

Introduction to Perinatal Music Therapy

Offered for 43 pre-approved CMTE credits

Instructed by Heidi Lengel, MM, MTBC and Kate Taylor, MA, MTBC

Tuesdays 6:30-7:30 p.m.CST online. Begins June 6. Meets for 12 weeks. Ends August 22, 2017.

An online course that builds clinical skills for serving families throughout the entire perinatal spectrum.

Course Format & Schedule

This online course includes 1 hr of lecture, 1 hr of reading, and 1 hr of assignments each week. The course meets online for 12 weeks and concludes with a final project.

Week 1 Course introduction: Defining Perinatal music therapy

Week 2 Perinatal music therapy: Literature review

Week 3 Applying the CBMT Scope of Practice to perinatal music therapy

Week 4 Developing a perinatal music therapy treatment orientation & framework

Week 5 Assessing the therapeutic needs of perinatal families

Week 6 Perinatal music therapy: treatment planning and interventions

Week 7 Evaluating efficacy of perinatal music therapy applications

Week 8 Ethical considerations

Week 9 Understanding your role

Week 10 Clinical case examinations

Week 11 Professional development needs

Week 12 Course conclusion

Learner Objectives

Identify and interpret three needs of perinatal individuals and their families for the purpose of music therapy assessment, treatment planning, consultation and care coordination with other perinatal health professionals. I.B.3.a-f,h

Adapt one existing and two new music therapy applications for perinatal wellness within a variety of perinatal treatment approaches. II.A.3.a-d, f; II.A.4. a, b, d, e, g, i

Develop two effective techniques to gather data, document and evaluate efficacy of music therapy treatment applications within perinatal clinical settings. I.D.4; III.A.1,2,7; III.B.1,4-6

Review available research and literature from music therapy and perinatal health professions to examine at least one existing and one new role of the music therapist in perinatal settings. IV.A.1-3,5; IV.B.4,9,14

43 CMTEs offered by TWO experienced instructors

Heidi Lengel, MMT, MTBC, Certified Birth & Bereavement Doula is the founder of Fulheart Family Support, a private practice that specializes in music therapy assisted childbirth, perinatal bereavement, and postpartum mood disorders.

Kate Taylor, MA, MTBC offers music therapy for fertility, childbirth, and postpartum wellness through Creative Childbirth Concepts® her Chicago based private practice. Call Kate @ 216-704-6595 for questions or to sign up!

Cost: A \$500 investment for 43 CMTE credits.

Reserve your spot today for \$150.00 payment plan. Balance due by June 1st.

<http://www.birthmusic.net/supervision---cmtes.html>

Who should take this course?

This course is open to all professional music therapists and graduate level students who meet the qualifications to practice music therapy in their state, country or province.

Cost includes access to all scheduled online lectures, digital access to weekly reading assignments and recordings.

*Some recommended books may not be included in registration fees.

No previous birth work, specialty training or prerequisites necessary.

Introduction to Perinatal Music Therapy is approved by the Certification Board for Music Therapists (CBMT) for 43 Continuing Music Therapy Education credits.

Creative Childbirth Concepts® (P-158) maintains responsibility for program quality and adherence to CBMT policies and criteria.

Cancellation and Refund Policy: Participants will receive a full refund if cancellation is made within 21 days of the course. If a participant cancels less than 20 days before there is automatically a 25% or \$125.00 fee and the balance will be refunded to the participant.