

Chaplain Report December 2023 December is Veterans Affairs and Rehabilitation Month

Religious sensitivity during the Holidays

In the American Legion Family, we do not promote any single religion or culture. And in a country as multicultural as the United States, the months of November, December and January are filled with diverse cultural and religious events and celebrations. Enjoying your own while recognizing and respecting others' traditions is important this holiday season. As a member, here are some things to consider to show your respect and understanding:

- Embrace the diverse celebrations around you and welcome others to join your celebration. Don't miss the opportunity to learn about each other!
- Look for commonalities and points of interest between traditions rather than focusing on the differences. Remember that all religions believe in courtesy, kindness and empathy.
- Don't feel like you have to apologize if your celebrations are different than someone else's. You can be you!

Most importantly, remember that kindness should rule the season. Your actions and reactions, if given and taken with kindness, will enlighten those around you to both your holiday traditions and your intentions to wish well upon them.

Peace and Joy to you and your family this Holiday Season!

If you know of someone who could benefit from a card or phone call, please let me know: Lynda Griffin Chaplain, Lynda4ala@gmail.com, (623) 349-3979