



Fascial Manipulation[©] WORKSHOPS

LEVEL 2 – Part 2A/Part 2B (6 days)

Day 1

8.30-09.00	Welcome and Introduction to the course	Theory
9.00–10.15	Presentation of cases treated by students (each student has to bring two charts of their patients)	Practical
10.15-10.30	break	
10.30-13.00	Review of the CCs of the head and trunk	Practical
13.00-14.00	Lunch	
14.00-16.00	Review of the CCs of the lower limb Demonstration of centers of coordination by segment, position of treatment	Practical
16.00-16.15	Break	
16.15-18.00	Review of the CCs of the upper limb Demonstration of centers of coordination by segment, position of treatment	Practical

Day 2

8.30-10.00	Centers of Fusion (CFs)- anatomy, retinacula and diagonals	Theory
10.00-11.00	Mf diagonal and centers of fusion: ante-medio of the head and trunk	Practical
11.00-11.15	Break	
11.15-13.00	Mf diagonal and centers of fusion: ante-medio of the lower limb	Practical
13.00-14.00	Lunch	
14.00-15.00	Mf diagonal and centers of fusion: ante-medio of the upper limb	Practical
15.00-16.15	Mf diagonal and centers of fusion: ante-latero of the head and trunk	Practical
16.15-16.30	Break	
16.30-17.15	Mf diagonal and centers of fusion: ante-latero of the lower limb	Practical
17.15-18.00	Mf diagonal and centers of fusion: ante-latero of the upper limb	Practical

Day 3

8.30-09.45	Fascia and physiology of motor control	Theory
09.45-11.00	Mf diagonal and centers of fusion: retro-medio of the head and trunk	Practical
11.00-11.15	Break	
11.15-12.00	Mf diagonal and centers of fusion: retro-medio of the lower limb	Practical
12.00-13.00	Mf diagonal and centers of fusion: retro-medio of the upper limb	Practical
13.00-14.00	Lunch	
14.00-15.30	Diagonals: Treatment Strategies and the global assessment chart	Theory
15.30-15.45	break	
15.45-16.30	Mf diagonal and centers of fusion: retro-latero of the head and trunk	Practical
16.30-17.15	Mf diagonal and centers of fusion: retro-latero of the lower limb	Practical
17.15-18.00	Mf diagonal and centers of fusion: retro-latero of the upper limb	Practical

Day 4

8.30-10.30	Revision of the CCs and CFs of the head and trunk	Practical
10.30-10.45	Break	
10.45-13.00	Revision of the CCs and CFs of the lower limb	Practical
13.00-14.00	Lunch	
14.00-16.00	Revision of the CCs and CFs of the upper limb	Practical
16.00-16.15	Break	
16.15-18.00	Treatment of a patient by instructor – anamnesis, hypothesis, movement tests and palpation verification, treatment, re-assessment. Questions	Demonstration and discussion

Day 5

8.30-10.00	The Fascial Manipulation® Spirals	Theory
10.00-10.15	break	
10.15-11.30	Demonstration of the Spirals by the participants	Demo Practical
11.30-13.00	Treatment Strategies for Spirals	Theory
13.00-14.00	Lunch	
14.00-16.30	Treatment of the participants with supervision	Practical
16.30-16.45	Break	
16.45-19.00	Review of the charts and discussion	Demo Practical

Day 6

8.30-11.00	Treatment of a patient by group – anamnesis, hypothesis, movement tests and palpation verification, treatment, reassessment.	Practical
11.00-11:15	Break	
11.15-13.00	Revision of the chart and discussion	Discussion
13.00-14.00	Lunch	
14.00-15.00	The evolution and postural adaptation	Theory
15.00-15.30	Exam	Practical
15.30-16.15	Presentation of basic principle of FMID	Theory
16.15-17.00	Discussion and conclusion	

This program may be subject to changes according to organizational requirements of either the venue or the Instructors.

Learning Objectives Level II

At the conclusion of the course, the participant should be able to:

- Understand the role of retinacula in proprioception and pain. (Knowledge)
- Differentiate between spiral and diagonal motor disorders through the assessment process. (Analysis)
- Define a correct treatment strategy to restore the biomechanics of the human body. (Synthesis)
- Evaluate the quality of the retinacula through palpation verification and treat appropriate points (Center of Fusions) restoring the gliding of the retinacula. (Evaluation)