



Fitness • Dance • Community

Located just past Smart & Final, 999 Andersen Drive, Suite 170, San Rafael, CA

Current Ongoing Class Calendar (April 2018)
Always Confirm Classes Online | BodyVibeStudio.com
 (AM classes in red, PM classes in blue)

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
7-8am Sunrise Yoga Katie Killebrew <i>Class card or drop-in</i>	8-9am NIA CARDIO DANCE Deborah Walker Drop In: \$13	7-8am Sunrise Yoga Katie Killebrew <i>Class card or drop-in</i>	8-9am NIA CARDIO DANCE Deborah Walker Drop In: \$13	Available For Your Class Or Program!	Available For Your Class Or Program!	Available For Your Class Or Program!
Available For Your Class Or Program!	Available For Your Class Or Program!	Available For Your Class Or Program!	Available For Your Class Or Program!	9-10am NIA CARDIO DANCE Deborah Walker Drop In: \$13	9-10am NIA CARDIO DANCE Deborah Walker Drop In: \$13	9-10am NIA CARDIO DANCE Deborah Walker Drop In: \$13
Available For Your Class Or Program!	Available For Your Class Or Program!	10-11am Shake Your Shakti with Hannah Drop In: \$15	Available For Your Class Or Program!	Available For Your Class Or Program!	10-30-11-30am Salsa-Reggaeton Efrén Buzzo Drop In: \$15	10-30-11-30am ZUMBA Efrén Buzzo Drop In: \$15
12:15-1pm Chair Yoga Yoga For Lunch Katie Killebrew Drop In: \$10	Available For Your Class Or Program!	12:15-1pm Chair Yoga Yoga For Lunch Katie Killebrew Drop In: \$10	4pm-5:30pm Flemenco Kids Call Andrea at 805-708-2621	Available For Your Class Or Program!	Check it out! All workshops online! Hannah Romanowsky, Katie Killebrew & more! Yoga with Katie View ONLINE Shake Your Shakti With Hannah Romanowsky Wednesday mornings 10-11am BIODANZA Wednesday 7:45pm Contact Julie 415-717-3578	
5:30pm-6:30pm Butts n' Guts Yoga Katie Killebrew <i>Class card or drop-in</i>	5:30-6:30pm BALLROOM DANCE Andrea Nelson Drop In: \$15	5:30pm-6:30pm Gentle Candlelight Yin Yoga Katie Killebrew Drop In: \$20	Available	Available		
6:30-7:30pm ZUMBA & CORE Fernanda Cedeño Drop In: \$15	6:30-7:30pm ZUMBA Marion Boumans Drop-In: \$12	6:45-7:45pm ZUMBA Efrén Buzzo Drop-In: \$15	6:30-7:30pm ZUMBA Fernanda Cedeño Drop In: \$15	Available For Your Class Or Program!	6:30-7:30pm ZUMBA Efrén Buzzo Drop In: \$15	7:30-8:30pm BIODANZA Contact Julie 415-717-3578
Available For Your Class Or Program!	Ballroom Dance With Frank Flores 7:30pm: Beginner West Coast Swing 8:30pm Intermediate Night Club Two Step Call: 415-308-5639	7:45-9:45pm MOVING TO THURSDAY MAY 1 BIODANZA Contact Julie 415-717-3578	STARTS MAY 1 7:30-9pm THURSDAY MAY 1 BIODANZA Contact Julie 415-717-3578	Available For Your Class Or Program!	Frank Flores Ballroom! 7:30pm Beg. West Coast Swing 8:30pm Interm. Night Club 2 Step Call Frank at 415-308-5639	Frank Flores Ballroom! 7:30pm Beg. West Coast Swing 8:30pm Interm. Night Club 2 Step Call Frank at 415-308-5639

Check online daily for updates and class details!

Phone: 415-577-4621

- No membership fee!
- Come take a class whenever you wish!
- Teachers are independent so please pay them directly.

- Drop In fees note
- Class discount cards available from teacher.

- For details, click SCHEDULE tab on website and click on the class!

- Rent us for your class, workshop, special event.

We are not a membership club

Just come try on our great classes

999 Andersen Drive across the street from Rafael Lumber!