

August 5, 2018 – 18th Sunday in Ordinary Time

"Do not work for food that perishes but for the food that endures for eternal life, which the Son of Man will give you . . . "

So, they said to him, "What can we do to accomplish the works of God?" Jesus answered and said to them, "This is the work of God, that you believe in the one he sent."

John 6: 24-35

“What Moral Heroes Are Made of . . .”

Who are your heroes? And not just mythic figures from history - but men and women who have touched your life, who have inspired you to do good things you never thought yourself able or disposed to doing, who have made you see that life is more than personal profit or gain.

In a column in **The New York Times** [May 21, 2018], David Brooks writes that he's been lucky enough to be around a lot of people he regards as "moral heroes" and has wondered what traits such people have in common.

"First, they didn't over-think their decision before choosing to live this way. They didn't weigh the costs and benefits or wage any internal battle with themselves . . .

"At some point in their lives, somebody planted an ideal. Somebody set a high example of what a good life looks like, and the person who went on to become a moral hero just assumed that, of course, that's what one should do.

"They tend to have a *This is what I do* mentality. They don't have a lofty sense of themselves. They don't have a sense that they are doing anything extraordinary . . . Their identity is not based on being a lawyer or a pianist. Their identity is fused with a moral ideal . . . We see them tirelessly serving the poor or risking their lives for democracy and think they are performing great acts of self-sacrifice, but it doesn't seem that way to them. It feels like the activation of their own nature. Doing that work seems to them as ordinary as doing the dishes. Something needed to be done, so they did it . . .

"Often, they have another strong back. There's usually a team of peers around them sharing the core tasks and carrying them when they can't carry themselves . . .

"People who lead these lives tend to possess an insane level of optimism, a certainty that history does change for the better and that achieving justice is only a matter of time. They remain undaunted even in the face of severe hardship and assume that every wrong is temporary.

"Finally, the direction of their lives moves almost invariably from fragmentation to integration. The fragments of their character have become integrated around one single-minded moral cause. They tend to be hedgehogs, not foxes. Their efforts are generally built around healing some rupture in society, reconciling differences, bringing the unlike together, a move from fragmentation to wholeness. However contentious the world may look, they have a mind-set that at our deepest level we are all connected in a single fabric."

We all know some "moral hero" like this; every life here has been blessed by the kind of "saint" David Brook describes. They're the living signs of God's love in our midst; they accomplish the "work of God" because they believe in that work - healing, reconciliation, justice, mercy - and take it on in a spirit of humility and gratitude. They are "manna" for us in our deserts; they are "bread" that nourishes us along the road we travel through time; they are "water" that quenches our greatest thirsts for hope and meaning in our lives. May we give thanks for the "heroes" in our lives - and seek God's grace to become "heroic" signs of that grace for those we love and care for.

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**August 5th, 2018
18th Sunday in Ordinary Time**

Sacred Heart Parish

A Stewardship Parish in Union with Christ



Parish Information

Pastor: Monsignor Jim Robertson

Office Administrator: Robyn C. Gallant

(NEW) Office Hours: Tuesday and Thursday 9:00 am-5:00 pm

Friday: 1:00 pm-5:00 pm

465 Curling Street
Corner Brook, NL, A2H 3K8
Tel: (709) 785-5025

curlingparish@hotmail.com
www.sacredheartrcparish.ca

Weekend Masses: Saturday 4:30 pm, Sunday 11:00 am

Reconciliation: By request

Mass During the Week: Tues & Thurs at 7:00 pm
Wed & Fri at 10:00 am
First Fridays - 2:00 pm at the Lohnes Complex

Holy Hour of Adoration: Third Sunday of the Month at 2 p.m.

Marriages: Six months' notice is required. A year's notice is recommended.

Baptisms: Please call the Parish Office to schedule preparation session.

St. Vincent de Paul: To assist those in need. Call 638-9010.

RECEIVED WITH THANKS (July 29, 2018)

Regular Collection	1,464.50
Building Fund	20.00
Votive Candles	26.00
Garden Party Proceeds	10.00
In Memorium	10.00
Mass Stipends	30.00
St. Vincent de Paul	20.00

MASS INTENTIONS

Mon, Aug 6	No Mass
Tues, Aug 7	Thanksgiving
Wed, Aug 8	Late Bernadette & Anthony George
Thurs, Aug 9	Late Edna Dwyer
Fri, Aug 10	Late Edward Buckle
Sat, Aug 11	Intentions for Rita Connolly
Sun, Aug 12	Parish Community

LITURGICAL MINISTERS

August 11	
Janet Jackson Joan Penney	Joanne Connolly Gerard Brake Eileen Moore
August 12	
Calvin Gillis Patsy Payne	Don Gallant Hedy Kenny Margaret Dalley
Communion to the Sick	
Tony Griffin	

WELCOME: Sacred Heart Parish warmly welcomes anyone who may be visiting our Parish this weekend. Whether you are visiting us just by chance or returning home, you're always a part of our family.

BIBLE STUDY: We continue to meet every Sunday at 7:00 pm at the parish house. Everyone is welcome.

MASS TIME CHANGE: For **this week only** mass on Thursday, August 9 will be at 10:00 am and mass on Friday, August 10 will be at 7:00 pm.

MARY'S KITCHEN: Mary's Kitchen is now on Summer hours of noon to 1:00 pm for July and August. Here's to good Summer weather!

PRAYING AND WORKING FOR PEACE:

On August 6 and 9, 1945, the cities of Hiroshima and Nagasaki were ravaged by atomic bombs. Speaking to victims of this atomic warfare, Saint John Paul II said "It is with deep emotion that I greet today all those who still carry in their bodies the signs of the destruction that was visited on them the day of the unforgettable fire. What you endured has also inflicted a wound on the heart of every human being on earth. Your life here today is most convincing appeal that could be addressed to all people of good will again war and for peace.... We are all indebted to you for the living and constant appeal for peace that you are." (Nagasaki, February 26, 1981)

SAINT LAWRENCE: Saint Lawrence was



one of the seven deacons of the city of Rome, Italy, under Pope Sixtus II who were martyred in the persecution of the Christians that the Roman Emperor Valerian ordered in 258. On 10 August, St. Lawrence, the last of the seven deacons, and therefore, the ranking Church official, suffered a martyr's death.

ST. VINCENT DE PAUL: The St. Vincent de Paul Society has a hospital bed and mattress to give away, if you are in need of this item, please call 638-9010.

SAINT DOMINIC: August 8 is the feast day of Saint Dominic. Saint Dominic was such a good speaker that people came from all over to listen. Dominic travelled through the region of Languedoc in France, preaching and converting many heretics back to Catholic Christian faith. It was in this region that Dominic established a convent, which became the first Dominican house. Saint Dominic founded the religious order which bears his name, the Dominicans, the Order of Preachers. Dominic's motto was "to praise, to bless, to preach" because he wanted his followers to always praise God, to bless everyone they met and to preach the Gospel. He also wanted his followers to live together in community, sharing all they had. Even today, Dominicans dedicate their lives to telling people the Good News and they live together in community.

SAINT CLARE OF ASSISI: August 11 is the feast day of Saint Clare of Assisi. She was the foundress of an order of nuns known today as the Order of St. Clare. At the age of 18, she heard Saint Francis of Assisi preach and was moved to imitate him and serve Jesus. Saint Francis himself cut her hair short and gave her a rough brown robe to wear. She went to live in a Benedictine nun's monastery and was eventually joined by her sister. The two remained there until a separate dwelling was built for them next to the church of San Damiano. Other women who wished to live a life of poverty as brides of Jesus eventually joined them. Clare and her fellow nuns wore no shoes, ate no meat, lived in a poor house and kept silent most times. She is the patron saint of television, eye disease, goldsmiths, and laundry.

STEWARDSHIP REFLECTION: In the Gospel from John, Jesus advises us, "I am the bread of life; whoever comes to me will never hunger, and whoever believes in me will never thirst." By calling Himself the Bread of Life, Jesus is telling us by what He says, how He acts, and in fact Who He is that He is the Word of God made flesh.

God reveals to us the Word alive in the most complete way possible, through our Lord and Savior Jesus Christ. We are to hear the Word and know Who Jesus is; we are to accept that Word into our minds and hearts — into our spirit — and we are to let that Word begin to change us.

That change is represented by knowing what God wants us to do. Today's Holy Scriptures make that clear. We must pray that we respond and do be good stewards of our time, talent, and treasure so that we can do the work God wants us to do. In the Second Reading, Paul reminds us that we need to undergo a conversion — in effect put on a new self. Our entire lives need to be devoted to change, so that we renew ourselves from the inside and live a stewardship way of life according to God's ways.

Charles Spurgeon, an English minister in the 1800s once wrote, "Conversion is a turning onto the right road. The next thing to do is to walk on it." That is our trial. Once we experience conversion, we must follow through by doing what the Lord wishes us to do.

HUMOUR: A mom texts, "Hi! Son, what does IDK, LY, & TTYL mean?" He texts back, "I Don't Know, Love You, & Talk To You Later." The mom texts him, "It's ok, don't worry about it. I'll ask your sister, love you too."