

**PVIAC**

**WINTER SPORTS**

**BY-LAWS**

**2023 - 2024**  
**2024 – 2025**

**APPROVED BY THE EXECUTIVE BOARD ON DECEMBER 14, 2023**

**BASKETBALL – ICE HOCKEY – SKIING**  
**SWIMMING – INDOOR TRACK – WRESTLING**

**Basketball**

**By-Laws**

**Winter**

**2023- 2024**

**2024- 2025**

**APPROVED BY THE EXECUTIVE BOARD ON DECEMBER 14, 2023**

**PIONEER VALLEY INTERSCHOLASTIC ATHLETIC CONFERENCE**  
**BASKETBALL SPORT ASSOCIATION**  
**WINTER BY-LAWS**

- A) Season Schedule:  
To be drawn by conference appointed schedule-makers according to league alignment and play formulas.
  
- B) Sub-Varsity Schedules:  
Will follow varsity schedules.
  
- C) Postponement Procedures:  
Postponed games will be played on next available open date for both teams. (Exception: weekends and holidays) (*A mutually agreed upon date*)
  
- D) Starting times  
Games will begin at 6:00 and 7:30 unless mutually agreed upon. In the case of an afternoon / evening doubleheader, the evening games shall begin at 6:30 and 8:00. Afternoon contests shall begin at 3:15 with the varsity game following 15 minutes after the j.v. contest. If a school arrives late for a contest the j.v. game will be shortened accordingly.
  
- E) Location of Playing Sites:  
Refer to the PVIAC Directory
  
- F) Length of Contest:  
All contests shall be four 8-minute quarters.
  
- G) Rules of the Game Modifications:  
All teams play under National Federation Rules unless modified by the MIAA Hand Book guidelines.
  
- H) Equipment:  
An approved leather ball shall be used for all games. This includes Spalding 100, Wilson Jet, McGregor X10L, and any other ball approved by National Federation Rules.
  
- I) Uniform:  
The home team shall wear white, and the away team shall wear dark.
  
- J) Order of Events:  
Not Applicable
  
- K) Procedure for The Determination of League Champions:  
Will be determined based on win/ loss percentage. There will be not play-off in the case of co-champions or multi-champions. Independent games will not count toward league championship.
  
- L) Procedure for the Selection of League All-Stars:  
Refer to PVIAC policy,

M) Protest Procedure:

National Federation Rules do not allow for protests in the game of basketball. In all other cases, refer to PVIAC policy.

N) Provision and Responsibility for Meetings:

Refer to PVIAC policy.

O) Special Rules:

- 1) The home team shall provide the game ball.
- 2) The commissioner prior to the start of the season shall notify schools of all officials' assignments. In the case of replacements, schools shall be notified of the changes.
- 3) Prior to the start of the season, each school will receive an officials' preference list. Schools may request that a given number may not be assigned to any of their games. (For number see PVIAC policy)
- 4) Adult timers shall be used at varsity contests. It is recommended that adult timers be used for sub-varsity contests.
- 5) Only uniformed players will be allowed to shoot during pre-game and pre-second half warm-ups.

P) Procedure for Reporting Scores:

The home team will report scores and statistics to the Springfield Republican.

Q) Responsibility for Maintaining League Records:

MassLive will be responsible for compiling and maintaining all league records.

**Ice Hockey**

**By-Laws**

**Winter**

**2023 - 2024**

**2024- 2025**

**APPROVED BY THE EXECUTIVE BOARD ON DECEMBER 14, 2023**

**PIONEER VALLEY INTERSCHOLASTIC ATHLETIC CONFERENCE**  
**ICE HOCKEY SPORT ASSOCIATION**  
**WINTER BY-LAWS**

- A) Season Schedule: Will be provided by schedule maker according to league alignment and formula.
- B) Sub-varsity schedule: Will be provided by schedule maker using formula set by member schools with sub-varsity programs.
- C) Postponement procedures: As agreed upon by schools involved and next available rink date.
- D) Starting time adjustment: As agreed upon by schools involved and rink schedule.
- E) Location of playing sites: Schools must notify schedule maker of rink location and available play dates and times.
- F) Length of contest: Varsity contests: 15-minute periods, Junior Varsity contests: 15 minute periods when time permits. Five-minute warm-up prior to game and upon request and coaches agreement Ten minutes between periods to allow for the ice to be resurfaced *between periods 1 and 2 as well as periods 2 and 3.* (Varsity only). Five Minute warm up and three minutes between periods for JV games. Both times will be kept on the clock.
- G) Rules of the game modification: MIAA Rule 72.1.2, a running clock will be used: when a goal differential reaches 10 goals at the beginning or anytime during the 2<sup>nd</sup> period or a 6 goal differential at the beginning of or anytime during the 3<sup>rd</sup> period. It will continue for the remainder of the game.
- H) Equipment: Must conform to the rules of the game.
- I) Uniform: The home team will wear white/light jerseys; the visiting team will wear dark jerseys.
- J) Order of events: N/A
- K) Procedure for determining league champions: To be determined based on league structure and formula.
- L) Procedure for determining all-star team: Refer to PVIAC policy.
- M) Protest procedure: Refer to PVIAC and MIAA policy.
- N) Provision and responsibility for meetings: Refer to PVIAC policy and calendar
- O) Special Rules: Unless an assistant coach is available for supervision, any player ruled out of a game must remain on the bench until the contest has ended. No player ejected will be allowed into a locker room unsupervised.
- P) Procedure for reporting scores and results: The home team will be responsible for sending game sheets into the PVIAC Executive Secretary or designee.

**Skiing**

**By-Laws**

**Winter**

**2023 - 2024**

**2024- 2025**

**APPROVED BY THE EXECUTIVE BOARD ON DECEMBER 14, 2023**

**PIONEER VALLEY INTERSCHOLASTIC ATHLETIC CONFERENCE  
SKIING SPORT ASSOCIATION  
WINTER BY-LAWS**

**A. Schedule**

1. The PVIAC SKI CONFERENCE shall consist of 4 leagues, Boys' North and South and Girls' North and South.
2. League realignment shall be voted bi-annually at the spring meeting, as per PVIAC ruling— 2 year time period. Teams in the league shall be aligned on the basis of the last 4 years' finishes.
3. The league schedule shall extend from the first week of January thru the week preceding the State Championship Race. One or two meets will be held each week, except to complete the league schedule.
4. The league individual championship date will be determined at the spring meeting.
5. By Law proposals must be received by the chair school and all schools involved 2 weeks prior to the post-season coaches meeting.

**B. Procedure for sub-varsity schedule**

1. Schools with junior varsity teams will race immediately following the completion of all varsity races

**C. Postponement Procedure**

1. Any school closed due to weather condition must contact chair school by 11:30. If one school cancels, the scheduled race is canceled for all schools with the exception of Mohawk. If Mohawk is the only school to cancel, the meet is still on unless notified by the Chair School.
2. Postponed meets will be made up on the next available open date as determined by the ski mountain and the league chair school.

**D. Starting Time Adjustment**

1. League race starting time is 5:00 PM
2. League Individual Championship starting time is 10:30 AM

**E. Location of playing sites**

1. Races will be held at the Berkshire East Ski Area in Charlemont, MA

**F. Length of contest**

1. Lineups must be submitted to the league statistician by 8 PM the night before a race and changes by 3 PM on race day
2. Racers shall start in their designated position. Racers not meeting their designated start will be disqualified (except lift breakdown or other emergency deemed acceptable by the race director). In the event of a racer "no show", 15 seconds shall pass before the next racer will be started.

**G. Rules of the game modification**

1. No changes in the starting lineup will be allowed after lineups have been submitted to the statistician.
2. Course inspection will take place in accordance with F.I.S. rules.
3. Re-runs by F.I.S. rules. All rules to follow MIAA then USSA then FIS in that order.
4. Any independent will compete in B Division and seeded according to league rules.
5. Total Board Postings are unofficial and have no bearing on the race results.

**H. Equipment**

1. Helmets will be worn in accordance with MIAA rules.
2. All racers must wear a ski retention device.
3. All racers must wear appropriate ski wear. Those skiers who are not dressed appropriately, as deemed by the starter, will not be allowed to race.

**I. Uniform**

1. Racers must wear bibs that are clearly visible at all times during the race. (Penalty-disqualification).



2. Bibs must be worn on the front and back.
3. Each school shall provide a complete set of clearly printed bibs for their team.

J. Order of events

1. League and individual championship race order for boys and girls will be determined by numerical order of schools to follow the preceding meets last positional arrangement.

K. Procedure for determination of League Champions

1. \*Regular Season Meet Rules

- a. The league champion is determined by the school accumulating the highest total of points earned in the league meets
- b. Each team will be allowed 10 racers per meet.
- c. The meet winner is determined by the sum of the 4 fastest times per school. Each successive place is determined by the next lowest total of times.
- d. Points are awarded to teams on the basis of meet finish, with the first place team being awarded a total that is equal to the number of schools in that division. Second place shall receive one point less than the total number of teams and so on in descending order.
- e. Should a team not finish with four (4) racers, 110% of the slowest time on the course shall be the dummy alpine score. Only 1 dummy score will be added.
- f. Final standings for individual racers will be determined by the best 6 of 7 races. For seeding purposes in the event of a tie, all 7 races will be used. Final team standings will be determined by all 7 races.
- g. For Team League Champions and State Championship seeding, all ties will be broken by combined race results of the Individual Meet, using normal team scoring.

2. \*League Individual Meet Rules

- a. Schools will be limited to all seeded racers and up to 10 unseeded racers, plus JV racers.
- b. Each racer scoring points during the regular season shall be seeded.
- c. The top 15 seeded racers based on accumulated points scored shall be seeded in inverse order.
- d. All others shall be seeded in exact order.
- e. The remaining racers shall race in the normal positional arrangement as determined by league roster.
- f. Girls racing on boys' teams during the regular season will be allowed to participate in the girls' individual -- in league A championship. They will be seeded in alphabetical racing order based on their school's numerical placement, at the end of the seed. Seed points for boys' races will not transfer.
- g. The race format shall consist of one run of slalom and one run of giant slalom to be held on the same day, for both boys and girls.
- h. Championships shall be determined in the individual slalom, giant slalom, and combined slalom and giant slalom, on the basis of time for both boys and girls.
- i. Race rosters shall be submitted to the statistician 48 hours prior to the individual championships. In the event a racer is scratched from the race, his/her seed is lost. Running order will remain the same for the slalom and giant slalom.
- j. Any skier being overtaken must give way and may not continue that run.

3. State Championship Meet

- a. The top boys and girls after the 7 Regular Season Meets will be divided into 4 Leagues (2 Boys and 2 Girls) for State Meet Seeding. Each League will be allowed 2 Alternates.

L. Procedure for selection of All-Star Teams

1. The Top 10 Boys and Girls from each of the 4 Leagues will be the All-League All-Stars. appropriate to determine the top ALL STAR TEAM for the PVIAC league.

## M. Protest Procedure

1. Protests will follow MIAA procedure, unless superseded by FIS rules. Protests must be registered to the race director within 15 minutes after the posting of disqualifications.

- a. A jury of 4 coaches (two from each league), plus the race director will deal with any and all protests. The Race Director will cast the deciding vote in case of a tie.
- b. All gatekeepers must check in with the Race Director before leaving. The penalty for a gatekeeper who leaves before being dismissed by the race director will be the loss of his/her team's best time for the race.

## N. Provision and responsibility for meetings

1. Pre-season and post-season meetings will be held in accordance with PVIAC Policy and Calendar.

## O. SPECIAL RULES

### 1. Officials

- a. The PVIAC will appoint the Berkshire East Race Director to be the race director for all league races.
- b. The race director shall decide all race procedure during a meet. He shall appoint the starter and the timers provided by the race site.
- c. Assistant starters will be assigned by the league on a rotating basis. Failure of schools to provide a starter-Teams with 4 racers shall lose top finishers time. Teams/schools that don't have 4 racers competing the fastest finishers' time will be increased by 5 seconds. The responsibility of the assistant starter is to have 5 racers prepared to race. Assistant starters shall adhere to directions for assistant starters.

### d. Gatekeepers

- 1) Each school is to provide at least two competent gatekeepers who shall be directed by a league coach. The head gatekeeper will be a rotating position, assigned by the League Administrator. Failure of a school to provide a gatekeeper to turn in his/her result sheet and remain 15 minutes after DQ's on his/her gate have been posted shall result in losing the top finishers time where teams have 4 racers competing. Teams that don't have 4 racers competing the fastest finishers' time will be increased by 5 seconds. That time will stand in the individual's ranking only.
- 2) Coaches will be assigned to assist the head gatekeeper in the management of gate keeping. Coaches are also responsible for educating their racers on updated gate keeping duties and responsibilities. The PVIAC administrator will assist with this education.

e. All coaches are considered officials and therefore must attend pre and post season meetings in order to insure implementation of league rules.

### 2. Coaches' Responsibilities

- a. To inform all team racers of all FIS and MIAA rules as they apply to ski racing. Special attention should be given to race procedures, such as; re-run procedure, course inspection procedure, gate keeping responsibilities, and equipment.
- b. Coaches are representatives of the ski league and as such are responsible for reporting any and all observed infractions to the race director.
- c. Coaches should be courteous of the working responsibilities of race officials.
- d. Coaches neglecting duties will be reported to the league president.

### 3. Racers' Responsibilities

- a. Follow skier's safety code prescribed by U.S.A.A.
- b. Unsportsmanlike-like conduct of inadvertent swearing by a racer will result in a 2 second penalty being added to the team time and the racer's individual time. Flagrant unsportsmanlike-like conduct shall follow the MIAA penalty rule--"The penalty for unsportsmanlike-like conduct shall be expulsion from that contest and the athlete shall not participate in the next held competition to be contested with a member school of the MIAA or in tournament play."

c. Racers are responsible to adhere to all regulations of the ski area, including "skiing under control" and only on open trails. Failure to adhere to these regulations may result in MIAA expulsion (see 2. above)

P. Procedure for reporting scores and results

1. Each meet's official results will be posted approximately 1/2 hour after protest period ends.
2. The league statistician shall report scores to the Springfield, Greenfield, and Hampshire newspapers.
3. Individual coaches will be responsible for reporting scores to their home newspaper.

Q. Responsibility for maintaining League Records

1. Statistician

- a. The league shall appoint one or two statisticians.
- b. The statistician(s) will follow a job description set forth by the league.
- c. Up-to-date yearly league records will be maintained by the statistician and shall be presented to the league president in the statistician's end-of-year report.

**Swimming**

**By-Laws**

**Winter**

**2023 - 2024**

**2024- 2025**

**APPROVED BY THE EXECUTIVE BOARD ON DECEMBER 14, 2023**

**PIONEER VALLEY INTERSCHOLASTIC ATHLETIC CONFERENCE**  
**SWIMMING SPORT ASSOCIATION**  
**WINTER BY-LAWS**

A. Schedule:

1. Format for each division:
  - a. The number of divisions will be set during the realignment year.
  - b. The schedule will consist of Division Meets and Independent Meets.
  - c. Only Division Meets will count towards the Division Championship.
  - d. Each division team will compete at least once against every other team in its division.
  - e. Any meet not indicated as a Division Meet will be an Independent Meet even though it is against an intra-division opponent.
  - f. The official schedule may provide for Inter-Division Meets as well as Division meets.
  - g. Additional provisions for Inter-Division Meets may be made by individual schools.
2. Conference tournament: A Holiday Tournament may be held by Conference vote.
3. Conference jamboree: None.
4. Procedure for adjustment: Up to individual school based on pool usage.
5. Procedure for independent meets: Each school schedules its own independent meets (over and above those mentioned in A.1.b. above).
6. Schedule rotation procedure:
  - a. Each schedule will be on a two-year basis.
  - b. At the end of each four-year period, a new alignment will be made. The two teams with the worst combined boys-girls four-year winning percentage in each higher Division will be switched to the next lower Division. The two teams with the best combined boys-girls five-year winning percentage in each lower Division will be switched to the next higher Division. In the case of a tie, the coaches will recommend to the athletic directors their proposed alignment. If a new rotation procedure is suggested, it will be approved by the Executive Board.

B. Procedure for sub-varsity schedule: By individual school.

C. Postponement Procedure: Refer to PVIAC Policy.

D. Starting Time and Adjustment:

The starting time is 4:00 according to PVIAC policy, unless there is a mutual agreement to some other time. A 20-minute warm-up is guaranteed. In four-lane pools, the home team will warm up first and be finished by 3:30. This will allow for a visitor to have a 20-minute period alone; and at 3:50, for a 10-minute period, both teams will have the use of the pool for warm-up. It is important that every attempt be made to notify the opponent if a team is going to be late for a meet (bus problems, etc.). Late teams should be allowed a 20-minute warm-up.

E. Location of Swimming Site: Refer to PVIAC Directory.

F. Length of Contest: As specified by rules.

G. Rules of the Meet Modification: As per official rules and M. I. A. A. regulations.

H. Equipment: As specified by rules.

I. Uniform: As specified by rules.

J. Order of Events: As specified by rules.

K. Procedure for Determination of League Championships:

A champion for each division will be determined by the best win-loss percentage (counting ties as 1/2 win and 1/2 loss), after having competed against all divisional schools. Co-champions will be declared in the case of a tie.

L. Procedure for selection of All-Star Team:

1. All Stars will be selected for each division, division A- Minuteman, division B- Patriot, and division C- Constitution
2. 16-20 swimmers in each division will be eligible. This will also allow for 1-2 divers from each division
3. Divers will be selected based on the overall average scores for the season.
4. If a ranked swimmer is not deemed eligible by their coach, the next ranked swimmer will be considered.

These procedures will be in effect for both male and female swimmers and divers

M. Protest Procedure: Refer to PVIAC Policy.

N. Provision and Responsibility for Meetings: Refer to PVIAC Policy and Calendar

O. Special Rules:

The following special rules apply:

1. For each meet, a maximum of 16 divers total may compete in a six-lane pool and 12 divers total may compete in a four-lane pool. Any diver over and above two girls and two boys competing for a team in a four-lane pool or three girls and three boys competing for a team in a six-lane pool must be identified as an exhibition diver or developmental diver before the diving begins. An exhibition/developmental diver's score will count toward participation in sectional and state championship meets but will not count toward the score of the specific meet being held. Each team has the right to its full complement of divers; if and only if it does not use them does the other team have the right to the extra diving slots. A developmental diver is a diver who cannot perform the required six dives but can perform dives from a minimum of 3 different dive groups.
2. Diving sheets will be submitted 20 minutes prior to the start of the meet, so that officials may check the sheets. A diver will maintain the right to change a specific dive until the actual diving competition begins. The required dive for any rescheduled meet is based on the week the meet is held.
3. Each meet that is scheduled will consist of a boys' meet and a girls' meet, to be held at the same location, at the same scheduled time, with boys' and girls' events alternating (except for diving, which will be held as a combined event, but scored separately). All meets, regardless of whether or not a school fields two teams (boys and Girls) or one of the two teams will be scored and reported.

Definitions of a team are as follows:

As of the second Monday after Thanksgiving, to be considered a team, there must be 4 or more swimmers. If one team (boys or girls) has 4 or more swimmers and one team does not, they will both still compete in their league schedule. Should both teams (boys and girls) not have 4 or more swimmers, they will be removed from the league schedule and can still swim independently. If they choose to swim independently, then all scores will be reported. All meets will be scored and reported. There will be no mixed gender competition.

1. If the visitor and home team agree on the order of swimming, the swim order should be binding. If they cannot agree, the visitor can call the flip of the coin and the winner has choice.
2. Any other rules may be promulgated from time to time.

P. Procedure for Reporting: Scores and Results

1. Media: The home team is responsible for calling meet results into MassLive.com, at the conclusion of the meet. Individual schools may notify other newspapers of meet results, if they so desire.
2. League: Each school will mail or fax the meet results to the league statistician within 48 hours of the meet. Each team should make every effort to record times and scores for all participants, correct to the nearest hundredth. Every effort should be made to determine accurate results. If a team consistently fails to report meet results, the statistician will not send individual results to the coach of that team.

Q. Responsibility for Maintaining League Records:

1. The Conference Chair has the ultimate responsibility for maintaining all league records.

# **Indoor Track**

## **By-Laws**

### **Winter**

**2023 - 2024**

**2024 - 2025**

**APPROVED BY THE EXECUTIVE BOARD ON DECEMBER 14, 2023**



**PIONEER VALLEY INTERSCHOLASTIC ATHLETIC CONFERENCE**  
**INDOOR TRACK AND FIELD SPORT ASSOCIATION**  
**WINTER BY-LAWS**

**A. Conference Make-Up:**

The PVIAC Indoor Track will be comprised of two (2) divisions, Pioneer and Valley, each divided into two (2) leagues, North and South.

**B. Alignments and Schedules:**

1. Divisions and leagues will be aligned by a combination of enrollment and competitive balance. In general, the Pioneer Division will be composed of larger schools and the Valley Division will be composed of smaller schools.
2. The season will consist of regular season meets and a postseason divisional championship meet if feasible.
3. Multiple meets may be scheduled on the same date, with all meets to feature dual meet scoring in all individual events (5-3-1) and relays (5-0).

**C. Postponement Procedure:**

1. Postponement of an entire competition date will be the responsibility of the chair school.
2. Teams that cannot attend a meet due to a school's mandatory cancellation of events will make up those missed meets at the next scheduled competition date. If there are no opportunities to reschedule, the last time those teams were together will be scored retroactively.
3. Teams scheduled to compete against a school that has cancelled will be allowed to compete for time and/or distance but will not score.
4. Any cancellation of an entire competition date after the scheduled inclement weather makeup dates will not be made up.

**D. Starting time Adjustment:**

1. Starting times of the meets may vary, depending on the day/site/special conditions and cannot be changed by participating schools.
2. The start of a session will not be delayed unduly because of the absence of a team. Special consideration to adjusting the starting time will be given after considering weather conditions, traffic accidents, or other unforeseen circumstances.

**E. Location of Competitions:**

Meets will be held at an available accommodating facility with Terms and Conditions of Use to be negotiated with the PVIAC.

**F. Length of Competitions:** All competitions will be limited to the time frame that is part of the Terms and Conditions negotiated with the host facility (see E). In general, all competitions should be limited to two and one-half (2.5) to three (3) hours in duration.

**G. Rules of the Game Modifications:** All competitions will be conducted according to the current rules of the National Federation of State High School Associations (NFHSA), as modified by the Massachusetts Interscholastic Athletic Association (MIAA) and the Pioneer Valley Interscholastic Athletic Association (PVIAC).

**H. Equipment:**

1. All necessary venue equipment (pits, sectors, circles, starting blocks, rakes, brooms) will be provided as a part of the negotiated Terms and Conditions of Use (see E).
2. Limitations on the use of spiked shoes, (including style and length) will be a part of the negotiated Terms and conditions of Use (see E). Use of illegal equipment will result i in disqualification of the offender.

**I. Uniform and Numbers:**

1. All team uniforms must conform to NFHSA specifications.
2. Each team will receive one (1) set of competition (bib) numbers assigned to its roster for the entire season. Dark, equal sized copies of these competition numbers should be made as no athlete will be allowed to compete without his/her assigned number. No hand-written numbers will be allowed. Use of the wrong competition number by an athlete will result in disqualification.

**J. Order of Events and Participation Limits:**

1. Teams will be allowed a maximum of three participants per event during the regular season.
2. The League Director will be responsible for determining opening heights in the high jumps, minimum measurable attempts in the long jump and shot put, and cut-off times in distance races in order to keep the competitions within the prescribed time limits.
3. The order of events in both the regular season and the post-season will follow NFHSA and MIAA guidelines.
4. The 4X400m relay and the 4X200m relay will alternate weekly. The 4X800m relay will not be run in the regular season, but will be contested at the post-season championship meet.
4. In all running events girls' races will be run first except the high hurdles in the late session, in which the boys' race will be run first.
5. In all field events the sequence of boys' and girls' competitions will alternate weekly.
6. When running events and field events conflict, running events will take priority. Any athlete excused from a field event to compete in a running event must return and complete all attempts before their flight is finished or lose their remaining attempts.

**K. Determination of Champions:**

1. League champions will be determined on the basis of won/loss record.
2. Conference champions will be determined by the results of the post season championship meet, which will feature 10-8-6-5-4-3-2-1 scoring for all events.

**L. Selection of All-Stars:**

Following PVIAC policy, coaches will determine All-Stars at the post-season meeting.

**M. Protest Procedure:**

All protests must be presented to the League Director within the rules set forth by the NFHSA rules book.

**N. Provision and Responsibility for Meetings:** Refer to PVIAC Policy and Calendar.**O. Special Rules:**

1. The following meet officials are recommended:
  - a. League director with a working knowledge of HY-TEK meet manager software
  - b. Assigner of Officials

- c. Starter (certified official)
  - d. Two (2) Clerks (certified officials)
  - e. Nine (9) Field judges (certified officials) – to be assigned by the League Director as needed.
  - f. Hy-Tek operator (with a working knowledge HY-TEK Meet Manager software)
2. Roster Submission: Rosters must be submitted through an “electronic entry portal” approved by the PVIAC and League Director. Initial rosters must be submitted by a date determined by the League Director. No athlete submitted after the initial deadline will be eligible for the first meet. A second deadline will be determined by the League Director for “roster updates”. No roster additions will be allowed after the roster update deadline.
3. Entries received after the published entry deadline will be rejected and the director will use the previous week’s entries for the offending school, or the week prior to that if the school had a bye in the previous week. If no previous are available (for example, it is the first meet of the season) then the school will not be allowed to compete in the upcoming meet.
4. A limit of two (2) coaches per gender will be allowed only in the designated “coaches boxes” to be located near the finish line, between the high jump pits and near the shot-put circle. No athletes or student managers (other than those assigned to work as lap counters) will be allowed in the coach’s box.
5. It is the coach’s responsibility to keep all non-competing athletes off of the infield at all times. Non-competing athletes (including team managers) on the infield will risk disqualification from the meet or the disqualification of athletes for their team in the event being contested. After 1 warning a non-competing athlete on the infield will be disqualified from the meet.
6. It will be the responsibility of the League Director to arrange for Fully Automatic Timing (FAT) services for each regular season meet and the post-season championship meet. The cost of such services must be approved by the PVIAC.
7. All coaches will be responsible for the conduct of their athletes while in the facility, including removing trash from their team areas at the conclusion the meet and overall respect for the facility.
8. Post-season championship Meet:
- a. Qualifying standards and entry deadlines will be determined by the League Director and published at the pre-season meeting. Qualifying standards may be relaxed if, in the League Director’s opinion, there are not enough qualifiers for the championship meet.
  - b. In any event where the MIAA Class Meet standard is lower than the PVIAC standard, that lower standard will suffice for entry into the PVIAC championship meet.
  - c. Entries for the post-season championship meet must be submitted through the approved electronic entry portal by the deadline established by the League Director. No hard copy, phone, or faxed entries will be accepted.
  - d. All individual entries for the post-season championship meet must include a legitimate, verifiable seed performance. If there is a question about a seed performance the League Director will have the right to demand written verification (Proof of Performance) of that time/distance. Relay entries must include a reasonable estimate of the time expected of the team that will be entered in the meet.
  - e. Entry limits will be the same as those for the MIAA post-season meets.
  - f. The order of events for the post-season championship meet will follow that of the MIAA post-season meets to whatever extent is possible.
  - g. All events run without trials will be seeded by time and run from slow to fast.
  - h. Scoring for all events in the post-season championship meet will be 10-8-6-5-4-3-2-1.

9. Due to multiple safety concerns, the PVIAC strongly and actively discourages coaches from allowing athletes to warm up outside of the track facility
10. Starting blocks may not be used during the regular season in the 300 or 4x400 relay events, but will be allowed in those events in the championship meet

**P. Reporting Scores and Results:**

All individual and team results will be published by the League Director in a timely fashion

**Q. Maintaining Event Records and League Standings:**

The League Director will be responsible for maintaining an up-to-date event record book and an accurate listing of league standings based on won/loss record.

**Wrestling**

**By-Laws**

**Winter**

**2023- 2024**

**2024 - 2025**

**APPROVED BY THE EXECUTIVE BOARD ON DECEMBER 14, 2023**

**PIONEER VALLEY INTERSCHOLASTIC ATHLETIC CONFERENCE  
WRESTLING SPORT ASSOCIATION  
WINTER BY-LAWS**

**A. LEAGUE STRUCTURE & SCHEDULE**

THE WRESTLING ASSOCIATION WILL BE DIVIDED INTO FIVE LEAGUES; VALLEY LEAGUE, VALLEY WHEEL, SUBURBAN NORTH, SUBURBAN SOUTH AND TRI COUNTY LEAGUE.

LEAGUE AFFILIATION WILL BE DETERMINED BY A VOTE OF THE ASSOCIATION IN ACCORDANCE WITH THE GENERAL BYLAWS OF THE P.V.I.A.C.

**B. SUB VARSITY SCHEDULE – SUB VARSITY MATCHES WILL BE CONDUCTED PRIOR TO THE REGULARLY SCHEDULED VARSITY MATCH. JUNIOR VARSITY MATCHES WILL BEGIN AT 6:00 PM IF ALL OR MOST SUB VARSITY WEIGHT CLASSES WILL BE CONTESTED, THE USE OF A SECOND MAT AND SECOND OFFICIAL IS RECOMMENDED. IT IS RECOMMENDED THAT ADDITIONAL SUB-VARSITY WRESTLING OPPORTUNITIES BE SCHEDULED BY THE LEAGUES. (IE: J.V. TOURNAMENTS).**

**C. CANCELLATION POLICY – REFER TO PVIAC POLICY**

WEIGH-IN PROCEDURES SHOULD BE ADHERED TO FOR ALL MEETS (REFER TO MIAA RULE 82.4.8)

SCHOOLS MAY WEIGH THEIR WRESTLERS AT THEIR HOME SCHOOLS ON THE DAY OF THE MEET AND ONLY DURING THE 60-MINUTE PERIOD IMMEDIATELY PRIOR TO THE BEGINNING OF THE ACADEMIC SCHOOL DAY. FOR MATCHES BEGINNING AFTER 3:00 P.M. ON A NON-SCHOOL DAY, A SINGLE 60-MINUTE WEIGH-IN PERIOD BETWEEN 6:00 A.M. AND 12:00 NOON WILL BE ALLOWED. ANY WRESTLER WHO MAKES WEIGHT DURING THE EARLIER WEIGH-IN IS ALLOWED AN ADDITIONAL THREE POUNDS AT THE MATCH SITE WEIGH-IN. ANY WRESTLER FAILING TO MAKE WEIGHT AT THE EARLIER WEIGH-IN MUST MAKE SCRATCH WEIGHT AT THE MATCH SITE WEIGH-IN. ACTUAL WEIGHTS WILL BE RECORDED ON ALL DUAL MEET WEIGH-IN SHEETS. SIGNATURES OF THE COACH AND A SCHOOL ADMINISTRATOR (THE PRINCIPAL OR HIS/HER DESIGNEE) MUST APPEAR IN INK ON THE DUAL MEET WEIGH-IN SHEETS IN ORDER FOR THE WEIGH-IN TO BE VALIDATED. THESE DUAL MEET WEIGH-IN SHEETS WILL BE KEPT BY THE COACHES AND ONE FOR EACH AND EVERY DAY OF COMPETITION MUST BE HANDED IN AT THE SECTIONAL SEEDING MEETING, OR THE DAY WILL NOT COUNT TOWARD CERTIFICATION OR SEEDING.

**D. STARTING TIMES - MEETS WILL BE SCHEDULED ON WEDNESDAYS. STARTING TIMES WILL BE IN ACCORDANCE WITH THE P.V.I.A.C. BYLAWS. STARTING TIMES FOR WEEKDAY MEETS WILL BE 6:00PM FOR JUNIOR VARSITY MATCHES AND 7:00PM FOR VARSITY MATCHES. ON SATURDAYS J.V. MATCHES WILL START AT 12:00 NOON AND VARSITY MATCHES WILL BEGIN AT 1:00PM. THE HOST SCHOOL WITH THE AGREEMENT OF THE VISITING SCHOOL MAY MAKE ADJUSTMENTS TO THESE DAYS AND TIMES.**

MEET MANAGEMENT – THE HOST TEAM HAS THE RESPONSIBILITY FOR MANAGEMENT AND ADMINISTRATION OF HOME MEETS IN ACCORDANCE WITH THE WRESTLING RULES AND GUIDELINES OF THE NATIONAL FEDERATION.

**E. LOCATION OF PLAYING SITES – REFER TO THE P.V.I.A.C. DIRECTORY**

**F. LENGTH OF CONTEST – THE LENGTH OF CONTESTS WILL BE DETERMINED BY THE NATIONAL FEDERATION WRESTLING RULES. JV WILL BE 2-2-2 WHEN APPROPRIATE.**

**G. RULES MODIFICATIONS – MODIFICATION OF ANY NATIONAL FEDERATION WRESTLING RULE IS THE RESPONSIBILITY OF THE M.I.A.A. WRESTLING COMMITTEE AND WILL BE INCLUDED IN THE M.I.A.A. HAND BOOK.**

**H. EQUIPMENT – RULES REGARDING EQUIPMENT WILL BE INCLUDED IN THE NATIONAL FEDERATION WRESTLING RULES. MODIFICATIONS TO THESE RULES WILL BE INCLUDED IN THE M.I.A.A. HAND BOOK WRESTLING RULES.**

**I. UNIFORMS - RULES REGARDING UNIFORMS WILL BE INCLUDED IN THE NATIONAL FEDERATION WRESTLING RULES. MODIFICATIONS TO THESE RULES WILL BE INCLUDED IN THE M.I.A.A. HAND BOOK WRESTLING RULES. THE ALTERNATIVE TWO-PIECE UNIFORM WILL BE AUTHORIZED ALONG WITH THE TRADITIONAL UNIFORM. TEAMS CAN CHOOSE BETWEEN THE TWO UNIFORMS TO USE, THE ENTIRE TEAM WOULD HAVE TO BE EQUIPPED IN THE SAME UNIFORM.**

**J. ORDER OF EVENTS – THE ORDER OF EVENTS IS DETERMINED BY THE NATIONAL FEDERATION WRESTLING RULES.**

**K. DETERMINATION OF LEAGUE CHAMPION – THE LEAGUE CHAMPION WILL BE DETERMINED BY THE BEST WON-LOSS RECORD WITHIN EACH DIVISION.**

**L. ALL-STAR TEAM SELECTION – WILL FOLLOW THE PVIAC ALL-STAR POLICY.**

**M. PROTEST POLICY – ALL PROTESTS MUST BE SUBMITTED TO THE CHAIR SCHOOL WITHIN FORTY-EIGHT (48) HOURS OF THE PROTESTED MEET. THE PRINCIPAL, ATHLETIC DIRECTOR AND HEAD COACH OF THE PROTESTING SCHOOL MUST SIGN PROTESTS. A PROTEST REVIEW BOARD WILL BE CONVENED BY THE CHAIR SCHOOL TO DETERMINE THE OUTCOME OF THE PROTEST.**

**N. PROVISION AND RESPONSIBILITY FOR MEETINGS – REFER TO PVIAC POLICY AND CALENDAR. THE CHAIR SCHOOL IS RESPONSIBLE FOR ALL ADMINISTRATIVE DUTIES WHICH INCLUDE: CALLING AND PRESIDING OVER ALL MEETINGS, KEEPING RECORDS AND NOTES FROM ALL MEETINGS, DEVELOPING AND DISTRIBUTING SCHEDULES, REPRESENTING THE DISTRICT AT ALL M.I.A.A. AND STATE MEETINGS, CONVENING PROTEST COMMITTEES.**

**O. SPECIAL RULES – THE NATIONAL FEDERATION “TIE BREAKER RULE” WILL BE USED TO DETERMINE THE ADVANCEMENT OF TEAMS IN DUAL MEET TOURNAMENTS. THE NATIONAL FEDERATION “TIE BREAKER RULE” WILL BE USED TO DETERMINE A WINNING TEAM IN ALL LEAGUE AND INDEPENDENT DUAL MEETS FOR THE PURPOSE OF STATE DUAL MEET TOURNAMENT QUALIFICATION.**

**P. REPORTING SCORES AND RESULTS – THE HOST SCHOOL IS RESPONSIBLE FOR REPORTING MEET RESULTS TO ALL APPROPRIATE MEDIA OUTLETS.**

**Q. LEAGUE RECORDS – THE P.V.I.A.C. WRESTLING CHAIR SCHOOL IS RESPONSIBLE FOR MAINTAINING ALL LEAGUE RECORDS.**