



**HOSTED BY:** Hotshots 27 Adams Court, Plainview NY 11803  
**Phone:** 516 576-0001

**MEET DIRECTOR:** Cristian Leric email: [hotshotsgym@gmail.com](mailto:hotshotsgym@gmail.com)

**COMPETITION:** Men's USAG Level 3-10, Gold, Platinum + team

**MEET FORMAT:** Modified Capital Cup: Warm up, Compete

**COACHES HOSPITALITY:** Open throughout competition

**ENTRY FEE:** Men's Level \$125.00 Team Fee \$55.00 (3+ members)

**EQUIPMENT:** AAI Elite Equipment

**ADMISSION FEE:** \$20 per adult 5 & under free

**HOST HOTELS:** Holiday Inn 215 Sunnyside Blvd, Plainview NY  
Call: 516 349-7400 (2 blocks from gym)

Four Point Sheraton 333 South Service Road, Plainview NY  
Call: 516 694-8500 (5 minutes from gym)

**Awards:** Participation & All Around Award

**Deposit:** \$200 deposit per level needed to hold spot

**February 2-4 2024**

**deadline December 1st 2023- scratch January 2nd 2024**