



2021 Virtual Conference

Join us for our Virtual Conference this year!

What: LADA Annual Conference
When: Friday, May 21st from 11am-4pm
Friday, May 28th from 11am-4pm

Full Conference Attendance will offer **8 CE's**
(applied for through NCCAP)

May 21st Schedule:

- 11am Welcome by Teresa Good, CTRS, LADA President
- 11am-1pm CE Session 1: "The Process of Working with Grief and Loss" with Sarah Krick, LSW
- 1pm-2pm Lunch Break
- 2pm-4pm CE Session 2: "Laughter Yoga" with Alexa Drubay
- 4pm Final Remarks for Day 1 of Conference

May 28th Schedule:

- 11am Welcome by Teresa Good, CTRS, LADA President
- 11am-1pm CE Session Part 1: "Validation" with Jim Day
- 1pm-2pm Lunch Break
- 2pm-4pm CE Session Part 2: "Validation" with Jim Day
- 4pm Closing Remarks for Day 2 of Conference

***Zoom login and password information will be sent out closer to the conference. Please be sure to provide your email address so that we can send the invite and information to you!

Seminar Cost Details:

LADA Member Fee ~

One Day Attendance (4 CE's) – \$30
Full Conference/Both Days (8 CE's) – \$50

Non-Member Fee ~

One Day Attendance (4 CE's) – \$40
Full Conference/Both Days (8 CE's) – \$70

Please be aware, due to the nature of this virtual conference, we plan to implement 3 phases of attendee verification in order for you to receive any CE Certificates.

To receive your CE's, you will need to:

- 1 – Register for the respective sessions,
- 2 – "Sign In" via the Zoom chat during the session(s),
- 3 – Complete and submit a questionnaire upon completion of conference attendance.

If you have any questions regarding the seminar, please contact:

Teresa Good, CTRS, LADA President
at tgood@pvcommunities.org



Mark Your Calendar

***Please Note:** Conference line-up pending approval from NCCAP. Upon approval, we will be sending out an updated flyer with the official registration information for you to fill out and return!

Speakers for the 2021 Conference:

Jim Day – Completed three years of training to become certified as a Validation Teacher in 2007, while working as Chaplain for Country Meadows, Lancaster, PA. For three years, he operated James Day Seminars, teaching the Validation method of dementia care in Pennsylvania, and in Michigan, as well as through a computer-based webinar with students across the country. To date he has 30 years of public speaking experience.

Alexa Drubay – is a Laughter Yoga Master Trainer (MT) and a Laughter Ambassador, who trained at Laughter Yoga International in India with the founder of Laughter Yoga, former physician Dr. Madan Kataria. Alexa leads sessions, workshops and retreats for all types of groups from young students to older adults. She laughs with health care professionals, brings laughter well-being to the corporate world and to all manner of public and private groups. She is a Laughter Coach & Mentor.

Sarah Krick, LSW – Sarah Krick is a Licensed Social Worker and is a therapist at Behavioral Healthcare Consultants, P.C. in Lancaster. She provides outpatient individual therapy to adolescents and adults with a variety of concerns including: depression, anxiety, substance use, trauma, adjustment, grief and loss. She utilizes therapeutic models including Cognitive Behavioral Therapy, Systems perspective, and Relational approach.

She received her Bachelor degree in Social Work from Messiah University in Mechanicsburg PA, and went on to get her Master in Social Work at University of Pennsylvania in Philadelphia. She began working at a methadone clinic in South Philadelphia as a therapist. This is where she began to work with trauma and grief/loss almost on a daily basis. Sarah continues to work with clients who have experienced loss in their lives and is looking forward to sharing her experience, including helpful ways to support your patients and how to care for yourself while caring for others.

“Develop a passion for learning. If you do, you will never cease to grow.” – Anthony J. D’Angelo

If you have any questions regarding the seminar, please contact:
Teresa Good, CTRS, LADA President at tgood@pvcommunities.org

The Lancaster Activities Directors Association...

... was established in 1980 to enhance the lives of elders by supporting, through networking and education, the people in Lancaster County and the surrounding area who work with them as activity professionals. Through monthly meetings, our website and Facebook page, and our annual conference, we provide opportunities for sharing new ideas and methods, working together to provide solutions to common challenges within our profession. We mentor those who are new to the profession and encourage all members to become highly qualified in the profession through certification and continuing education. We promote the work of activity professionals both within communities serving seniors and to the public. We encourage and support state and national participation within our organization.

To join, visit:

<http://www.joinlada.org/join.html>