Fitness Club Basketball (Annex Gym)

Boys Group A Boys Group B

Dante Torres Braxton Gray

Sam Roberts Jeremy Dickenson

Lon Hawk Mason Hale

Tyler Vredevel Carlos Perez

Girls Group A Girls Group B Girls Group C

Sierra Wandersee Carlie Doolin Ally Staton

Kyla Ray Allison Crull Ashlynn Brewer

Elizabeth Brown Cassidy Frame Kailee Tedder

Michaela Stough Brenna Cheek Jordan Young

**Passing Station**

1. Girls Group A

**Dribbling Station**

1. Girls Group B

**One Handed Shooting Station**

1. Girls Group C

**Free Throw Shooting Station**

1. Boys Group A

**Two Handed Shooting Station**

1. Boys Group B

7 minutes in each station. Five minutes of free time before stations begin. Dribble races at the end.