

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
9:00 SilverSneakers 9:30 8 Ball 11:15 Chair Yoga 12:00 Party Bridge 12:30 Euchre 1:15 Bingo 1:30 Chair Volleyball	10:00 Chess 10:30 Bible Study 11:00 Collier Bridge 1 Week 3 11:00 Collier Bridge 2 Week 2 11:00 Tai Chi 11:30 Rotary Meeting 11:45 Duplicate Bridge 12:00 Left / Center / Right 12:30 Pinochle 12:30 Samba Cards 1:30 Bunco 2:30 Aerobic Line Dance 4:00 SilverSneakers	9:00 SilverSneakers Cardio 9:30 Knit / Crochet 10:15 Open Art Weeks 2, 4 10:15 Painting with Purpose Weeks 1, 3 11:30 Blood Pressure Check 12:00 Strohmman Bridge Weeks 1, 3 12:30 Pinochle 1:15 Bingo 1:30 Chair Volleyball 5:30 Yoga	9:00 SilverSneakers 10:00 Chess 10:00 Mah-jongg – National Weeks 2, 4 11:30 Kiwanis Meeting 12:30 Mah-jongg – WP 12:30 Pinochle 1:00 Pokeno 1:30 Golden Notes Practice 2:30 Line Dance	9:30 SilverSneakers 10:00 Canasta 11:00 Spanish Class Weeks 1.3 1:00 Cornhole 1:15 Bingo 
3 10:15 CardioSplash @ YMCA	4	5 10:00 CABVI Vision Loss Support Group 1:00 Apps for Daily Living Skills Workshop	6 9:30 Scottish Doubles / 9 Ball	7 11:00 Spanish Class
10 10:15 CardioSplash @ YMCA	11 10:30 Rotary Board Meeting	12 12:00 Golden Notes Perform	13 9:30 Blind Draw 10:00 Hearing Screenings 6:00 Dance / Mandolin Bridge	14 FLAG DAY 8:30 Caregiver Workshop
17 FATHER'S DAY 10:15 CardioSplash @ YMCA	18	19 10:30 Know 10 Signs of Alzheimer's	20 9:30 9 Ball 1:00 Book Club 7:00 Neighborhood Watch Meeting	21 SUMMER BEGINS 11:00 Spanish Class
24 10:00 Fall Prevention Seminar 10:15 CardioSplash @ YMCA	25 12:00 Birthday & Anniversary Dessert	26	27 9:30 Scottish Doubles	28

JUNE 2019 PROGRAMS