

BREAKFAST: GET STARTED RIGHT

One Egg, Your Way 4.99

Choice of bacon, ham or sausage patty,
choice of side and toast

Two Eggs, Your Way 5.99

Choice of bacon, ham or sausage patty,
choice of side and toast

Downtown Scramble 7.45

Three eggs with ham, diced tomato, onion,
topped with Cheddar, choice of side and toast

Cajun Scramble 7.89

Andouille sausage, onion, roasted peppers,
Creole seasoning, Cheddar, choice of side and toast

Mushroom Scramble 7.89

Fresh mushrooms, bacon,
onion, Blue cheese, choice of side and toast

Build Your Own Omelette 7.45

Pick three plus cheese: bacon, ham, sausage,
Andouille sausage, tomato, Bell pepper,
black olives, diced onion, jalapenos, mushroom, Cheddar,
American, Swiss, Provolone,
Blue Cheese, choice of side and toast

Load it Up Omelette 9.99

You Pick It, We'll Make It! Choice of side and toast

Corned Beef Hash & Eggs 8.59

On potatoes with choice of side and toast

Blackened Shrimp & Cheesy Grits 9.89

With eggs, choice of side and toast

Side Choices:

Cafe Potatoes, Grits,
Freshly cut fruit, Sliced tomato

Toast Choices:

Classic White, Whole Wheat, Marbled Rye,
Hearty 11-Grain, English Muffin

Breakfast Cuban 5.29

Scrambled eggs, bacon or sausage
and Cheddar on hot pressed Cuban bread



World Famous Breakfast Burrito 6.49

Scrambled eggs, bacon or sausage, Cafe Potatoes,
Cheddar pressed hot in whole wheat tortilla
served with salsa and sour cream on the side

Classic Egg Sandwich 3.99

One fried egg, choice of meat and cheese,
on buttered toast or English muffin

Biscuits & Sausage Gravy 6.49

Served with two eggs, your way

1/2 Order Biscuits & Sausage Gravy 4.59

Served with one egg, your way

Two Buttermilk Biscuits & Two Eggs Your Way 6.49

Add bacon, ham or sausage: 7.79

Hearty French Toast 5.79

Three slices of 11-Grain bread,
with sugar and syrup 5.79,
Add bacon, ham or sausage: 7.59

Buttermilk Pancakes 5.49

Three pancakes, butter, syrup 5.49,
Add Blueberry, Chocolate Chips or Banana Nut: 6.99

Short Stack 4.29

Classic Short Stack of Pancakes (2)

Belgian Waffle 5.49

Crisp outside, warm & delicate inside: Perfect! 5.49,
with two eggs and bacon, ham or sausage: 7.79

Bowl of Oatmeal

With brown sugar and milk
Small Size 2.99 / Large Size 3.99
Add Fruit 1.19 / Add Walnuts 1.19

Add a Side:

Bacon, Ham or Sausage 2.49 / Toast or English Muffin 1.89
Cafe Potatoes or Grits 1.89 / Cup of Freshly Cut Fruit 2.49



CAFE MENU

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"THE PENGUIN AND THE PALM TREE ARE DEDICATED TO MY MOTHER, GAIL.
THE PALM TREE IS FOR HER FLORIDA ROOTS AND OUR FAMILY.
AND THE PENGUIN IS ME... 'MAY I BORROW A PEN... GWEN?'
.....MAY THE CURE FOR CANCER COME SOON."

 **LET'S DO LUNCH!****Cafe Steak Sandwich 8.79**

Pan seared tenderloin, Provolone cheese, caramelized onions, roasted Bell pepper, tomato, mayo on toasted herbed Kaiser Roll

Fort Myers Steak & Cheese 8.29

Grilled, shaved roast beef with onions, Bell peppers, mayo, Provolone on a toasted hoagie roll

Fort Myers Chicken 7.79

Grilled chicken, Provolone, onions, Bell peppers, mayo on toasted hoagie roll

Gwendolyn's Herbed Chicken 7.79

Chicken Scallopini, tomato, caramelized onion, Provolone on toasted Kaiser Roll

Cafe Cubano 7.89

Ham, salami, Swiss cheese, spicy mustard, sliced pickles, pressed hot on fresh Cuban bread

Pollo Cubano 7.89

Sliced chicken breast, red onion, Swiss cheese, mayo pressed hot on fresh Cuban bread

Cafe Reuben 8.19

Corned beef or turkey, sauerkraut, 1000 island, Swiss, grilled on fresh marbled rye

Veggie Melt 7.89

Roasted seasonal veggies, Swiss, Bleu Cheese on Parmesan focaccia bread, pressed hot

Ultimate Grilled Cheese 7.49

Provolone, Swiss, Bleu Cheese, touch of mayo, grilled on Parmesan focaccia bread

Classic Grilled Cheese 4.99

Melty cheese on your choice of bread.
Add tomato and bacon 6.29
Pairs perfectly with our homemade tomato bisque!
tomato bisque cup 2.99 / bowl 3.99

Chicken Quesadilla 7.89

Diced chicken, onion, Bell pepper, brown rice, Cheddar cheese, side of salsa & sour cream

Veggie Quesadilla 7.49

Fresh seasonal veggies, brown rice, Cheddar cheese, side of salsa & sour cream

Cafe Pulled Pork 8.59

Mojo seasoned pork with caramelized onion on fresh Cuban with lime wedges

Fish Sandwich 8.49

Pan seared, blackened, or pan fried, served on toasted hoagie with homemade tartar sauce on the side

Classic Chicken Salad 6.99

Fresh white meat chicken, mayo, celery, salt and pepper

Cafe Chicken Salad 6.99

Our classic with grapes, apple & walnuts mixed in

Curried Chicken Salad 6.99

Raisins, apricot, pinch of curry

Classic Tuna 6.99

Tuna, mayo, salt and pepper. That's it!

Seafood Salad 7.49

Shrimp, crab, mayo, lemon, dill, garlic

Classic Egg Salad 5.99

Fresh eggs, creamy mayo, salt and pepper

Club Gwendolyn 7.79

Turkey, salami, bacon, lettuce, tomato, herbed cream cheese spread

Classic Club Sandwich 7.59**Cafe BLT 6.79, Add a fried egg 7.29****Build Your Own Sub or Wrap 7.59**

Select ham, roast beef, salami, corned beef, chicken salad, tuna salad, egg salad, American Cheese, Swiss, Cheddar, Provolone, Bleu, lettuce, tomato, mayo, mustard, onion, pickles, banana peppers, black olives, jalapenos in whole wheat wrap or hoagie roll

**"ARE YOU BEING FRESH?" SALADS****Welcome to our House Salad 6.59**

Mixed greens, tomato, cucumber, egg, red onion, black olive, Cheddar cheese, homemade croutons

Field of Mixed Greens 8.29

Marinated mushrooms, Bell peppers, walnuts, dried cranberries, Bleu cheese, homemade croutons

Chef Salad 8.29

Ham, turkey, Provolone, onion, egg, tomato, cucumber, onion, black olive, homemade croutons

River District Steak Salad 9.29

Seared tenderloin, caramelized onion, roasted red pepper, sun-dried tomato, mushrooms, Bleu Cheese, homemade croutons

Caesar Salad 6.79

Fresh romaine, Caesar dressing, croutons, shaved Asiago cheese

Fresh Spinach Salad 8.49

Fresh mushroom, tomato, caramelized onion, real bacon bits, egg, croutons

Add Tuna Salad, Chicken Salad or Egg Salad 1.79
Seafood Salad for 1.99

Add grilled or blackened chicken to any salad for 1.99, or shrimp 2.99

Homemade Salad Dressings: Buttermilk Ranch,
Bleu Cheese, Red Wine Vinaigrette,
Sweet Onion, Honey Mustard,
Balsamic Vinaigrette, Extra Dressing 50 cents

**HOMEMADE SOUPS**

Famous Tomato Bisque: 3.99 Bowl / 2.99 Cup

Chunky Chicken Noodle: 3.99 Bowl / 2.99 Cup

Soup of the Day: 3.99 Bowl / 2.99 Cup

Mom's Chili: 4.99 Bowl / 3.99 Cup

Topped with raw onion, sour cream and Cheddar

Cuban Cheese Toast: 1.79 (3)

Fresh Cuban bread with herbed cream cheese spread, topped with melted Cheddar; a perfect accompaniment to our soup and chili!

**CAFE HOT ENTREES****Chicken Pot Pie 9.49**

Chunks of chicken and veggies in homemade sauce topped with a flaky pastry crust

Meatloaf 9.49

Homemade, served with real mashed potatoes and gravy, onion straws and fresh vegetables

Splendid Chicken 9.99

Seasoned chicken, sautéed mushrooms, caramelized onions, bacon, cheddar cheese atop mashed potatoes and gravy

Cafe Pulled Pork 9.49

Slow roasted seasoned pork served over brown rice topped with caramelized onion and lime wedge

Chicken Scallopini 9.49

Chicken filet dusted in flour and herbs, pan seared, topped with a ribbon of lemon butter, served with fresh veggies, brown rice

Veggie Delight Pasta 8.79

Fresh seasonal vegetables sautéed with garlic, herbs and marinara over whole wheat pasta

East Meets West Pasta 9.49

Chicken and fresh veggies stir-fried in garlic and soy sauce, served over whole wheat pasta, topped with Asiago cheese

Fish Your Way 9.49

Lightly seasoned and served with brown rice, vegetables or fries homemade tartar sauce

Cafe entrees are served with green salad, fresh Cuban bread and our own herbed cream cheese spread.