

Cedars Frostbite Half Marathon

February 9, 2013

Cedars of Lebanon State Park, TN

Frostbite Running Club

727 Finishers. Lynda de Paulis, Race Director

Place	First Name	Last Name	Age	Home Town	Ovl	Time
OVERALL WINNER						
	Olaf	Wasternack	33	Franklin	1	1:14:53
	Kirsten	Sass	33	McKenzie	21	1:27:38
MASTERS						
	Dave	Milner	42	Johnson City	6	1:22:18
	Denise	Zinsmaster	43	Cookeville	57	1:34:46
GRANDS MASTERS						
	Phil	Young	50	Murfreesboro	10	1:23:21
	Theresa	Saupe	50	Murfreesboro	84	1:37:34
SENIOR GRAND MASTERS						
	Abraham	Cervantes	61	Antioch	42	1:32:09
	Elizabeth	Laroche	60	Murfreesboro	396	2:04:10
AGE GROUP AWARDS (top 3)						
1	Hannah	Burnette	16	Mount Juliet	203	1:49:48
2	Susanna	Herrmann	17	Bloomington, IN	229	1:51:48
3	Kristen	Wasik	17	Murfreesboro	270	1:54:59
4	Ella	Hale	14	McMinnville	402	2:04:20
5	Bailey	Robinson	14	Hilham	429	2:07:03
6	Katelyn	Lepley	13	Cookeville	445	2:07:59
7	Elva	Magana	14	Readyville	490	2:14:24
8	Sarah	Hoffman	17	Bloomington, IN	496	2:14:57
9	Kristin	Paddon	14	Mount Juliet	501	2:15:26
10	Abigail	Ezell	13	Brentwood	521	2:17:52
11	Alyson	Caten	16	Morrison	546	2:20:44
12	Lily	Embury	11	Lexington, KY	582	2:27:58
13	Mary	Smart	17	Bloomington, IN	640	2:40:00
14	Laura	Sullivan	19	Rockvale	642	2:41:26
15	Kelsey	Naish	18	Murfreesboro	672	2:48:40
16	Skylar	Raney	16	Ft Campbell, KY	710	3:20:58
F 20-24						
1	Ellie	Luze	21	Franklin	64	1:35:45
2	Hannah	Cavicchio	24	Nashville	72	1:36:24
3	Haylei	Banister	21	Clarksville	112	1:41:17
4	Melissa	Dooley	20	Nashville	145	1:44:49
5	Katelyn	Brundige	23	Nashville	150	1:45:33
6	Clara	Huddleston	20	Hendersonville	184	1:48:37
7	Megan	Myers	24	Nashville	216	1:50:49

8	Alyssa	Clements	20	Livingston	302	1:57:41
9	Erin	Pulaski	24	Murfreesboro	493	2:14:32
10	Katherine	Carey	24	Middleburg Hts, OH	555	2:23:06
11	Cara	Kozulak	22	Nashville	609	2:32:12
12	Samantha	Duffy	21	Nashville	610	2:32:13
13	Abigail	Muelder	20	Nashville	611	2:32:13
14	Kellie	Garrison	20	Shelbyville, IN	647	2:43:19
15	Sandra	Goolsby	23	Canal Winchester, OH	649	2:44:12
16	Amber	Smith	24	Lebanon	689	2:58:14
17	Courtney	Blair	24	Ft Campbell, KY	711	3:20:58

F 25-29

1	Leah	Sawyer	27	Franklin	24	1:27:59
2	Gretchen	McDonough	26	Lewisburg, WV	35	1:30:54
3	Robyn	Winkler	28	Mckenzie	47	1:33:15
4	Sarah	Gollub	25	Nashville	51	1:33:27
5	Fran	Glass	27	Clarksville	53	1:33:50
6	Tahnee	Brown	29	Nashville	61	1:35:37
7	Kristen	Rodewald	28	Brentwood	75	1:36:52
8	Emily	Mack	25	Nashville	87	1:37:53
9	Alicia	Azimipour	29	Nashville	124	1:42:42
10	Andrea	Lee	27	Nashville	133	1:43:43
11	Cortney	Bartemus	27	Smyrna	158	1:46:17
12	Amaya	Guenechea	26	Nashville	252	1:53:05
13	Molly	Leitch	26	Nashville	255	1:53:17
14	Amanda	Gjertson	27	Murfreesboro	259	1:53:45
15	Kristin	Neff	26	Murfreesboro	263	1:54:25
16	Bertha	Robles	28	Mckenzie	315	1:58:35
17	Jenna	Briggs	28	Nashville	320	1:58:49
18	Kayla	Hanson	28	Smyrna	327	1:59:16
19	Emily	Marshall	26	Nashville	367	2:01:36
20	Tess	Halbrooks	29	Nashville	372	2:02:03
21	Susan	Wysznski	28	Clarksville	373	2:02:06
22	Kristin	Kaplan	29	Mount Juliet	387	2:03:24
23	Heidi	Wright	27	Nashville	395	2:04:09
24	Erin	Howlett	29	Spring Hill	413	2:05:36
25	Rachel	Barnard	25	Clinton	438	2:07:28
26	Lindsey	Bartholomew	29	Hendersonville	454	2:08:53
27	Brittany	Endres	27	Nashville	484	2:13:21
28	Samantha	Key	25	Pleasant Shade	487	2:13:56
29	Genevieve	Miskell	27	Jackson	508	2:16:36
30	Christine	Bailey	29	Murfreesboro	527	2:18:51
31	Brittany	Hudson	26	Carthage	529	2:19:00
32	Amanda	Puckett	28	Lebanon	564	2:24:10
33	Amanda	Staggs	27	Hermitage	584	2:27:59
34	Courtney	Niedzielski	29	Spring Hill	604	2:31:05
35	Emily	Thomas	29	Murfreesboro	631	2:37:11
36	Stehanie	Dyer	26	Carthage	635	2:37:59

37	Stephanie	Love	29	Murfreesboro	644	2:42:55
38	Christina	Lytle	25	Medina	650	2:44:48
39	Amber	Thoreson	25	Medina	651	2:44:48
40	Stephanie	Kirby	28	Nashville	709	3:15:57
41	Ashley	Adams	27	Lebanon	724	3:58:38

F 30-34

1	Meg	Guy	32	Roan Mountain	77	1:37:06
2	Megan	Conner	32	Nashville	106	1:39:45
3	Season	Kaminski	34	Nashville	110	1:40:22
4	Angela	Bunyi	34	Murfreesboro	167	1:46:56
5	Rosie	Arellano	31	La Vergne	204	1:49:55
6	Heather	Obrien	34	Hendersonville	212	1:50:24
7	Elli	Hill	32	Mount Juliet	226	1:51:34
8	Nicole	Jumper	31	Nashville	258	1:53:35
9	Renee	Aaron	33	Lascassas	273	1:55:04
10	Meghan	Goff	33	Franklin	276	1:55:35
11	Danielle	Gutting	34	Brentwood	280	1:55:59
12	Jessica	Mathis	34	Paris	300	1:57:26
13	Kate	Jacks	34	Nolensville	304	1:57:52
14	Jennifer	Kilgore	34	Nashville	309	1:58:13
15	Emily	Pierce	32	Eva	312	1:58:30
16	Rachel	Nadler	34	Nashville	350	2:00:40
17	Melissa	Outten	34	Nashville	379	2:02:44
18	Chara	Regg	32	Nashville	382	2:02:59
19	Kristen	McKeever	31	Nashville	411	2:05:20
20	Leanne	Dibrell	33	Cookeville	414	2:05:43
21	Lee	Putt	32	Nashville	419	2:05:53
22	Natalya	Von Mizener	32	Spring Hill	420	2:05:59
23	Martha	Ledezma	34	Lavrgne	423	2:06:13
24	Whitney	McConnell	32	Shelbyville	424	2:06:16
25	Brooke	Hargrove	31	Smyrna	509	2:16:46
26	Tina	Scott	32	Smyrna	520	2:17:45
27	Courtney	Wood	30	Franklin	532	2:19:12
28	Jennifer	Jones	30	Mount Juliet	571	2:25:07
29	Jennifer	Derryberry	30	Mount Juliet	575	2:26:11
30	Colleen	Lawrence	32	Christiana	581	2:27:27
31	Tiffany	Warf	30	Smyrna	587	2:28:26
32	Lauren	Reed	30	Nolensville	605	2:31:40
33	Amanda	Hereford	33	Nashville	616	2:32:55
34	Kathleen	Donais	34	Nashville	617	2:32:56
35	Jill	Rider	33	Nashville	618	2:32:56
36	Beth	Rodger	31	Nashville	621	2:35:10
37	Meredith	Graham	32	Brentwood	622	2:35:11
38	Jessica	Wilson	33	Nashville	627	2:36:54
39	Sara	Bancroft	31	Mount Juliet	636	2:38:00
40	Polly	Alexander	34	Nashville	637	2:38:05
41	Irene	Valerio	32	Nashville	646	2:43:07
42	Molly	Agee	30	Lebanon	653	2:44:59
43	Rebecca	Gwynn-Dixon	33	Lebanon	654	2:45:00

44 Lynette Davis 34 Crossville 670 2:48:38

F 35-39

1 Emily Ryan 35 Brentwood 67 1:35:52
2 Aini Greenwell 38 Nashville 100 1:39:14
3 Laurie Palmer 39 Brentwood 141 1:44:44
4 Tammy Rutherford 39 Nashville 159 1:46:20
5 Jennifer McMurray 39 Murfreesboro 163 1:46:22
6 Karen Wooden 36 Pleasant View 192 1:49:24
7 Dana Greer 38 Springfield 193 1:49:26
8 Leslie Meehan 37 Nashville 195 1:49:29
9 Rachel Reasonover 39 Lewisburg 210 1:50:08
10 Kellie Givens 37 Nashville 241 1:52:29
11 Mary Rooker 36 Nashville 344 2:00:27
12 Wendy Gurley 38 Smyrna 375 2:02:14
13 Willow Fort 37 Nashville 404 2:04:30
14 Suzanne Curry 36 Smyrna 406 2:04:32
15 Sally Arnold 36 Mckenzie 408 2:04:45
16 Tanya Pope 37 Watertown 425 2:06:35
17 Megan Hamilton 38 Lebanon 427 2:06:54
18 Wendy Davis 38 Nashville 437 2:07:28
19 Kerry Hughes 35 Mount Juliet 449 2:08:35
20 Kathryn Frost 39 Nashville 450 2:08:36
21 Shelley Armstrong 38 Castalian Springs 452 2:08:44
22 Kristy Woods 36 Martin 465 2:10:10
23 Karen Jordan 37 Murfreesboro 466 2:10:10
24 Shannon North 36 Murfreesboro 470 2:10:35
25 Christy Mayes 38 Springfield 477 2:12:03
26 Sonya Johnson 39 Hermitage 478 2:12:19
27 Harmony England 36 Nashville 503 2:15:49
28 Mandy Stuart 35 McMinnville 513 2:17:33
29 Jessica Clark 36 Smyrna 515 2:17:37
30 Becky Sears 35 Nashville 518 2:17:42
31 Angie Nelson 36 Murfreesboro 528 2:18:51
32 Gwendolyn Hallquist 39 Lascassas 530 2:19:06
33 Jan Zamudio 35 Nashville 531 2:19:07
34 Payge McMahan 38 Nashville 542 2:20:15
35 Liberty Lander 36 Hendersonville 547 2:21:11
36 Jaime King 36 Franklin 562 2:23:51
37 Tracy Jones 37 Antioch 563 2:23:52
38 Kelly Miller Bauman 38 Mount Juliet 568 2:25:03
39 Trisha Hill 38 Brentwood 569 2:25:05
40 Sarah Comuzie 36 Camden 576 2:26:52
41 Dusty Col. Embury 38 Lexington, KY 583 2:27:59
42 Kristina Cliff 36 Murfreesboro 592 2:28:42
43 Dawn Edmiston 37 Scottsboro, AL 614 2:32:45
44 Melanie Howard 35 Brentwood 628 2:37:00
45 Amanda Barrett 36 Nashville 656 2:45:04
46 Michelle Walker 35 Nashville 658 2:45:06
47 Shannon McCarthy 38 White House 704 3:12:17

48	Charity	Parisher	37	Watertown	706	3:13:04
49	Adel	Baizhan	38	Nashville	712	3:23:12
50	Kelly	Nelson	39	Mt Juliet	723	3:58:30

F 40-44

1	Jennifer	McClellan	42	Ashland City	118	1:42:03
2	Linda	Lamott	40	Lebanon	179	1:48:23
3	Tammy	Sanders	41	Brentwood	191	1:49:21
4	Debbie	Indermuehle	42	Hendersonville	213	1:50:24
5	Amy	Klotz	41	Nolensville	233	1:52:06
6	Julianna	Waller-Swiebel	42	Portland	237	1:52:21
7	Lisa	Zaccarelli	43	Nashville	254	1:53:09
8	Gen	Celentano	41	Murfreesboro	269	1:54:56
9	Tracy	Johnson	43	Johnson City	282	1:56:10
10	Jennifer	Williams	41	Old Hickory	334	1:59:38
11	Marlene	Deem	42	Clarksville	341	2:00:01
12	Jennifer	Davis	43	Gleason	348	2:00:36
13	Susan	Stevens	42	Hendersonville	358	2:00:56
14	Laura	Pfeifer	42	Murfreesboro	359	2:01:05
15	Jill	Mongene	44	Brentwood	360	2:01:06
16	Dee	Reynolds	41	Lebanon	370	2:01:51
17	Cynthia	Wilkerson	41	Mount Juliet	376	2:02:36
18	Nikki	Hightower	42	Brentwood	410	2:05:11
19	Sarah	Paddon	44	Mount Juliet	416	2:05:48
20	Michelle	Allen-Parker	43	Nashville	432	2:07:06
21	Johnna	Davis	44	Nashville	444	2:07:58
22	Anna	Kammerer	42	Old Hickory	459	2:09:31
23	Amy	Marohl	43	Clarksville	462	2:09:48
24	Melissa	Outlaw	40	Franklin	495	2:14:47
25	Jenny	Silvers	42	Clarksville	499	2:15:09
26	Stacy	Andrick	40	Nashville	505	2:16:14
27	Christie	Stiles	41	McMinnville	514	2:17:33
28	Martina	Gordon	43	Nashville	526	2:18:42
29	Lourdes	Estrada	44	Mount Juliet	541	2:20:02
30	Angela	Brock	42	Murfreesboro	552	2:22:04
31	Angela	Redden	41	Dickson	557	2:23:21
32	Lisa	Hoke	43	Smyrna	565	2:24:15
33	Hilary	Stallings	43	Murfreesboro	566	2:24:35
34	Buffy	Holcomb	42	Brentwood	570	2:25:06
35	Kelli	Alexander	43	Nolensville	589	2:28:27
36	Kim	De	42	Brentwood	606	2:31:41
37	Wendy	Mucci	44	Nolensville	607	2:31:42
38	Tammy	Jones	44	Old Hickory	620	2:34:43
39	Lesli	Bean	44	Gallatin	623	2:36:16
40	Lesa	Swartz	43	Clarksville	625	2:36:25
41	Holland	Carley	44	Nashville	638	2:38:06
42	Jenni	Arnold	40	Woodbury	643	2:42:15
43	Susan	McLean	44	Nolensville	655	2:45:04
44	Carrie	Lin	41	Madison	693	2:59:23
45	Jennifer	Saylor	40	Gallatin	694	3:02:03

46	AnneLeslie	Owens	42	Nashville	697	3:09:25
47	Valarie	Heithcock	41	Lebanon	705	3:12:18
48	Jennifer	Miller	40	Murfreesboro	714	3:23:44
49	Oksana	Petrov	43	Nashville	715	3:25:15
50	Angie	Mackie	44	Lebanon	717	3:35:36

F 45-49

1	Francesca	Muccini	45	Nashville	116	1:41:53
2	Elizabeth	Dean	46	Springfield	137	1:44:28
3	Dawn	Evans	45	Brentwood	148	1:45:24
4	Melanie	Yappen	47	Nashville	181	1:48:25
5	Jane	Carlisle	49	Springfield	243	1:52:36
6	Melynda	Riley	48	Russellville, KY	248	1:52:49
7	Karrie	Kulick	49	Lebanon	289	1:56:37
8	Dede	Sparkman	45	Springfield	296	1:57:08
9	Donna	England	48	Auburn, KY	298	1:57:10
10	Paula	Crossett	45	Huntingdon	308	1:58:04
11	Beth	Hanson	47	Brentwood	361	2:01:12
12	Linda	Cantrell	47	Bowling Green, KY	384	2:03:14
13	Bonnie	Elam	48	McKenzie	403	2:04:26
14	Andrea	Patton	47	Brentwood	426	2:06:43
15	Chris	Seat	48	Antioch	442	2:07:45
16	Calla	Naish	47	Murfreesboro	464	2:10:02
17	Carrie	Graf	47	Smyrna	474	2:11:27
18	Traci	Calhoun	48	Brentwood	533	2:19:15
19	Laura	Mills	48	Franklin	559	2:23:31
20	Tracey	Hoehn	49	Hendersonville	578	2:27:22
21	Sandy	Staggs	45	Hermitage	585	2:28:00
22	Margaret	Howard	49	Nashville	593	2:28:49
23	Sharon	Pustejovsky	46	Mount Juliet	596	2:29:30
24	Tammie	Key	48	Pleasant Stride	612	2:32:19
25	Nancy	Ward	45	Hendersonville	626	2:36:41
26	Melaine	Ezell	46	Brentwood	629	2:37:02
27	Michelle	Hudson	47	Carthage	667	2:47:52
28	Penny	Blaylock	46	Crossville	671	2:48:38
29	Susan	Bakaitis	47	Murfreesboro	683	2:54:32
30	Robyn	Gornicki-Davis	46	Spring Hill	702	3:11:47
31	Terri	Francescon	48	Nashville	703	3:11:49
32	Selena	Holland	45	Camden	707	3:15:13
33	Susheela	Madhu	45	Nolensville	720	3:43:53
34	Naomi	Bishop	47	Lebanon	725	3:58:39

F 50-54

1	Leslie	Ezell	50	Franklin	180	1:48:24
2	Marie	Palko	51	Nashville	183	1:48:35
3	Judy	Hahn	52	Old Hickory	196	1:49:30
4	Sabra	Cohen	53	Marietta, GA	211	1:50:19
5	Linda	Fox	52	Elizabethtown	274	1:55:05
6	Nancy	Beveridge	50	Nashville	278	1:55:47
7	Renee	Parsons	52	Smyrna	336	1:59:41

8	Pamela	Hobson	51	Nashville	381	2:02:51
9	Michelle	Casady	50	Brentwood	391	2:03:55
10	Vicki	Schmidt	51	Nashville	399	2:04:15
11	Kim	Paulus	50	Nashville	433	2:07:07
12	Jo Anne	King	51	Nolensville	489	2:14:07
13	Becky	Kegley	51	Lebanon	507	2:16:31
14	Jennifer	Moore	51	Maryville	554	2:22:44
15	Kim	Creasy	52	Spencer	577	2:27:05
16	Cindy	Smith	53	Gallatin	579	2:27:22
17	Shelley	Cloutier	50	Watertown	597	2:29:30
18	Jean	Cummings	54	Brentwood	660	2:45:25
19	Laura	Qualman	54	Brentwood	662	2:45:44
20	Eileen	Seitz	54	Nashville	663	2:45:48
21	Debra	Wendorf	51	Hendersonville	668	2:48:06
22	Lou	Kaelin	52	Mount Juliet	669	2:48:35
23	Amanda	Floyd	53	Wartrace	678	2:51:44
24	Jennifer	Joines	50	Murfreesboro	682	2:53:53
25	Susan	Wenner	52	Franklin	687	2:57:50
26	Dorothy	Poole	52	Bowling Green, KY	692	2:59:23
27	Angie	Zurawski	54	Nashville	700	3:09:47
28	Kim	Mulloy	51	Nashville	701	3:11:46
29	Mary	Schudlick	51	Nashville	708	3:15:20
30	Yolanda	Tinajero	54	Antioch	722	3:50:09

F 55-59

1	Mary	Marshall	55	Franklin	88	1:38:00
2	Vickie	Spickard	55	Nashville	160	1:46:21
3	Amy	Harris	55	Nashville	369	2:01:42
4	Maureen	Boling	55	White House	380	2:02:45
5	Maria	Black	56	Mount Juliet	457	2:09:26
6	Anita	Burnett	56	Livingston	468	2:10:16
7	Peggy	Kruspe	56	Murfreesboro	475	2:11:46
8	Cathie	Johnson	59	Red Boiling Springs	511	2:16:57
9	Kitty	Halfacre	58	Centerville	590	2:28:30
10	Diana	Guzman	55	Spring Hill	599	2:29:50
11	Michelle	Fenstermaker	56	Knoxville	664	2:46:36
12	Janet	Tummins	57	McEwen	685	2:55:40
13	Chris	Kettrey	58	Nolensville	686	2:56:18
14	Diane	Taylor	56	Nashville	691	2:59:03

F 60-64

1	Betty	Salyers	63	Hendersonville	480	2:12:24
2	Jennifer	Kimball	60	Nashville	558	2:23:29
3	Patricia	Cole	61	Goodlettsville	573	2:26:05
4	Doris	Brown	64	Cookeville	681	2:53:53

F 65-69

1	Janet	Jernigan	68	Bradyville	456	2:09:16
2	Emily	Garmany	66	Trezevant	645	2:42:57

3 Janet Lowe 69 Cookeville 674 2:50:41

M 15-19

1 Eric Nelius 17 Nelius 8 1:23:07
2 Donovan Davis 15 Gleason 19 1:26:37
3 Robbie Barber 18 Hendersonville 26 1:28:10
4 Jared Clements 17 Livingston 43 1:32:30
5 Kason Halfacre 17 Hohenwald 56 1:34:42
6 Israel Blaylock 18 Gallatin 70 1:36:11
7 Danny Bryant 15 Fayetteville 113 1:41:26
8 Nathan Berget 18 Lebanon 131 1:43:28
9 Andrew Towle 16 Hendersonville 168 1:47:05
10 Kensuke Shimizu 15 Brentwood 238 1:52:24
11 Andrew Nelius 14 Tullahoma 244 1:52:37
12 Joshua Wilson 16 Murfreesboro 271 1:54:59
13 Umar Rasul 17 Woodbury 279 1:55:52
14 John Perry 15 Fayetteville 295 1:57:05
15 Spencer Crockett 14 Bell Buckle 354 2:00:52
16 James Smothers 16 Big Sandy 363 2:01:26
17 Bryce Caten 18 Morrison 447 2:08:07
18 Sean Salonga 19 Nashville 595 2:29:28
19 Austin Coates 14 Nashville 675 2:50:53
20 Anshu Aradhyula 15 Brentwood 676 2:51:37

M 20-24

1 Thomas Owen 20 Clarksville 31 1:29:39
2 William Scheve 23 Lebanon 50 1:33:25
3 Antonio Serna 23 Dickson 135 1:44:02
4 Michael Ripley 20 Murfreesboro 136 1:44:19
5 Alex Aust 21 Hendersonville 144 1:44:49
6 Chris Seale 24 Centerville 165 1:46:41
7 Rhett Brewer 23 Wartrace 172 1:47:23
8 Ryan Dickson 23 Brentwood 260 1:53:49
9 Brandon Flippen 21 Franklin 305 1:57:52
10 Steven Reed 24 Glenolden 351 2:00:40
11 Andrew Bolin 24 Fort Campbell 383 2:03:04
12 Jeremy Saham 24 Cincinnati, OH 481 2:12:26
13 William Pickel 23 Clarksville 488 2:14:03
14 Kyle Rudolph 22 Oak Grove, KY 491 2:14:26

M 25-29

1 Kyle Curtin 26 Clarksville 2 1:17:15
2 Daniel Mueller 26 Nashville 3 1:19:45
3 Brad Anderson 28 Columbia 9 1:23:19
4 Ray Bennett 29 Murfreesboro 11 1:23:30
5 John Ramsay 29 Nashville 14 1:25:18
6 Matt Myles 27 Nashville 25 1:28:01
7 Robert Post 26 Mount Juliet 27 1:28:22
8 Ben Linderman 25 Nashville 34 1:30:28
9 John Melick 26 Nashville 46 1:33:07

10	John	Mishler	25	Nashville	66	1:35:51
11	Kyle	Jarrett	28	Gleason	76	1:36:55
12	Brandon	Raff	29	Antioch	86	1:37:49
13	Joshua	Brown	25	Nashville	94	1:38:23
14	Bo	Byers	29	Murfreesboro	104	1:39:40
15	Jd	Pollard	27	Murfreesboro	107	1:39:46
16	Bryan	Plumb	28	Mount Juliet	127	1:42:57
17	Andy	Hite	29	Nashville	130	1:43:18
18	Matthew	Peterson	28	Clarksville	134	1:43:52
19	Sinith	Suong	29	Nashville	156	1:46:04
20	Jonathan	Hansen	28	Clarksville	175	1:47:42
21	William	Blair	25	Ft Campbell, KY	189	1:49:19
22	Daniel	Worley	28	Nashville	208	1:50:00
23	Scott	Fisher	27	Antioch	230	1:51:54
24	Brandon	Ellison	27	Nashville	231	1:51:56
25	Mike	Purinton	25	Nashville	239	1:52:25
26	Ryan	Thibault	27	Ft Campbell	251	1:53:00
27	Kevin	Schuchard	26	Nashville	321	1:58:51
28	Chris	Knoll	25	Ft Campbell, KY	326	1:59:13
29	John	Mathias	28	Hermitage	328	1:59:17
30	James	Dalton	28	Osceola, AR	355	2:00:52
31	Magaret	Ellison	29	Nashville	401	2:04:20
32	James	Barnard	25	Clinton	439	2:07:29
33	Daniel	Johnson	27	Nashville	492	2:14:32
34	Derek	Pyle	27	Nashville	494	2:14:39
35	Marc	Guske	29	Jackson	506	2:16:30
36	Jared	Norris	27	Lebanon	517	2:17:41
37	Darrett	Gadison	28	Clarksville	519	2:17:45
38	James	Benefield	26	Nashville	543	2:20:19
39	Chris	Hancock	28	Nashville	556	2:23:12
40	Joseph	Toplon	28	Nashville	613	2:32:43
41	Kevin	Frame	27	Fort Campbell	615	2:32:52
42	Jason	Bracewell	29	Murfreesboro	630	2:37:08
43	Wesley	Hughes	26	Murfreesboro	641	2:40:16
44	Jereme	Lytle	27	Medina	652	2:44:48
45	William	Ledbetter	26	Nashville	680	2:52:58

M 30-34

1	Chris	Duncan	34	Franklin	4	1:20:31
2	Craig	Evans	34	Hendersonville	5	1:20:43
3	Ben	Smitherman	30	Clarksville	7	1:22:57
4	Kyle	McPhee	33	Franklin	16	1:25:52
5	Robert	Warden	33	Murfreesboro	18	1:26:17
6	Gustav	Rodewald	31	Brentwood	28	1:28:33
7	Chris	Hanson	30	Smyrna	38	1:31:14
8	Derek	Richey	33	Nashville	39	1:31:32
9	Matthew	Drewes	31	Nashville	40	1:31:44
10	Anthony	Scanio	31	Kingston Springs	45	1:33:01
11	Alfredo	Cardenas	34	Hermitage	54	1:34:09
12	Michael	Barnes	31	Cookeville	55	1:34:32

13	James	Lehman	32	Nashville	60	1:35:34
14	Brandon	Richards	34	Murfreesboro	63	1:35:44
15	Mike	Niedzielski	32	Spring Hill	78	1:37:06
16	Israel	Cervantes	31	Antioch	83	1:37:31
17	Corey	Fitzpatrick	31	Lafayette	102	1:39:19
18	Scott	Kilgore	32	Nashville	114	1:41:37
19	Jim	Conroy	30	Charlotte, NC	117	1:41:58
20	John	Hicks	33	Nolensville	123	1:42:29
21	Donald	Conley	32	Lyles	129	1:43:13
22	Paxton	Baker	34	Nashville	170	1:47:08
23	Matthew	Milam	34	Nashville	171	1:47:12
24	Jody	Alger	33	Augusta, MI	174	1:47:35
25	Robert	Comuzie	33	Camden	199	1:49:36
26	Benjamin	Frey	31	Washington, DC	202	1:49:45
27	Ramon	Arellano	31	La Vergne	205	1:49:55
28	Edward	Angasita	31	Clarksville	214	1:50:25
29	Chris	Bain	33	Lebanon	222	1:51:19
30	Jeff	Cleveland	34	Gallatin	242	1:52:34
31	Joshua	Hubbard	32	Sparta	257	1:53:25
32	Micah	Sandlin	32	Goodlettsville	264	1:54:30
33	Rob	Regg	32	Nashville	265	1:54:33
34	Matt	Woolsey	32	Huntsville, AL	266	1:54:35
35	Derek	Smith	31	Gallatin	268	1:54:46
36	Brent	Gabele	34	Franklin	272	1:55:02
37	David	Johnson	30	Nashville	283	1:56:14
38	Mark	Greenwood	31	Livingston	284	1:56:15
39	Cliff	Collins	31	Pleasant View	286	1:56:25
40	Jason	Carr	31	Cane Ridge	288	1:56:33
41	Jason	Blume	31	Nashville	294	1:57:00
42	Jason	Harlin	33	Lebanon	299	1:57:14
43	Barry	Mathis	31	Paris	301	1:57:27
44	David	Winsinger	32	Nashville	307	1:58:02
45	Josh	Bledsoe	33	Old Hickory	314	1:58:31
46	Travis	Neitz	33	Sturgis, KY	323	1:58:54
47	Ethan	Massa	34	Hendersonville	329	1:59:21
48	Daniel	Dalton	31	Burlison	356	2:00:53
49	Case	Cantrell	30	Murfreesboro	365	2:01:28
50	Michael	Bolen	33	Nashville	366	2:01:34
51	John	Andrade	33	Nashville	378	2:02:40
52	Khris	Downey	34	Murfreesboro	400	2:04:19
53	Luis	Rodriguez	33	Antioch	409	2:05:02
54	Ty	Roberts	32	Nashville	440	2:07:32
55	Eric	Weber	34	Nashville	451	2:08:37
56	Ryan	Sanford	32	Smyrna	455	2:08:58
57	Seth	Good	34	Hendersonville	467	2:10:14
58	Andrew	Shuff	33	Portland	469	2:10:17
59	Chris	Beslin	34	Lavergne	482	2:12:57
60	Chris	Boykin	31	Lebanon	512	2:17:06
61	Thomas	Baird	31	Murfreesboro	539	2:19:56
62	Danny	Prestage	33	Hendersonville	549	2:21:24

63 Mathew Heartfield 34 Franklin 648 2:44:06

M 35-39

1 Rafal Mazarewicz 38 Franklin 12 1:24:28
2 Jeffrey Suppinger 38 Franklin 15 1:25:22
3 Shannon Wood 39 Hopkinsville, KY 23 1:27:47
4 Joshua Thurman 35 Nashville 32 1:29:40
5 Chad Tyson 36 Clarksville 52 1:33:49
6 Lee Delong 37 Brentwood 59 1:35:21
7 Jeremiah Tatum 39 Cookeville 68 1:35:55
8 Michael Lepley 38 Cookeville 74 1:36:39
9 Charles Flanigan 38 Bartlett 82 1:37:15
10 Bryan Kirby 37 Cookeville 89 1:38:02
11 Dan Follmer 36 Mount Juliet 92 1:38:08
12 Tj Bean 36 Nashville 93 1:38:21
13 Mike Hill 36 Hermitage 95 1:38:33
14 Matthew McKeever 39 Nashville 98 1:38:45
15 Chuck Dixon 39 Murfreesboro 103 1:39:19
16 Sam Duffey 37 Antioch 111 1:40:29
17 John Baker 36 Mount Juliet 126 1:42:53
18 Ryan King 35 Brentwood 139 1:44:35
19 Christopher Vrettos 35 Nashville 140 1:44:35
20 Eric May 38 Nashville 154 1:45:57
21 Zachary Werner 36 Nashville 164 1:46:31
22 Rob Moore 39 Goodlettsville 166 1:46:52
23 Michael Vaughn 39 Goodlettsville 182 1:48:34
24 Troy Foster 36 Brentwood 185 1:48:56
25 James Troutt 36 Franklin 201 1:49:43
26 David Cooper 35 Lebanon 217 1:50:55
27 Timothy Hallmark 35 Spring Hill 219 1:51:06
28 Temo Ledezma 36 Lavrgne 247 1:52:47
29 Jeff Laney 35 Murfreesboro 261 1:54:06
30 Timothy Williams 39 Nashville 267 1:54:42
31 Greg Tomlin 35 Goodlettsville 275 1:55:26
32 Sean White 35 Nashville 277 1:55:42
33 Jeff Sass 37 McKenzie 1:56:06
34 Johnny Sears 38 Nashville 285 1:56:20
35 Chris Dardano 36 Clarksville 292 1:56:50
36 Daniel Berard 37 Murfreesboro 316 1:58:35
37 Paul Gontarek 38 Brentwood 318 1:58:46
38 Brandon Crouch 36 Bowling Green, KY 325 1:59:04
39 Derek Charles 35 Nashville 340 1:59:57
40 Chris Hughes 36 Mount Juliet 347 2:00:31
41 Robert Ward 39 Cookeville 349 2:00:39
42 David Elliott II 36 Cookeville 357 2:00:53
43 James McBride 36 Nashville 362 2:01:19
44 Brent Bivins 38 Lebanon 392 2:03:56
45 Jason Gass 36 Knoxville 393 2:03:57
46 Wayne Jacks 35 Nolensville 405 2:04:32
47 Thomas Finley 36 Mount Juliet 407 2:04:36

48	Tony	Lankford	37	Mount Juliet	441	2:07:34
49	Michael	Miller	36	Murfreesboro	461	2:09:46
50	Jeremy	Norris	36	Smyrna	516	2:17:41
51	Casey	Sanders	36	Madison	523	2:18:11
52	Ronald	Morgan	36	Ashland City	537	2:19:39
53	Brian	Cherry	35	Murfreesboro	544	2:20:30
54	Steve	Kraft	39	Smyrna	588	2:28:26
55	Winn	Hall	37	Murfreesboro	598	2:29:34
56	Matthew	Ferrier	39	Clarksville	608	2:32:00
57	Daniel	Conley	38	Fort Campbell	659	2:45:13
58	James	Bancroft	36	Mount Juliet	661	2:45:29

M 40-44

1	James	Seckel	44	Old Hickory	13	1:24:57
2	Gary	Wich	43	Murfreesboro	20	1:27:17
3	Paul	King	41	Franklin	22	1:27:43
4	David	Zucker	40	Memphis	33	1:29:53
5	Randy	Davis	44	Gleason	36	1:30:59
6	Brian	Wooldridge	40	Brentwood	65	1:35:50
7	Glen	Black	44	Mount Juliet	69	1:36:01
8	Brian	Lawhern	42	Columbia	85	1:37:47
9	Mark	Payne	43	Brentwood	108	1:40:06
10	Daniel	Bidegaray	44	Bozeman, MT	128	1:42:59
11	Juan	Zamudio	41	Nashville	147	1:45:05
12	Mark	Buckreis	44	Nashville	151	1:45:42
13	Todd	Essig	43	Brentwood	153	1:45:54
14	Mark	McDonald	40	Nashville	161	1:46:21
15	Aaron	Foster	44	Mount Juliet	169	1:47:07
16	Mike	Mullins	42	Mcminnville	218	1:50:56
17	Sergio	Gomez-Ramirez	43	Shelbyville	225	1:51:26
18	Martin	Mayo	40	Murfreesboro	228	1:51:46
19	Doug	Blackmon	43	Murfreesboro	250	1:53:00
20	Derek	Huggett	40	Nolensville	253	1:53:06
21	Anthony	Dooley	42	Columbus, GA	287	1:56:29
22	James	Amsler	44	Franklin	311	1:58:30
23	Jim	Stevens	44	Hendersonville	319	1:58:46
24	John	Mattingly	43	Nashville	322	1:58:53
25	Shawn	Sinclair	42	Bowling Green, KY	324	1:59:03
26	Alan	Schwendimann	42	Murfreesboro	330	1:59:26
27	Rick	Deckbar	42	Nashville	335	1:59:38
28	Mark	Pearson	42	Nashville	339	1:59:55
29	Billy	Redden	41	Dickson	377	2:02:39
30	Randy	Sutherland	43	Cottontown	385	2:03:17
31	Andrew	Dearing	42	Shelbyville	389	2:03:45
32	Keith	Hinson	41	Caneridge, Tn	398	2:04:13
33	Brian	Phelps	41	Nashville	421	2:06:02
34	Franklin	Williams	44	Old Hickory	422	2:06:09
35	Darby	Futrell	40	Benton, KY	434	2:07:11
36	Ali	Bagci	44	Cookeville	435	2:07:19
37	Russell	Thompson	41	Lebanon	436	2:07:25

38	Jeff	Salyers	44	Hermitage	446	2:08:03
39	Lee	Bailey	41	Cookeville	460	2:09:41
40	Jason	Welch	42	Lafayette	472	2:11:04
41	Tom	Beasley	42	Franklin	502	2:15:33
42	Chris	Petrie	41	Eagleville	504	2:15:56
43	David	Hobdy	41	Hendersonville	540	2:19:58
44	Ravi	Aradhyula	44	Brentwood	548	2:21:23
45	Justin	Stroud	43	Murfreesboro	567	2:25:02
46	Jason	Holcomb	41	Brentwood	572	2:25:07
47	Steve	Clark	40	Smyrna	600	2:29:57
48	Joe	Livaudais	40	Antioch	603	2:30:55
49	Mike	Swartz	44	Clarksville	624	2:36:23
50	Johnny	Kincaid	40	Murfreesboro	632	2:37:25
51	David	Owenby	44	Nashville	657	2:45:06
52	Bart	Miller	41	Murfreesboro	665	2:47:01
53	Don	McCarthy	43	White House	688	2:58:04

M 45-49

1	Kerry	Dickerson	48	Lebanon	17	1:25:54
2	Tracy	Yother	49	Cookeville	37	1:31:09
3	Roger	Brady	45	Murfreesboro	49	1:33:25
4	Mike	Miranne	47	Old Hickory	81	1:37:15
5	John	Sloop	49	Nashville	90	1:38:05
6	Jeff	Brown	48	Lebanon	97	1:38:36
7	Chris	Davis	47	Fayetteville	99	1:39:09
8	Chris	Clemens	46	Belvidere	105	1:39:40
9	Brent	Fuqua	47	Gallitin	109	1:40:11
10	Chris	Reynolds	45	Nashville	115	1:41:51
11	Kent	Marohl	46	Clarksville	122	1:42:26
12	Dan	Knight	45	Spring Hill	146	1:44:57
13	Mark	McKinney	47	Franklin	149	1:45:31
14	Butch	Whitworth	48	Murfreesboro	155	1:45:57
15	Greg	Walker	46	Nashville	162	1:46:21
16	Brian	Dickens	47	Lebanon	176	1:47:44
17	Rajesh	Jethwani	45	Brentwood	178	1:48:11
18	Tony	Dedman	46	Lebanon	186	1:48:57
19	Jeff	Barber	45	Hendersonville	187	1:49:05
20	Guy	Schmidt	47	Pulaski	206	1:50:00
21	Danny	Staggs	49	Hermitage	209	1:50:02
22	Scott	Alexander	45	Lebanon	220	1:51:16
23	Robert	Avinger	45	Nashville	240	1:52:28
24	Lee	White	45	Normandy	246	1:52:43
25	Philip	Benefield	45	Madison, AL	281	1:56:01
26	Dan	Scott	49	Old Hickory	313	1:58:30
27	Paul	Putnam	49	Hermitage	317	1:58:36
28	Brian	Murray	46	Hermitage	337	1:59:42
29	Rodney	Jones	49	Old Hickory	343	2:00:21
30	Dwayne	Hawkins	49	Murfreesboro	345	2:00:29
31	Van	Irwin	48	Spring Hill	353	2:00:48
32	Bob	Shumake	46	Martin	374	2:02:10

33	Brian	Gslagher	47	Nashville	388	2:03:31
34	Mike	Greeson	48	Murfreesboro	430	2:07:03
35	Paul	Arnette	46	Christiana	431	2:07:04
36	Ric	Fagan	45	Cookeville	443	2:07:50
37	Andrew	Naylor	48	Brentwood	453	2:08:48
38	Richard	Cantrell	45	Bowling Green, KY	458	2:09:30
39	John	Nolen	49	Mcminnville	479	2:12:23
40	Tim	Lloyd	49	Smyrna	522	2:17:52
41	Derek	Sliger	47	Nashville	525	2:18:41
42	Jack	Whitman Jr	48	Mount Juliet	538	2:19:54
43	Hank	Saupe	46	Murfreesboro	550	2:21:33
44	Jim	Shamwell	47	Greenbriar	594	2:29:07
45	Garry	Frost	48	Nashville	639	2:38:32
46	Ward	Cullum	46	Nashville	677	2:51:38
47	Ben	Wright	46	Lebanon	684	2:55:35
48	Donald	Collins	49	Mount Juliet	719	3:42:49
49	Annie	Ninan	47	Franklin	721	3:43:54

M 50-54

1	Ronald	Kramer	54	Nashville	29	1:28:52
2	Keith	Woodall	50	Springfield	41	1:31:51
3	Bart	Modrall	50	Goodlettsville	44	1:32:34
4	Larry	Gammon	54	Hermitage	58	1:34:56
5	Glen	Sulski	53	Nashville	62	1:35:39
6	Tommy	Kell	50	Rock Island	73	1:36:37
7	Akira	Shimizu	52	Brentwood	79	1:37:09
8	Jim	Enright	54	Brentwood	101	1:39:19
9	Dwight	Gardenhire	54	Pikeville	119	1:42:04
10	David	Birse	53	Hancock	120	1:42:08
11	Philip	Lee	51	Nolensville	121	1:42:20
12	Ray	Beem	53	Apison	125	1:42:45
13	Brad	Pigue	51	Madison	138	1:44:31
14	Jeff	Seat	53	Antioch	143	1:44:49
15	Keith	Thrailkill	52	Columbia	194	1:49:27
16	Andy	Parrish	53	Lebanon	207	1:50:00
17	Bradford	White	53	Franklin	215	1:50:36
18	Lonnie	Swope	54	Alexandria	227	1:51:39
19	Ricky	Head	53	Hendersonville	235	1:52:12
20	Edward	Russell	54	Lebanon	290	1:56:40
21	Bart	Clements	52	Livingston	303	1:57:41
22	Billy	Crips	51	Mtjuliet	306	1:58:00
23	Phillip	Bontrager	50	La Vergne	310	1:58:30
24	Greg	Hunt	51	Murfreesborot	332	1:59:33
25	Parker	Edmiston	50	Scottsboro, AL	333	1:59:34
26	Johann	Murray	50	Nashville	338	1:59:44
27	Marcus	Larson	53	Woodbury	342	2:00:17
28	Dallas	Smith	54	Mount Juliet	364	2:01:28
29	Alan	Hopper	51	Lebanon	394	2:04:03
30	David	Owens	53	Fayetteville	397	2:04:13
31	Brent	Petry	53	Winchester	412	2:05:34

32	Douglas	Brown	54	Winchester	415	2:05:47
33	Stephen	McClain	52	Brentwood	418	2:05:49
34	David	Bell	51	Murfreesboro	471	2:10:35
35	Grant	Cuthill	53	Franklin	473	2:11:11
36	Phil	Greifeld	51	Nashville	476	2:11:52
37	Gregory	Tummins	54	McEwen	483	2:13:11
38	Del	Bennett	51	Nashville	485	2:13:44
39	John	Shea	52	Hendersonville	497	2:15:08
40	Randall	Smith	51	Old Hickory	524	2:18:41
41	Tim	Ford	51	Oak Ridge	560	2:23:39
42	John	Hooper	51	Rockvale	561	2:23:48
43	Joel	Lawrence	53	Christiana	580	2:27:27
44	Gregory	Skaff	51	Harvest, AL	586	2:28:14
45	Mark	Joines	50	Murfreesboro	619	2:33:04
46	Rao	Mothe	53	Nashville	666	2:47:33
47	Gerald	Alvis	53	Bethpage	698	3:09:40
48	Towhid	Alam	51	Antioch	716	3:25:15
49	Robert	Olson	51	Nashville	726	3:58:57

M 55-59

1	Jimmy	Crossett	55	Huntingdon	30	1:29:26
2	Lynn	Burnett	56	Livingston	48	1:33:21
3	Paul	Seitz	56	Nashville	71	1:36:23
4	Mike	Kelley	57	Clarksville	80	1:37:13
5	Daniel	Ashmead	59	Nashville	96	1:38:33
6	Richard	Jonardi	58	Nashville	157	1:46:15
7	James	Bravender	59	Whitleyville	173	1:47:30
8	Dexter	Brewer	55	Nashville	177	1:48:05
9	Jeff	Stracewer	56	Soddy Daisy	198	1:49:34
10	Roy	Tamez	59	Brentwood	221	1:51:18
11	Anthony	Shelly	55	Smyrna	223	1:51:24
12	Randy	Farr	58	Brentwood	224	1:51:26
13	Scott	Jordan	56	Murfreesboro	232	1:51:59
14	Bill	Dyer	55	Murfreesboro	236	1:52:15
15	Glenn	Gravitt	58	Winchester	245	1:52:37
16	Anthony	Jones	57	Lebanon	249	1:52:53
17	Chris	Thompson	55	Nashville	256	1:53:23
18	John	Spencer	58	Dickson	291	1:56:43
19	Steve	Blume	57	Brentwood	293	1:57:00
20	John	Ray	56	Estill Springs	371	2:02:00
21	Jim	Raybeck	59	Spring Hill	417	2:05:49
22	William	Murray	57	Hendersonville	463	2:10:02
23	Gary	Page	56	Rockvale	486	2:13:55
24	Jim	Hutchens	59	Columbia	500	2:15:19
25	Larry	Keown	59	Murfreesboro	534	2:19:17
26	Keith	Kettrey	56	Nolensville	535	2:19:27
27	Mike	Rambo	59	Hopkinsville, KY	553	2:22:28
28	Randy	Cole	59	Goodlettsville	574	2:26:06
29	Anthony	Brown	55	Dickson	633	2:37:43
30	Kerry	Kimbro	57	Goodlettsville	673	2:49:35

31	James	Creasy	56	Spencer	695	3:02:10
32	Glenn	Eddington	56	Nashville	718	3:37:48

M 60-64

1	James	Davis	63	Lebanon	91	1:38:06
2	Volker	Winkler	60	McKenzie	188	1:49:19
3	Steve	Lovett	64	Murfreesboro	197	1:49:33
4	David	Miller	62	Brentwood	200	1:49:39
5	Paul	Vondohlen	60	Charlotte	234	1:52:08
6	John	Doebly	60	Middleton, WI	262	1:54:22
7	Robert	Pruitt	61	Franklin	297	1:57:08
8	James	Meddw	64	Old Hickory	346	2:00:29
9	David	Burka	61	Mount Juliet	386	2:03:18
10	Steve	Curtis	60	Hendersonville	390	2:03:45
11	Jim	Paulus	64	Nashville	428	2:07:01
12	Larry	Horschel	62	Smyrna	448	2:08:22
13	Wayne	Erickson	60	Clarksville	498	2:15:09
14	Robert	Johnson	64	Goodlettsville	536	2:19:31
15	Terry	Carlisle	64	Springfield	602	2:30:47
16	John	Law	64	Murfreesboro	679	2:52:23
17	Ron	Zurawski	63	Nashville	699	3:09:40

M 65-69

1	JC	Kelley	68	Baxter	152	1:45:48
2	Gary	Robinson	66	Lebanon	352	2:00:46
3	Roy	Fenstermaker	67	Knoxville	368	2:01:41
4	Noah	Halfacre	66	Murfreesboro	510	2:16:47
5	John	Hays	65	Franklin	545	2:20:41
6	Tony	Halfacre	66	Centerville	591	2:28:30
7	Bob	Pierce	68	Murfreesboro	634	2:37:45

M 70+

1	Dallas	Smith	72	Cookeville	132	1:43:41
2	Sergio	Bianchini	71	Chattanooga	142	1:44:45
3	Dennis	Christian	74	Nashville	190	1:49:20
4	Gary	Anderson	72	Lebanon	331	1:59:28
5	Roland	McCluskey	72	Nashville	551	2:21:49
6	Gordon	Carlisle	70	Murfreesboro	601	2:30:11
7	Joe	Millichap	72	Murfreesboro	690	2:58:28
8	Ed	Casey	78	Nashville	696	3:05:40
9	Frazier	Solomon	79	Franklin	727	4:10:36