



5K/10K Ashland Harvest Run

1 Mile Pumpkin Walk

Saturday October 21, 2017

Ashland Carter Park (1112 Maple St.)

The Ashcake Woman's Club & Hanover Safe Place proudly present the combination of the Ashland Harvest Run and the Pumpkin Run.

Sponsorships Available

Timing Chips will be used in the 10K & 5K this year, provided by **Commonwealth Timing**

Awards will be given for top runners.

Registration Fee:

\$25 if received by October 6, 2017.

\$30 after October 6, 2017.

Registration Fee for Group:

Fee for group of 3 or more \$20/person received by October 6, 2017.

\$25 per person after October 6, 2017

10K Harvest Run 8:00am

5K Harvest Run 8:10am

1 Mile Pumpkin Walk 8:20am

Preregister: Friday October 20, 2017, 5:00-7:00pm, Ashland Library

On site race-day registration & packet pick-up: 6:45-7:45am

Register by mail with this form

or on-line at: <https://runsignup.com/Register/?raceId=33167>

For more info email ashlandharvestrun@comcast.net

or call Stacie at (804)752-2728.

The race will benefit: Hanover Safe Place, Wings of Hope Ranch and Circles Ashland

Team/Group/Church Name: _

Last Name:

First:

Street Address:

City/State/Zip:

Phone:

E-mail:

Male:

Female:

Birth Date:

Age day of the race:

In consideration of this entry being accepted, I, intending to be legally bound hereby for myself, my heirs, executors and administrators, waive and release any and all rights I may have against the GFWC Ashcake Woman's Club, Hanover Safe Place, Town of Ashland and all the sponsors of the Ashland Harvest Run/ Pumpkin Walk to be held on October 21, 2017 of any and all injuries suffered by me in said event. I attest that I am physically fit and have sufficiently trained for this event. I also acknowledge that transference of my race number invalidates my registration.

NO animals on leashes, no skateboards and no skates.

Signature:

Date:

Parent/guardian must sign for any participant under 18.

Both courses are US Track & Field Certified

10K—396214 & 5K—396206

Circle one:

5K Walk/Run

10K Run

1 Mile Walk

Do you want a t-shirt? (circle one) Yes No

One Team Member Picking Up All Team Shirts?

Yes : Name:

No

Adult T-Shirt Size (circle one if you answered yes)

S

M

L

XL

XXL

Shirts will be guaranteed to those registered by

October 6, 2017.

Entry Fee:

\$25 received by Oct. 6----- \$

\$30 after Oct. 6----- \$

\$20/person group rate by Oct. 6— \$

\$25/person group rate after Oct. 6 \$

Donation ----- \$

Total ----- \$

All donations are tax deductible.

Checks payable to:

GFWC Ashcake Woman's Club, Inc.

P. O. Box 543, Ashland VA 23005