

# ADD/ADHD

## Share & Support Group

### 2019-2020 Schedule

### PARENT SHARE & SUPPORT GROUP

A forum in our community for parents and caregivers to share information, make connections, and get support. Meetings will be an open discussion format. A topic will be provided at each meeting to get the discussion started. Parents and caregivers are encouraged to ask questions, seek support on struggles they are experiencing or anticipating, and share strategies that have worked for them. Your child does not need to have an ADD/ADHD diagnosis. We invite parents and caregivers of a child in public private, or home school with ADD/ADHD-like symptoms to join us.

**Meetings begin at 7:00 PM at Maple Glen Elementary School Library 1581 Ft Washington Ave, Maple Glen 19002.**

Sept 24, 2019	Back to School Adjustments/Concerns
Nov 12, 2019	Tips for success within an ADHD-ish household
Jan 23, 2020	Your child's growth during the school year (are things getting better or harder?)
Mar 12, 2020	Looking toward summer & the next school year (summer camps, teacher/friend requests, 504/IEP-did it work?)
May 14, 2020	Summer success

For more information and meeting location, please contact Mary Ellen Smith at [mellen2006@gmail.com](mailto:mellen2006@gmail.com)

Visit us at [www.SPEACofUD.org](http://www.SPEACofUD.org)



# A

Are you the parent of a child with ADD/ADHD or ADD/ADHD-like symptoms?

# D

Do you have strategies to help manage the challenges of ADD/ADHD?

# D

Do you NEED strategies to help manage the challenges of ADD/ADHD?

*Share Information*

*Make Connections*

*Get Support*

