

October 2019



New Spaces, New ways to connect

We are quickly approaching a year in our new facility and we can't be happier to have this space. Since opening our Clubhouse, we have started a regular After School Club that transitions to а Wednesday Morning Club in the summer; we hold a monthly youth drop in night, along with special activities, movie nights and an upcoming art program. The space is very kid-friendly, with games, puzzles, and fooseball table, arts and craft supplies and a basketball net in the yard.

All of these activities and programs give the Mentees

We've told you a lot about our developing program over the past couple years, and we felt it was time to let the kids tell you a little about their experiences with BGM. After all, they're the reason we're here!



opportunities to interact with and spend positive time with our team of Mentors.

Research shows that social mentoring can have a big impact on many areas of kids lives. When kids feel included and receive positive attention from adults, they develop confidence and self esteem while learning social and life skills from their Mentors. Confident kids are better able to handle school stress, peer interactions and pressures. Giving kids confidence to face their world results in less negative behaviour, greater ability to focus and better, more positive communication.

Mentee Thoughts



It's the little things that can make a big difference. So how do we make this happen with our Mentees? We start with building those positive relationships though play, discovery and just listening to kids.



Playing games in the Clubhouse



Hi, my name is Chloe. I am 13 years old and I have been going to Bruce Grev Mentorship program for almost 1 year. I have met new friends and we do outings and group activities together, which has helped me with my shyness. I met a lady



named Laurel who has become my Mentor. I have been able to spend one on one time with her. We did the Lip Sync Battle together which helped me with building confidence.

Community Connections Newsletter



Art Grant



Thanks to the Community Foundation Grey Bruce, we received a grant that allows us to purchase art supplies along with our other activities for program. We are excited to begin a new Painting with Kids program which will bring some local artists, Mentors and Kids together to paint, share ideas and techniques. This low key program allows kids to learn to express themselves through art, give the Mentors and opportunities to get to know the kids on a deeper level. Art has a power to communicate what the heart feels, allowing the artist to express, dream, imagine and to release stress or other anxiety.



When you visit our building you will find a new sign on the wall, YES we have nicknamed our space "The Clubhouse". This is where many of our activities occur; our "clubs" are a great place for kids and Mentors to interact, get to know each other and have fun. So if you're ever in the area, stop into the Clubhouse and check out our Kid First space.

Why I Mentor

I became a Mentor because I was asked personally and knew BGM was looking for more Mentors. I find being a mentor makes me feel good; letting me bring in good energy to their day if I can; and putting a smile on a few faces.

It feels good to know I am

doing good things. Volunteer-

ing and hanging out with kids

and hearing about their day

and answering their questions

that they might have. It feels

good to build into the lives of

others. The program has

brought me out of my shell a

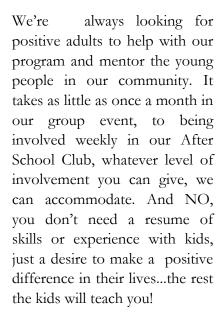
bit. It has given me experience



Mentor Zach with kids on a Group trip

and I am always okay sharing with the kids; bouncing ideas off or giving them a different perspective. The program has brought me more joy and appreciation of life. It's like an energy boost. It is fun!

Know someone who would be a great Mentor?



Contact us to get involved. 519-506-5065





Community Connections Newsletter

Our need

As a non-profit charity, we rely on our community for the support to continue to provide our service to families in need. Maintaining our program takes both funding and a team of volunteers. We hope you will consider supporting Bruce Grey Mentorship in one of the following ways and join us is making lasting differences in the lives of local children and youth.

FINANCIAL SPONSORS

- ✓ Yearly Donors
- ✓ Monthly Donors

*All donations receive a charitable tax receipt

*Monthly withdrawal is available through Canada Helps! Visit our website and click on Donate Now for more details

MENTORS	VOLUNTEERS
✓Group Program Mentors	✓Board Members
✓ Individual Mentors	✓ Fundraising team
✓Community Activities	\checkmark Administration support
✓ Program Planning Committee	✓Event Committee

Thank-you to all those who donate financially to our program; to those who help spread the word about us in the community; to those who donate items to our fundraisers and program, and to those who donate their time (in various ways). Each are necessary and all are greatly appreciated!

Get Involved

Throughout the year we have two major fundraisers, along various fundraising initiatives you can support or attend. Attending an event or purchasing fundraising items are great ways to show your support for BGM and helps us to reach our financial goals each year. Here are some of the opportunities available with BGM. Check out our facebook page for other initiatives.



The Lip Sync Battle is an all ages event that involves teams competing for a \$200 prize by pretend singing & acting out a song of their choice. This hilarious night is а featuring a pizza dinner, snack bar, silent auction, 50/50 draw and a LOT of laughter. Come watch or perform; either way, mark your calendar for June '20.



Our Curling event is a business-focused fun-spiel that invites local businesses to sponsor and enter teams for a great afternoon of curling, food, drinks and prizes. This event happens in late winter, and is a great team- building activity or just a time to kick back and have a little fun on the ice. Contact us to get your business involved in 2020.



ONGOING INITIATIVES

We collect grocery receipts from Hanover Grant's Independent Store. For every \$300 of groceries you buy, we can redeem \$1.20. When many people collect, it can quickly add up. Drop off to our office or to Sweet Pea Clothing during store hours.

We also collect Canadian tire money to use for program purchases.

Bruce Grey Mentorship 519-506-5065 info@brucegreymentorship.ca www.brucegreymentoship.ca