOTES	KOYO ORDER CODE	DESCRIPTION	SIZE	U/C	MINIMUM ORDER	UPC #	CODE
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3475 Pizza sauce 450ml 12 ½ 8-35373-00084-1 O K

ORIGIN 846

UNFILTERED FIRST COLD PRESS OIL

3108 Extra Virgin Olive Oil 846ml 6 C 8-68972-00020-2 G K

3109 Organic Extra Virgin Olive Oil 846ml 6 C 8-68972-00021-9 G O K

PAPERCHEF

PAPERS

7175 Pre-cut sheets 24 sheets 12 ½ 6-28689-70024-2 T

7176 Parchment paper 41 sq. ft 12 ½ 6-28689-00001-4 T

7177 Parchment paper 123 sq. ft 12 ½ 6-28689-70098-3 T

CUPS

7180 Mini baking cups 90 cups 12 ½ 6-28689-70090-7 T

7181 Large baking cups 60 cups 12 ½ 6-28689-70060-0 T

7182 X-large baking cups 30 cups 12 ½ 6-28689-70030-3 T

7183 Tulip cups 12 cups 6 C 6-28689-70014-3 T

7185 Tulip cups ~ multi-coloured 12 cups 6 C 6-28689-70414-1 T

7184 Lotus cups 12 cups 6 C 6-28689-70012-9 T

7186 Lotus cups ~ multi-coloured 12 cups 6 C 6-28689-70412-7 T

BAKING ROUNDS

7187 8" Rounds 24 sheets 12 ½ 6-28689-60824-1 T

7188 9" Rounds 24 sheets 12 ½ 6-28689-60924-8 T

BAGS

7179 Cooking bags 10 bags 12 ½ 6-28689-70010-5 T

PB&ME

KETO BUTTER

4425 All natural peanut butter ~ no sugar added 500g 6 C 6-28451-16695-5 K

4426 All natural almond butter ~ no sugar added 500g 6 C 6-28451-16697-9 K

POWDERED PEANUT BUTTER

4410 Natural 200g 6 C 6-27843-53841-7 G

4415 Natural 454g 6 C 6-27843-53842-4 G

ORGANIC POWDERED PEANUT BUTTER

4421 No sugar added 200g 6 C 6-28451-16651-1 G O

PREMIER JAPAN

SAUCES

9828 Wheat free hoisin sauce 251mL 12 ½ 0-11206-00085-5 G

9829 Wheat free teriyaki sauce 251mL 12 ½ 0-11206-00086-2 G



ALIMENTS

KOYO
FOODS INC.

NOTES	KOYO ORDER CODE	DESCRIPTION	SIZE	U/C	MINIMUM ORDER	UPC #	CODE
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PUREST

GLUTEN FREE COCOA MIXES

7640	Hot cocoa	300g	6	C	1-85396-00003-9	G	K
7641	Hot cocoa - Mexican	300g	6	C	1-85396-00010-7	G	K
7679	Natural cocoa	300g	6	C	1-85396-00048-0	G	K
7642	Marvellous - chocolate powder	500g	6	C	1-85396-00002-2	G	K

GLUTEN FREE BAKING MIXES

7648	Chocolate chip cookies	481g	6	C	1-85396-00033-6	G	K
7643	Chocolate cake	561g	6	C	1-85396-00078-7	G	K
7646	Brownies	488g	6	C	1-85396-00036-7	G	K
7654	Pie pastry	626g	6	C	1-85396-00027-5	G	K
7652	Muffin & loaf mix	553g	6	C	1-85396-00026-8	G	K
7653	Vanilla cake mix	582g	6	C	1-85396-00025-1	G	K
7671	Tea biscuits	490g	6	C	1-85396-00079-4	G	K
7656	Ginger molasses cookie	700g	6	C	1-85396-00015-2	G	K
7657	Shortbread cookie	378g	6	C	1-85396-00016-9	G	K

GLUTEN FREE COOKING MIXES

7647	Pancakes	558g	6	C	1-85396-00037-4	G	K
7645	Pure batter	300g	6	C	1-85396-00008-4	G	K
7651	Pure batter - extra crispy	300g	6	C	1-85396-00005-3	G	K
7649	Soup thickener	300g	6	C	1-85396-00034-3	G	K
7650	Gravy mix	300g	6	C	1-85396-00007-7	G	K
7655	Artisan bread mix	360g	6	C	1-85396-00084-8	G	K

GLUTEN FREE FLOURS

7675	Potato flakes	300g	6	C	1-85396-00032-9	G	K
7676	White rice flour	500g	6	C	1-85396-00041-1	G	K
7677	Brown rice flour	680g	6	C	1-85396-00049-7	G	K
7678	Potato starch	500g	6	C	1-85396-00044-2	G	K
7680	Gluten free all purpose flour	680g	6	C	1-85396-00050-3	G	K
7682	Garbanzo bean flour	500g	6	C	1-85396-00046-6	G	K
7683	Buckwheat flour	500g	6	C	1-85396-00024-4	G	K
7684	Sorghum flour	623g	6	C	1-85396-00042-8	G	K
7686	Tapioca flour	500g	6	C	1-85396-00076-3	G	K

GLUTEN FREE BAKING AIDS

7668	Baking powder	250g	6	C	1-85396-00038-1	G	K
7669	Baking soda	453g	6	C	1-85396-00039-8	G	K

RAWESOME

ORGANIC CAKES

	9206	Crème brûlée	95g	6	C	6-28504-86215-5	G	O
	9207	Café mocha	95g	6	C	6-28504-86216-2	G	O



ALIMENTS
KOYO
FOODS INC.

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**RAW, VEGAN, CULTURED &
NON-DAIRY CASHEW SPREAD**

❄️	9210	Original	227g	6	C	6-28504-86205-6	
❄️	9211	Onion & chives	227g	6	C	6-28504-86206-3	
❄️	9212	Garlic & black pepper	227g	6	C	6-28504-86208-7	
❄️	9213	Cilantro & chili pepper	227g	6	C	6-28504-86204-9	
❄️	9192	Tzatziki	227g	6	C	6-28504-86207-0	G

*These will be shipped frozen. However, they are meant to be sold fresh.
Please tag the products with a 60 days shelf life when displaying for sale.*

 RIZOPIA

RICE PASTA

5300	White Rice Spaghetti	454g	12	½		8-33125-00001-9	G
5301	Brown Rice Spaghetti	454g	12	½		8-33125-00101-6	G
5302	Brown Rice Fettuccine	454g	12	½		8-33125-00102-3	G
5303	Brown Rice Fusilli	454g	12	½		8-33125-00103-0	G
5304	Brown Rice Penne	454g	12	½		8-33125-00104-7	G
5305	Brown Rice Elbows	454g	12	½		8-33125-00105-4	G
5306	Brown Rice Shells	454g	12	½		8-33125-00106-1	G
5307	Brown Rice Spirals	454g	12	½		8-33125-00107-8	G
5308	Brown Rice Lasagna	340g	12	½		8-33125-00108-5	G
5324	Spinach Rice Spaghetti	454g	12	½		8-33125-00201-3	G
5325	Vegetable Rice Fusilli	454g	12	½		8-33125-00303-4	G

ORGANIC WILD RICE PASTA

5310	Spaghetti	454g	12	½		8-33125-00411-6	G O
5311	Fusilli	454g	12	½		8-33125-00413-0	G O
5312	Penne	454g	12	½		8-33125-00414-7	G O
5313	Elbows	454g	12	½		8-33125-00415-4	G O
5314	Shells	454g	12	½		8-33125-00416-1	G O

ORGANIC BROWN RICE PASTA

5317	Spaghetti	454g	12	½		8-33125-00111-5	G O
5318	Fettuccine	454g	12	½		8-33125-00112-2	G O
5319	Fusilli	454g	12	½		8-33125-00113-9	G O
5320	Penne	454g	12	½		8-33125-00114-6	G O
5321	Elbow	454g	12	½		8-33125-00115-3	G O
5322	Fantaisa	454g	12	½		8-33125-00110-8	G O

ORGANIC QUINOA BROWN RICE PASTA

5327	Spaghetti	340g	12	½		8-33125-00601-1	G O
5328	Fusilli	340g	12	½		8-33125-00603-5	G O
5329	Penne	340g	12	½		8-33125-00604-2	G O



ALIMENTS

KOYO
FOODS INC.

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SAN-J**TAMARI 296mL**

6117	Tamari "black label" ~gluten free	296mL	6	C	0-75810-02126-2	G	K
6121	Tamari "gold label" ~ organic, gluten free	296mL	6	C	0-75810-00126-4	G O	K
6141	Organic shoyu "bronze label"	296mL	6	C	0-75810-04126-0	O	K
6116	Soy sauce ~ 50% less sodium	296mL	6	C	0-75810-02426-3	G	K
6124	Tamari low sodium "platinum label" ~ org	296mL	6	C	0-75810-00426-5	G O	K
6126	Tamari low sodium "white label"	296mL	6	C	0-75810-02326-6	G	K

GLUTEN FREE LOW SODIUM TAMARI

6118	Tamari "black label" ~ gluten free	592mL	6	C	0-75810-02136-1	G	K
6123	Tamari "gold label" ~ organic, gluten free	592mL	6	C	0-75810-00136-3	G O	K
6137	Soy sauce ~ 50% less sodium	592mL	6	C	0-75810-02436-2	G	K
6140	Tamari low sodium "platinum label" ~ org	592mL	6	C	0-75810-00436-4	G O	K
6139	Tamari low sodium "white label"	592mL	6	C	0-75810-02336-5	G	K

GLUTEN FREE SAUCES

6129	Korean BBQ style	296mL	6	C	0-75810-13026-1	G	K
6131	Hoisin sauce	296mL	6	C	0-75810-15026-9	G	K
6128	Thai style peanut	296mL	6	C	0-75810-14026-0	G	K
6130	Teriyaki sauce	296mL	6	C	0-75810-11226-7	G	K
6132	Szechuan style sauce	296mL	6	C	0-75810-12026-2	G	K

GLUTEN FREE LOW SODIUM SAUCES

6134	Teriyaki sweet sauce ~ 50% less sodium	296mL	6	C	0-75810-11326-4	G	K
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GLUTEN FREE TAMARI IN BULK

6135	Organic gluten-free tamari	18L	1	U	N/A	G O	K
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SPECIAL**ORDER ITEM****SANA****ORGANIC COCONUT FLOUR TORTILLAS**

8081	Original	215g	12	½	8-51186-00788-4	G	O
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SANTA CRUZ ORGANIC**ORGANIC FRUIT JUICE**

3698	Lemonade	946mL	12	½	0-36192-12313-5	O T	
3702	Raspberry lemonade	946mL	12	½	0-36192-12314-2	O T	
3707	Cherry lemonade	946mL	12	½	0-36192-12319-7	O T	
3706	Limeade	946mL	12	½	0-36192-12785-0	O T	
3664	100% lemon	473mL	8	C	0-36192-12715-7	O	
3661	Ginger ~ with lemon juice	236mL	12	½	0-36192-12365-4	G O	

SO DELICIOUS**MOUSSE DESSERTS**

9150	Salted caramel swirl	500mL	8	C	0-36632-07175-0	G	K
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ALIMENTS
KOYO
FOODS INC.

NOTES	KOYO ORDER CODE	DESCRIPTION	SIZE	U/C	MINIMUM ORDER	UPC #	CODE
	9151	Lemon swirl	500mL	8	C	0-36632-07172-9	G K
	9152	Peanut butter swirl	500mL	8	C	0-36632-07176-7	G K
		COCONUT MILK DESSERTS					
	9125	Vanilla bean	500mL	8	C	7-44473-27011-8	G K
	9128	Cookie dough	500mL	8	C	7-44473-27046-0	G K
	9113	Cold brew coffee	500mL	8	C	7-44473-00090-6	G K
		CASHEW DESSERTS					
	9107	Simply vanilla	500mL	8	C	7-44473-00066-1	G K
	9108	Creamy chocolate	500mL	8	C	7-44473-00067-8	G K
	9109	Cinnamon cookie dough	500mL	8	C	7-44473-00068-5	G K
	9111	Salted caramel cluster	500mL	8	C	7-44473-27613-4	G K
	9112	Dark chocolatey truffle	500mL	8	C	7-44473-27621-9	G K
	9114	Chocolate banana flambé	500mL	8	C	7-44473-00091-3	G K
		OATMEAL DESSERTS					
	9158	Oatmeal cookie	500ml	8	C	0-36632-07299-3	G T K
	9159	Peanut butter & raspberry	500ml	8	C	0-36632-07297-9	G T K
		MINIS SANDWICH DESSERTS					
	9135	Coconut ~ coconut milk	8x68mL	6	C	7-44473-27430-7	T K
		MINIS BAR DESSERTS					
	9137	Vanilla ~ coconut milk	4x68mL	6	C	7-44473-27411-6	G T K
	9138	Coconut almond ~ coconut milk	4x68mL	6	C	7-44473-27412-3	G T K
	9139	Mocha almond fudge ~ almond milk	4x68mL	6	C	7-44473-00025-8	G T K
	9140	Dipped salted caramel ~ cashew milk	4x68mL	6	C	7-44473-00074-6	G T K
		COCONUT WHIPPED TOPPING					
	9116	Original	266mL	12	C	7-44473-29997-3	G T K

SOBAYA

ORGANIC KAMUT NOODLES

6392	Soba ~ 80% kamut, 20% buckwheat	230g	12	½	0-57443-30702-9	O K
6393	Udon ~ 100% kamut	230g	12	½	0-57443-30704-3	O K
6394	Somen ~ 100% kamut	230g	12	½	0-57443-30706-7	O K

ORGANIC SPELT NOODLES

6397	Soba ~ 80% spelt grain, 20% buckwheat	230g	12	½	0-57443-30902-3	O K
6398	Udon ~ 100% spelt grain	230g	12	½	0-57443-30904-7	O K

ORGANIC NOODLES

6405	Udon ~ 100% whole wheat	230g	12	½	0-57443-30204-8	O K
6407	Soba ~ 30% buckwheat	230g	12	½	0-57443-30202-4	O K

NATURAL NOODLES

6408	Soba ~ 30% buckwheat	454g	12	½	0-57443-40101-7	K
6414	Natural udon	454g	12	½	0-57443-40102-4	K



ALIMENTS
KOYO
FOODS INC.

NOTES	KOYO ORDER CODE	DESCRIPTION	SIZE	U/C	MINIMUM ORDER	UPC #	CODE
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SPECTRUM

COCONUT OILS

4708	Organic coconut oil	414mL	12	½	0-22506-97469-2	O	K
4783	Coconut oil spray	170g	6	C	0-22506-06560-4		

CANOLA OILS

4752	Canola oil ~ organic	750mL	6	C	0-22506-47175-7	O	K
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OLIVE OILS

4749	Extra-virgin olive oil ~ unrefined, organic	375mL	6	C	0-22506-72137-1	O	K
4750	Extra-virgin olive oil ~ unrefined, organic	750mL	6	C	0-22506-72175-3	O	K
4782	Extra virgin olive oil spray	170g	6	C	0-22506-26581-3		K
4765	Mediterranean olive oil, organic	1L	6	C	0-22506-02204-7	O	K

OTHER OILS

4707	Walnut oil	375mL	6	C	0-22506-41637-6		K
4741	Safflower oil ~ refined, organic	375mL	6	C	0-22506-40337-6	O	K
4743	Sesame oil ~ unref, pressed wt solvents	375mL	6	C	0-22506-40437-3		K
4763	Almond oil ~ refined, pressed wt solvents	375mL	6	C	0-22506-41037-4		K

MAYONNAISE

4775	Organic mayonnaise	473mL	12	½	0-22506-20304-4	G O	K
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STARLITE

VEGAN TAQUITOS

	9460	Beef flavor	298g	6	C	0-37427-50720-1	G
	9461	Chicken flavor	298g	6	C	0-37427-50721-8	G
	9462	Chorizo & black bean flavor	298g	6	C	0-37427-50722-5	G

VEGAN ROLLED TACOS

	9463	Santa fe chicken flavor	340g	6	C	0-37427-50740-9	
	9464	Garlic chicken flavor	340g	6	C	0-37427-50741-6	
	9465	Chipotle chicken flavor	340g	6	C	0-37427-50743-0	

VEGAN ENCHILADAS

	9466	Green sauce	255g	6	C	0-37427-30750-4	G
	9467	Red sauce	255g	6	C	0-37427-30751-1	G
	9469	Bean & cheese	255g	6	C	0-37427-30753-5	G

SWEETCANE

ORGANIC MOLASSES

7364	Blackstrap molasses	500g	12	½	0-59443-21321-8	G O	K
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TAJ MAHAL

INDIAN MEALS ~ VEGAN

7250	Spinach dal	285g	6	C	0-59443-60001-8		
7251	Baingan bharta ~ eggplant	285g	6	C	0-59443-60002-5		



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7252	Dal tadka ~ lentils, onions	285g	6	C	0-59443-60003-2	
7253	Chana masala ~ chickpeas	285g	6	C	0-59443-60006-3	
7254	Aloo matar ~ potato & green pea	285g	6	C	0-59443-60008-7	
7255	Pav bhaji ~ mashed vegetables in sauce	285g	6	C	0-59443-60009-4	
INDIAN MEALS ~ DAIRY FREE						
7256	Palak paneer ~ spinach & cottage cheese	285g	6	C	0-59443-60004-9	
7257	Matar paneer ~ peas & cottage cheese	285g	6	C	0-59443-60005-6	
7258	Dal makhani ~ black gram in hot butter sauce	285g	6	C	0-59443-60007-0	
7259	Navratan korma ~ mix veg & cottage cheese	285g	6	C	0-59443-60010-0	

TASTE ADVENTURE

ORGANIC SOUPS - CUP

5816	Curry lentil soup	71g	6	C	0-32445-02612-3	G O
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BULK

5848	Split pea soup	10lbs	1	U	0-32445-00640-8	G O
5849	Refried pinto beans	10lbs	1	U	0-32445-00644-6	G O

TASTE NIRVANA

COCONUT WATER ~ GLASS BOTTLE

3570	Real coconut water	280mL	12	C	0-11259-80686-2	
3571	Real coconut water with pulp	280mL	12	C	0-11259-80688-6	
3572	Real coco aloe	280mL	12	C	0-11259-80113-3	

COCONUT WATER ~ GLASS BOTTLE

3573	Real coconut water	700mL	6	C	0-11259-90424-7	
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TERRA DELYSSA

FIRST COLD PRESS OIL

3112	Extra Virgin Olive Oil	500ml	6	C	6-191509-903641	G	K
3113	Extra Virgin Olive Oil	750ml	6	C	6-191509-903634	G	K
3117	Organic Extra Virgin Olive Oil	500ml	6	C	6-191509-903726	G O	K
3118	Organic Extra Virgin Olive Oil	1L	6	C	6-191509-903702	G O	K
3120	Organic Extra Virgin Olive Oil ~ Select	750ml	6	C	6-191509-903719	G O	K

ORGANIC INFUSED OLIVE OIL

3124	Chili pepper	250ml	6	C	6-191509-902811	G O	K
3125	Garlic	250ml	6	C	6-191509-902804	G O	K
3126	Lemon	250ml	6	C	6-191509-902798	G O	K
3127	Basil	250ml	6	C	6-191509-902781	G O	K

DATES

3130	Organic pitted dates	340g	12	½	8-68464-00017-8	G O	K
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TIAMO FOODS

OH MY BUTTER ~ DAIRY FREE SPREAD



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❄	7480	Salted	255g	24	¼	8-05362-34001-2	G
❄	7481	Garlic & herb	255g	24	¼	8-05362-34101-9	G
PLANT BASED ENTRÉES							
❄	7475	Golden curry	376g	12	½	8-05362-81011-9	
❄	7476	Thai medley	376g	12	½	8-05362-81012-6	
❄	7477	Harvest Stew	376g	12	½	8-05362-81013-3	
❄	7478	Regal stew	376g	12	½	8-05362-81014-0	
❄	7479	Sundried tomato alfredo sauce	376g	12	½	8-05362-91011-6	

🍁 TINKYADA

ORGANIC BROWN RICE PASTA

5439	Elbows	340g	12	½	6-21683-01055-3	G O	K
5440	Lasagna	280g	12	½	6-21683-01135-2	G O	K
5444	Spaghetti	340g	12	½	6-21683-02015-6	G O	K
5445	Spirals	340g	12	½	6-21683-02125-2	G O	K
5446	Penne	340g	12	½	6-21683-02115-3	G O	K

BROWN RICE & WHITE RICE PASTA

5451	Brown rice shells	454g	12	½	6-21683-92075-3	G	K
5442	Spinach brown rice spaghetti	340g	12	½	6-21683-62015-8	G	K
5447	Brown rice spaghetti	454g	12	½	6-21683-92015-9	G	K
5449	White rice spaghetti	454g	12	½	6-21683-52015-1	G	K
5443	Vegetables brown rice spirals	340g	12	½	6-21683-72125-1	G	K
5450	Brown rice spirals	454g	12	½	6-21683-92125-5	G	K
5438	Brown rice little dreams	397g	12	½	6-21683-91145-4	G	K
5441	Brown rice lasagna	280g	12	½	6-21683-92135-4	G	K
5448	Brown rice fettucini	397g	12	½	6-21683-92025-8	G	K
5452	Brown rice penne	454g	12	½	6-21683-92115-6	G	K
5453	Brown rice elbows	454g	12	½	6-21683-92055-5	G	K
5454	Brown rice fusilli	454g	12	½	6-21683-92065-4	G	K

BROWN RICE PASTA IN BULK

5455	Brown rice spaghetti	10lbs	1	U	6-21683-92014-2	G	K
5456	Brown rice spirals	10lbs	1	U	6-21683-92124-8	G	K
5457	Brown rice shells	10lbs	1	U	6-21683-92074-6	G	K
5458	Brown rice penne	10lbs	1	U	6-21683-92114-9	G	K
5459	Brown rice elbows	10lbs	1	U	6-21683-92054-8	G	K
5462	Brown rice lasagna	10lbs	1	U	6-21683-92134-7	G	K

🍁 TRACE WATER

NATURAL ALKALINE SPRING WATER

3140	Water 7.7pH ~ bottle	500ml	12	½	6-28055-06300-1		
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ALIMENTS

KOYO
FOODS INC.

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3141	Water 7.7pH ~ bottle	1L	12	½	6-28055-06319-3
3142	Water 7.7pH ~ bottle	4L	4	C	6-28055-06307-0
3143	Water 7.7pH ~ cans	355ml	24	½	6-28055-06340-7

TRADITION MISO

ORGANIC MISO

±	6210	Brown rice miso	450g	12	½	8-12139-00001-7	O
±	6211	Barley miso	450g	12	½	8-12139-00002-4	O

TRADITIONAL MEDICINALS

ORGANIC SEASONAL TEAS

CHANGED	8419	Echinacea plus ~ elderberry	24g	6	C	0-32917-00740-7	O	K
CHANGED	8442	Echinacea plus ~ original with spearmint	24g	6	C	0-32917-00741-4	O	K
CHANGED	8423	Throat coat ~ lemon echinacea	32g	6	C	0-32917-00765-0	O	K
CHANGED	8455	Throat coat ~ original with slippery elm	32g	6	C	0-32917-00766-7	O	K

SEASONAL TEAS

CHANGED	8450	Breathe easy ~ eucalytus mint	24g	6	C	0-32917-00733-9		K
CHANGED	8451	Cold formula ~ elderflower	28g	6	C	0-32917-00736-0		K

ORGANIC HERBAL TEAS

	8438	Reishi mushroom with rooibos & orange peel	24g	6	C	0-32917-00770-4	O	K
CHANGED	8415	Licorice root	24g	6	C	0-32917-00753-7	O	K
CHANGED	8416	Nettle leaf	32g	6	C	0-32917-00755-1	O	K
CHANGED	8433	Ginger	24g	6	C	0-32917-00747-6	O	K
CHANGED	8421	Fennel	32g	6	C	0-32917-00744-5	O	K
CHANGED	8425	Hibiscus	28g	6	C	0-32917-00751-3	O	K
CHANGED	8426	Lemon balm	24g	6	C	0-32917-00752-0	O	K
CHANGED	8443	Chamomile	26g	6	C	0-32917-00735-3	O	K
CHANGED	8432	Chamomile with lavender	24g	6	C	0-32917-00734-6	O	K
	8445	Turmeric with meadowsweet & ginger	32g	6	C	0-32917-00768-1	O	K
CHANGED	8439	Raspberry leaf	28g	6	C	0-32917-00759-9	O	K
CHANGED	8440	Roasted dandelion root	24g	6	C	0-32917-00760-5	O	K
CHANGED	8430	Dandelion leaf & root	28g	6	C	0-32917-00738-4	O	K
CHANGED	8444	Peppermint	24g	6	C	0-32917-00758-2	O	K
	8448	Spearmint	24g	6	C	0-32917-00763-6	O	K
CHANGED	8436	Hawthorn with hibiscus	32g	6	C	0-32917-00750-6	O	K

ORGANIC LAXATIVE TEAS

CHANGED	8422	Smooth move ~ senna peppermint	32g	6	C	0-32917-00761-2	O	K
CHANGED	8453	Smooth move ~ original with senna	32g	6	C	0-32917-00762-9	O	K

ORGANIC GREEN TEAS

CHANGED	8420	Ginger	21g	6	C	0-32917-00748-3	O	K
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CHANGED	8441	Lemongrass	24g	6	C	0-32917-00749-0	O K
	8418	Matcha with toasted rice	24g	6	C	0-32917-00771-1	O K
		ORGANIC RELAXATION TEAS					
CHANGED	8427	Nighty night extra ~ valerian	24g	6	C	0-32917-00756-8	O K
CHANGED	8456	Nighty night ~ original with passionflower	28g	6	C	0-32917-00757-5	O K
	8449	Cup of calm ~ lavender mint	24g	6	C	0-32917-00764-3	O K
CHANGED	8429	Stress soother ~ cinnamon	24g	6	C	0-32917-00764-3	O K
CHANGED	8437	Tulsi with ginger	32g	6	C	0-32917-00767-4	O K
		ORGANIC DIGESTIVE TEAS					
CHANGED	8431	Ginger aid	32g	6	C	0-32917-00745-2	O K
CHANGED	8457	Belly comfort ~ peppermint	28g	6	C	0-32917-00739-1	O K
		ORGANIC WOMEN'S TEAS					
CHANGED	8434	Mother's milk ~ original w/ fennel & fenugreek	28g	6	C	0-32917-00754-4	O K
CHANGED	8452	Weightless ~ dandelion hibiscus	32g	6	C	0-32917-00769-8	O K
		ORGANIC DETOX TEAS					
CHANGED	8428	Everyday detox ~ dandelion	24g	6	C	0-32917-00742-1	O K
CHANGED	8447	Everyday detox ~ lemon	24g	6	C	0-32917-00743-8	O K

TUBIFY**ORGANIC CRAFT FREEZIES**

	9230	Mango tiger	330ml	12	½	6-58055-43203-6	O
	9231	Raspberry raven lemonade	330ml	12	½	6-28055-43201-2	O
	9232	Minty moose limeade	330ml	12	½	6-28055-43206-7	O
	9233	Coconut koala caffe latte	330ml	12	½	6-28055-43208-1	O

 TUNAH**SIMULATED VEGAN PLANT BASED TUNA**

9492	Tunah in oil	150g	12	½	8-51335-00045-2	
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UDI'S**GLUTEN FREE BAGELS**

	7447	Plain bagel	396g	8	C	6-98997-80954-8	G	K
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GLUTEN FREE LOAF

	7430	White sandwich loaf	340g	8	C	6-98997-80910-4	G	K
	7435	Delicious whole grain sandwich loaf	340g	8	C	6-98997-82915-7	G	K

GLUTEN FREE PIZZA CRUSTS

	7457	Pizza 9" crust	224g	8	C	6-98997-80917-3	G	K
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GLUTEN FREE PIZZA



ALIMENTS

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	7458	Four cheese pizza	497g	6	C	6-98997-80624-0	G K
	7459	Margherita pizza	493g	6	C	6-98997-80625-7	G K
GLUTEN FREE BUNS							
	7442	Classic hamburger buns	296g	8	C	6-98997-80913-5	G K

URBANI

APPETIZERS ~ ARANCINI RISOTTO BALLS

	9480	Mozzarella	280g	8	C	8-51335-00030-8	
	9481	Italian ~ Italian sausage & mozzarella	280g	8	C	8-51335-00031-5	
	9482	Marinara ~ tomato sauce, peas & mozzarella	280g	8	C	8-51335-00033-9	
	9483	Porcini ~ wild mushroom & cream cheese	280g	8	C	8-51335-00034-6	

VEGETARIAN GOURMET

ARTISAN VEGAN BURGERS

	9430	Quinoa & chickpea	4x100g	12	½	6-27843-51737-5	G
	9431	Mexican spicy 3-bean	4x100g	12	½	6-27843-51739-9	G
	9432	Lentil & walnut	4x100g	12	½	6-27843-51741-2	G
	9433	Sweet potato & black bean	4x100g	12	½	6-27843-51743-6	G
	9434	Eggplant & tahini	4x100g	12	½	6-28110-15008-0	G

ARTISAN VEGAN BEET BALLS

	9435	Beetballs ~ with fresh beets and lentils	260g	12	½	6-27843-51737-5	G
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VORTEX 9.5 PH

GLACIAL ALKALINE WATER

4180	Vortex 9.5	500mL	24	C	6-61431-10050-1	K
4182	Vortex 9.5	1.5L	12	C	6-61431-10150-8	K
4183	Vortex 9.5	4L	4	C	6-61431-10150-8	K

WESCANA FOODS

ORGANIC GLUTEN FREE OATS

4430	Steel cut oats	1Kg	6	C	8-84063-20001-6	G O K
4431	Rolled oats	1Kg	6	C	8-84063-20002-3	G O K
4432	Quick oats	1Kg	6	C	8-84063-20003-0	G O K

WESTERN RICE MILLS

ORGANIC RICE

5255	Long grain brown rice	907g	6	C	0-61052-50630-8	G O K
5256	Short grain brown rice	907g	6	C	0-61052-50629-2	G O K
5257	Brown jasmine rice	907g	6	C	0-61052-40719-3	G O K
5258	White jasmine rice	907g	6	C	0-61052-40720-9	G O K



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WHOLESONE SWEETENERS**SUGAR**

8964	Organic sucanat	907g	6	C		0-12511-30500-0	O K
8965	Fair trade organic turbinado raw cane sugar	680g	6	C		0-12511-44471-6	O K
8962	Fair trade raw cane sugar	680g	6	C		0-12511-47071-5	K
8966	Organic icing sugar	454g	6	C		0-12511-32004-1	O K
8970	Organic light brown sugar	680g	6	C		0-12511-44641-3	O K
8971	Organic dark brown sugar	680g	6	C		0-12511-44652-9	O K
8968	Organic golden sugar	454g	6	C		0-12511-47031-9	O K
8969	Organic golden sugar	907g	6	C		0-12511-40600-4	O K

ORGANIC COCONUT PALM SUGAR

8976	Coconut palm sugar	454g	6	C		0-12511-97106-9	O K
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ORGANIC BLACKSTRAP MOLASSES

8960	Blackstrap molasses unsulphured	662g	12	½		0-12511-60000-6	O K
8961	Blackstrap molasses unsulphured	1.13kg	6	C		0-12511-70000-3	O K

ZERO CALORIE SWEETENERS

8987	Organic stevia - 35 packets	35x1g	6	C		0-12511-97635-4	O K
8988	Organic stevia - 75 packets	75x1g	6	C		0-12511-97675-0	O K

ORGANIC AGAVE

8972	Organic blue agave	240mL	6	C		0-12511-47121-7	O K
8973	Organic blue agave	480mL	6	C		0-12511-47231-3	O K
8980	Organic blue agave	900mL	6	C		0-12511-47441-6	O K
8974	Organic blue agave ~ raw	240mL	6	C		0-12511-47312-9	O K
8975	Organic blue agave ~ raw	480mL	6	C		0-12511-47323-5	O K
8981	Organic blue agave ~ raw	900mL	6	C		0-12511-47644-1	O K

WHOLLY GLUTEN FREE**GLUTEN FREE PRODUCTS**

	8485	Pie shells ~ 2 pack ~ 9" (23cm)	422g	6	C	0-74677-99033-9	G K
	8486	Fudge brownies	198g	12	½	0-74677-99008-7	G K
	8487	Pizza crusts ~ 3 pack	283g	6	C	0-74677-99060-5	G K

WHOLLY WHOLESOME**ORGANIC PIE SHELLS**

	8470	Traditional ~ 2 pack ~ 9" (23cm)	396g	12	½	0-74677-99010-0	O K
	8471	Whole wheat ~ 2 pack ~ 9" (23cm)	396g	12	½	0-74677-99011-7	O K
	8472	Spelt ~ 2 pack ~ 9" (23cm)	396g	12	½	0-74677-99012-4	O K



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THE WIZARD'S

SAUCES

9815	Original hot stuff spicy sauce	147mL	12	½	0-11206-00405-1	
9816	Worcestershire sauce	147mL	12	½	0-11206-00408-2	
9820	Vegetarian worcestershire sauce	295mL	12	½	0-11206-00418-1	
9813	Organic wheat free vegan worcestershire	251mL	12	½	0-11206-00419-8	G O

YOGI TEA

FUNCTIONAL TEA

9855	Restful sleep	32g	6	C	0-76950-20348-8	K
9856	Calming tea	29g	6	C	0-76950-20347-1	K
9859	Lemon DeTox	29g	6	C	0-76950-20346-4	K

ORGANIC HERBAL TEA

9853	Lemon ginger	36g	6	C	0-76950-65017-6	O K
9854	Ginger tea	32g	6	C	0-76950-65011-4	O K
9857	Stress relief ~ chamomile passionflower	29g	6	C	0-76950-20702-8	O K

ORGANIC GREEN TEA

9852	Kombucha	32g	6	C	0-76950-65021-3	O K
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ORGANIC HERBAL SPICE TEA

9860	Egyptian licorice	36g	6	C	0-76950-61516-8	O K
9883	Chai rooibos	36g	6	C	0-76950-61533-5	O K

YORKSHIRE VALLEY FARMS

ORGANIC CHICKEN

 8770	Chicken breast fillets	480g	12	½	7-32352-13586-3	O
 8771	Chicken bites	454g	12	½	7-32352-78065-0	O

ORGANIC MEATBALLS

 8775	Chicken	400g	9	C	8-40294-08017-9	O
 8776	Turkey	400g	9	C	8-40294-080018-6	O

ORGANIC POT PIE

 8773	Turkey tourtiere	700g	6	C	8-40294-08022-3	O
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