

Essex Senior News

JULY 2019

An update from Essex Area Senior Center

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CONTACT INFORMATION

Essex Area Senior Center
2 Lincoln Street
Essex Junction, VT 05452
802-876-5087
www.essexvt seniors.org

Happy Fourth of July



July Fourth Word Search



| | | |
|-------------|--------------|------------|
| ADAMS | FOURTH | NATION |
| AMERICA | FREEDOM | PARADE |
| BARBECUE | HOTDOGS | REVOLUTION |
| COLONIES | INDEPENDENCE | RIGHTS |
| CONGRESS | JEFFERSON | STATES |
| DECLARATION | JULY | THIRTEEN |
| EQUALITY | LIBERTY | UNITED |
| FIREWORKS | | |

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Volunteer Today!

Please consider joining one of our center committees and making a real difference. All committees – **Programs, Craft Festival and Meal-Site** are looking for new members and would be happy to hear from you. If you would like further information this summer, please see Sarah in the EASC office.

Welcome New & Renewed Members!

Frances Wager

Douglas Bickford

Donna Kinkel

Laura Prior

Renee Bugeja

Shirley King

2019 New & Renewal Memberships



EASC memberships are for individuals 50 years of age or older.

Annual membership dues are \$12 for Essex residents and \$15 for those living outside the Essex community. Please make checks payable to Village of Essex Junction. If you would prefer the monthly newsletter mailed to your home, please add \$6.50 to your membership payment for the year of mailings.



ESSEX AREA SENIOR CENTER – WHAT TO KNOW

The Essex Area Senior Center (EASC) is a warm and welcoming place for residents of the Essex community and non-residents from neighboring towns. We have grown over the years and are a vibrant group who love to gather, socialize, play games, venture on trips together, dine together, try new things and so much more. The Center is a home-away-from-home for many, and consists of a strong membership who continue to volunteer regularly, as well as fundraise for upgrades, improvements and new ideas.

Everyone at the Center is also a wealth of knowledge. You never know what you will learn, or who you will speak to that can help you with something you have been trying to work through. Staff is there to help you get the information you are searching for, but also help utilize one another to learn about new hobbies, stores, deals around the community and so much more. It truly is a small world, after all!

Our Center is strong and healthy because of its members. Alongside the membership, the Center has a long-standing relationship with the Village of Essex Junction Trustees who graciously provide the space and utilities to the membership and visitors. EASC is also staffed with a member from the Essex Parks and Recreation department; the Program Director of Senior Services – Nicole Mone-St. Marthe – is supported by both the director of Essex Parks and Recreation and Essex Junction Recreation & Parks.

Please feel free to stop by and ask questions, renew your membership, tell your non-member friends about joining the Center and to stop by to say hi and participate!

Please Note



The Center will be closed on holidays observed by the Town of Essex municipality.

We will be closed on **Thursday, July 4th** for the Fourth of July.

JULY LUNCHEONS AT – A - GLANCE



SUMMER LUNCHEON SCHEDULE: READ BELOW FOR MORE DETAILS

Typically, EASC plans luncheons every Wednesday from late August through the month of May. During this timeframe, luncheon locations may vary between an area restaurant, the Essex Middle School, or right here at 2 Lincoln Street in the main room at the Center. We work with the Culinary program through the Center for Technology – Essex (CTE) for soups provided at the hosted meal-site luncheon or for Friday soup & sandwich days.

The Meal-Site Committee will be meeting in early June to plan for the next “school year” of meals. Updates will be provided as they are confirmed and sign-ups for early fall will take place at the Center.

In the meantime....

This summer, we are working on having meals at the parks in our beautiful community, on the lake or at area restaurants, preferably with outdoor seating.

Sign-up sheets will be at the Center and you must sign up ahead of time. Check the monthly calendar and don't forget to check in for any updates.

| DATE | LOCATION | MEAL | PRICE / PROGRAM |
|--|--|--|--------------------------------|
| July 10th Senior Summer Picnic | Maple Street Park @ 12- 1:30 *Call the van the day before if you need a ride | Hot dogs, hamburgers, potato salad, beans, fruit salad, cookies and ice tea/lemonade all provided There will also be entertainment! | \$7 |
| July 17th Picnic in Park | Maple Street Park @ 11:30- 1 *Call the van the day before if you need a ride | B.Y.O Bag Lunch Refreshments will be provided | \$2/ member \$4/ non-member |
| July 31st POTLUCK | EASC @ 11:30 | Bring a dish to share! | \$4 if you don't bring a dish |



BINGO Callers

| | |
|-----------------------|-----------------|
| July 2 nd | Cathy Burke |
| July 9 th | Martha DiMaggio |
| July 16 th | Maddie Lister |
| July 23 rd | Cathy Burke |
| July 30 th | Donna Harnish |

Thank you to this month's BINGO callers!
Who is ready to call in August?



Madeleine Arthur Raymond Hebert Barbara
Joachim Hawley D. Jones Roselyn Keene
Florence Kimball Joann Leedy Mary Lomas
Maurice(Moe) Mannings Janet Phyllis Maurice
Marie Puttlitz Yvonne Raciocot Rolande Ryan
Keith Thomas Ann Towle Arlan(Skip) Towle
Linda Wheel

JULY PROGRAMS!

Wii Bowling is BACK!!! Whether you are new to Wii bowling or a league ringer, come and join the fun on **JULY 8th at 10:30** in the game room. No fee or pre-registration required.

EASC Book Club On **July 18th at 10:30 am**, join the book club to discuss The Giver, by Lois Lowry. Described by the The Guardian as "... a morally driven and interesting story about a young boy called Jonas who lives in a society free of crime and sadness...."

SENIOR VAN TRANSPORTATION

The Essex Senior Vans are available Monday – Friday for medical appointments (priority), grocery shopping, rides to and from the Senior Center and more. This service is FREE to Essex Community residents, who are 60+ in age. Reservations can only be made one business day in advance.

Looking for a ride?

Call **878-6940** Monday thru Friday, between 9:00am – Noon for a reservation.

NEW TO THE VANS?

Call **876-5087** for a New Rider packet to be mailed to you. All necessary forms must be completed prior to your first appointment on the vans.

VOLUNTEER



EASC Committees – Interested in joining?

Do you have new and exciting ideas you'd like to share with the EASC community? Do you enjoy volunteering? If so, please consider joining one of our center committees and making a real difference. All committees – Programs, Craft Festival and Meal-Site are looking for new members and would be happy to hear from you. If you would like further information this summer, please see Sarah in the EASC

office.

We are also looking to form a fundraising committee, if that interests you please see Sarah in the EASC office!

The Meal Site Advisory Board will be meeting at **10:00 am** on Wednesday, July 10th

The Program Committee will be meeting at **3:00 pm** on Thursday, July 18th

The Craft Festival Committee will be meeting at **2:00pm** on Thursday, July 18th



Karen's Kloset has recently inquired with staff to see if any members are in need of clothing items. If you are in need of certain items or know a friend or neighbor who could use some "new" things, please let Sarah know at the Center. Karen's Kloset is a resale clothing and accessories store on Park Street in Essex Junction.

Other Programs:

Into the Woods | Hyde Park Opera

Into the Woods is a modern twist on the beloved Brothers Grimm fairy tales in a musical format that follows the classic tales of Cinderella, Little Red Riding Hood, Jack and the Beanstalk, and Rapunzel-all tied together by an original story involving a baker and his wife, their wish to begin a family and their interaction with the witch who has put a curse on them.

Ages 55+ | Sunday | July 21 | 2:00 p.m. showtime | Hyde Park Opera House | \$18.00 Res. / \$20.00 Non res.

The Senior Van will leave Essex at approximately Noon.

Space is limited to 12 passengers with only a few spots left!

Price includes transportation and admission. The trip includes a stop for dinner after the play at your own expense.

**** Did you know you can now register for these programs at 81 Main Street OR 2 Lincoln @ EASC? Cash & check payments allowed at EASC; Cash, check, Visa or Mastercard payments are allowed at 81 Main/Essex P&R. ****



QUESTIONS – COMMENTS – SUGGESTIONS? WE'RE HERE TO LISTEN & HELP!

EASC, 2 Lincoln Street, Essex Junction, VT 05452 • 802-876-5087 • www.essexvtseniors.org

Center Hours: Monday – Friday • 10:00am – 4:00pm

The Essex Senior News is a publication by the Essex Area Senior Center. Not a member? Come visit and join!

JULY 2019

Essex Area Senior Center:
876-5087
www.essexvtseniors.org

| Sunday | Monday | Tuesday | Wednesday | Thursday | Friday | Saturday |
|--------|---|-------------------|--|--|--|----------|
| | 1 | 2 | 3 | 4 | 5 | 6 |
| | 10-Noon: Mah Jongg 12:30-3:30: Bridge | 12:30-3:30: BINGO | 1:15pm: Duplicate Bridge 1:30-4pm: Drop-in Games *no luncheon today | Happy Fourth of July *Center Closed *No Vans | 10-Noon: Mah Jongg 1-3pm: Knitting / Crocheting 1-4pm: Cribbage, Cards/Games | |
| 7 | 8 | 9 | 10 | 11 | 12 | 13 |
| | 10-Noon: Mah Jongg 10:30: Wii Bowling 12:30-3:30: Bridge | 12:30-3:30: BINGO | 10: Meal Site meeting Noon- 1:30: Senior Summer Picnic @ Maple Street Park 1:15pm: Duplicate Bridge 1:30-4pm: Drop-in Games | 10-10:30am: Seated Yoga 12:30-4pm: Drop-in Games | 10-Noon: Mah Jongg 1-3pm: Knitting / Crocheting 1-4pm: Cribbage, Cards/Games | |
| 14 | 15 | 16 | 17 | 18 | 19 | 20 |
| | 10-Noon: Mah Jongg 12:30-3:30: Bridge | 12:30-3:30: BINGO | Luncheon @ Maple Street Park: Let's Have a Picnic! @ 11:30 1:15pm: Duplicate Bridge 1:30-4pm: Drop-in Games | 10-10:30: Seated Yoga 10:30-11:30am: Book Club Craft Fest meeting @ 2 Program meetig @ 3 12:30-4pm: Drop-in Games | 10-Noon: Mah Jongg 1-3pm: Knitting / Crocheting 1-4pm: Cribbage, Cards/Games | |
| 21 | 22 | 23 | 24 | 25 | 26 | 27 |
| | 10-Noon: Mah Jongg 12:30-3:30: Bridge | 12:30-3:30: BINGO | 1:15pm: Duplicate Bridge 1:30-4pm: Drop-in Games *no luncheon today | 10-10:30: Seated Yoga 12:30-4pm: Drop-in Games 12:30-4pm: New Canasta in Game Room | 10-Noon: Mah Jongg 1-3pm: Knitting / Crocheting 1-4pm: Cribbage, Cards/Games | |
| 28 | 29 | 30 | 31 | | | |
| | 10-Noon: Mah Jongg 12:30-3:30: Bridge | 12:30-3:30: BINGO | 11:30: Potluck @EASC 1:15pm: Duplicate Bridge 1:30-4pm: Drop-in Games | | | |