

July 2019



## NO PHLOCKING IN JULY — BUT...

We will STILL be collecting non-perishable food items for the NU-Hope Elder Care Food Pantry ALL MONTH. Please continue helping those in need in our community by dropping off your donations in the collection box at Dock 633, 633 Lake June Rd. in Lake Placid. You can also bring them to the August Phlocking. Thank you all.

## MESSAGE FROM YOUR EDITOR

Welcome to July, fellow Parrot Heads! This month we celebrate our Independence on the 4th. Hooray for the red, white and blue! You'll find some of my favorite 4th of July recipes in this issue. Another great job at our June Phlocking, collecting back to school items. Thanks to all of you for your continued generosity. Check the last 2 pages of this newsletter for a month by month list of the charities we help and donations we've collected. Keep up the good work. Enjoy this Phlocking free month and I'll look forward to seeing you in August on the 25th for more Phun and surprises. Don't forget to send your vacation and special event photos to John for our August LakeSharks Bytes feature page! You'll find more details for both in this issue. I am always proud to spread the word about what a wonderful job the Heartland LakeSharks Parrot Head Club does to help our community. It is a true testament of what "Party with a Purpose" is all about. If you have any questions, please don't hesitate to contact John at [jhoward7411@gmail.com](mailto:jhoward7411@gmail.com)

*Cheers Trisha*

## RECOGNIZE THIS BACKGROUND PICTURE?

For those of you who attended the Memorial Day Parrot Head Palooza, you will recognize this as one of our favorite gathering spots. Relaxing under the thatch roofs and enjoying food, drink and great friends. And we get to do it again in September!





# LakeShark Bytes

A Publication of the Heartland  
LakeSharks Parrot Head Club  
Lake Placid, Florida



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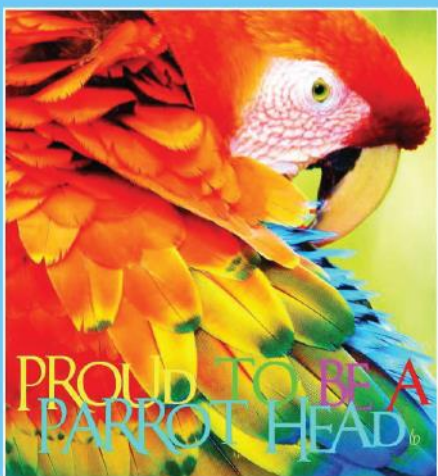
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## JUNE PHLOCKING

34 members and 8 guests enjoyed another Phun afternoon at Bo David's for our June Phlocking. One of our favorite tropical balladeers, John Friday, entertained us with his great stories and trop rockin' toons. We especially liked his version of Margaritaville! Thanks, John! Two new members signed up, adding to our ever growing list of Phun loving Parrot Heads. Everyone joined in the singing of Happy Birthday in celebration of our June and July member's birthdays. The Margaritaville and Strawberry Daiquiri cupcakes were enjoyed by all (thanks once again, Karen.) Tom Shergalis won the boozie basket, donated by Amy and Barbara. Thanks ladies! It was Tom's lucky day, as he also won a Margaritaville koozie in the trivia contest! Linda Breslich won a \$25.00 Amazon gift card in the 1st member's only drawing. Mike Reynolds won 2 Margaritaville glasses in the 2nd member's only drawing. We collected \$1,100.00 worth of back to school supplies! Way to "Party with a Purpose" fellow Parrot Heads!



## SPEAKING OF THE JUNE 23RD PHLOCKING

Correspondent Jerry Meisenheimer for the Highlands News-Sun wrote a very nice article about the Phlocking and what being a Parrot Head is all about. Thank you Jerry and the Highlands Sun-News. For full details go online to <https://www.yoursun.com/sebring/>



Highlands News-Sun Article June 26, 2019

## AUGUST PHLOCKING

Our August Phlocking will be at Dock 633 in Lake Placid with special musical guest Sunny Jim.

We will be collecting items for Manna Ministries. Need: Breakfast boxes/bags that contain items such as cereal, oatmeal, non refrigerated milk, juice, pop tarts, oatmeal, coffee, breakfast bars etc. Or as an option, canned vegetables & spaghetti sauce.

## BIRD BUSINESS

Want to know what's happening in "your club?" Have suggestions to share? Then come and join us at our next business meeting, 5:30 pm on Tuesday, August 13 at the Mid-Florida Community Center, Stuart Ave., Lake Placid. We always welcome any new ideas to help with our future Parrot Head Club planning. Board members who are unable to attend should contact John at [jhoward7411@gmail.com](mailto:jhoward7411@gmail.com)

## TRIVIA CONTEST

This question will be asked at the August Phlocking and you'll have the answer ready to win.

Q: What was the name of Jimmy Buffet's newsletter?

A: The Coconut Telegraph.

Bonus Question - Things have changed . What is the Coconut Telegraph all about today?

## SHARE YOUR PHUN IN THE AUGUST NEWSLETTER

DON'T FORGET...in our August LakeSharks Bytes newsletter we will have a section featuring our members on vacation and attending special events. If you want to share your Phun photos, please help us fill the page by emailing them to John at [jhoward7411@gmail.com](mailto:jhoward7411@gmail.com) before the end of July.



## BUFFETT SCHEDULE

Want to know where to go to see our favorite entertainer in concert? Just visit Jimmy's official website at : <https://www.margaritaville.com>

## JULY PARROT HEAD BIRTHDAYS

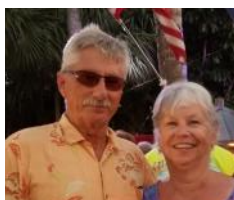
8th Dale Albert  
14th Tonyia Cartos  
14th Bob Eckblad  
19th Rich Uhrich  
20th Linda Haves  
21st Linda Fett  
21st Mike Reynolds  
29th Robin Lawrence

## WELCOME NEW MEMBERS

We are so happy to welcome new members Edward Peters, Bruce and Vi Ware and Gerry and Linda Fett to the Heartland LakeSharks Parrot Head Club!



Edward Peters



Bruce and Vi Ware



Gerry and Linda Fett



## BASKET AND SPECIALTY ITEMS FOR FUTURE RAFFLES, DRAWINGS AND PRIZES

This years baskets and specialty items have all been committed but we will have openings for next year and still need items to be given for member's only drawings. Have something to donate? Please contact Sherida at [coachridgdill@gmail.com](mailto:coachridgdill@gmail.com) or Amy at [ahoward7411@gmail.com](mailto:ahoward7411@gmail.com) to reserve your month or to donate an item for future raffles! Thanks, everyone.

## WE NEED YOU

Have a suggestion? It's your club, give us your thoughts in an email or at a Phlocking. Also, we are asking all members to help out by contributing Phlocking or other event pictures; and/or submitting articles for future newsletters and the website. Together, we can only get better! Please email your pictures, articles or any questions and/or suggestions to John at [jhoward7411@gmail.com](mailto:jhoward7411@gmail.com); or at a Phlocking just chase him down.

## FIFTEEN LAKESHARKS HAVE ALREADY REGISTERED FOR MEETING OF THE MINDS

**Oct 31 thru Nov 2, 2019**

Registration for MOTM 2019 is still open. We look forward to seeing even more LakeSharks in Key West. The Casa Marina is sold out; however, see page 6 of this newsletter on how to get on the waiting list. If you choose not to get on the Casa waiting list, you can of course stay at any hotel that you choose; however, the Casa is definitely the most fun and party central! See all the details on page 6 of this newsletter.

## PHUN WEBSITE OF THE MONTH

Watch this special shout out video from Mac McAnally to all Parrot Heads. Mack is one of our favorite Coral Reefers and a ten time CMA musician of the year award recipient.



<http://bit.ly/PHIPMacMcAnally>

## FIVE O'CLOCK CRUISE 3 FEBRUARY 29, 2020

Join your friends on the beautiful Norwegian Cruise Lines Breakaway. So far we have eight LakeSharks who have signed up for this exciting cruise. On the last cruise in February, there were 250 Parrot Heads from as far away as Australia. This year the goal is 400!

<https://myonlinecruiseagent.com/fiveoclock-cruise/>



**FIVE O'CLOCK CRUISE 3**  
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**FREE Alcohol!**

call now - space is limited  
1-800-491-8503

**FREE DRINKS ALL WEEK LONG**

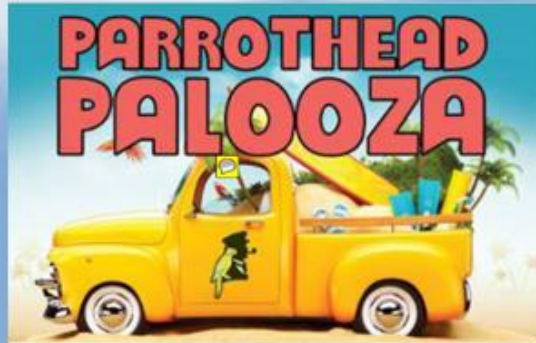
**PRIVATE CONCERTS & EVENTS**

**THE LANDSHARKS**  
DONNY BREWER  
PARTY EXPRESS  
LIVE BAND KARAOKE  
HOSTED BY ELLEN (DAWN LUTRELL)



# Heartland LakeSharks Parrot Head Club

## Late summer migration to the



**Labor Day weekend 2019**  
**Saturday, Aug. 31st and Sunday Sept. 1st**

### **Capt. Hiram's Resort**

1580 US Highway 1, Sebastian, FL 32958 772-388-8588

ref: "Parot2" for special rates (Pet friendly)

Questions? Deb at [fun45insun@yahoo.com](mailto:fun45insun@yahoo.com)

or Amy at [bladegoddess2003@yahoo.com](mailto:bladegoddess2003@yahoo.com)

**Sunday is the Parrot Head Palooza party**  
**starting at approximately 2:00 pm.**

**Entertainment will be the "Caribbean Chillers".**

On Saturday we typically do a walking pub crawl along the waterfront. Saturday night is always a great live band. Sunday before the band gets going we have pool time.

Capt. Hiram's has an adventure center where you can get a bike, go paddle boarding, canoeing even a river boat cruise! Plenty of restaurants and bars to stumble into.

Thursday October 31, 2019—Saturday, November 2, 2019 in Key West. [Click here](#) for all the details.

## Meeting of the Minds Update as of June 15

Here the latest update from Andrew Talbert

Parrot Heads in Paradise, Inc.

PHiP Director of Conventions



### THERE ARE ONLY 3 MONTHS UNTIL REGISTRATION CLOSES FOR PHiP'S MEETING OF THE MINDS!!

Hello Parrot Heads! Here is the current update for PHiP's 28th Annual Meeting of the Minds 2019 "License to Chill!" I am going to start telling you all about our 2019 sponsors and all the chances you have to win awesome prizes in the coming weeks.

### Key West Beach Party at PHiP's Meeting of the Minds!!

We would like to welcome a new sponsor on board this year! First...Please welcome **Shelter Logic** to the party this year! We cannot have this event without sponsor support and registration income! Thank YOU all. Speaking of party...there is going to be one hell of an evening to start the first night of the event this year on the main stage. Imagine you have already seen an entire day and night of music including some people and bands that have not played in these configurations anywhere in the country this year. A special large set with the Salt Water Troubadours with Coral Reefers promises to over-deliver and the Tropical Soul BAND is playing a very special MOTM Anniversary gig. Solo artist Brent Burns greets you at the front door and Mini Mart Party, Barefoot Reggie opens, Jimi Pappas, and Gene Mitchell and the Trop Rock Junkies are going to rock the main stage. High South is bringing a full band with Coral Reefer Alumni Josh Leo which will certainly deliver a very special set, Brendan Mayer is fronting a full BAND this year....watch for Coral Reefer Band guests, just sayin'...Don't forget we are having a major Halloween contest with Radiomargaritaville hosts JD Spradlin and Steve Huntington on stage plus some awesome prizes! The Young Rebel Goombas are coming in from New York to rock you as well! And..THIS IS DAY ONE? Pace YOURSELF!!!

Where was I? The **KEY WEST BEACH PARTY!** Two and one half hours of NON STOP music with a start by **Nashville's James T Slater with his band going right into Key West local celebrity Howard Livingston and his Mile Marker 24 Band.** All of this will be brought to you by Shelter Logic and their outdoor furniture on the main stage!

<https://www.shelterlogic.com/shop/manufacturer/margaritaville>

Best of all YOU and 5 friends the winner will select will have a chance to occupy a VIP seating area near the stage with Margaritaville furniture, where you get FREE Land Shark Lager, FREE Margaritaville Tequila margaritas, and FOOD for the whole Key West Beach Party! How do you win this awesome prize? It is easy! After you pass the registration ballroom and pick up your free event t-shirt and very cool gift bag..more to come on that maybe in the next email...Come to the Mini Mart and fill out a ticket at the Shelter Logic table on Thursday October 31 before 4:00 PM! Everyone can enter one time and all you need to do is come in, get registered for MOTM, and go to the Mini Mart Shelter Logic area! Great odds of winning! The drawing will be at the sponsor booth with the help of our friends from Radio Margaritaville. We will call the winner on your mobile phone to come meet the artists and get your instructions on how to enjoy your party tailgate right in front of the main stage.Did I mention this is only *one drawing*? Oh yeah we are just getting started..More to come.

### WANT A ROOM AT THE CASA MARINA FOR MOTM 2019?

Want to stay at the CASA MARINA RESORT during PHiP's Meeting of the Minds? Well we are currently sold out but you can get on the wait list by simply emailing our Director of Registration Rick Fyffe at [rifyffe1@ymail.com](mailto:rifyffe1@ymail.com) Cancellations **usually happen all the way up to the event start** so go register and email Rick to get on the wait list. As a note you MUST be registered for PHiP's MOTM to get on the wait list for the Casa.





## **TRISHA'S MAKE AHEAD BREAKFAST CASSEROLE**

This was always a request from our overnight guests at our 4th of July parties.

Make ahead and just pop in the oven the day after the fireworks!

### **Ingredients:**

- 12 oz. bacon, cut into pieces
- 2 1/2 C. Tater Tots, thawed
- 8 oz. fresh portabella mushrooms, sliced
- 1 small onion, chopped
- 12 eggs
- 1/3 C. sour cream
- 8 oz. shredded cheddar cheese
- 6 slices Swiss cheese

### **Instructions:**

Cook bacon in skillet, stirring occasionally, until crisp. Remove and drain on a paper towel.

Reserve 2 T. of drippings in skillet and add mushrooms and onions. Cook until onions are tender and crisp, stirring occasionally. Add Tater Tots to a greased 13" x 9" casserole dish, pressing on the bottom and along the sides to make a crust. Whisk eggs and sour cream until well blended. Add mushrooms and onions and pour into crust. Top with bacon and cheeses.

### **NOTE:**

If refrigerating overnight, cover and wait to add bacon and cheeses until cooking.

Bake at 350 for 40 minutes, or until center is set and cheese is browned. Let sit 5 minutes before serving with salsa, herb butter, and toasted crusty bread.



## **HOMEMADE BOOZY LEMONADE SLUSHIE**

Similar to Lemon Drop shots, these will add an extra kick to fireworks watching!

### **Ingredients:**

- 2 C. sugar
- 2 C. water
- 8 oz. Smirnoff Red, White & Berry Vodka
- 12 whole lemons
- 4 C. additional water
- Crushed ice
- Sugar for rim of glasses
- Lemon slices for garnish

### **Instructions:**

Heat the sugar and water in a medium saucepan until dissolved. Juice the lemons. Pour lemon juice in a pitcher and add in 3/4ths of the simple syrup, vodka and ice. Pour in 4 cups of water. Stir. Adjust taste by adding in more water, simple syrup, or vodka. Store in the freezer until ready to serve. Dip wet glass rim in sugar, add slushie and lemon slice.



## **NO BAKE FLAG CHEESECAKE FOR THE 4TH**

A dear friend always made this yummy dessert for our 4th of July parties

### **Ingredients:**

#### **Crust:**

- 1 1/2 C. finely crushed graham cracker crumbs
- 1/4 C. white sugar
- 6 T. butter, melted

#### **Filling:**

- 2 C. cream cheese at room temperature
- 2 t. grated lemon zest
- 2 t. lemon juice
- 1 t. vanilla extract
- 1/3 C. white sugar
- 1 1/4 C. whipped cream
- 20 large fresh strawberries, hulled and halved lengthwise, or as needed
- 24 large fresh blueberries, or as needed

### **Instructions:**

Combine graham cracker crumbs, 1/4 cup sugar, and melted butter in a bowl until mixture is thoroughly combined and crumbly.

Transfer crust mixture to a 9x11-inch baking dish. Press crust into bottom of dish until smooth and even. Cover dish with plastic wrap and refrigerate until set, about 30 minutes.

Put softened cream cheese in a bowl. Stir in lemon zest, lemon juice, and vanilla extract. Mix until combined.

Whisk 1/3 cup sugar into whipping cream in a separate metal or glass bowl. Add to the cream cheese mixture and gently whisk until filling is combined.

Spoon filling into the graham cracker crust, spreading and smoothing the top. Tap the pan gently on a work surface several times to settle the crust and filling. Cover pan tightly with plastic wrap and refrigerate until chilled and set, at least 3 hours.

Arrange strawberry halves in a horizontal line to make the stripes, leaving space in the upper left corner for the blueberries. Cut cake into squares to serve.



# 2019 Party with a Purpose First Half Donations

## GREAT JOB EVERYONE—THANK YOU!

Su	Mo	Tu	We	Th	Fr	Sa	<b>JAN</b>
		1	2	3	4	5	"Peace River Women's Shelter"
6	7	8	9	10	11	12	Need: Toiletries such as hair products, oral hygiene products, deodorant etc. Clothing, shoes, socks and underwear, diapers, games, books.
13	14	15	16	17	18	19	
20	21	22	23	24	25	26	
27	28	29	30	31			Collected \$950 worth of clothing, toiletries and toys!

Su	Mo	Tu	We	Th	Fr	Sa	<b>FEB</b>
					1	2	"Veterans Services Admin Food Drive"
3	4	5	6	7	8	9	Need: Non perishable food items.
10	11	12	13	14	15	16	
17	18	19	20	21	22	23	
24	25	26	27	28			Collected 500 lbs. of non-perishables!!

Su	Mo	Tu	We	Th	Fr	Sa	<b>MAR</b>
					1	2	"Easter Baskets for kids"
3	4	5	6	7	8	9	Need: Chocolate bunnies or eggs, candy, Peeps, plastic grass, bubbles, small toys, puzzles, coloring books, colors, tooth brushes.
10	11	12	13	14	15	16	
17	18	19	20	21	22	23	
24	25	26	27	28	29	30	
31							Collected items for making 30 Easter baskets which were then stuffed on March 29 for delivery to Children in Foster Care and RCMA

Su	Mo	Tu	We	Th	Fr	Sa	<b>APR</b>
	1	2	3	4	5	6	"RCMA"
7	8	9	10	11	12	13	Need: Diapers size 4,5,6,7, Unscented wipes, Pull-up training pants for boys and girls size 4 & 5, Construction paper in assorted colors, balls, Puzzles, dot-a-dot markers, Underwear, socks, shoes for boys and girls size 3,4,5,7
14	15	16	17	18	19	20	
21	22	23	24	25	26	27	
28	29	30					Collected \$1,200 worth of items

Su	Mo	Tu	We	Th	Fr	Sa	<b>MAY</b>
			1	2	3	4	"Toiletries for Vet's Ditty Bags"
5	6	7	8	9	10	11	Need: Tooth paste, tooth brushes, dental floss, body soap, liquid hand soap, nail clippers, shampoo & conditioner, disposable razors, shaving cream, combs, hand sanitizer, lotion, mouthwash, body/baby powder, small packages of treats, Kleenex, pens/notepads.
12	13	14	15	16	17	18	
19	20	21	22	23	24	25	
26	27	28	29	30	31		Collected ditty bag items valued at \$1,000 for the vets. Great Job Parrot Heads!

Su	Mo	Tu	We	Th	Fr	Sa	<b>JUN</b>
						1	"School Supplies"
2	3	4	5	6	7	8	Need: Folders, filler paper, pens, pencils, glue, crayons, Kleenex, back-packs, notebooks, any school items.
9	10	11	12	13	14	15	
16	17	18	19	20	21	22	
23	24	25	26	27	28	29	
30							Collected \$1,100 worth of back to school supplies.



# 2019 Party with a Purpose Second Half Donations

Su	Mo	Tu	We	Th	Fr	Sa
	1	2	3	4	5	6
7	8	9	10	11	12	13
14	15	16	17	18	19	20
21	22	23	24	25	26	27
28	29	30	31			

## JUL

"NU-HOPE Elder Care Food Pantry"  
Need: Non perishable food items.

Su	Mo	Tu	We	Th	Fr	Sa
				1	2	3
4	5	6	7	8	9	10
11	12	13	14	15	16	17
18	19	20	21	22	23	24
25	26	27	28	29	30	31

## AUG

"Manna Ministries"  
Need: Breakfast boxes/bags that contain items such as cereal, oatmeal, non refrigerated milk, juice, pop tarts, oatmeal, coffee, breakfast bars etc. Or as an option canned vegetables & spaghetti sauce.

Su	Mo	Tu	We	Th	Fr	Sa
1	2	3	4	5	6	7
8	9	10	11	12	13	14
15	16	17	18	19	20	21
22	23	24	25	26	27	28
29	30					

## SEP

"Items for Barktoberfest in LP"  
Need: Quality dog & cat food, cat litter, leashes, collars, pet shampoo, flea/tick prevention, beds, blankets, toys, treats, petcrates.

Su	Mo	Tu	We	Th	Fr	Sa
		1	2	3	4	5
6	7	8	9	10	11	12
13	14	15	16	17	18	19
20	21	22	23	24	25	26
27	28	29	30	31		

## OCT

"Toiletries for Vet's Ditty Bags"  
Need: Tooth paste, tooth brushes, dental floss, body soap, liquid hand soap, nail clippers, shampoo & conditioner, disposable razors, shaving cream, combs, hand sanitizer, lotion, mouthwash, body/baby powder, small packages of treats, Kleenex, pens/notepads.

Su	Mo	Tu	We	Th	Fr	Sa
					1	2
3	4	5	6	7	8	9
10	11	12	13	14	15	16
17	18	19	20	21	22	23
24	25	26	27	28	29	30

## NOV

"Toy Drive"  
Need: New unwrapped toys.

Su	Mo	Tu	We	Th	Fr	Sa
1	2	3	4	5	6	7
8	9	10	11	12	13	14
15	16	17	18	19	20	21
22	23	24	25	26	27	28
29	30	31				

## DEC

"Manna Ministries"  
Need: Breakfast boxes/bags that contain items such as cereal, oatmeal, non refrigerated milk, juice, pop tarts, oatmeal, coffee, breakfast bars etc. Or as an option canned vegetables & spaghetti sauce.

Note:   = Phlocking Date