

Health is not Given, It is earned

Like all of us it is life's experience's that dictate your passions, and direct your paths. This is my story on how I became involved with Iridology.

I experienced major complications during a minor operation that went wrong and caused severe hemorrhaging which required 5 pints of blood, then daily transfusions every day for a couple of weeks in the hospital till they found where they made their mistake . One year later I was struck with a virus that Completely paralyzed me, Gulliam Bare Syndrome, they called it, 1 out of 100,000 get it. There were concerns of being in a wheelchair, and the use of a respirator system called an iron lung for breathing. Fortunately, I was sent to a Dr, and he had lost a family member from this rare syndrome which caused him to study it in depth. He combined his medical knowledge along with Holistic methods. He combined mega doses of B vitamins, especially (B1 Thiamine) and had me walking and using my arms again, and resumed my breathing ability. His only advise to me was to nurture my nervous system with Vit. B's throughout my life.

It was then that I learned that strong faith, nutrition, diet, and the use of natural whole food supplements combined with exercise and sunshine leads to good health

Since the last health problem, I had recurring respiratory infections and I once allowed my Aunt Mary to do cuppings on me, I had these crazy round purple marks on my back, I thought that was crazy to do to someone. Little did I know she was ahead of her time. Cuppings are now in the medical books and used in many alternative fields.

Through life I always studied health and nutrition as a hobby, it was my passion to help everyone . I became a personal trainer and worked for a few fields involving health and nutrition.

As the years progressed it became aware to me that I was not one of those people that can abuse themselves and get away with it. It wasn't till I learned the field of Iridology that your constitutional iris structure represents a body with a strong or weak resistance to dis-ease, and how some people can abuse themselves and get away with it, and some people must nurture themselves to stay healthy according to the structure integrity of the iris.

Iridology brings all of my life experience full circle. I was blessed and I recovered from a syndrome that could of paralyzed me for life or killed me and I see people with disabilities in wheelchairs, walkers, tracheostomy so they can breathe. I had a full recovery because of faith, a strong will, a great family and doctor with his belief in using alternative methods and not drugs, which he was reported for, along with my new boyfriend who carried me into that hospital paralyzed who is my husband of 40 years, and we have a great son. I am very thankful for my blessed life.

I also watched my mother battle radical breast cancer, and through faith, nutrition and good doctors, she is here over 30 years later.

As a child my father would breed and race birds. He had a reputation for breeding champions. His secret was nutrition and training from analyzing the iris of the eye of the bird. Who knew then I would go into the same field of eye analysis. My uncle who raced horses did the same. When I started studying Iridology 9 years after my dad's passing, It was from him that I respected the value of Iridology and how the iris relates to the body systems and its ability to detect the body's strengths and weaknesses.

I think it was his passing from asthma complications due to a staph infection that turned into septic shock in the hospital, which I still can't accept, and then watching my great niece diagnosed with type 1 diabetes at age 4, is what drove it home for me, and I wanted to learn more, know more, help more, and give more to family, friends, and all those who care enough to understand their own genetic blueprint and where their strengths and weaknesses lie in their body systems.