



## Reconciliation Movement's FREE Community Support

### *Parents Matter - Tuesdays*

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Support for parents with children that have behavioral problems.

Dates
February 27,2018 at 6pm to 8pm
March 27,2018 at 6pm to 8pm
April 24,2018 at 6pm to 8pm
May 22,2018 at 6pm to 8pm
August 14,2018 at 6pm to 8pm
September 11,2018 at 6pm to 8pm
October 9,2018 at 6pm to 8pm

### Amazing You: Wellness - Wednesdays Support for healthy living

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Dates
March 28,2018 at 6pm to 8pm
April 25,2018 at 6pm to 8pm
May 23,2018 at 6pm to 8pm
August 15,2018 at 6pm to 8pm
September 12,2018 at 6pm to 8pm
October 10,2018 at 6pm to 8pm

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## Reconciliation Movement's FREE Community Support

### The Invisible War - Thursdays

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Trauma support for those who have experienced trauma (accidents, veterans, childhood, domestic violence and emotional) .

Dates
February 22, 2018 at 6pm to 8pm
March 22, 2018 at 6pm to 8pm
April 19, 2018 at 6pm to 8pm
May 17, 2018 at 6pm to 8pm
August 9, 2018 at 6pm to 8pm
September 6, 2018 at 6pm to 8pm
October 4, 2018 at 6pm to 8pm

### *Kindred Care - Fridays*

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Support for seniors to encourage healthy living.

Dates
February 23, 2018 at 6pm to 8pm
March 23, 2018 at 6pm to 8pm
April 20, 2018 at 6pm to 8pm
May 18, 2018 at 6pm to 8pm
August 10, 2018 at 6pm to 8pm
September 7, 2018 at 6pm to 8pm
October 5, 2018 at 6pm to 8pm