



GRIZZLY SUP RACE

09:00 a.m. Sunday, July 16

Welcome to the 7th annual Grizzly Stand Up Paddle Board Race.

We look forward to welcoming you all in Canmore and thank you for your support of Grizzly Mountain Events. Please don't hesitate to contact us if you have any questions or concerns after reading through the following information. Email tony@grizzlyevents.ca with your questions.

Timing Chip Pick Up

Will be available on race morning at Quarry Lake beach from 07:30 – 08:30

Warm Up Paddle - is permitted anytime before 08:45 a.m.

Free Kids Event – 12 years and under. Start Time 08:30

One 500m Loop of the lake. All kids receive a finisher's mug but no timing or results.

Pre Race Briefing - All paddlers will then be asked to exit the water in time for our pre-race briefing at 08:50

Wave Start Times

Wave 1 - 09:00 - All Men – All Board Types

Wave 2 - 09:01 – All Women – All Board Types

Distance 2000m = 2 X 1000m laps.

Check www.grizzlyevents.ca for course map.

Awards - will take place on the beach at approximately 09:45

