



United Presbyterian Church

525 East Front Street • Plainfield, NJ 07060 • 908-756-2666 • <http://www.upcplainfield.org/>

Where God is exalted, Everyone matters, and You belong!

Worship Services: Sunday 11:00 am

October 2023 Newsletter

"This is the day the LORD has made. We will rejoice and be glad in it." Psalm 118:24



Dear Friends,

Greetings to you in the mighty and holy name of the Lord Jesus Christ, our blessed Redeemer. As always, I trust God that all is well with you.

Psalm 118:24, cited above, reminds us that each day provides opportunities for renewal. As the song *One Day at a Time (Sweet Jesus)* reminds us, yesterday is gone, and tomorrow is not promised. But we have today – gifted to us by the Lord.

The previously referenced song and passage from Psalm 118 encourage us not to wallow, revel in the past, or worry about the future. They also remind us that even though our imprints are forever etched in the sands of time, each new day is an opportunity to reshape our perspective of what was, learn from previous mistakes., and renew our child-like faith in God.

Prior tragedies can be viewed as triumphant stories of overcoming incredible odds. Such testimonies glorify God and inspire others to trust God. In a great spiritual battle, remembering what God has brought us through eases our anxieties, gives us joy and encouragement, and reaffirms our faith.

The mistakes of our past become building blocks for learning. Feats that conquered fears and shortcomings and propelled us to unimaginable victories are potent reminders of the strength of the human spirit fueled by God's Holy Spirit.

We do not know what the future holds. But we can take heart knowing the One who holds the future is the One who carried us in the past. We are also comforted and confident because Scripture reassures us that nothing shall separate us from God's love.

Living in the day allows us to make the most of the present, learn from the past, find peace in positive memories, and have hope for the future- whether we live or transition to immortality, we belong to Christ (Philippians 1: 21), and he is our constant companion.

Therefore, in the spirit of Philippians 4:6, let us not be anxious about anything, but in everything by prayer and supplication with thanksgiving, make our requests to God, and trust Him to grant our petitions.

May the Holy Spirit continue strengthening our faith journey as we grow in the grace and knowledge of the Lord Jesus Christ. May God grant us the grace to enjoy the wonders of each day, pray without ceasing for each other, and for God's will to be done on earth as it is in heaven.

Peace, love, and blessings,

Pastor Allegra

WORSHIP SERVICES ARE IN-PERSON & ONLINE
Church Office: Tele: 908-756-2666

Sunday Worship Service

Pastor Allegra Hoots
11:00am
In the Sanctuary & Via YouTube
(<https://bit.ly/3jyy1pg>)



Contemporary Worship Service

Resumes September 14th
Thursdays @ 7:30pm—Via YouTube*
<https://bit.ly/3J7whly>

Daily Devotional
Daily @ 6:00am to 6:15am—Via Zoom
(<https://bit.ly/40BeoBK>)

Noon Day Prayer
Mon, Tue, Wed, Fri @ Noon—Via Zoom
(<https://bit.ly/40BeoBK>)

Sunday School

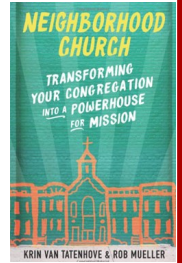
Youth & Young Adults

Dates: Sundays @ 10:00am / **Location:** Hansen Room
We encourage you to bring or send your child.
Need transportation, call the Church Office.

Adult Bible Study

Theme:
“Neighborhood Church-Transforming
Your Congregation into a
Powerhouse for Mission”

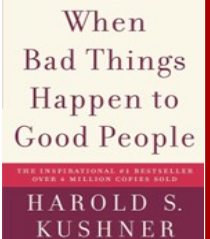
Dates: Sundays @ 10:00 am; **Location:** Lind Room
JOIN US!



Book Club

September 3rd to November 26th

Dates: Sundays @ 7:30pm
Location: Zoom / <https://bit.ly/3L2YvP8>



~ NOTICE TO MEMBERS ~
Join us on Saturday October 14th @ 10:30 AM for conversation on the “State of Affairs of the Church”.

See page 14 for more information

Upcoming Events

See calendars for more activities and events

October			November		
Date	Time	Event	Date	Time	Event
1		World Communion Sunday	1		All Saints Day
7	9am-3pm	Health Fair & Bazaar	3		World Community Day
9		Indigenous People’s Day/Columbus Day	5		Daylight Savings Time Ends
14	10:30am	Meeting: State of Church Affairs	7		Election Day
16		World Food Day	12	10:00am	Administration Committee Meeting
18	7:30pm	Session Meeting	15	7:30pm	Session Meeting
29		Reformation Sunday	23		Thanksgiving Day

FOR VIRTUAL EVENTS: TO CONNECT BY COMPUTER OR TELEPHONE, GO TO THE CHURCH’S WEBSITE FOR INFORMATION: <http://www.upcplainfield.org/>

PRAYER OF CONFESSION

(Taken from our weekly Service bulletin)

Almighty God, forgive us for using your name in vain.

Forgive us for seeking to elevate ourselves instead of you.

Forgive us for focusing on building larger congregations and more prominent buildings instead of adhering to your command to make disciples of all people.

Forgive us for promoting and participating in the worship ritual without your precious Holy Spirit.

Forgive us for imitating but not accepting and embracing you.

Forgive us for reading and studying your word for any motive other than to know you better and how to better please you.

Forgive us for being indifferent to the plight and suffering of others.

Forgive us for rejecting the talents you have bestowed on us.

Forgive us for not keeping you first.

Forgive us for not forgiving others as we count on you to forgive us.

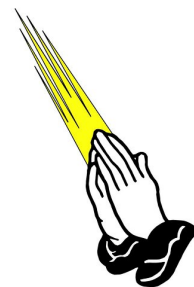
Forgive us, Lord, and deliver us from evil.

We have lost our way.

Merciful God, we confess that we have sinned against you in thought, word, and by what we have done and left undone. We have not loved you with our whole heart, mind, and strength; we have not loved our neighbors as ourselves. In your mercy, forgive what we have been, help us amend what we are, and direct what we shall be so that we may delight in your will and walk to the glory of your holy name.

Help us, Lord, in Jesus' mighty name, we pray.

Amen.



The peace of Christ belongs to everyone, everywhere

World Communion Sunday

Sunday, October 1st, 2023

“All who eat and drink without discerning the body, eat and drink judgment against themselves.” (I Cor. 11:29)

The first Sunday in October is designated as World Communion Sunday, which celebrates our oneness in Christ with all our brothers and sisters around the world. Paul tells us that we are to “discern the body” when we partake of Holy Communion, mindful that we note our relationship to all our brothers and sisters in Christ in the celebration. One is not to go hungry while another is drunk! (I Cor. 11:21). This is scandalous behavior opposed to the Way of Christ. Thus it is appropriate that World Communion Sunday is also a time when we receive the annual Peace and Global Witness Offering as a way of continuing the ancient Christian practice of sharing what we have with brothers and sisters in need.

World Communion Sunday (originally called World Wide Communion Sunday) is a gift of the Presbyterian Church to the larger ecumenical church. The first celebration occurred at Shadyside Presbyterian Church in Pittsburgh, PA, in 1933 .

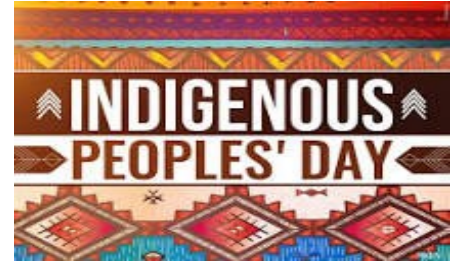
<https://www.presbyterianmission.org/ministries/worship/churchcalendar/world-communion-sunday/>





Indigenous Peoples Day and Columbus Day

October 9, 2023



Columbus Day

Columbus Day is a federal U.S. holiday commemorating the voyage and landing of Italian explorer Christopher Columbus in the “New World” on October 12, 1492.

Columbus landed on a small island in the Bahamas, convinced that he had reached his destination of Asia. Although he was not the first European to come across the Americas, his journey sparked enthusiasm for European exploration of the hemisphere. It kicked off a significant connection between the Old World and the New World.

Indigenous Peoples' Day

Some locations in the United States honor Native American culture on the second Monday in October with a holiday called Indigenous Peoples' Day. Since the late 1980s, this day has been celebrated instead of or alongside Columbus Day.

The purpose of Indigenous Peoples' Day is not to erase Columbus Day from history but rather to recognize, honor, and celebrate the Native American cultures and people who have inhabited the Americas since long before European explorers arrived.

Columbus Day Controversy

Although Columbus' landing in the New World marked the start of a new age of exploration and development for the world, the reality of European colonization is that it brought disease, enslavement, and genocide to the indigenous people of the Americas. This part of colonial history has largely been overlooked in Columbus Day celebrations. However, this has been changing in recent decades, with more and more cities and states choosing to celebrate Indigenous Peoples' Day instead.

<https://www.almanac.com/content/columbus-day>

UPC'S HEALTH FAIR & BAZAAR

The health fair provided by United Presbyterian Church is open to everyone, everywhere. Invite your family, friends and neighbors to stop by. Sometimes, we don't know what we need until it is placed in front of us.

Meet new people, learn, have fun—all in the same place.

~~~~~  
Start shopping early for your holiday gifts



### Our Bodies Are Temples of God

One of the great blessings we received when we came to earth was a physical body. Our bodies are so important that the Lord calls them temples of God (see [1 Corinthians 3:16-17](#); [6:19-20](#)). Our bodies are holy. Because our bodies are important, our Father in Heaven wants us to take good care of them. He knows that we can be happier, better people if we are healthy.

<https://www.churchofjesuschrist.org/study/manual/gospel-principles/chapter-29-the-lords-law-of-health?lang=eng>

**Riddle: What do you call a Nun who sleep walks?** (Answer on page 9)



United Presbyterian Church Presents

# ANNUAL HEALTH FAIR

+  
**Flea Market/Bazaar & Children's Play station**



Participants:

+Hackensack Meridian Health +Hoboken Family Planning +Union County +City of Plainfield +Rutgers Cancer Institute +El Centro Hispanoamericana +Hopes Org. +Maternal & Child Health CareFinders Total Care & others

**AT OUR HEALTH FAIR, YOU'LL HAVE THE OPPORTUNITY FOR:**

- Blood Pressure & Total Cholesterol checks
- Pulse & Stroke Risk Assessment
- Cancer Screenings: Prostate, Breast/Colon, Pap Smears
- Cancer research and clinical trials
- Nutrition
- Communicable Diseases
- Voter Registration
- COVID Testing and vaccination
- Prenatal, Early Childhood and Teen programs
- Home health care and job placement
- Immigration Services
- Home Utility Assistance Program (PSE&G)
- Giveaways and more !

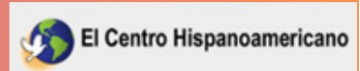
**SATURDAY, OCTOBER 7TH, 2023  
10 AM - 2PM**

**525 E. FRONT STREET PLAINFIELD, NJ**

**PHONE: 732-742-8762**

**EMAIL: [UPCNEWS525@GMAIL.COM](mailto:UPCNEWS525@GMAIL.COM)**

**<http://www.upcplainfield.org/>**



United Presbyterian Church Presents

# ANNUAL FLEA MARKET AND BAZAAR



ANNUAL HEALTH FAIR



**SATURDAY, OCTOBER 7TH, 2023**

**9 AM - 3PM**

**525 E. FRONT STREET PLAINFIELD, NJ**

**PHONE: 732-742-8762**

**EMAIL: [UPCNEWS525@GMAIL.COM](mailto:UPCNEWS525@GMAIL.COM)**

**<http://www.upcplainfield.org/>**



## Build a more equitable and ecological food & farm systems!

*Envision a world where everyone has enough affordable, healthy and culturally appropriate food where no one is hungry, and where all who work in the food chain are fairly compensated, respected and celebrated!*

The Global Food Week of Action includes World Food Day (Oct. 16), International Day for Rural Women (Oct. 15), and International Day for the Eradication of Poverty (Oct. 17).

**2023 Food Week of Action “People and Planet First”** is the theme of this year’s Oct. 15–22 Food Week of Action. ‘People and Planet First’ mean prioritizing family farmers, fishers and others producing in harmony with nature – agroecologically – and achieving food sovereignty. As communities continue to face the pandemic and vulnerable food chains, we realize the necessity of building resilient agricultural systems that protect and cool the planet and put farmers and workers first. This year’s Food Week will highlight groups and initiatives that are building an equitable and sustainable food systems, while also tackling the economic and racial drivers of hunger, poverty, and oppression.

World Food Day - It's your day!

Collective action across 150 countries worldwide, in up to 50 languages, is what makes World Food Day one of the most celebrated days of the UN calendar. Hundreds of events and outreach activities bring together governments, municipalities, businesses, CSOs, the media, the public, even youth. They promote worldwide awareness of hunger and promote action for the future of food, people and the planet.

Together we can create a better, more sustainable food future for all. Make #WorldFoodDay YOUR day. Join the call by organizing an event or activity or show how you are taking action.



Food Week of Action  
October 15-22, 2023



Educate



Worship



Act

### Crawford/Walton Memorial Fund

Accepting Donations

The Board of Deacons of the United Presbyterian Church of Plainfield is accepting donations for the Crawford/Walton Memorial Fund for higher Education.

This fund is dedicated to scholarships for any member pursuing an undergraduate degree or working in an undergraduate program which will lead to a specific degree. It may also be used by anyone pursuing a seminary degree.

Donations are accepted and welcomed to this fund at any time and may be accomplished in the following ways:

1. Sending a check, made out to the United Presbyterian Church of Plainfield, to Treasurer, 525 East Front Street, Plainfield, New Jersey 07060 with "Crawford/Walton Memorial Fund" written in the memo section of the check.

~ OR ~

2. Contributions can be made through the "Give Now" button located at the UPC website at [www.upcplainfield.org](http://www.upcplainfield.org) Enter your contribution to the "General Fund Regular Offering". In the notes section indicate "Crawford/Walton Memorial Fund"

## REFORMATION SUNDAY 2023: OCTOBER 29TH

Presbyterians celebrate the tradition that grounds their faith on Reformation Sunday. It is always the last Sunday in October, marking the occasion in 1517 when Martin Luther posted his 95 theses on the church door in Wittenberg, Germany.

### 1963: A Year of Reform

On July 4, 1963, Stated Clerk of the United Presbyterian Church in the U.S.A. (UPCUSA) Rev. Eugene Carson Blake and African American Elder Furman Templeton approached Gwynn Oaks Amusement Park in Baltimore. The pair, along with other civil rights activists, were arrested for trespassing. [Download this year's church bulletin insert](#) (or go to <https://bit.ly/48AsMi8>) that explores 1963 as a year of reform within the Presbyterian Church.

“The churches have long pronounced, and they’ve said it ever since the New Testament was written, that we’re for a non-segregated church and a non-segregated society—but it’s been mostly talk. And during this year of 1963 it’s clear that this crisis is a national crisis and that the pattern, the segregated pattern of life needs to be broken.”

### Reformation Day 2023 - October 31, 2023 in the World


With Reformation Day on October 31, 2023 Protestants and Lutherans commemorate the placarding of Martin Luther’s 95 propositions in 1517. Reformation Day is on the same date as Halloween but has nothing to do with it. In Germany this is an official holiday in the evagelic parts of the country. People believe that Martin Luther placarded his thesis about church on the All Saints Church in Wittenberg in Eastern Germany. Since 1938 this city is called Lutherstadt Wittenberg, which means City of Luther.

In his 95 thesis Luther demanded a critical answering of religious questions - very close to the bible. He translated the bible from Latin into German and so made sure that everyone could read it. He did not really plan to reform the church system but his Lutheran Bible was the hour of birth for Protestants and other evagelic Christians. The Reformation took place from 1517 until 1555 and finally split the Christian church into catholic, protestant and Lutheran Christians.

<https://www.history.pcusa.org/history-online/presbyterian-history/reformation-sunday>  
<https://www.cute-calendar.com/event/reformation-day/41884.html>

### One Day at a Time—Lyrics

Songwriters: Marijohn Wilkin / Kristoffer Kristofferson  
<https://bit.ly/45fYV3>

|                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                  |                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                  |                                                                                                                                                                                                                                                                                                                                                                                                                                                                               |
|------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|-------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
| <p>One day at a time, sweet Jesus<br/>That's all I'm asking of You</p> <p>Just give me the strength to do everyday<br/>What I have to do</p> <p>Yesterday's gone, sweet Jesus<br/>And tomorrow may never be mine<br/>God help me today<br/>Show me the way<br/>One day at a time</p> <p>I'm only human<br/>I'm just a woman<br/>Help me believe in what I could be<br/>And all that I am<br/>Oh, show me the stairway<br/>That I have to climb<br/>Lord, for my sake, teach me to take<br/>One day at a time</p> | <p>One day at a time, sweet Jesus<br/>That's all I'm asking of You</p> <p>Just give me the strength to do everyday<br/>What I have to do</p> <p>Yesterday's gone, sweet Jesus<br/>And tomorrow may never be mine<br/>Lord help me today<br/>Show me the way<br/>One day at a time</p> <p>Oh, do you remember<br/>When You walked among men<br/>Well, Jesus, You know<br/>If You're looking below<br/>That it's worse now than then<br/>Oh, there's pushing and shoving<br/>And it's crowding my mind</p> <p>So, Lord, for my sake<br/>Teach me to take<br/>One day at a time</p> | <p>One day at a time, sweet Jesus<br/>That's all I'm asking of You</p> <p>Just give me the strength to do everyday<br/>What I have to do</p> <p>Oh, yesterday's gone, sweet Jesus<br/>And tomorrow may never be mine<br/>Lord jelp me today<br/>Show me the way<br/>One day at a time</p> <p>Lord, help me today<br/>Show me the way<br/>One day at a time</p> <p>One day at a time</p>  |
|------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|-------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|



Remember our brothers and sisters listed below.  
Call them if you are able to.

**DEAR LORD, THANK YOU FOR LETTING  
ME LEAN ON YOU. FILL MY HEART  
WITH YOUR HEALING LOVE AND  
THE POWER OF YOUR STRENGTH  
SO THAT I MAY LIVE THE LIFE YOU  
PLANNED FOR ME.  
-IN JESUS' NAME, AMEN.**

- |                |                |
|----------------|----------------|
| Leroy Anglin   | Errol Neil     |
| Ronn Daniels   | Bobett Neil    |
| Emory Dawson   | Sheila Neil    |
| Helen Foerster | Yvonne Neil    |
| O'Harold Hoots | Marianna Perry |
| BJ Klikus      | Pat Perry      |
| Frank Klikus   | Brenda Rodgers |
| Liz Mangan     | Gail Stokes    |
| Vilvurn Marsh  | Izaiyah Stokes |
| Winnie Neal    |                |

Send your Prayer requests to the Church Office  
You will be placed on our prayer list



**October**

- 1 Caitlin Snyder
- 4 Thelma Barnes
- 5 Yolanda Braswell
- 7 Jarius Rudolph
- 13 Ian Dawson
- 24 Charles Bishop  
Gregory Barnes
- 30 Chris Awobue, Jr.

**November**

- 1 Nneoma Awobue
- 6 Sheila Neil
- 10 Liz Mangan
- 13 James Plummer
- 15 Dorothy Farmer

***Flower Ministry***

With your donation of \$25 or more to the Flower Fund, the Deacons will provide a beautiful floral arrangement for the Sanctuary on Sunday mornings. After worship, the arrangement will also brighten the day of a member or friend of UPC who is unable to join us for worship.

Flowers may be made in honor or memory of a loved one. Honoree names will be listed in the church bulletin.

*You may complete the form below or add your information to the flower chart in the Narthex.*



*Blessings,  
Zorina Bowers*

Name: \_\_\_\_\_

Email: \_\_\_\_\_

Telephone: \_\_\_\_\_

Address: \_\_\_\_\_

Amount: \_\_\_\_\_

In Memory of: \_\_\_\_\_

Thank you for your  
generous support of  
UPC's Flower Ministry

*Board of Deacons*

**Riddle—Answer:  
A roaming Catholic ( Roman Catholic)**

## tithes & offering

Worship the Lord in Giving



### THIS IS STEWARDSHIP!

*Our gift, no matter how small, goes a very long way to support the church and the community.*

To bless the Church with your tithes and offering you may:

1. Drop it off at the church office
2. Mail your check (not cash) to the church
3. Log in to <https://bit.ly/3oyj1J6> or
4. Go to the UPC website homepage and click on the "Give Now" button

~ Thank you ~

### FEEDING THE HUNGRY

#### HELP STAR FISH FOOD PANTRY TO HELP YOUR NEIGHBOR

#### For monetary donations:

Make your check payable to Star Fish

#### For unexpired Food Donations

Drop off your items in the  
Church Office or Sanctuary or

Call Avril at 732-742-8762 if pick up is needed.

#### HELP SOMEONE IN NEED—GIVE!



#### \* NEED HELP BUYING GROCERIES? \*

Check to see if you are eligible for food assistance (SNAP), cash assistance (WFNJ/TANF or WFNJ/GA), and health insurance (NJ Family Care/Medicaid). From here you can apply for services or learn about additional resources.

Click on this link: <https://www.njhelps.org/>

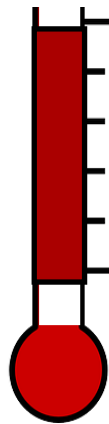
## United Presbyterian Church BUILDING FUND

As of 10/1/2023 the total collected is \$13,443



The UPC administration committee wants to be certain all UPC members and friends are aware of the establishment of the Building Fund at UPC to which contributions can be made to help defray the cost of the maintenance of the facility which ensures the health and safety of the occupants of our facility.

13,443



This building fund originated in 2021. Our facility was built in 1952 and, despite our faithful maintenance efforts, the facility is showing the signs of 71 years of wear and tear. The performance of our investment accounts, collection of rental fees and the faithful and generous giving our members and friends have provided the funds for our maintenance.

Our maintenance costs, however, are mounting to a point where we need to continue our appeal to the generosity of our church community and friends. Whether a UPC member or a friend of United, we ask that you prayerfully consider contributing to the Building Fund, where 100% of your contribution will be dedicated to defraying the cost of accomplishing United's goal of ensuring a healthy and safe facility.

Contributions to the Building Fund are welcome anytime and may be accomplished in the following ways:

1. Sending a check, made out to the United Presbyterian Church of Plainfield, to Treasurer, 525 East Front Street, Plainfield, New Jersey 07060 with "Building Fund" written in the memo section of the check.

OR

2. Contributions can be made through the "Give Now" button located at the UPC website at [www.upcplainfield.org](http://www.upcplainfield.org) Enter your contribution to the "General Fund Regular Offering". In the notes section indicate "Building Fund".

Wanda Breitenbach  
Administration Committee, Acting Chair

## CHILDREN'S CORNER

Parents, please read this to your younger child(ren)

### Moses Gets Water From a Rock

**Theme:** God can do impossible things.  
**Object:** Small rock, blank piece of paper, scissors  
**Scripture:** Exodus 17:5-6



How many of you have ever played the game Rock, Paper, Scissors? Here's how to play Rock, Paper, Scissors. Follow along. Demonstrate the motions as you explain.

Players all hold one hand out as a platform and hit it with their other fist while saying, "Rock, Paper, Scissors... go!" On the fourth hit and the word "go," players form either a rock, paper, or scissors. Demonstrate each item as you say the words.

This is how you know who wins: rock smashes scissors, paper covers a rock, and scissors cut paper.

Let's play! You can all play against me and you can keep track of how many times you win. Ready? One, two, three, go. For the first round, choose a rock.

I made a rock. If you made paper, you win. If you made scissors, I win. If you made a rock, we tied. Play several rounds.

The great thing about Rock, Paper, Scissors is that you can be a winner no matter what you choose from game to game. Today, I have a real rock, paper, and scissors with me. These items are all useful in their own way. Hold up each item as you talk about it. If you wanted to write a letter, a rock or scissors wouldn't be much help, but a piece of paper would be, wouldn't it? If you wanted to cut a piece of paper, a rock or paper wouldn't help, but a pair of scissors would. If you were really thirsty and needed a drink of water, a piece of paper or a pair of scissors wouldn't be much help, but a rock might be exactly what you need.

Wait—what?

Some of you are looking at me like I'm crazy! Don't you think a rock would be helpful if you needed a drink of water? Let's vote. Have kids raise their hand if they think a rock would help or not if a person needed water.

Well, in our Bible lesson today, that's exactly what happened: A rock helped when people were thirsty.

What's it like when you feel very, very thirsty? Let a few kids respond. Being thirsty is uncomfortable. It can give you a headache and make you dizzy. In fact, the human body has to have water every day, multiple times a day to stay alive.

Moses had led the Israelites out of slavery into the desert. The Israelites were more and more thirsty, the situation was getting very serious, and they complained to Moses. So Moses went to his tent and fell on his knees before God.

God answered and Moses did exactly what God told him to do. After he struck the rock, water began rushing from it—enough to quench the thirst of all the people and all their animals!

We can learn a lot from Moses. When you and I face an impossible situation, we can go to God and ask for His help. God can do impossible things.

#### PRAYER:

*Dear God, when we face impossible situations, help us remember Moses and know that we serve a God who can get water from a rock. In Jesus' name, amen.*



# Water from a Rock

"Strike the rock, and water will come out of it for the people to drink."  
So Moses did this in the sight of the elders of Israel. Exodus 17:6

Based on Exodus 17:1-7



YouTube video of this story:

[https://www.youtube.com/watch?app=desktop&v=nUTugHm2\\_qI](https://www.youtube.com/watch?app=desktop&v=nUTugHm2_qI)

V J F J F K C H I L D R E N N  
L E A M G M V S J D V D T C F  
V N J E R R U M T H E G L M R  
R P G K U D H U Y A F S H M O  
L O F U M R G A A G F Z E U C  
I U D Q B T W A T E R F Y R K  
V R Q T L W Y F T M O S E S T  
E R C K E C A S Q U E M K X S  
S M F O N N R L V J U C S L S  
T O V H M I I H K U P R C Y S  
O D C Z H P K L F J E E E K N  
C R R T A W L O E D T N Q T Y  
K V Z I X A X A L Z H S R T J  
U Q J D N R T E I V N W P J B  
Y L U Z R K C R G N K N T C S

COMPLAIN  
ELDERS  
WALK

ROCK  
GRUMBLE  
WATER

DRINK  
LIVESTOCK  
STAFF

POUR  
CHILDREN  
NILE

DESERT  
THIRST  
MOSES

## Water from a Rock - Coloring Page



**Moses Strikes The Rock—Exodus 17:1-7**

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**ATTENTION MEMBERS OF UPC: JOIN US FOR OUR MEETING ON OCTOBER 14TH**

.....Contd. From Page 2

On behalf of the UPC Administration Committee I want to make you aware that our follow-up meeting to the 9/23/23 meeting will be held in **Room 200** at UPC on **Saturday, October 14th at 10:30 am**. A link will be provided for those who cannot make the meeting in person on the UPC website. The purpose of the meeting on October 14th is to brainstorm and discuss solutions (a plan of action) to UPC's financial position that was outlined at the 9/23/23 meeting.

George Hansen  
UPC Administration Committee Member

As we approach our October 14<sup>th</sup> meeting and in planning for beyond this date, we hope you will think about the Church body as it relates to our strengths and weaknesses.

As with anything, the best way to give your congregation what they want is just to ask. Healthy, growing churches are the best vehicle to spread the gospel. Things to consider.....

1. Have A Clear, Compelling Vision
2. Figure Out Who You Want To Reach
3. Get Your Church Outward-Focused
4. Improve Your Preaching
5. Get More People To Step Up And Serve
6. Increase Your Giving
7. Have Effective Church Systems

<https://growchurch.net/how-to-build-a-church-congregation>

**Important:**

**Deadline is the 20th of each month** for the Newsletter. Leave your news in the Church Office or email it to [upcnews525@gmail.com](mailto:upcnews525@gmail.com)

**Have information that you would like to share? A poem? A prayer request? A new child/grandchild? SEE BELOW**

Church Office Hours: Mon-Fri 9am-3pm

**Church Administrators**

**Pastor's Office Hours**

Monday to Friday  
9:00am to 1:00pm

Please call the Church Office for an Appointment or to contact the Pastor

**Pastor Allegra Hoots**

Director of Music: Mr. Ronn Daniels

Treasurer:

Ms. Wanda Breitenbach

Administrative Assistant:

Mr. Davaughn Hoots

Custodian: Mr. Charles Rivers

**Board of Deacons**

Helen Foerster - Moderator

Desirae Hemans

Daniel Bofah

Tania Hemans

Thelma Fleming

Maggie Anglin

Virginia Hansen

Zorina Bowers

To contact the deacons for assistance  
Call the church office at 908-756-2666

**Session Members**

Alaric Tate (Clerk)  
Emory Dawson  
Patricia Dawson  
Avril Lecky  
Marcia Marsh-Hinds

**CONTACT INFORMATION**

**Church Email:** [upcchurch@aol.com](mailto:upcchurch@aol.com)

Stewardship: [upcplainfield525@gmail.com](mailto:upcplainfield525@gmail.com)

Newsletter: [upcnews525@gmail.com](mailto:upcnews525@gmail.com)

Church website: <http://upcplainfield.org>

Telephone No.: (908) 756-2666

**Newsletter**

**Editors**

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George Hansen  
Kay Falowo





# United Presbyterian Church

525 East Front Street • Plainfield, NJ 07060 • 908-756-2666 • <http://upcplainfield.org>

## October 2023

| SUNDAY                                                                                                                            | MONDAY                                                                                                          | TUESDAY                                                                                        | WEDNESDAY                                                                                                                                                                                                                                                                                                                                                                                                                                                                     | THURSDAY                                                         | FRIDAY                                                               | SATURDAY                                                                                    |
|-----------------------------------------------------------------------------------------------------------------------------------|-----------------------------------------------------------------------------------------------------------------|------------------------------------------------------------------------------------------------|-------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|------------------------------------------------------------------|----------------------------------------------------------------------|---------------------------------------------------------------------------------------------|
| 1<br>11am Worship Service<br>In-person / Livestream<br>Communion Service<br>World Communion Sunday<br>7:30pm Book Club            | 2<br>6:00-6:15am Daily Devotion<br><br>Noonday Prayer<br>12-12:15pm                                             | 3<br>6:00-6:15am Daily Devotion<br><br>Noonday Prayer<br>12-12:15pm                            | 4<br>6:00-6:15am Daily Devotion<br><br>Noonday Prayer<br>12-12:15pm                                                                                                                                                                                                                                                                                                                                                                                                           | 5<br>6:00-6:15am Daily Devotion<br><br>7pm Contemporary Worship  | 6<br>6:00-6:15am Daily Devotion<br><br>Noonday Prayer<br>12-12:15pm  | 7<br>6:00-6:15am Daily Devotion<br><br>HEALTH FAIR/<br>BAZAAR                               |
| 8<br>11am Worship Service<br>In-person / Livestream<br><br>Youth Sunday<br>7:30pm Book Club                                       | 9<br>6:00-6:15am Daily Devotion<br><br>Noonday Prayer<br>12-12:15pm<br><br>Indigenous People's Day/Columbus Day | 10<br>6:00-6:15am Daily Devotion<br><br>Noonday Prayer<br>12-12:15pm                           | 11<br>6:00-6:15am Daily Devotion<br><br>Noonday Prayer<br>12-12:15pm                                                                                                                                                                                                                                                                                                                                                                                                          | 12<br>6:00-6:15am Daily Devotion<br><br>7pm Contemporary Worship | 13<br>6:00-6:15am Daily Devotion<br><br>Noonday Prayer<br>12-12:15pm | 14<br>6:00-6:15am Daily Devotion<br><br>10:30am State of Church Affairs<br>In-person & Zoom |
| 15<br>11am Worship Service<br>In-person / Livestream<br>7:30pm Book Club                                                          | 16<br>6:00-6:15am Daily Devotion<br><br>Noonday Prayer<br>12-12:15pm<br><br>World Food Day                      | 17<br>6:00-6:15am Daily Devotion<br><br>Noonday Prayer<br>12-12:15pm                           | 18<br>6:00-6:15am Daily Devotion<br><br>Noonday Prayer<br>12-12:15pm<br><br>7:30pm Session Mtg                                                                                                                                                                                                                                                                                                                                                                                | 19<br>6:00-6:15am Daily Devotion<br><br>7pm Contemporary Worship | 20<br>6:00-6:15am Daily Devotion<br><br>Noonday Prayer<br>12-12:15pm | 21<br>6:00-6:15am Daily Devotion                                                            |
| 22<br>11am Worship Service<br>In-person / Livestream<br>10am Sunday/Adult School resumes<br>Dedication Sunday<br>7:30pm Book Club | 23<br>6:00-6:15am Daily Devotion<br><br>Noonday Prayer<br>12-12:15pm                                            | 24<br>6:00-6:15am Daily Devotion<br><br>Noonday Prayer<br>12-12:15pm<br><br>United Nations Day | 25<br>6:00-6:15am Daily Devotion<br><br>Noonday Prayer<br>12-12:15pm                                                                                                                                                                                                                                                                                                                                                                                                          | 26<br>6:00-6:15am Daily Devotion<br><br>7pm Contemporary Worship | 27<br>6:00-6:15am Daily Devotion<br><br>Noonday Prayer<br>12-12:15pm | 28<br>6:00-6:15am Daily Devotion                                                            |
| 29<br>11am Worship Service<br>In-person/Livestream<br>Reformation Sunday<br>7:30pm Book Club                                      | 30<br>6:00-6:15am Daily Devotion<br><br>Noonday Prayer<br>12-12:15pm                                            | 31<br>6:00-6:15am Daily Devotion<br><br>Noonday Prayer<br>12-12:15pm                           | <div style="border: 1px solid black; padding: 5px;">           Computer Logon Info —<br/>           Sunday Worship: <a href="https://bit.ly/3jyylpg">https://bit.ly/3jyylpg</a><br/>           Daily Devotion: <a href="https://bit.ly/40BeoBK">https://bit.ly/40BeoBK</a><br/>           Noonday Prayer: <a href="https://bit.ly/40BeoBK">https://bit.ly/40BeoBK</a><br/>           Contemporary Service: <a href="https://bit.ly/3J7whly">https://bit.ly/3J7whly</a> </div> |                                                                  |                                                                      |                                                                                             |
|                                                                                                                                   |                                                                                                                 |                                                                                                |                                                                                                                                                                                                                                                                                                                                                                                                                                                                               |                                                                  |                                                                      |                                                                                             |

**NOTE:**  
CALENDAR EVENTS MAY CHANGE BASED ON THE STATES POLICY ON GROUP MEETING. THE CALENDAR REFLECTS REGULARLY OCCURRING

Communion & Deacon Sunday — 1st Sunday Monthly  
 Youth Sunday — 2nd Sunday monthly  
 Dedication Sunday — 4th Sunday Monthly

**Committee Meetings** (unless stated otherwise):  
 2nd Saturday @ 10:00am: Administration Meeting  
 3rd Wednesday @ 7:30pm: Session Meeting

*If you would like to be a member on any committee or help with any project, call the Church Office at 908-756-2666.*

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**DAYLIGHT SAVINGS ENDS NOV. 5TH  
TURN YOUR CLOCKS BACK**

## November 2023

| SUNDAY                                                                                                                                                                                                                                                                                                                                                   | MONDAY                                                                                              | TUESDAY                                                                  | WEDNESDAY                                                                      | THURSDAY                                               | FRIDAY                                                                                | SATURDAY                                             |
|----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|-----------------------------------------------------------------------------------------------------|--------------------------------------------------------------------------|--------------------------------------------------------------------------------|--------------------------------------------------------|---------------------------------------------------------------------------------------|------------------------------------------------------|
| Computer Logon Info —<br>Sunday Worship: <a href="https://bit.ly/3jyy1pg">https://bit.ly/3jyy1pg</a><br>Daily Devotion: <a href="https://bit.ly/40BeoBK">https://bit.ly/40BeoBK</a><br>Noontday Prayer: <a href="https://bit.ly/40BeoBK">https://bit.ly/40BeoBK</a><br>Contemporary Service: <a href="https://bit.ly/3J7whly">https://bit.ly/3J7whly</a> |                                                                                                     |                                                                          | 1                                                                              | 2                                                      | 3                                                                                     | 4                                                    |
|                                                                                                                                                                                                                                                                                                                                                          |                                                                                                     |                                                                          | 6:00-6:15am Daily Devotion<br>Noontday Prayer 12-12:15pm<br>ALL SAINTS DAY     | 6:00-6:15am Daily Devotion<br>7pm Contemporary Worship | 6:00-6:15am Daily Devotion<br>Noontday Prayer 12-12:15pm<br>World Community Day       | 6:00-6:15am Daily Devotion                           |
| 5                                                                                                                                                                                                                                                                                                                                                        | 6                                                                                                   | 7                                                                        | 8                                                                              | 9                                                      | 10                                                                                    | 11                                                   |
| 11am Worship Service In-person / Livestream<br>Communion Service<br>7:30pm Book Club<br>DAYLIGHT SAV. ENDS                                                                                                                                                                                                                                               | 6:00-6:15am Daily Devotion<br>Noontday Prayer 12-12:15pm<br>Labor Day                               | 6:00-6:15am Daily Devotion<br>Noontday Prayer 12-12:15pm<br>ELECTION DAY | 6:00-6:15am Daily Devotion<br>Noontday Prayer 12-12:15pm                       | 6:00-6:15am Daily Devotion<br>7pm Contemporary Worship | 6:00-6:15am Daily Devotion<br>Noontday Prayer 12-12:15pm                              | 6:00-6:15am Daily Devotion<br>10:30am Admin. Meeting |
| 12                                                                                                                                                                                                                                                                                                                                                       | 13                                                                                                  | 14                                                                       | 15                                                                             | 16                                                     | 17                                                                                    | 18                                                   |
| 11am Worship Service In-person / Livestream<br>Youth Sunday<br>10am Sunday School/ Adult Educ.<br>7:30pm Book Club                                                                                                                                                                                                                                       | 6:00-6:15am Daily Devotion<br>Noontday Prayer 12-12:15pm<br>Patriots Day & Nat'l Day of Remembrance | 6:00-6:15am Daily Devotion<br>Noontday Prayer 12-12:15pm                 | 6:00-6:15am Daily Devotion<br>Noontday Prayer 12-12:15pm<br>7:30pm Session Mtg | 6:00-6:15am Daily Devotion<br>7pm Contemporary Worship | 6:00-6:15am Daily Devotion<br>Noontday Prayer 12-12:15pm                              | 6:00-6:15am Daily Devotion                           |
| 19                                                                                                                                                                                                                                                                                                                                                       | 20                                                                                                  | 21                                                                       | 22                                                                             | 23                                                     | 24                                                                                    | 25                                                   |
| 11am Worship Service In-person / Livestream<br>10am Sunday School/ Adult Educ.<br>7:30pm Book Club                                                                                                                                                                                                                                                       | 6:00-6:15am Daily Devotion<br>Noontday Prayer 12-12:15pm                                            | 6:00-6:15am Daily Devotion<br>Noontday Prayer 12-12:15pm                 | 6:00-6:15am Daily Devotion<br>Noontday Prayer 12-12:15pm                       | 6:00-6:15am Daily Devotion<br>THANKSGIVING DAY         | 6:00-6:15am Daily Devotion<br>Noontday Prayer 12-12:15pm                              | 6:00-6:15am Daily Devotion                           |
| 26                                                                                                                                                                                                                                                                                                                                                       | 27                                                                                                  | 28                                                                       | 29                                                                             | 30                                                     |  |                                                      |
| 11am Worship Service In-person & Livestream<br>10am Sunday School/ Adult Educ.<br>Dedication Sunday                                                                                                                                                                                                                                                      | 6:00-6:15am Daily Devotion<br>Noontday Prayer 12-12:15pm                                            | 6:00-6:15am Daily Devotion<br>Noontday Prayer 12-12:15pm                 | 6:00-6:15am Daily Devotion<br>Noontday Prayer 12-12:15pm                       | 6:00-6:15am Daily Devotion<br>7pm Contemporary Worship |                                                                                       |                                                      |

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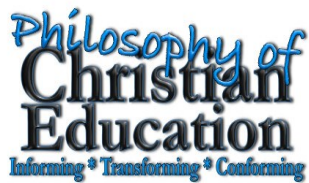
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**United Presbyterian  
Church**  
525 East Front Street  
Plainfield, NJ 07060

*Where God is exalted, Everyone matters, and You belong!*