# Temple of the Sun and Moon

## **Luminous Devotionals**

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#### INTRODUCTION

Welcome to the Temple of the Sun and Moon. You hold in your hands a unique and very personal book. Many of the lessons I have returned to throughout my years as both a teacher and seeker of occult wisdom were those that stood right in front of me. They were not the imagined hidden stores that I had to procure exactly the right key to gain access to. Rather, they were part of the most mundane of my activities and had travelled with me throughout the cycles of days, seasons and years. I had but to look upwards and see the beauty of the Sun and the Moon reflective and radiant in their downpour.

The most profound of these lessons was found in connecting more fully to the Sun and the Moon as part of my daily devotional practice. This connection reached deeper than my usual honoring of them as luminaries of spiritual and magickal expression. To enter into a more complete relationship with them, I had to also come to know the greater potential that lay within each dawn or new moon. As I began to reveal these deeper meanings, an intricate webbing of inter-connectedness became my own unique tapestry. Each space of devotion and acknowledgement of my connection to the dynamic energy of the Solar and the flowing movement of the Lunar produced another thread of weaving, changing this luminous tapestry in response to the changes within myself.

### What I Have Chosen to Include:

As I sat down to write this book it was apparent that there were many approaches I could take to this vast topic of the Sun and Moon. At first glance it may be assumed that this is a book about astrology and although that discipline weighs heavily into the work of the Sun and the Moon I want to show you something more.

Part One begins with a simple pathworking of reminder about our home in this greater Cosmos. This lifetime's experience is played out on Earth and we are the recipients of all that is physical and manifest that comprises that human existence on this very much alive planet. As you progress through the book you may wish to return to this section and see how your thoughts about what your true connection to this planet is after spending some time in the Temple of the Sun and Moon.

Parts Two and Four explore the energy of the Sun and the Moon in their physical and spiritual forms. These writings include pathworkings and experiential practices using the assigned alchemical elements for each, their specific phases and cycles, flow of their energies through our subtle anatomy and more.

Parts Three and Five are poetic and prose renditions of devotionals that arose from experience, ritual, meditation and communion with the Sun and the Moon. These are the writings that were gifted as I sat in the Temple of these luminaries and surrendered to the wisdom they offered.

An additional perspective I've included is the Qabalistic attributions of the Sun and the Moon on the Hermetic Tree of Life. This may appear to be a random inclusion and not really relevant when taken out of context from a very complex system. But, what often appears to be random is precisely the bridge needed to get from one body of knowledge to another. Once you stand at that mid-point of crossing, a panoramic view opens before you, allowing more to be seen and more to be appreciated. The randomness now has become the intentional new path to be explored. To assist in the understanding of these correlates I've included in **Appendix One** an overview of the Qabalah that will give just enough information for you to draw the necessary conclusions.

## How to Use This Book:

You will find some theory, but only just enough to whet your appetite for finding what will feed our hunger for more. Most of what is contained, however, is words that will stimulate your creative nature. The combination of prose, poetry and pathworking is a style I have been using for quite some time. And, has been successful in creating a richer, more sensorial experience in working through any information provided. As you read through the various sections, explore the feelings and imagery that arises. Breathe into the space of what is between the words and hold the intention that this is as much a journey into the mind as one of strengthened will and emotional flexibility. Most importantly, be open to the possibilities of seeing the Sun and the Moon in a new light of understanding.

# How to Use The Pathworkings:

There are many ways to imprint information into the storehouses of your memory. One of the tools used in magickal study is through the use of a Pathworking. Pathworkings differ from guided mediations in that, if skillfully constructed, each component, object, location or color is meant to open your subconscious to a deeper level of understanding. Each word and the way in which you arrive at, leave or interact with a space calls up a stored memory of experience in this or other lifetimes that reveals yet another key to the larger puzzle of our Soul's purpose.

Additionally, these pathworkings can be used to establish a regular meditation practice that will make your mind more receptive to all manner of information and studies.

**Good-** Read through the pathworking each time you want to use the pathworking. Make note of pausing in the reading wherever it feels like more time would be spent in the specific train of thought. **Better-** Read through the pathworking several times and as you do so, try to set up key points that you wish to have stored in the memory. In this way, you can create your own scenarios using the structure of the original pathworking without having to read through the text each time.

**Best-** Employ the physicality of recording the pathworking in your own voice. This action produces an effective and recognizable neurological imprint that serves to induce physiological response and imprint to listen to. You will be benefitting from the experience at both the mental and physical levels.

**Making the Recording-** When you are ready to make the recording be sure to select a space where you will not be interrupted and has minimal background noise.

Be sure to speak slowly (more so, if you tend to speak quickly and do not annunciate well) and clearly and to give pause where it would naturally occur if you were reading aloud. There may be some points in the meditation where you will want to spend several minutes in the locale that is being presented. Remember to give an adequate time of silence for this. **Do not stop the recording**. Simply stop speaking, allowing for an extended space of silence on the recording and allow the amount of time you wish to pass before you resume the reading of the pathworking.

Regardless of what method you use, remain open and receptive to what presents to you beyond what has been scripted through the pathworking as you move through them. Having a journal to record your impressions is a valuable exercise, particularly if you plan to return to a chosen pathworking for repeated exploration.

May your journey be blessed by the luminous light of The Temple of the Sun and Moon.....

Luna looks down And the spell is cast.

Father Sun fuels the intent And sustains the Creative flow.

Weave Your Magick of Light

Build your Temple of Quickening Flame
That strengthens
A call to informed Will
Forged on the anvil
Of
Spirit's heated intent.

Dream your Temple of Waters
That ebb and flow
As the tides reach towards
The rocky shores
Of
Soul's return.

For you are the blessed child
Of
Sun and Moon
And hold the gifts of
Their kingship.

And the heavens offer up
Devotion to your birthright
And await your
Gentle hand of creation.