



In the name of God.

**The Most Reverend Guy Desrochers, C.Ss.R.
Archbishop of Moncton**

Whereas in March 2020 the Archbishop of Moncton, Mgr Vienneau, dispensed with the obligation to Sunday Mass in light of the coronavirus pandemic for the safety of the faithful and the common good.

Whereas public restrictions have now long been lifted for public gatherings, including public worship;

Therefore, in gratitude for the decrease of the danger to public health caused by the coronavirus and for the good of souls, I hereby restore the Sunday obligation for Catholics starting on Saturday, June 1, 2024, Feast of *The Most Holy Body and Blood of Christ*, in accordance with Canon 1245 of the Code of Canon Law.

As has always been the case, anyone with a "serious reason" or "grave cause" is excused from this obligation. Such reasons include:

- anyone who is sick, symptomatic or recently exposed to the coronavirus;
- anyone with serious health risk factors that requires them to avoid public spaces;
- anyone who cares for someone who is sick;
- anyone who cannot attend Mass through no fault of their own because of frailty or old age.

Furthermore, the faithful who wish to receive holy communion on the tongue can now officially renew with this practice that is canonically accepted by the Church of Rome.

As well, all churches of our Archdiocese can now renew with the practice of giving the faithful holy communion to both species, if they wish, remembering that no one is authorized to dip his own host into the Chalice, except the priests and deacons. According to Church laws, all must drink directly from the Chalice to avoid getting drops of the precious blood of Jesus on the ground.

May the trials of the late pandemic lead us to a renewed faith in Christ's real Presence in the Holy Eucharist, a renewal of Sunday as a family day of prayer and rest, and cultivate within our souls a desire that sees our obligation as the greatest privilege of our faith.

Given at Moncton, New Brunswick, on this 20th day of May, in the year of our Lord, two thousand and twenty-four.



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