



# Depot Café

Serving the Lake County area since 1936

July, 2020

## Chef Joe's Dinner Specials July

### Jumbo Rib Steak Gorgonzola

24 oz. of bone-in flavor broiled and topped with gorgonzola cheese butter, served with your choice of side dish.

### BBQ Chicken and Ribs

Boneless breast of chicken and St. Louis style pork ribs grilled and smothered in our tangy sweet sauce served with french fries, fresh corn on the cob and cole slaw.

### Walleye Fiesta

Flaky pike fillets prepared your choice of the following ways: Broiled Lemon Pepper, Garlic Chardonnay or Spicy Cajun served with a medley of fresh garden vegetables or breaded and deep fried to a golden brown served with french fries and cole slaw.

### Cavatelli

Dumpling pasta tossed in our homemade tomato marinara sauce with your choice of meat sauce, meatball, mushroom or sausage.



If you're not barefoot, then you're overdressed." –

## Closed 4<sup>th</sup> of July

We take all major credit cards



Happy July 4<sup>th</sup>

When the Declaration of Independence was declared, John Adams wrote this historic letter to his wife:

"I am apt to believe that this day will be celebrated by succeeding generations as the great anniversary festival. It ought to be commemorated as the day of deliverance, by solemn acts of devotion to God Almighty. It ought to be solemnized with pomp and parade, with shows, games, sports, guns, bells, bonfires, and illuminations, from one end of this continent to the other, from this time forward forevermore."

The newsletter is available on our website at:  
[www.silvestrosdepotcafe.com](http://www.silvestrosdepotcafe.com)

# *Deep Thoughts*

*By Jerry Silvestro*

Hi Friends and Neighbors,

Being a graduate of that esteemed institution of higher learning, Thomas W. Harvey High School, I happen to be well-versed in all the subjects that most of you out there were compelled to take. Of course, there was the three R's, "Readin", "Ritin" and "Rithmetic" with a dash of Geography, History and Science also thrown in. And if I remember correctly, there was some English. I was confident that I was pretty fluent in the language but lately, have been hearing some phrases that don't quite compute.

Perusing through "The Random House Dictionary of the English Language" (Unabridged, naturally) I come across the word "Social." "Definition #4 says and I quote, "Living or disposed to live in companionship with others or in a community, rather than in isolation," and then in italics, "Man is a social being." Flipping back to the D's I discover this little tidbit, "Distance." Definition #2 states, "The state or fact of being apart in space, as of one thing from another; Remoteness."

Social Distance? Hmmm. I think I may have experienced this phenomena yesterday when my neighbor from across the street strolled over to converse with me. As he approached me I obligingly cut the gap by walking toward him. A look of sheer panic came over his face as he stumbled backward. I guess he was attempting the social part but the distance thing took over.

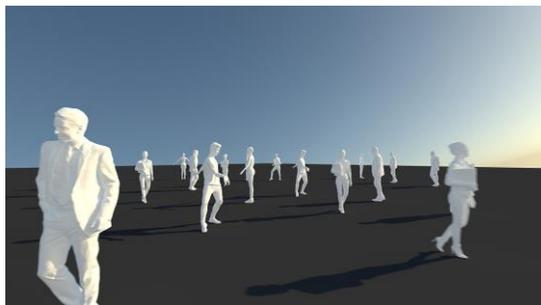
I have been told that this is to be the "New Normal." Running to the dictionary I learn that the definition of "New" is "Of a kind now existing or appearing for the first time." Just 22 pages further I read that "Normal" is "Conforming to the standard of the common type; Usual."

I think I'm starting to get it. Having a conversation with your neighbor I believe falls under the normal part. Screaming that conversation across the street is the new part.

So, let me reassure you that "We are all in this together." Huh?!

It has never ceased to amaze me how people feel that their suffering is much more palatable when other people are suffering, too. You see, we can't be in this together because we are not supposed to be together! We have to social distance and the definition of "Together" in "The Random House Dictionary of the English Language is.....Oh, Never Mind!

**Stay well and God Bless**





## Weird Facts Found on the Internet

1. Butterflies taste with their hind feet
2. A group of crows is called murder
3. Dartboards are made out of horse hairs
4. Almonds are a member of the peach family
5. In every episode of Seinfeld there is a superman somewhere
6. The Bible is the world's most shoplifted book
7. A snail can have 25,000 teeth
8. It is illegal to carry an ice cream in you back pocket in Kentucky

*Celebrate your special summer occasions at  
Silvestro's Depot Café!*

### **THE FIRST CONSTITUTION – THE ARTICLES OF CONFEDERATION**

**Thomas Pain, February 14, 1776**

Throwing off the British monarchy on July 4, 1776, left the United States with no central government. It had to design and install a new government – and quickly. As early as May 1776, Congress advised each of the colonies to draw up plans for state governments; by 1780, all thirteen states had adopted written constitutions. In June 1776, the Continental Congress began to work on a plan for a central government. It took five years for it to be approved, first by members of Congress and then by the states. The first attempt at a constitution for the United States was called the Articles of Confederation.

### **LOWER YOUR BLOOD PRESSURE BY EATING AND DRINKING!**

A new study suggests that drinking alcohol apart from meals contributes to high blood pressure. Researchers at the University of Buffalo studied 2,609 men and women and found that those drinking mostly without eating showed a significant increase in hypertension compared with either lifetime abstainers or those who usually drink while eating. There was no difference in risk based on the type of alcohol consumed, or the gender of drinkers. So the next time you raise a glass, be sure to have a plate of food in front of you.



Silvestro's Depot Café  
470 Railroad St.  
Painesville, OH 44077



**INSIDE...**  
**Dinner Specials for July**



**Deep Thoughts from**  
**Jerry Silvestro**



**Dining Room Hours**

**Lunch**

Monday-Saturday  
11:00 a.m. – 2:00 p.m.

**Dinner**

Monday – Thursday  
4:00 p.m. – 9:00 p.m.

Friday and Saturday  
4:00 p.m. – 10:00 p.m.

**Sunday**

1:00 p.m. – 8:00 p.m.

Phone: 440-354-4475  
Fax: 440-358-1054