

Grab N Go Breakfast Menu 2018-2019

DATE	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
1/28 3/4 4/15 5/27 7/8	WG CEREAL (1 BOWL) (1EA) STRING CHEESE (1EA) FRUIT JUICE (1EA) MILK (8OZ-1EA)	WG MINI CINNIS (1EA) APPLE (1EA) MILK (8OZ-1EA)	WG EGGO WAFFLES (1EA) FRESH FRUIT (1EA) MILK (8OZ-1EA)	WG CHERRY FRUIT POCKET (1EA) ORANGE (1EA) MILK (8OZ-1EA)	WG POP TART (1EA) FRUIT JUICE (1EA) MILK (8OZ-1EA)
2/2 3/11 4/22 6/3 7/15	WG MUFFIN (1EA) FRUIT JUICE (1EA) MILK (8OZ-1EA)	WG PANCAKE WRAP (1EA) PEARS (1CP) MILK (8OZ-1EA)	WG HOMEMADE BURRITO (1EA) FRESH FRUIT (1EA) MILK (8OZ-1EA)	WG CEREAL (1EA) ORANGE (1EA) MILK (8OZ-1EA)	WG BOSCO STICK (1EA) MIXED FRUIT (10CP) MILK (8OZ-1EA)
12/31 2/4 3/18 4/29 6/10 7/22	WG CEREAL (1EA) YOGURT (1EA) FRUIT JUICE (1EA) MILK (8OZ-1EA)	CHEESE, EGG, SAUSAGE WG ENGLISH MUFFIN (1EA) PEACHES (1CP) MILK (8OZ-1EA)	WG MINI CINNI (1EA) FRESH FRUIT (1EA) MILK (8OZ-1EA)	WG APPLE FRUIT POCKET (1EA) FRESH FRUIT (1EA) MILK (8OZ-1EA)	WG BAGEL (1EA) CREAM CHEESE (1EA) FRESH FRUIT (1EA) MILK (8OZ-1EA)
1/7 2/11 3/25 5/6 6/17 7/29	WG MUFFIN (1EA) FRUIT JUICE (1EA) MILK (8OZ-1EA)	WG FRENCH TOAST (1EA) APPLE (1EA) MILK (8OZ-1EA)	STRING CHEESE (1EA) WG BANANA BREAD (1EA) HONEYDEW (1EA) MILK (8OZ-1EA)	WG CEREAL (1EA) FRESH FRUIT (1EA) MILK (8OZ-1EA)	WG CHEESE QUESADILLA (1EA) FRESH FRUIT (1EA) MILK (8OZ-1EA)
1/14 2/18 4/1 5/13 6/24 8/5	WG CEREAL (1 BOWL) (1EA) STRING CHEESE (1EA) FRUIT JUICE (1EA) MILK (8OZ-1EA)	WG HOMEMADE BURRITO (1EA) PEARS (1CP) MILK (8OZ-1EA)	WG EGGO WAFFLE (1EA) FRESH FRUIT (1EA) MILK (8OZ-1EA)	SAUSAGE (1EA) WG ENGLISH MUFFIN (1EA) PINEAPPLE (1CP) MILK (8OZ-1EA)	WG CRUMBLE SQUARE (1EA) FRUIT JUICE (1EA) MILK (8OZ-1EA)
1/21 2/25 4/8 5/20 7/1	WG BAGEL (1EA) CREAM CHEESE (1EA) FRUIT JUICE (1EA) MILK (8OZ-1EA)	WG POP TART (1EA) FRESH FRUIT (1EA) MILK (8OZ-1EA)	YOGURT (1EA) WG GRAHAM CRACKERS (2EA) ORANGE (1EA) MILK (8OZ-1EA)	WG CRUMBLE SQUARE (1EA) FRESH FRUIT (1EA) MILK (8OZ-1EA)	WG PANCAKE WRAP (1EA) FRUIT JUICE (1EA) MILK (8OZ-1EA)



Your cafeteria is managed by
Canteen of Central New Mexico
an equal opportunity employer

School Lunch Menu 2018-2019

DATE	Monday	Tuesday	Wednesday	Thursday	Friday
8/13 9/24 11/5 12/17 1/28	PAPA JOHNS PIZZA (1EA) VEG.-BROCCOLI (2+ gr) FRUIT-MIXED FRUIT (1/2 gr) GRAIN-ANIMAL CRACKERS (1EA) RANCH DRESSING (1oz) MILK (8OZ-1EA)	FRESH BEEF TACO (1oz) VEG.-PINTO BEANS (2+ gr) FRUIT-CANTALOUPE (1EA) GRAIN-WW TORTILLA (1EA) SHREDDED CHEESE (1oz) PICANTE SAUCE (1oz) MILK (8OZ-1EA)	CORN DOG (1EA) VEG.-HOT CARROTS (2+ gr) FRUIT-CINN. APPLE (1/2 gr) GRAIN-INCLUDED IN ENTREE KETCHUP, MUSTARD(1oz) MILK (8OZ-1EA)	MEATLOAF W/ GRAVY (1EA) VEG.-MIXED VEGGIES (2+ gr) FRUIT-PEACHES (1/2 gr) GRAIN-WW BREADSTICK (1EA) MILK (8OZ-1EA)	BEAN & CHEESE BURRITO (1EA) VEG.-CORN (2+ gr) FRUIT-APPLE (1EA) GRAIN-INCLUDED IN ENTREE RANCH (1oz) MILK (8OZ-1EA)
8/20 10/1 11/12 12/24	CHEESEBURGER (1EA, 1 SLICE CHEESE) VEG.-PORK AND BEANS (2+ gr) FRUIT-MIXED FRUIT (1/2 gr) GRAIN-WW HAMBURGER BUN (1EA) MUSTARD, KETCHUP, PICKLES (1oz) MILK (8OZ-1EA)	PAPA JOHNS PIZZA (1EA) VEG.-FRESH CARROTS (2+ gr) FRUIT-FRESH FRUIT (1EA) GRAIN-INCLUDED IN ENTREE RANCH DRESSING (1oz) MILK (8OZ-1EA)	FETTUCINI CHICKEN ALFREDO (2+CP) VEG.-MIXED VEGETABLES (2+ gr) FRUIT-MANDARIN ORANGES (1/2 gr) GRAIN-BREAD STICK (1EA) MILK (8OZ-1EA)	COUNTRY FRIED STEAK W/ GRAVY (1EA) VEG.-WHIP POTATOES (2+ gr) FRUIT-PEARS (1/2 gr) GRAIN-WG WHEAT ROLL (1EA) MILK (8OZ-1EA)	CHICKEN NUGGETS (5EA) VEG.-BROCCOLI (2+ gr) FRUIT-ORANGE (1EA) GRAIN-WG CROUTONS (1EA) RANCH DRESSING (1oz) KETCHUP (1oz) MILK (8OZ-1EA)
8/27 10/8 11/19 12/31	CHICKEN ENCHILADAS W/ GREEN CHILI (1EA, CHILI 1oz) VEG.-PINTO BEANS (2+ gr) FRUIT-PINEAPPLE (1/2 gr) GRAIN-CRACKERS (4EA) PICANTE (1oz) MILK (8OZ-1EA)	FRITO PIE (2oz, CHIPS 1oz) VEG.-CORN (2+ gr) FRUIT-MANDARIN ORANGES (1/2 gr) GRAIN-WW TORTILLA (1EA) SHREDDED CHEESE (1oz) MILK (8OZ-1EA)	HOT DOG (1EA) VEG.-FRESH BROCCOLI (2+ gr) FRUIT-MIXED FRUIT (1/2 gr) GRAIN-WG BUN (1EA) KETCHUP (1oz) MILK (8OZ-1EA)	BOW TIE LASAGNA (2+CP) VEG.-GREEN BEANS (2+ gr) FRUIT-APPLESAUCE (1/2 gr) GRAIN-WW GARLIC (1EA) BREADSTICK (1EA) MILK (8OZ-1EA)	CRISPY CHICKEN (1EA) SANDWICH (1EA) VEG.-BAKED BEANS (2+ gr) FRUIT-PEACHES (1/2 gr) GRAIN-WW HAMBURGER BUN (1EA) MILK (8OZ-1EA)
9/3 10/15 11/26 1/7	PULLED PORK W/BBQ SAUCE (2oz) VEG.-BROCCOLI (2+ gr) FRUIT-PEACHES (1/2 gr) GRAIN-WW HAMBURGER BUN (1EA) RANCH DRESSING (1oz) MILK (8OZ-1EA)	SOFT CHICKEN TACO (2oz) VEG.-PINTO BEANS (2+ gr) FRUIT-ORANGE (1EA) GRAIN-WW TORTILLA (1EA) SHREDDED CHEESE (1oz) PICANTE SAUCE (1oz) MILK (8OZ-1EA)	SALISBURY STEAK (1EA) VEG.-WHIP POTATOES (2+ gr) FRUIT-MIXED FRUIT (1/2 gr) GRAIN-WHEAT BISCUIT (1EA) BROWN GRAVY (1oz) MILK (8OZ-1EA)	PAPA JOHNS PIZZA (1EA) VEG.-FRESH CARROTS (2+ gr) FRUIT-FRESH FRUIT (1EA) GRAIN-INCLUDED IN ENTREE RANCH DRESSING (1oz) MILK (8OZ-1EA)	CRISPY CHICKEN STICKS (5EA) VEG.-GREEN BEANS (2+ gr) FRUIT-MANDARIN ORANGES (1/2 gr) GRAIN-WG WHEAT ROLL (1EA) KETCHUP (1oz) MILK (8OZ-1EA)
9/10 10/22 12/3 1/14	CORN DOG (1EA) VEG.-GREEN BEANS (2+ gr) FRUIT-APPLE (1EA) GRAIN-INCLUDED IN ENTREE MUSTARD/ KETCHUP (1oz) MILK (8OZ-1EA)	SLOPPY JOE (2oz) VEG.-HOT CARROTS (2+ gr) FRUIT-MELON (1EA) GRAIN-WW HAMBURGER BUN (1EA) RANCH (1oz) MILK (8OZ-1EA)	CHICKEN FAJITAS (2oz) VEG.-PINTO BEANS (2+ gr) FRUIT-PEACHES (1/2 gr) GRAIN-WW TORTILLA (1EA) SHREDDED CHEESE (1oz) PICANTE SAUCE (1oz) MILK (8OZ-1EA)	MAC AND CHEESE (2+CP) VEG.-BROCCOLI (2+ gr) FRUIT-MIXED FRUIT (1/2 gr) GRAIN-WG WHEAT ROLL (1EA) KETCHUP (1oz) MILK (8OZ-1EA)	CHICKEN NUGGETS (5EA) VEG.- FRENCH FRIES (2+ gr) FRUIT-CINN. APPLES (1/2 gr) GRAIN-CHEESE ITZ (1EA) RANCH DRESSING (1oz) MILK (8OZ-1EA)
9/17 10/29 12/10 1/21	PAPA JOHNS PIZZA (1EA) VEG.-BROCCOLI (2+ gr) FRUIT-HONEYDEW (1EA) GRAIN-WW CROUTONS (1EA) RANCH DRESSING (1oz) MILK (8OZ-1EA)	SPAGHETTI W/ MEAT SAUCE (2+CP) VEG.-CARROTS (2+ gr) FRUIT-PEARS (1/2 gr) GRAIN-WG GARLIC BREAD (1EA) MILK (8OZ-1EA)	CHICKEN NUGGETS (5EA) VEG.-FRESH CELERY (2+ gr) FRUIT-PEACHES (1/2 gr) GRAIN-WG WHEAT ROLL (1EA) BBQ SAUCE (1oz) RANCH DRESSING (1oz) MILK (8OZ-1EA)	FRITO PIE (2oz) VEG.-MEXICALI CORN (2+ gr) FRUIT-FRESH FRUIT (1EA) GRAIN-WW TORTILLA (1EA) SHREDDED CHEESE (1oz) MILK (8OZ-1EA)	BEEF ENCHILADAS W/ RED CHILI (1EA, CHILI 1oz) VEG.-PINTO BEANS (2+ gr) FRUIT-APPLE (1EA) GRAIN-INCLUDED IN ENTREE MILK (8OZ-1EA)

Child Snack Menu 2018-2019

Date	Monday	Tuesday	Wednesday	Thursday	Friday
1/28 3/4 4/15 5/27 7/8	APPLESAUCE (1/2 CP) MILK (8oz, 1ea)	WG GOLDFISH CRACKERS (1ea) MILK (8oz, 1ea)	WG CHEX MIX (1ea) MILK (8oz, 1ea)	WG ANIMAL CRACKERS (1ea) YOGURT (1ea)	CARROT STICKS (1/2CP) RANCH (1oz) MILK (8oz, 1ea)
2/2 3/11 4/22 6/3 7/15	ORANGES (1EA-1/2 CP) MILK (8oz, 1ea)	BOILED EGG (1ea) MILK (8oz, 1ea)	WG BANANA BREAD (1ea) MILK (8oz, 1ea)	APPLE SLICES (1/2 CP) MILK (8oz, 1ea)	SLICE CHEESE (1oz) SALTINE CRACKERS (4ea) JUICE MILK (4oz, 1ea)
12/31 2/4 3/18 4/29 6/10 7/22	PEACHES (1/2 CP) MILK (8oz, 1ea)	WG CHEESE ITZ (1ea) MILK (8oz, 1ea)	CELERY STICKS (1/2CP) RANCH (1oz) MILK (8oz, 1ea)	WG CHEX MIX (1ea) MILK (8oz, 1ea)	WG GOLDFISH CRACKERS (1ea) JUICE (4oz, 1ea)
1/7 2/11 3/25 5/6 6/17 7/29	WG ANIMAL CRACKERS (1ea) MILK (8oz, 1ea)	APPLESAUCE (1/2 CP) MILK (8oz, 1ea)	WG GOLD FISH CRACKERS (1ea) MILK (8oz, 1ea)	WG BANANA BREAD (1ea) MILK (8oz, 1ea)	STRING CHEESE (1ea) SALTINE CRACKERS (4ea) JUICE (4oz, 1ea)
1/14 2/18 4/1 5/13 6/24 8/5	WG CHEESE ITZ (1ea) MILK (8oz, 1ea)	PEACHES (1/2 CP) MILK (8oz, 1ea)	ORANGES (1EA-1/2 CP) MILK (8oz, 1ea)	YOGURT (1 ea) WG ANIMAL CRACKERS (1ea)	CARROTS STICKS RANCH (1oz) MILK (8oz, 1ea)
1/21 2/25 4/8 5/20 7/1	WG CHEX MIX (1ea) MILK (8oz, 1ea)	BANANA (1ea) MILK (8oz, 1ea)	WG ZUCCHINI BREAD (1ea) MILK (8oz, 1ea)	APPLESAUCE (1/2 CP) MILK (8oz, 1ea)	GRAHAM CRACKERS (2ea) JELLY (1oz) JUICE (4oz, 1ea)