

Dickson Endurance & Iron Nugget Triathlons 2013

Race Date
May 11, 2013

Age Group Results

Sprint Age Group

Female Open Winners

Place			----- Swim -----			T1	----- Bike -----			T2	----- Run -----			Total
<u>Place</u>	<u>Overall</u>	<u>Name</u>	<u>Rnk</u>	<u>Time</u>	<u>Pace</u>	<u>Time</u>	<u>Rnk</u>	<u>Time</u>	<u>Rate</u>	<u>Time</u>	<u>Rnk</u>	<u>Time</u>	<u>Pace</u>	<u>Time</u>
1	10	Jamie Tassa	1	12:38.2	12:38	2:34.5	1	53:02.7	19.7	0:34.7	3	23:43.5	7:39	1:32:33.8
2	11	Suzy Thomas	2	13:42.8	13:42	2:27.4	2	55:49.5	18.7	0:42.0	2	20:13.9	6:31	1:32:55.7
3	14	Lanni Marchant	3	13:54.3	13:54	3:54.4	3	59:47.2	17.5	0:51.6	1	17:56.8	5:47	1:36:24.6

Male Open Winners

Place			----- Swim -----			T1	----- Bike -----			T2	----- Run -----			Total
<u>Place</u>	<u>Overall</u>	<u>Name</u>	<u>Rnk</u>	<u>Time</u>	<u>Pace</u>	<u>Time</u>	<u>Rnk</u>	<u>Time</u>	<u>Rate</u>	<u>Time</u>	<u>Rnk</u>	<u>Time</u>	<u>Pace</u>	<u>Time</u>
1	1	Will Battaile	1	12:18.8	12:18	2:30.2	2	47:05.0	22.2	1:02.3	1	18:52.6	6:05	1:21:49.0
2	2	Shay Eskew	2	14:29.1	14:29	2:09.9	3	47:08.1	22.1	0:32.2	2	20:12.5	6:31	1:24:32.0
3	3	Michael Beach	3	14:57.5	14:57	2:27.2	1	46:53.5	22.3	0:31.0	3	20:42.7	6:41	1:25:32.0

Female Masters Winners

Place			----- Swim -----			T1	----- Bike -----			T2	----- Run -----			Total
<u>Place</u>	<u>Overall</u>	<u>Name</u>	<u>Rnk</u>	<u>Time</u>	<u>Pace</u>	<u>Time</u>	<u>Rnk</u>	<u>Time</u>	<u>Rate</u>	<u>Time</u>	<u>Rnk</u>	<u>Time</u>	<u>Pace</u>	<u>Time</u>
1	33	anna hemnes	1	16:47.6	16:47	3:22.2	2	1:01:55.0	16.9	1:20.5	1	23:43.4	7:39	1:47:08.9
2	42	Judy Aberg	3	18:59.8	18:59	3:52.9	1	59:06.3	17.7	0:59.5	2	29:11.4	9:25	1:52:10.2
3	62	Ana Bircher	2	18:39.6	18:39	4:07.2	3	1:08:55.3	15.1	1:11.9	3	31:40.6	10:13	2:04:34.7

Male Masters Winners

Place			----- Swim -----			T1	----- Bike -----			T2	----- Run -----			Total
<u>Place</u>	<u>Overall</u>	<u>Name</u>	<u>Rnk</u>	<u>Time</u>	<u>Pace</u>	<u>Time</u>	<u>Rnk</u>	<u>Time</u>	<u>Rate</u>	<u>Time</u>	<u>Rnk</u>	<u>Time</u>	<u>Pace</u>	<u>Time</u>

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Race Date
May 11, 2013

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Male Masters Winners

Place			----- Swim -----			T1	----- Bike -----			T2	----- Run -----			Total
<u>Place</u>	<u>Overall</u>	<u>Name</u>	<u>Rnk</u>	<u>Time</u>	<u>Pace</u>	<u>Time</u>	<u>Rnk</u>	<u>Time</u>	<u>Rate</u>	<u>Time</u>	<u>Rnk</u>	<u>Time</u>	<u>Pace</u>	<u>Time</u>
1	4	tommy nettleton	1	12:45.4	12:45	2:36.8	1	48:39.9	21.5	0:27.6	1	21:33.9	6:57	1:26:03.8
2	5	Jeff Kauppi	2	13:37.7	13:37	3:32.7	2	48:51.4	21.4	1:01.6	3	22:30.7	7:15	1:29:34.3
3	9	David Price	3	14:51.7	14:51	2:42.9	3	52:06.1	20.0	0:43.4	2	21:57.0	7:05	1:32:21.3

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Age Group Results

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Male 14 and under

Place			----- Swim -----			T1	----- Bike -----			T2	----- Run -----			Total
<u>Place</u>	<u>Overall</u>	<u>Name</u>	<u>Rnk</u>	<u>Time</u>	<u>Pace</u>	<u>Time</u>	<u>Rnk</u>	<u>Time</u>	<u>Rate</u>	<u>Time</u>	<u>Rnk</u>	<u>Time</u>	<u>Pace</u>	<u>Time</u>
1	69	Unknown Partic. 190	1	22:10.3	22:10	6:00.8	1	1:08:53.5	15.2	1:08.6	1	31:22.2	10:07	2:09:35.6

Female 20 to 24

Place			----- Swim -----			T1	----- Bike -----			T2	----- Run -----			Total
<u>Place</u>	<u>Overall</u>	<u>Name</u>	<u>Rnk</u>	<u>Time</u>	<u>Pace</u>	<u>Time</u>	<u>Rnk</u>	<u>Time</u>	<u>Rate</u>	<u>Time</u>	<u>Rnk</u>	<u>Time</u>	<u>Pace</u>	<u>Time</u>
1	63	Jamie Yates	1	19:14.1	19:14	5:08.4	1	1:10:37.5	14.8	0:48.6	1	28:57.4	9:20	2:04:46.3
2	86	Laura Countess	2	26:08.0	26:08	5:08.2	2	1:27:10.2	12.0	0:51.8	2	36:05.9	11:38	2:35:24.3

Male 20 to 24

Place			----- Swim -----			T1	----- Bike -----			T2	----- Run -----			Total
<u>Place</u>	<u>Overall</u>	<u>Name</u>	<u>Rnk</u>	<u>Time</u>	<u>Pace</u>	<u>Time</u>	<u>Rnk</u>	<u>Time</u>	<u>Rate</u>	<u>Time</u>	<u>Rnk</u>	<u>Time</u>	<u>Pace</u>	<u>Time</u>
1	61	William Dedmon	1	25:30.6	25:30	4:53.8	1	1:04:42.8	16.1	2:13.6	1	26:34.1	8:34	2:03:55.0

Female 25 to 29

Place			----- Swim -----			T1	----- Bike -----			T2	----- Run -----			Total
<u>Place</u>	<u>Overall</u>	<u>Name</u>	<u>Rnk</u>	<u>Time</u>	<u>Pace</u>	<u>Time</u>	<u>Rnk</u>	<u>Time</u>	<u>Rate</u>	<u>Time</u>	<u>Rnk</u>	<u>Time</u>	<u>Pace</u>	<u>Time</u>
1	83	Robin Alberts-Marigza	1	26:08.4	26:08	5:33.1	1	1:19:29.8	13.1	0:51.3	1	34:35.8	11:09	2:26:38.6

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Race Date
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Male 25 to 29

Place			----- Swim -----			T1	----- Bike -----			T2	----- Run -----			Total
<u>Place</u>	<u>Overall</u>	<u>Name</u>	<u>Rnk</u>	<u>Time</u>	<u>Pace</u>	<u>Time</u>	<u>Rnk</u>	<u>Time</u>	<u>Rate</u>	<u>Time</u>	<u>Rnk</u>	<u>Time</u>	<u>Pace</u>	<u>Time</u>
1	8	Jimmy Humston	1	14:58.7	14:58	2:55.0	1	49:13.4	21.2	0:42.6	4	24:23.4	7:52	1:32:13.3
2	16	Ben Petsch	4	18:40.3	18:40	1:45.4	2	52:07.6	20.0	0:39.2	3	24:01.4	7:45	1:37:14.1
3	25	Ross Adam	2	18:29.5	18:29	4:17.5	3	56:59.5	18.3	0:42.9	1	22:24.7	7:14	1:42:54.2
4	44	Nicholas Petsch	6	25:02.6	25:02	3:03.6	4	1:00:17.9	17.3	1:58.7	2	22:44.3	7:20	1:53:07.2
5	48	Jonathan Frith	3	18:31.5	18:31	3:37.4	5	1:04:48.7	16.1	1:20.3	6	28:57.2	9:20	1:57:15.3
6	60	Brian Gosselin	5	21:15.9	21:15	4:25.7	6	1:09:48.6	15.0	1:12.9	5	25:19.9	8:10	2:02:03.2
7	81	Casserly Kyle	7	30:00.0	30:00	7:41.1	7	1:11:19.9	14.6	2:07.5	7	32:18.2	10:25	2:23:26.9

Female 30 to 34

Place			----- Swim -----			T1	----- Bike -----			T2	----- Run -----			Total
<u>Place</u>	<u>Overall</u>	<u>Name</u>	<u>Rnk</u>	<u>Time</u>	<u>Pace</u>	<u>Time</u>	<u>Rnk</u>	<u>Time</u>	<u>Rate</u>	<u>Time</u>	<u>Rnk</u>	<u>Time</u>	<u>Pace</u>	<u>Time</u>
1	52	Rebekah Askins	3	23:02.7	23:02	3:23.4	1	1:06:19.5	15.7	1:34.4	1	24:29.5	7:54	1:58:49.7
2	54	Laura O'Dowd	1	15:05.0	15:05	4:45.7	3	1:11:11.8	14.7	0:30.8	3	28:15.3	9:07	1:59:48.8
3	64	Amanda Shadowens	2	22:05.5	22:05	5:50.6	2	1:09:02.5	15.1	1:28.4	2	26:38.3	8:35	2:05:05.6
4	78	Cara Sweeney	4	23:09.0	23:09	5:15.0	4	1:17:42.4	13.4	1:29.3	4	32:29.3	10:29	2:20:05.3

Male 30 to 34

Place			----- Swim -----			T1	----- Bike -----			T2	----- Run -----			Total
<u>Place</u>	<u>Overall</u>	<u>Name</u>	<u>Rnk</u>	<u>Time</u>	<u>Pace</u>	<u>Time</u>	<u>Rnk</u>	<u>Time</u>	<u>Rate</u>	<u>Time</u>	<u>Rnk</u>	<u>Time</u>	<u>Pace</u>	<u>Time</u>
1	17	Shawn Butler	1	13:58.5	13:58	3:31.5	3	57:51.7	18.0	0:38.6	2	22:48.5	7:21	1:38:49.0
2	18	Sam Balthrop	5	16:36.2	16:36	4:13.5	1	51:58.4	20.1	0:59.7	4	25:59.0	8:23	1:39:47.0
3	19	Casey Gallaher	3	15:09.1	15:09	4:18.5	2	55:43.3	18.7	1:58.1	3	23:33.4	7:36	1:40:42.6
4	23	Micah Sandlin	2	14:57.8	14:57	4:33.7	4	1:00:35.9	17.2	0:52.5	1	21:37.6	6:58	1:42:37.7

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Age Group Results

Sprint Age Group

Male 30 to 34

Place			----- Swim -----			T1	----- Bike -----			T2	----- Run -----			Total
<u>Place</u>	<u>Overall</u>	<u>Name</u>	<u>Rnk</u>	<u>Time</u>	<u>Pace</u>	<u>Time</u>	<u>Rnk</u>	<u>Time</u>	<u>Rate</u>	<u>Time</u>	<u>Rnk</u>	<u>Time</u>	<u>Pace</u>	<u>Time</u>
5	53	Nicholas Osburn	4	16:16.6	16:16	6:34.6	5	1:03:48.2	16.4	1:27.5	6	31:35.0	10:11	1:59:42.0
6	76	Desmond Lake	6	19:29.7	19:29	3:39.5	6	1:25:49.0	12.2	1:02.8	5	28:35.2	9:13	2:18:36.3

Female 35 to 39

Place			----- Swim -----			T1	----- Bike -----			T2	----- Run -----			Total
<u>Place</u>	<u>Overall</u>	<u>Name</u>	<u>Rnk</u>	<u>Time</u>	<u>Pace</u>	<u>Time</u>	<u>Rnk</u>	<u>Time</u>	<u>Rate</u>	<u>Time</u>	<u>Rnk</u>	<u>Time</u>	<u>Pace</u>	<u>Time</u>
1	15	Wendy Fejfar	1	13:51.2	13:51	2:57.6	1	55:08.6	18.9	0:30.7	1	24:40.2	7:57	1:37:08.5
2	34	Sally Landham	2	17:39.1	17:39	3:41.0	2	58:14.5	17.9	1:07.7	2	26:54.4	8:41	1:47:36.9
3	77	holly andrews	3	23:06.2	23:06	4:07.7	3	1:17:32.2	13.5	0:56.7	3	33:51.9	10:55	2:19:34.8

Male 35 to 39

Place			----- Swim -----			T1	----- Bike -----			T2	----- Run -----			Total
<u>Place</u>	<u>Overall</u>	<u>Name</u>	<u>Rnk</u>	<u>Time</u>	<u>Pace</u>	<u>Time</u>	<u>Rnk</u>	<u>Time</u>	<u>Rate</u>	<u>Time</u>	<u>Rnk</u>	<u>Time</u>	<u>Pace</u>	<u>Time</u>
1	6	Chris Duncan	4	16:37.7	16:37	2:57.7	2	49:35.1	21.1	1:14.5	1	19:25.2	6:16	1:29:50.5
2	7	Robert Pautienus	5	16:51.6	16:51	3:04.6	1	49:11.3	21.2	0:58.4	2	21:23.5	6:54	1:31:29.6
3	12	Brian Ehrig	1	15:09.6	15:09	2:55.4	3	52:30.1	19.9	0:50.3	3	22:14.3	7:10	1:33:39.9
4	24	Emmitt Beall	6	16:52.7	16:52	3:33.2	8	59:26.6	17.6	0:40.7	4	22:20.7	7:12	1:42:54.1
5	26	Robert Lewis	3	16:06.8	16:06	3:34.1	6	58:10.6	17.9	1:09.6	6	23:53.2	7:42	1:42:54.5
6	28	Kevin Herrington	2	16:02.9	16:02	4:31.8	4	55:38.1	18.8	1:00.7	10	28:28.7	9:11	1:45:42.3
7	31	Marty Cook	8	17:36.4	17:36	4:09.9	5	56:21.4	18.5	1:04.1	8	27:31.8	8:53	1:46:43.8
8	32	Tal Lefler	7	17:12.2	17:12	4:00.5	9	1:00:41.6	17.2	1:24.8	5	23:29.4	7:35	1:46:48.7
9	39	gideon lapointe	10	19:40.8	19:40	5:00.4	7	58:57.7	17.7	1:53.7	7	24:27.3	7:53	1:50:00.1
10	46	Ford Gatgens	9	18:33.1	18:33	5:27.6	10	1:01:50.1	16.9	1:08.4	9	27:34.2	8:54	1:54:33.6

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Male 35 to 39

Place			----- Swim -----			T1	----- Bike -----			T2	----- Run -----			Total
<u>Place</u>	<u>Overall</u>	<u>Name</u>	<u>Rnk</u>	<u>Time</u>	<u>Pace</u>	<u>Time</u>	<u>Rnk</u>	<u>Time</u>	<u>Rate</u>	<u>Time</u>	<u>Rnk</u>	<u>Time</u>	<u>Pace</u>	<u>Time</u>
11	82	Ben Trueblood	11	20:51.9	20:51	6:23.9	11	1:22:36.9	12.6	1:11.3	11	34:32.0	11:08	2:25:36.2

Female 40 to 44

Place			----- Swim -----			T1	----- Bike -----			T2	----- Run -----			Total
<u>Place</u>	<u>Overall</u>	<u>Name</u>	<u>Rnk</u>	<u>Time</u>	<u>Pace</u>	<u>Time</u>	<u>Rnk</u>	<u>Time</u>	<u>Rate</u>	<u>Time</u>	<u>Rnk</u>	<u>Time</u>	<u>Pace</u>	<u>Time</u>
1	65	Christine Schmalzer	1	15:02.8	15:02	6:17.6	1	1:11:16.8	14.6	1:34.6	1	31:01.9	10:00	2:05:13.8

Male 40 to 44

Place			----- Swim -----			T1	----- Bike -----			T2	----- Run -----			Total
<u>Place</u>	<u>Overall</u>	<u>Name</u>	<u>Rnk</u>	<u>Time</u>	<u>Pace</u>	<u>Time</u>	<u>Rnk</u>	<u>Time</u>	<u>Rate</u>	<u>Time</u>	<u>Rnk</u>	<u>Time</u>	<u>Pace</u>	<u>Time</u>
1	13	Andy Russell	1	13:40.6	13:40	2:51.4	3	55:29.1	18.8	0:44.6	2	22:38.3	7:18	1:35:24.2
2	20	Jeremy Winters	2	16:20.2	16:20	3:43.3	1	50:22.5	20.7	1:08.4	11	29:36.8	9:33	1:41:11.2
3	21	Ben Shaw	9	20:38.4	20:38	3:31.2	2	53:34.4	19.5	0:38.8	3	23:59.5	7:44	1:42:22.5
4	29	Jason Krumwiede	4	17:28.2	17:28	4:00.6	5	58:27.9	17.9	1:17.2	5	24:45.0	7:59	1:45:59.1
5	35	jason dale	7	19:23.6	19:23	5:11.8	9	1:03:09.1	16.5	1:03.3	1	19:06.2	6:10	1:47:54.2
6	36	LLoyd Jones	11	21:19.5	21:19	4:37.8	4	55:37.5	18.8	1:01.5	7	25:57.5	8:22	1:48:34.0
7	40	Scott Schumann	5	17:29.6	17:29	3:56.9	10	1:04:04.7	16.3	1:11.7	6	24:50.5	8:01	1:51:33.6
8	41	John Beard	8	20:25.5	20:25	6:04.6	6	59:27.9	17.6	1:42.7	4	24:21.5	7:51	1:52:02.4
9	50	Fernando Balmaceda	12	21:24.6	21:24	4:20.4	8	1:02:39.6	16.7	0:49.8	9	28:29.9	9:11	1:57:44.6
10	57	Christopher Hayden	3	17:20.9	17:20	4:57.2	11	1:09:24.4	15.0	1:20.6	8	28:11.0	9:05	2:01:14.2
11	68	John Denton	16	31:08.1	31:08	5:37.4	7	1:01:02.2	17.1	1:43.9	12	29:56.7	9:39	2:09:28.4
12	74	MARC SWAIN	14	21:52.1	21:52	5:39.4	12	1:16:01.7	13.7	0:57.6	10	29:27.2	9:30	2:13:58.2
13	79	Richard Farr	10	21:12.7	21:12	4:49.7	13	1:16:08.9	13.7	1:27.0	14	36:27.2	11:45	2:20:05.6

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Age Group Results

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Male 40 to 44

Place			----- Swim -----			T1	----- Bike -----			T2	----- Run -----			Total
Place	Overall	Name	Rnk	Time	Pace	Time	Rnk	Time	Rate	Time	Rnk	Time	Pace	Time
14	84	Christopher Swain	15	25:36.1	25:36	7:19.5	14	1:22:20.1	12.7	0:46.0	13	30:51.1	9:57	2:26:53.0
15	88	Pete McKnight	6	19:20.8	19:20	8:08.2	15	1:25:15.8	12.2	1:16.7	15	46:26.0	14:59	2:40:27.6

Male 45 to 49

Place			----- Swim -----			T1	----- Bike -----			T2	----- Run -----			Total
Place	Overall	Name	Rnk	Time	Pace	Time	Rnk	Time	Rate	Time	Rnk	Time	Pace	Time
1	27	Peter Lebedevs	2	16:42.6	16:42	3:51.1	2	57:39.5	18.1	1:10.5	2	25:45.1	8:18	1:45:08.9
2	43	Dave MacNeill	3	17:42.6	17:42	3:27.3	5	1:02:40.0	16.7	1:08.5	4	27:20.9	8:49	1:52:19.5
3	47	Dan France	7	23:01.9	23:01	4:44.0	6	1:02:42.9	16.7	1:14.2	1	23:53.3	7:42	1:55:36.4
4	55	Eric Robinson	4	20:26.5	20:26	4:10.3	8	1:08:23.3	15.3	1:31.0	3	25:51.0	8:20	2:00:22.3
5	66	Darryl Peden	6	22:00.9	22:00	5:26.3	4	1:00:55.6	17.1	2:38.8	7	35:39.0	11:30	2:06:40.8
6	67	Robert Baldwin	8	24:56.7	24:56	4:22.4	7	1:07:51.7	15.4	1:56.9	6	29:55.5	9:39	2:09:03.4
7	72	Matthew Dunn	5	21:38.0	21:38	4:49.0	9	1:16:08.5	13.7	1:44.3	5	27:44.4	8:57	2:12:04.4
8	87	Michael Stephens	9	28:32.0	28:32	7:58.4	10	1:20:16.7	13.0	1:33.3	8	37:19.2	12:02	2:35:39.7

Male 50 to 54

Place			----- Swim -----			T1	----- Bike -----			T2	----- Run -----			Total
Place	Overall	Name	Rnk	Time	Pace	Time	Rnk	Time	Rate	Time	Rnk	Time	Pace	Time
1	30	jeff lane	6	20:30.0	20:30	3:11.4	1	55:52.9	18.7	0:52.1	3	25:43.4	8:18	1:46:09.9
2	37	Bruce Heiser	1	14:32.5	14:32	3:11.9	4	59:44.1	17.5	0:49.5	4	30:16.4	9:46	1:48:34.6
3	38	Gordon O'Malley	9	22:37.4	22:37	5:14.1	2	55:55.4	18.7	1:05.7	2	24:51.2	8:01	1:49:43.9
4	45	Paul Turner	4	19:14.1	19:14	5:12.2	7	1:05:14.5	16.0	1:00.5	1	22:58.7	7:25	1:53:40.3
5	51	Jeff Whitehorn	10	22:50.3	22:50	4:26.0	3	57:27.0	18.2	1:19.2	7	32:33.7	10:30	1:58:36.4

Dickson Endurance & Iron Nugget Triathlons 2013

Race Date
May 11, 2013

Age Group Results

Sprint Age Group

Male 50 to 54

Place			----- Swim -----			T1	----- Bike -----			T2	----- Run -----			Total
<u>Place</u>	<u>Overall</u>	<u>Name</u>	<u>Rnk</u>	<u>Time</u>	<u>Pace</u>	<u>Time</u>	<u>Rnk</u>	<u>Time</u>	<u>Rate</u>	<u>Time</u>	<u>Rnk</u>	<u>Time</u>	<u>Pace</u>	<u>Time</u>
6	58	Russell Regen	3	18:57.2	18:57	4:44.0	6	1:03:40.4	16.4	2:01.9	6	32:20.6	10:26	2:01:44.2
7	59	Paul Chandler	5	19:37.7	19:37		8	1:08:04.4	15.3	0:38.1	8	33:36.1	10:50	2:01:56.4
8	70	Chris Pastina	7	20:49.6	20:49	4:59.6	9	1:11:44.4	14.6	1:12.9	5	30:57.3	9:59	2:09:44.0
9	71	Gordon Ahner	2	18:36.3	18:36	5:38.0	5	1:02:35.6	16.7	2:23.8	10	42:10.2	13:36	2:11:24.0
10	80	Shelton Clark	8	21:39.2	21:39	6:25.5	10	1:16:18.5	13.7	1:45.0	9	34:25.8	11:06	2:20:34.2

Female 55 to 59

Place			----- Swim -----			T1	----- Bike -----			T2	----- Run -----			Total
<u>Place</u>	<u>Overall</u>	<u>Name</u>	<u>Rnk</u>	<u>Time</u>	<u>Pace</u>	<u>Time</u>	<u>Rnk</u>	<u>Time</u>	<u>Rate</u>	<u>Time</u>	<u>Rnk</u>	<u>Time</u>	<u>Pace</u>	<u>Time</u>
1	73	Jeanine Weinzierl	1	24:06.9	24:06	7:06.2	1	1:08:36.7	15.2	1:44.6	1	32:22.2	10:26	2:13:56.8

Male 55 to 59

Place			----- Swim -----			T1	----- Bike -----			T2	----- Run -----			Total
<u>Place</u>	<u>Overall</u>	<u>Name</u>	<u>Rnk</u>	<u>Time</u>	<u>Pace</u>	<u>Time</u>	<u>Rnk</u>	<u>Time</u>	<u>Rate</u>	<u>Time</u>	<u>Rnk</u>	<u>Time</u>	<u>Pace</u>	<u>Time</u>
1	22	Harry Camp	1	21:56.6	21:56	3:41.5	1	54:26.2	19.2	0:40.1	1	21:41.8	7:00	1:42:26.4
2	75	Chuck Smith	2	25:20.3	25:20	5:02.7	2	1:10:09.7	14.9	1:34.2	2	34:46.6	11:13	2:16:53.8

Male 60 to 64

Place			----- Swim -----			T1	----- Bike -----			T2	----- Run -----			Total
<u>Place</u>	<u>Overall</u>	<u>Name</u>	<u>Rnk</u>	<u>Time</u>	<u>Pace</u>	<u>Time</u>	<u>Rnk</u>	<u>Time</u>	<u>Rate</u>	<u>Time</u>	<u>Rnk</u>	<u>Time</u>	<u>Pace</u>	<u>Time</u>
1	49	Randall Frith	3	22:42.9	22:42	3:32.2	2	1:00:40.0	17.2	1:27.8	1	29:08.3	9:24	1:57:31.3

Race Date
May 11, 2013

Dickson Endurance & Iron Nugget Triathlons 2013

Age Group Results

Sprint Age Group

Male 60 to 64

<u>Place</u>	<u>Overall</u>	<u>Name</u>	<u>Swim</u>			<u>T1</u>	<u>Bike</u>			<u>T2</u>	<u>Run</u>			<u>Total</u>
			<u>Rnk</u>	<u>Time</u>	<u>Pace</u>	<u>Time</u>	<u>Rnk</u>	<u>Time</u>	<u>Rate</u>	<u>Time</u>	<u>Rnk</u>	<u>Time</u>	<u>Pace</u>	<u>Time</u>
2	56	CHEZ SHAFER	2	21:21.9	21:21	5:30.5	1	1:00:25.3	17.3	0:39.9	2	32:25.2	10:27	2:00:23.0
3	85	Robert Matthis	1	21:09.0	21:09	7:09.8	3	1:21:47.9	12.8	0:50.3	3	41:09.7	13:16	2:32:06.9

Dickson Endurance & Iron Nugget Triathlons 2013

Race Date
May 11, 2013

Age Group Results

Sprint Clydesdale

Male 99 and under

Place			----- Swim -----			T1	----- Bike -----			T2	----- Run -----			Total
<u>Place</u>	<u>Overall</u>	<u>Name</u>	<u>Rnk</u>	<u>Time</u>	<u>Pace</u>	<u>Time</u>	<u>Rnk</u>	<u>Time</u>	<u>Rate</u>	<u>Time</u>	<u>Rnk</u>	<u>Time</u>	<u>Pace</u>	<u>Time</u>
1	1	Rob Zielinski	4	22:03.2	22:03	2:53.9	1	56:55.2	18.3	0:45.2	1	24:26.9	7:53	1:47:04.6
2	2	Brandon Palmore	1	16:27.3	16:27	4:19.5	2	1:02:48.6	16.6	0:55.5	2	27:20.0	8:49	1:51:51.1
3	3	Matt Robertson	5	22:39.6	22:39	4:09.0	3	1:17:01.2	13.6	1:08.6	3	36:23.9	11:44	2:21:22.5
4	4	Kyle Wiltshire	3	20:15.5	20:15	5:32.5	4	1:24:02.7	12.4	1:04.7	4	37:53.8	12:13	2:28:49.4
5	5	RUSSELL ROBERTS	2	19:56.1	19:56	8:32.3	5	1:29:07.5	11.7	4:09.2	5	52:45.0	17:01	2:54:30.3

Race Date
May 11, 2013

Dickson Endurance & Iron Nugget Triathlons 2013

Age Group Results

Sprint Athena

Female 99 and under

<u>Place</u>	<u>Overall</u>	<u>Name</u>	<u>Swim</u>			<u>T1</u>	<u>Bike</u>			<u>T2</u>	<u>Run</u>			<u>Total</u>
			<u>Rnk</u>	<u>Time</u>	<u>Pace</u>	<u>Time</u>	<u>Rnk</u>	<u>Time</u>	<u>Rate</u>	<u>Time</u>	<u>Rnk</u>	<u>Time</u>	<u>Pace</u>	<u>Time</u>
1	1	Amber Zielinski	1	22:39.6	22:39	6:36.5	1	1:10:24.5	14.8	2:06.8	1	37:56.4	12:14	2:19:43.9

Dickson Endurance & Iron Nugget Triathlons 2013

Race Date
May 11, 2013

Age Group Results

Sprint Relay Mixed

Mixed 0-99

Place			----- Swim -----			T1	----- Bike -----			T2	----- Run -----			Total
<u>Place</u>	<u>Overall</u>	<u>Name</u>	<u>Rnk</u>	<u>Time</u>	<u>Pace</u>	<u>Time</u>	<u>Rnk</u>	<u>Time</u>	<u>Rate</u>	<u>Time</u>	<u>Rnk</u>	<u>Time</u>	<u>Pace</u>	<u>Time</u>
1	1	Abbey Chamness	1	26:07.8	26:07	6:44.2	1	1:21:53.0	12.7	0:45.3	1	22:51.4	7:22	2:18:21.8