

**Western Massachusetts XC Championship**  
**Saturday, October 28, 2023**  
**Stanley Park, Westfield, MA**

Coaches Information

- There will be 6 races: 2 JV's and 4 Varsity.
- Race times are the following:

Girls JV	10:00am
Boys JV	11:00am
Girls Division 1	12:00pm
Boys Division 1	12:45pm
Girls Division 2	1:30pm
Boys Division 2	2:15pm
- You may enter only 7 runners in the varsity races. Unlimited runners in the JV races.
- You do not need to declare who your varsity runners are. Send your roster to Matt Sandberg at Track Central.
- Entry deadline is Tuesday, October 24, 2023 at 12noon.
- Every runner will be issued a bib number. On this bib number will be a chip. There will be a roster in your coaches' packet. Make sure that you issue the bib number that is assigned to your athlete.
- The races will be run at Stanley Park in Westfield, MA. The course will be available for viewing on Friday, October 27th.
- Bus parking will be at the South Lot parking lot at Westfield State College. The South lot is 600 yards on the left past Stanley Park. It is located directly across from Juniper Park Elementary school. **Buses are not allowed to park in Stanley Park.**
- Please bring a trash bag to police your own areas. Stanley Park is good to us and we do not want to litter.
- Course Map can be found on the Westfield State or HCC Athletic Web Sites.
- Results will be on my website [www.ic4atrack.com](http://www.ic4atrack.com)
- If there are any questions, please call me at 413-552-2162 (work number), 413-454-3886 cell/home.